




Goal: Write in your diary or journal every day for 75 days straight.

Kicks off: Monday, February 14th

Concludes: Friday, April 29th

Directions: Use this sheet to keep track of your progress by marking off each day you write. Come by CARH 203 to get your celebration stickers for #25Days, #50Days, and #75Days.

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
Feb 14 	15	16	17	18	19	20
21	22	23	24	25	26	27
28	Mar 1	2	3	4	5	6
7	8	9	10 #25Days	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Apr 1	2	3
4 #50Days	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29 #75Days		

