

# Preceptor Program for College of Nursing Health and Innovation

## Graduate Nursing MSN/Post Masters Certificate Psychiatric Mental Health NP Courses

### Course Number

NURS 5410

### Course Number

Introduction to Psychiatric Mental Health for the Psychiatric Mental Health Nurse  
Practitioner

### Course Description

This course provides the neuroscientific foundations for various psychiatric disorders and mental health problems across the lifespan. An analysis of the relationships between the neurobiology, neurophysiology, genetic, and epigenetic aspects of various psychiatric disorders and mental health problems will be explored.

### Course Outcomes

1. Evaluate the neurobiology of various psychiatric disorders and mental health problems across the lifespan.
2. Evaluate the neurophysiology of various psychiatric disorders and mental health problems across the lifespan.
3. Analyze the genetic and epigenetic factors relevant to psychiatric disorders and mental health problems across the lifespan.
4. Differentiate normal from abnormal signs and symptoms patients with mental health problems across the lifespan, using DSM-5 and other evidence-based criteria.
5. Develop appropriate diagnoses, differential and rule out diagnoses that includes considerations of environmental and contextual factors and criteria for accurate diagnosing of mental health disorders.

### Course Number

NURS 5112

### Course Name

Therapy concepts for Psychiatric Mental Health Nurse Practitioners

### Course Description

This course provides evidenced based practice principles of non- pharmacological individual, family and group therapies for psychiatric disorders and mental health problems across the lifespan.

### Course Outcomes

1. Evaluate individual and group therapies to promote health and prevent illness for individuals and families.
2. Analyze individual, group, and family therapies used in the treatment of acute and chronic psychiatric disorders and mental health problems.
3. Evaluate therapies for cultural, spiritual, ethnic, age, gender, and sexual orientation sensitivity with acute and chronic psychiatric disorders and mental health problems.
4. Synthesize legal and ethical decision making in non-pharmacological therapies for psychiatric disorders and mental health problems.

### Course Number

NURS 5140

### Course Number

Psychiatric Assessment Lab for the Psychiatric Mental Health Nurse Practitioner

### Course Description

Introduces the PMHNP student to the psychiatric mental health assessment applied to the pediatric, adult, and geriatric patient with a mental health disorder through knowledge acquisition and skill development.

### Course Outcomes

1. Differentiates between common abnormalities and normal findings in the mental status examination of the patient.
2. Identifies components of and solidifies through actions the therapeutic relationship with the patient with mental health disorders and/or problems.
3. Demonstrates use of appropriate diagnostic interviewing tools.
4. Demonstrates interviewing skills to elicit responses to a complete psychiatric history, past psychiatric history, general medical history, family/social history, substance use history, and medical and psychiatric review of systems.
5. Performs and accurately identifies/documents the components of the psychiatric mental health patient assessment and correlates with various common psychiatric disorders.

### Course Number

NURS 5213

### Course Name

Psychopharmacology for the Psychiatric Mental Health Nurse Practitioner

### Course Description

This course provides advanced study of clinical psycho-pharmacological therapeutics for the psychiatric mental health nurse practitioner. Foundations of advanced psychopharmacology in common and complex mental health disorders and conditions in populations across the lifespan are explored.

### Course Outcomes

1. Differentiates between movement disorders and those due to medication side effects.
2. Evaluate principles of pharmacodynamics and pharmacokinetics in psychiatric medications
3. Analyze concepts of drugs and the effect on the brain and nervous systems
4. Analyze mechanism of action, drug classifications, and drug effects in psychopharmacology in those with psychiatric mental health disorders or problems.
5. Analyze the effects of illicit drug use on the brain and nervous system, and treatment of substance use disorders.

### Course Number

NURS 5222

### Course Name

Child, Adolescent, and Special Populations Psychiatric Mental Health for the PMHNP

### Course Description

This course provides the scientific foundations and evidence- based practice principles necessary for managing children, adolescents, and special populations (and/or at risk for) various commonly occurring and complex psychiatric disorders and mental health problems as well as comorbid medical illnesses.

### Course Outcomes

1. Analyze principles of prevention and health promotion in children, adolescent and special populations with psychiatric disorders and mental health problems.
2. Analyze primary and comorbid illnesses and the medical aspects of care involved in providing comprehensive holistic psychiatric and mental health care for child, adolescent, and special populations.
3. Differentiate between normal and abnormal growth and development in diagnosing and treating psychiatric disorders and mental health problems in the child, adolescent, and special populations.
4. Analyze appropriate pharmacologic and non-pharmacologic management of psychiatric disorders and mental health problems in child, adolescent, and special populations.
5. Evaluate legal and ethical decision-making principles in child, adolescent, and special populations with mental health problems.

### Course Number

NURS 5223

### Course Name

Adult and Geriatric Psychiatric Mental Health for the PMHNP

### Course Description

This course provides the scientific foundations and evidence-based practice principles necessary for managing adult and geriatric populations with (and/or at risk) for commonly occurring and complex psychiatric disorders and mental health problems as well as co-morbid medical illnesses.

### Course Outcomes

1. Analyze health promotion and disease prevention for psychiatric disorders and mental health problems in the adult and geriatric populations.
2. Analyze primary and comorbid illnesses and the medical aspects of care involved in providing comprehensive psychiatric and mental health care for adult and geriatric populations.
3. Differentiate between normal and abnormal signs and symptoms in diagnosing and treating psychiatric disorders and mental health problems in the adult and geriatric populations.
4. Evaluate appropriate pharmacologic and non-pharmacologic approaches in the management of adults and geriatric populations with psychiatric disorders and mental health problems.
5. Promote holistic care that recognizes ethno-cultural, spiritual, and demographic characteristics in adult and geriatric populations with psychiatric disorders and mental health problems.

### Course Number

NURS 5324

### Course Name

Psychiatric Mental Health Clinical Practice I

### Course Description

This course provides application of theoretical knowledge and clinical skills to patients with commonly occurring psychiatric and mental health disorders across the life span in the context of advanced nursing practice.

### Course Outcomes

1. Make appropriate DSM 5 diagnoses for selected psychiatric and mental health disorders in selected populations
2. Develop a plan of care that includes pharmacological and non-pharmacological management of selected populations with common psychiatric and mental health disorders.

### Course Number

NURS 5325

### Course Name

Psychiatric Mental Health Clinical Practice II

### Course Description

This course provides application of theoretical knowledge and clinical skills to patients with various commonly occurring and complex psychiatric and mental health disorders across the life span in the context of advanced nursing practice.

### Course Outcomes

1. Diagnose common and complex psychiatric and mental health disorders in selected populations.
2. Implement an appropriate plan of care, both pharmacological and non-pharmacological for selected populations of patients with both common and complex psychiatric and mental health disorders.
3. Evaluate patient and family outcomes for the purpose of monitoring and modifying care of common and complex psychiatric disorders in selected populations.

### Course Number

NURS 5650

### Course Name

Psychiatric Mental Health Advanced Practicum

### Course Description

Clinical preceptorships in selected health practice sites with opportunities to apply knowledge, skills and concepts in a guided, progressive context of psychiatric mental health care advanced nursing practice. The ratio of credit to clinical hours is 1:4.

### Course Outcomes

1. Use evidenced-based knowledge to manage the health care in selected populations.
2. Provide comprehensive health care (e.g., age, gender, cultural, ethnic sensitive) to patients, families, and/or groups within the ethical and legal scope of advanced nursing practice.
3. Evaluate patient and family outcomes for the purpose of monitoring and modifying care.
4. Collaborate with other health care professionals to provide comprehensive care.
5. Implement the nurse practitioner role in selected settings.