

Bachelor of Arts in Kinesiology – Sports Leadership and Management (Coaching and Youth Sports Concentration)

Program Description: This concentration is designed to provide a scientific and pedagogical foundation with multiple experiences that enable students to observe, assist, coach, and create programs that encourage physical activity across the age spectrum: youth, high school, collegiate, elite-level, or private coaching.

	Fall	Spring	Milestones
YEAR 1	COMMUNICATION: 1. ENGL 1301: English Composition I	COMMUNICATION: 7. ENGL 1302: English Composition II ¹	Admission into Department of Kinesiology: 2.5 GPA and 12 hours at UTA.
	2. KINE 1300: Intro to Kinesiology	AMERICAN HISTORY: 8. HIST 1302: History of the U.S., 1865-Present ¹	
	3. KINE 1100: Lab Skills in Kinesiology	MATHEMATICS: 9. MATH 1308: Elementary Statistical Analysis	
	MATHEMATICS: 4. MATH 1302: College Algebra	LIFE & PHYSICAL SCIENCES: 10. BIOL 1441: Cell and Molecular Biology	
	AMERICAN HISTORY: 5. HIST 1301: History of the U.S. to 1865 ¹	11. KINE 1315: Intro to Physical Education and Sport	
	CREATIVE ARTS: 6. Student may choose a Creative Arts option from the General Core Requirements listing.		
	16 Hours	16 Hours	

	Fall	Spring	Milestones
YEAR 2	LIFE & PHYSICAL SCIENCES: 12. BIOL 2457: Human Anatomy and Physiology I ¹⁰	17. KINE 2330: Care and Prevention of Athletic Injuries	
	13. KINE 2301: Teaching Games for Understanding ¹¹	FOUNDATIONAL COMPONENT AREA: 18. BIOL 2458: Human Anatomy and Physiology II ¹²	
	GOVERNMENT/POLITICAL SCIENCES: 14. POLS 2311: Government of the U.S.	GOVERNMENT/POLITICAL SCIENCES: 19. POLS 2312: State and Local Government	
	15. KINE 2302: Dance and Movement Activities ¹¹	20. KINE 3300: Functional Anatomy ^{2, 3, 12}	
	LANGUAGE, PHILOSOPHY, AND CULTURE: 16. ENGL 2309: World Literature ^{1,6} OR ENGL 2319: British Literature ^{1,6} OR ENGL 2329: American Literature ^{1,6}	CULTURAL DIVERSITY REQUIREMENT: 21. Student may work with an advisor to choose a cultural diversity course in fulfillment toward the 6 hours language requirement.	
16 Hours	16 Hours		

	Fall	Spring	Milestones
YEAR 3	SOCIAL AND BEHAVIORAL SCIENCES: 22. PSYC 1315: Introduction to Psychology OR MANA 2302: Communications in Organizations OR SOCI 1311: Intro to Sociology OR CRCJ 2334: Introduction to the Criminal Justice System	27. KINE 3325: Undergraduate Research Methods ^{2,3,4,9}	
	23. KINE 3415: Physiology of Exercise ^{2,3, 4, 12,18}	28. KINE 3302: Sport and Exercise Psychology	
	CULTURAL DIVERSITY REQUIREMENT: 24. Student may work with an advisor to choose a cultural diversity course in fulfillment toward the 6 hours language requirement. Must be the same language as previous course.	29. KINE 3401: Biomechanics of Human Movement ^{2,3,4, 12}	
	25. KINE 3388: Theory and Application in Motor Development ^{2,10}	ELECTIVE REQUIREMENT: 30. Student may work with an advisor to choose an approved course in fulfillment toward the 9 hours elective requirement. Recommended courses are listed below.	
	26. KINE 3304: Adapted Physical Exercise and Sport ^{2,3, 11, 25}	31. KINE 3312: Coaching Invasion Games and Principles	
16 Hours	16 Hours		

YEAR 4	Fall	Spring	Milestones
	32. KINE 3312: Coaching of Net/Wall Games	36. KINE 4329: Strength and Conditioning in Sport and Performance ^{4, 9, 12, 18, 20, 23, 27}	
	33. KINE 4323: Motor Control and Learning	37. KINE 4319: Fitness and Outdoor Adventure Activities Education ^{13,15}	
	34. KINE 3307: Sport and Society	ADVANCED ELECTIVE REQUIREMENT: 38. Student may work with an advisor to choose an approved course at the 3000 or 4000 level in fulfillment toward the 9 hours elective requirement. Recommended courses are listed below.	
	ADVANCED ELECTIVE REQUIREMENT: 35. Student may work with an advisor to choose an approved course at the 3000 or 4000 level in fulfillment toward the 9 hours elective requirement. Recommended courses are listed below.	39. KINE 4339: Sports Leadership and Management Internship	
	12 Hours	12 Hours	Total: 120 Hours

Students should meet with an advisor to determine the best courses for their individual circumstances. Blue boxes are representative of courses required in the major. White boxes are representative of the University’s General Core Requirements. Those Core categories are:

- Communication (6 hours)
- Mathematics (6 hours)
- American History (6 hours)
- Foundational Component Area (3 hours)
- Creative Arts (3 hours)
- Life and Physical Sciences (6 hours)
- Government/Political Science (6 hours)
- Social and Behavioral Sciences (3 hours)

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- Language, Philosophy and Culture (3 hours).

The superscript numbers listed at the end of a course title are indicative of the pre-requisites or co-requisites necessary for that course. For example, a course that reads “**FINA 3313**: Business Finance^{7, 16, 17}” indicates that the courses numbered 7, 16 and 17 on the degree plan are each pre-requisites or co-requisites for FINA 3313.

Recommended electives for the Coaching and Youth Sports concentration include but are not limited to:

- KINE 2330 Care & Prevention of Athletic Injuries
- KINE 3312 Coaching Invasion Game Principles
- KINE 3313 Coaching of Net/Wall Game Principles
- KINE 3303 Organizational Principles of Exercise & Sport Activities
- KINE 4320 Teaching Secondary Physical Education
- KINE 4321 Teaching Elementary Physical Education
- KINE 4330 Program Design & Administration
- SOCI 3337 Racial and Ethnic Groups in America
- SOCI 3339 Race, Sport, & Media

Job titles relevant to this major:

Coach, Camp Counselor, Sports League Manager, Youth Sports Program Coordinator, Athletic Director, Facilities Coordinator, Tournament Director

For salary information please refer to the [Occupational Outlook Handbook](#) from the U.S. Bureau of Labor Statistics.