Influence employee engagement and team performance with these training courses. Choose your path for growth and development.

**BASIC NEEDS**

**What Do I Get?**
- Higher Education 101
- Cultivating a Positive Customer Service Experience
- Stress Management in the Workplace
- Thriving Through Change
- Career Essentials
- Actualize Your Purpose: A Workshop on Improving Your Well-Being

**INDIVIDUAL**

**What Do I Give?**
- Lead with Influence
- Leveraging Emotional Intelligence to Develop Collaborative Relationships
- The Art of Managing Up
- Owning Your Own Engagement
- Advance Your Career as an Individual Contributor
- Managing Up, Down, and Across

**TEAMWORK**

**Do I Belong?**
- Five Behaviors of a Cohesive Team
- Building Collaborative Relationships
- Resolving Conflict Situations
- Creating a Culture of Trust
- Engagement Survey Action Planning Best Practices
- Improve Your Teamwork Skills
- Supervising Intergenerational Teams

**GROWTH**

**How Can We Grow?**
- Giving and Receiving Feedback
- Growing in Your Career
- When Fear is Holding You Back: Career Aspirations and Self-Efficacy
- Leading Career Development Discussions

**SIGN UP**

- UTA Training: go.uta.edu/hrtraining
- LinkedIn Learning: myapps.uta.edu
- Academic Impressions: myapps.uta.edu