

# PSYC 3319-001: Psychology of Adolescence

Fall 2021

## Instructor Information

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### **Instructor**

Durna Alakbarova

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Office: Life Science 430

### **Office Hours**

By appointment only – email me to set up a meeting. Office hours will be only virtual until at least September 8 or as long as we do class rotations. After that date, I will let you know about availability of in-person office hours.

**\*\*All information regarding Echo360 technology is tentative at this moment (this includes live streaming modality, recordings of lectures, and questions embedded in the lecture slides). I am currently waiting for OIT to resolve the issues with the course.\*\***

## Course Information

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**Section Information:** PSYC 3319-001

**Time and Place of Class Meetings:** Tuesday and Thursday 8:00am – 9:20am, Life Science Building 122

This is an on-campus course, which means that the class will meet in-person every Tuesday and Thursday. However, as the situation with the COVID19 pandemic is constantly changing, the modality of the course might change in accordance with the University's policy.

**\*\*Note:** According to UTA's policy for the beginning of the semester, we will be doing group rotations until September 8 (I will let you know if this gets extended or changed). Please note the following information and plan accordingly:

If your last name starts with:	You should come <b>IN PERSON</b> on these days:	You should attend <b>VIRTUALLY</b> these days:
A - J	Tuesdays	Thursdays
K - Z	Thursdays	Tuesdays

\*You can double-check which days you come in-person on in Canvas under "Groups"

## Description of Course Content

This course is a topical study of adolescent behavioral and psychological development with emphasis on theory, methods of inquiry, and practical implications.

## Student Learning Outcomes

1. Demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in the psychology of adolescence.
2. Understand and apply basic research methods in studying adolescents, including research design, data analysis, and interpretation.
3. Respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
4. Understand and apply psychological principles to personal, social, and organizational issues associated with adolescent development.
5. Recognize, understand, and respect the complexity of sociocultural and international diversity associated with adolescent development.
6. Pursue realistic ideas about how to implement their psychological knowledge, skills, and values in occupational pursuits in a variety of settings.

## Required Textbooks and Other Course Materials

### Required:

Steinberg, L. (2019). *Adolescence* (12<sup>th</sup> ed.). New York, NY: McGraw-Hill Education.

- Two options:
  - ISBN 9781260058895 (Hard cover – rent or digital only)
  - **\*OR\*** ISBN 9781260401615 (Loose leaf – rent, buy, or digital)

\*Note: You do not need an additional access code... Just the digital, loose leaf, or hardcover textbook. But do please get the correct edition – the 12th edition. The author changed a lot of information in this edition, so other editions may not have the correct information for the course.

### Optional:

American Psychological Association. (2019). *Publication manual of the American Psychological Association* (7<sup>th</sup> ed.). Washington, D.C.: Author.

- Three options:
  - ISBN (Hardcover): 9781433832154
  - ISBN (Spiral Bound): 9781433832178
  - ISBN (Paperback): 9781433832161
- If you do not want to purchase the full APA style manual, the website has really helpful guides (they are just a bit less detailed than the full manual): <https://apastyle.apa.org/style-grammar-guidelines/>

## Important University Dates for the Semester:

**Wednesday, August 25** - First day of class

**Friday, September 10** - Census date

**Friday, November 5** - Last day to drop classes; submit requests to advisor before 4:00 PM

**Wednesday, November 24** - No classes scheduled

**Thursday/Friday, November 25-26** - Thanksgiving holidays

**Tuesday, December 7** - Last day of classes

## Major Assignments and Examinations

### Exams (300 points total)

There will be a total of 4 exams (3 exams covering 4 chapters each, and 1 **cumulative** final exam covering Chapters 1-13). I will drop the lowest exam grade, so if you are happy with your grade on the first three exams, you do **not** need to take the final. Exams will be worth **100 points** each and will consist of multiple choice *and* short answer essay questions. The exams will cover lecture content, textbook readings, and any supplemental material provided.

All Exams will be administered online using the Respondus Lockdown Browser software with webcam (see "Technology Requirements" section below for detailed instructions). You may not use your book/notes for the exams, nor are you allowed to communicate with other students in the class about questions/answers on the exam. The exams will take place during regular scheduled class time – you will have **1 hour and 20 minutes** for each. You have the option to bring your laptop to class and take the Exam in the classroom. Filling out the exam study guides will be in your best interest, as that will help you to not rush and make silly mistakes on the exam (or run out of time).

Exams will NOT be graded if they are turned in late unless there is an emergency/extenuating circumstance. If an emergency arises, you are responsible for letting us know as soon as possible so that we may work something out. To be eligible to make up an exam in these cases, you must e-mail us to provide documentation (such as a doctor's note) within **3 days** of the missed exam.

### Online Discussions (60 points total)

There will be a total of **6** online discussions (including *Introduce Yourself*), worth **10** points each (7 points for your post, and 3 points for commenting). This is how they will work: you will be given detailed instructions for each discussion of what you need to include in your post. You will post your own thread (that's *your* post), and then you will comment on 1 classmate's post (comments must be more than a few words and must contribute something more than agreement or disagreement).

### Online Activities/Assignments (50 points total)

There will be a total of **5** activities/assignments (worth **10** points each). These could be worksheets, case studies, etc. We will give detailed instructions for each activity/assignment on Canvas.

### Thought Papers (40 points total)

There will be a total of **2** short papers (2-3 pages) worth **20** points each. For each paper, you will be given a prompt to write about as well as a rubric. Each paper should be in APA format (e.g., double-spaced, 1-inch margins) and should address *all* parts of the prompt.

### Lecture Quizzes (70 points total)

During each lecture, there will be several questions embedded in the Power Point presentation that you will have to answer. These questions will count as quizzes. You will answer them using the Canvas/Echo360 app on your smartphone/tablet/laptop. *Please let me know if you do not have access to any such technology to bring to class.* There will be a total of **14** quizzes (a syllabus quiz and chapter quizzes for Ch. 1-13) and they will be worth **5** points each. Quizzes will be multiple choice.

### Extra Credit (points TBD):

There will be a few opportunities for extra credit throughout the semester. One of those will be Sona research participation – you can fill out the prescreening questionnaire, participate in studies, or write article summaries for credit. We will upload detailed instructions for the Sona participation – the document will be in an “Extra Credit” module on the modules page.

## **Grading Information**

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### **Grading:**

Your final grade in the course will be calculated according to the following distribution:

Exams	300 points
Discussions	60 points
Assignments	50 points
Thought Papers	40 points
Quizzes	70 points
<b>Total</b>	<b>520 points</b>

Letter Grade	Point Range
A	468 – 520
B	416 – 467
C	364 – 415
D	312 – 363
F	311 or fewer

**\*Note about late work:** Late work will be accepted but will lose 20% of the total points possible for each day it is late (e.g., if an assignment worth 10 points is turned in within 24 hours of the due date, the maximum grade you can receive is an 8/10). This policy applies to assignments, discussions, quizzes, and thought papers (i.e., NOT exams).

### **Expectations for Out-of-Class Study**

Beyond the time required to attend each class meeting, students enrolled in this course should expect to spend at least an additional 9 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

### **Attendance:**

At the University of Texas at Arlington, taking attendance is not required but attendance is a critical indicator of student success. Each faculty member is free to develop his or her own methods of evaluating students' academic performance, which includes establishing course-specific policies on

attendance. **As the instructor of this section, I have decided to not require in-person attendance for this course. The in-person lectures will be broadcast live via Echo360. The lectures will also be recorded and available for viewing on Canvas. You are expected to attend all lectures (be it in-person or virtually) and answer the questions embedded in them.** However, while UT Arlington does not require instructors to take attendance in their courses, the U.S. Department of Education requires that the University have a mechanism in place to mark when Federal Student Aid recipients “begin attendance in a course.” UT Arlington instructors will report when students begin attendance in a course as part of the final grading process. Specifically, when assigning a student a grade of F, faculty report must the last date a student attended their class based on evidence such as a test, participation in a class project or presentation, or an engagement online via Canvas. This date is reported to the Department of Education for federal financial aid recipients.

## **Institution Information**

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UTA students are encouraged to review the below institutional policies and informational sections and reach out to the specific office with any questions. To view this institutional information, please visit the [Institutional Information](https://resources.uta.edu/provost/course-related-info/institutional-policies.php) page (<https://resources.uta.edu/provost/course-related-info/institutional-policies.php>) which includes the following policies among others:

- Drop Policy
- Disability Accommodations
- Title IX Policy
- Academic Integrity
- Student Feedback Survey
- Final Exam Schedule

## **Technology Requirements**

For this course, we will be using Canvas, Microsoft Teams, and LockDown Browser with webcam. Make sure you have downloaded Microsoft Teams and Lockdown Browser. You can access tutorials on these tools by clicking on the “Get Started” Box on your Canvas Homepage.

You will need to have access to a computer and a reliable internet connection. If you don't have either, please visit OIT's UTA Remote Website (<https://oit.uta.edu/utaremote/index.php>) for help and let us know as soon as possible.

### **Microsoft Teams**

Below is a link to UTA's Microsoft Teams User guide, where you can find instructions on how to download and use Microsoft Teams:

[https://uta.service-now.com/selfservice2?id=utassp01\\_kb\\_article&sys\\_id=4653b0cfdbbfabc02c1622d40596190a&page\\_id=utassp01\\_search\\_results&q=Teams](https://uta.service-now.com/selfservice2?id=utassp01_kb_article&sys_id=4653b0cfdbbfabc02c1622d40596190a&page_id=utassp01_search_results&q=Teams)

### **LockDown Browser**

This course requires the use of LockDown Browser for online exams. Watch this video to get a basic understanding of LockDown Browser:

<https://www.respondus.com/products/lockdown-browser/student-movie.shtml>

Below is a link to a Student Quick Start Guide:

<https://web.respondus.com/wp-content/uploads/2019/08/RLDB-QuickStartGuide-Instructure-Student.pdf>

### **Download Instructions**

Download and install LockDown Browser from this link:

<https://download.respondus.com/lockdown/download.php?id=163943837>

Once Installed

- Start LockDown Browser
- Log into to Canvas
- Navigate to the quiz

Note: You won't be able to access a quiz that requires LockDown Browser with a standard web browser. If this is tried, an error message will indicate that the test requires the use of LockDown Browser. Simply start LockDown Browser and navigate back to the exam to continue.

### **If you do not have a computer with a camera:**

- You can borrow a computer or a webcam from UTA Libraries:  
<https://libraries.uta.edu/services/technology/borrow>
- You can take the test at one of UTA's Computer Labs:  
<https://libguides.uta.edu/libraryservices/campus>
- You can convert your Android or iPhone smartphone into a camera to use with your computer. Follow these links for instructions:
  - For Androids: <https://www.digitalcitizen.life/turn-android-smartphone-webcam-windows/>
  - For iPhones: <https://www.digitalcitizen.life/how-turn-iphone-ipad-webcam-windows-pc/>

### **Guidelines**

To ensure LockDown Browser and the webcam are set up properly, do the following:

- Start LockDown Browser, log into Canvas, and select this course.
- Locate and select the Help Center button on the LockDown Browser toolbar.
- Run the Webcam Check and, if necessary, resolve any issues.
- Run the System & Network Check. If a problem is indicated, see if a solution is provided in the Knowledge Base. Troubleshooting information can also be emailed to our institution's help desk.
- Exit the Help Center and locate the LockDown Practice Quiz in the Modules.
- Upon completing and submitting the practice quiz, exit LockDown Browser.

### **When taking an online quiz, follow these guidelines:**

- Select a location where you won't be interrupted
- Before starting the test, know how much time is available for it, and also that you've allotted sufficient time to complete it
- Turn off all mobile devices, phones, etc. and don't have them within reach
- Remain at your desk or workstation for the duration of the test
- If the computer or networking environment is different than what was used previously with the Webcam Check and System & Network Check in LockDown Browser, run the checks again prior to starting the test

- LockDown Browser will prevent you from accessing other websites or applications; you will be unable to exit the test until all questions are completed and submitted
- To produce a good webcam video, do the following:
  - Avoid wearing baseball caps or hats with brims
  - Ensure your computer or tablet is on a firm surface (a desk or table). Do NOT have the computer on your lap, a bed, or other surface where the device (or you) are likely to move
  - If using a built-in webcam, avoid tilting the screen after the webcam setup is complete
  - Take the exam in a well-lit room and avoid backlighting, such as sitting with your back to a window

## **Getting Help**

Several resources are available if you encounter problems with LockDown Browser:

- The Windows and Mac versions of LockDown Browser have a "Help Center" button located on the toolbar. Use the "System & Network Check" to troubleshoot issues. If an exam requires you to use a webcam, also run the "Webcam Check" from this area
- You can find contact information for OIT Help Desk at <https://oit.uta.edu/support/index.php>
- Respondus has a Knowledge Base available from [support.respondus.com](https://support.respondus.com). Select the "Knowledge Base" link and then select "Respondus LockDown Browser" as the product. If your problem is with a webcam, select "Respondus Monitor" as your product
- If you're still unable to resolve a technical issue with LockDown Browser, go to [support.respondus.com](https://support.respondus.com) and select "Submit a Ticket". Provide detailed information about your problem and what steps you took to resolve it

## **Additional Information**

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### **Face Covering Policy**

*While the use of face coverings on campus is no longer mandatory, all students and instructional staff are strongly encouraged to wear face coverings while they are on campus. This is particularly true inside buildings and within classrooms and labs where social distancing is not possible due to limited space. If a student needs accommodations to ensure social distancing in the classroom due to being at high risk they are encouraged to work directly with the Student Access and Resource Center to assist in these accommodations. If students need masks, they may obtain them at the Central Library, the E.H. Hereford University Center's front desk or in their department.*

### **Academic Success Center**

The Academic Success Center (ASC) includes a variety of resources and services to help you maximize your learning and succeed as a student at the University of Texas at Arlington. ASC services include supplemental instruction, peer-led team learning, tutoring, mentoring and TRIO SSS. Academic Success Center services are provided at no additional cost to UTA students. For additional information visit: [Academic Success Center](#). To request disability accommodations for tutoring, please complete this [form](#).

UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include [tutoring by appointment](#), [drop-in tutoring](#), [etutoring](#), [supplemental instruction](#), [mentoring](#) (time management, study skills, etc.), [success coaching](#), [TRIO Student Support Services](#), and [student success workshops](#). For additional information, please email [resources@uta.edu](mailto:resources@uta.edu), or view the [Maverick Resources](#) website.

The **IDEAS Center** (<https://www.uta.edu/ideas/>) (2<sup>nd</sup> Floor of Central Library) offers FREE tutoring and mentoring to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. Students can drop in or check the schedule of available peer tutors at [www.uta.edu/IDEAS](http://www.uta.edu/IDEAS), or call (817) 272-6593.

### **The English Writing Center (411LIBR)**

The Writing Center offers FREE tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at the Writing Center (<https://uta.mywconline.com>). Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see Writing Center: OWL for detailed information on all our programs and services.

The Library's 2<sup>nd</sup> floor Academic Plaza (<http://library.uta.edu/academic-plaza>) offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the library's hours of operation.

### **Emergency Exit Procedures**

Should we experience an emergency event that requires evacuation of the building, students should exit the room and move toward the nearest exit, to the left of the exit from the classroom. When exiting the building during an emergency, do not take an elevator but use the stairwells instead. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities.

## **Emergency Phone Numbers**

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In case of an on-campus emergency, call the UT Arlington Police Department at **817-272-3003** (non-campus phone), 2-3003 (campus phone). You may also dial 911. Non-emergency number 817-272-3381

## **Library Information**

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### **Research or General Library Help**

Ask for Help

- [Academic Plaza Consultation Services](http://library.uta.edu/academic-plaza) ([library.uta.edu/academic-plaza](http://library.uta.edu/academic-plaza))
- [Ask Us](http://ask.uta.edu/) ([ask.uta.edu/](http://ask.uta.edu/))
- [Research Coaches](http://libguides.uta.edu/researchcoach) (<http://libguides.uta.edu/researchcoach>)

Resources

- [Library Tutorials](http://library.uta.edu/how-to) ([library.uta.edu/how-to](http://library.uta.edu/how-to))
- [Subject and Course Research Guides](http://libguides.uta.edu) ([libguides.uta.edu](http://libguides.uta.edu))
- [Librarians by Subject](http://library.uta.edu/subject-librarians) ([library.uta.edu/subject-librarians](http://library.uta.edu/subject-librarians))
- [A to Z List of Library Databases](http://libguides.uta.edu/az.php) ([libguides.uta.edu/az.php](http://libguides.uta.edu/az.php))
- [Course Reserves](https://uta.summon.serialssolutions.com/#!/course_reserves) ([https://uta.summon.serialssolutions.com/#!/course\\_reserves](https://uta.summon.serialssolutions.com/#!/course_reserves))
- [Study Room Reservations](http://openroom.uta.edu/) ([openroom.uta.edu/](http://openroom.uta.edu/))



## Course Schedule

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As the instructors for this course, I reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course.

Week	Unit	Day	Chapter/Topic	Assignment	Due Date
1	1	Thursday 8/26	Course Introduction/ Introduction Chapter	Introduce Yourself Syllabus Quiz	Sun 9/5 (11:59 PM)
2		Tuesday 8/31	Chapter 1: Biological Transitions		
		Thursday 9/2	Chapter 1: Biological Transitions	Ch. 1 Discussion	Sun 9/5 (11:59 PM)
3		Tuesday 9/7	Chapter 2: Cognitive Transitions		
		Thursday 9/9	Chapter 2: Cognitive Transitions	Thought Paper #1	Sun 9/12 (11:59 PM)
4		Tuesday 9/14	Chapter 3: Social Transitions		
		Thursday 9/16	Chapter 3: Social Transitions	Study for Exam	
5		Tuesday 9/21	Exam 1		
	2	Thursday 9/23	Chapter 4: Families	Ch. 3 Assignment	Sun 9/26 (11:59 PM)
6		Tuesday 9/28	Chapter 4: Families		
		Thursday 9/30	Chapter 5: Peer Groups	Ch. 4 Assignment	Sun 10/3 (11:59 PM)
7		Tuesday 10/5	Chapter 5: Peer Groups		
		Thursday 10/7	Chapter 6: Schools	Study for Exam	
8		Tuesday 10/12	Chapter 6: Schools		
		Thursday 10/14	Exam 2	Ch. 5 Discussion Ch. 6 Assignment	Sun 10/17 (11:59 PM)
9	3	Tuesday 10/19	Chapter 8: Identity		
		Thursday 10/21	Chapter 8: Identity	Ch. 8 Discussion	Sun 10/24 (11:59 PM)
10		Tuesday 10/26	Chapter 9: Autonomy		
		Thursday 10/28	Chapter 9: Autonomy	Thought Paper #2	Sun 10/31(11:59 PM)
11		Tuesday 11/2	Chapter 10: Intimacy		
		Thursday 11/4	Chapter 10: Intimacy	Ch. 10 Discussion	Sun 11/7 (11:59 PM)
12		Tuesday 11/9	Chapter 11: Sexuality		
	Thursday 11/11	Chapter 11: Sexuality	Study for Exam		
13		Tuesday 11/16	Exam 3		

	4	Thursday 11/18	Chapter 12: Achievement	Ch. 11 Assignment	Sun 11/21 (11:59 PM)
14		Tuesday 11/23	Chapter 12: Achievement		
		Thursday 11/25	Thanksgiving		
15		Tuesday 11/30	Chapter 13: Psychosocial Problems in Adolescence		
		Thursday 12/2	Chapter 13: Psychosocial Problems in Adolescence	Ch. 12 Discussion Ch. 13 Assignment Extra Credit	Sun 12/5 (11:59 PM)
		Tuesday 12/7	No class		
		<b>Thursday 12/9</b>	<b>Final Exam (8:00 am – 10:30 am)</b>		