Every event increases your chance to win one of two $100 prizes!

Monday, October 2\textsuperscript{nd} – 7:30 – 10 am  
Maverick Activities Center Entryway  
Breakfast at the front of the MAC. Stop by and grab a granola bar and some fruit and learn about the role of exercise in a healthy lifestyle!

Tuesday, October 3\textsuperscript{rd} – 12 – 2 pm  
Maverick Activities Center – Fitness Center Floor  
Fitness Challenge – who can get the most push-ups, pull-ups, or squats? Try it out and win a prize!

Wednesday, October 4\textsuperscript{th} – 12 – 1 pm  
Lonestar Auditorium  
Anderson lecture series – Lonestar Auditorium

Thursday, October 5\textsuperscript{th} – 12 – 2 pm  
Maverick Activities Center Entryway  
Measurement day! Test your blood pressure, measure your body fat, and learn from exercise science students about the benefits of exercise for your health!

Friday, October 6\textsuperscript{th} – 12 – 1 pm  
Lonestar Auditorium  
Career day – stop by and ask our panel of exercise science alumni about their careers! Learn what they did to get where they are and get ahead on the path to YOUR career!