



## Athletic Training Program

COLLEGE OF NURSING AND HEALTH INNOVATION

### **Technical Standards for Admission – Student Version**

The Athletic Training Program at The University of Texas at Arlington (Program) is a rigorous and intense Program that places specific requirements and demands on the students enrolled in the Program. An objective of this Program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Program establish the essential qualities considered necessary for students admitted to the Program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the Program's accrediting agency (Commission on Accreditation of Athletic Training Education Programs [CAATE]). All students admitted to the Program must meet the abilities and expectations outlined below. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the Program.

Candidates for selection to The University of Texas at Arlington Athletic Training Program must demonstrate the following competencies:

#### **SENSORY CAPACITY**

1. Sufficient visual ability to observe events occurring in the classroom, laboratory, and clinical settings (including but not limited to; viewing athletic practices/games, lecture/lab demonstrations, and responding to emergency/life threatening situations);
2. Sufficient hearing ability and tactile sensation to perform appropriate patient assessments (including but not limited to; history-taking and palpation skills);

#### **INTELLECTUAL CAPACITY**

1. The mental ability to acquire and retain knowledge;
2. The ability to analyze concepts and theoretical principles and integrate them into clinical practice;
3. The ability to develop problem-solving and decision-making skills to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm;

#### **POSTURAL AND NEUROMUSCULAR CONTROL**

1. Sufficient motor coordination to perform appropriate patient assessments using standard evaluation techniques (including but not limited to; range of motion assessment, manual muscle testing, upper/lower quarter screen assessment, ligamentous testing, and special tests);
2. Sufficient motor coordination to safely, accurately, and efficiently use equipment and materials required during the assessment and treatment of patients (including but not limited to; responding to emergency/life threatening situations, CPR/AED, splinting and spine boarding);

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3. Sufficient motor coordination to maneuver within and between classroom, laboratory, and clinical settings (including but not limited to; practice/game coverage in a variety of settings and environmental conditions);
4. Sufficient motor coordination and endurance to withstand extended periods of sitting or standing;
5. Sufficient motor coordination and strength to carry appropriate medical or hydration equipment and perform patient transfers, which might require the lifting of a patient;

**COMMUNICATION**

1. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds;
2. The ability to establish a rapport with patients, peers, and clinical instructors in order to communicate judgments and treatment information effectively;
2. The ability to understand, speak, and write the English language at a level consistent with competent professional practice;
3. The ability to record the physical examination results and treatment plans clearly and accurately;

**SOCIAL/AFFECTIVE**

1. The capacity to maintain composure and continue to function well during periods of high stress;
2. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
3. The ability to adjust to changing situations and the uncertainty of a dynamic clinical setting; and,
4. The affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

**TECHNICAL STANDARDS STUDENT ACKNOWLEDGEMENT**

**I certify that I** \_\_\_\_\_ (printed name of Program Applicant) 1) have read and understand the Technical Standards for Admission (Standards) listed on the previous page; 2) to the best of my knowledge, meet each of these Standards (either with or without accommodation(s) approved through the University of Texas at Arlington’s Office for Students with Disabilities (OSD); 3) understand that if I require accommodation(s) through OSD, I must provide verification from OSD that the proper accommodation(s) have been provided to me for me to meet the Standards; 4) understand that if I cannot meet these Standards, I will not be admitted into the Program; and, 5) understand that if the status of my health changes from the time this certification is made, I must recertify the above.

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**Signature of Program Applicant**

\_\_\_\_\_  
**Date**