# **PSYC 3318: Abnormal Psychology**

Fall 2023

# **Instructor Information**

#### Instructor

Bonnie B. Laster, Ph.D. CCSP

# Office Number/Telephone Number

Life Science 426 817-273-2281

#### **Email Address**

bonnie.laster@uta.edu \*official means of communication\* \*do NOT utilize Canvas inbox or Teams chat\*

# **Faculty Profile**

https://www.uta.edu/academics/faculty/profile?username=lasterbb

# **Course Information**

#### **Section Information**

PSYC 3318-001

# **Time and Place of Class Meetings**

MWF 9:00 a.m. – 9:50 a.m. LS 119 Face to face lecture

Office Hours

MTWTh 11:00 a.m. - 12:00 p.m.

# **Description of Course Content**

Major forms of psychopathology; Classification, etiology, and treatment of major disorders. Prereq: PSYC 1315.

# **Student Learning Outcomes**

Students will identify, describe and discuss biological, psychological, social and political factors in the study of abnormal psychology.

Students will identify and describe the major concepts in psychopathology and abnormal development, distinguish among major theoretical orientations, and discuss empirical and historical trends.

Students will explore issues related to social and personal cognitive structures to encourage ethical and social responsibility in a diverse world.

# **Required Textbooks and Other Course Materials**

Connect Access for Abnormal Psychology: Clinical Perspectives on Psychological Disorders (0812)

Custom) Edition: 10th ISBN: 9781266446627 Author: Whitbourne

Publisher: MCGRAW HILL CREATE (CUSTOM PUBLISHING)

Students: The above resource is included in your tuition. The DSM-5TR is not required for this

course. However, if you choose to purchase one, that will be an additional cost.

# **Descriptions of major assignments and examinations**

**Exams**: There will be 3 exams, each worth <u>50 points</u>. Exams may include multiple choice, short-answer, and essay questions requiring students to apply material from assigned readings, class discussions, and class lecture material (including video, discussions, and in-class assignments/activities).

**Case Studies:** Students will analyze 2 case studies to apply concepts learned in class and explore real-world diagnoses and possible courses of treatment. <u>50 points each</u>. \*\*Specific guidelines posted on Canvas and discussed in class \*\*

Case Study Character Analysis: Students will write a 4+ page paper analyzing a fictitious character using concepts and diagnoses from abnormal psychology. Students can select any character of interest from t.v., movies, fiction reading, video games, etc. (50 points) \*\* Specific quidelines posted on Canvas and discussed in class.\*\*

**Attendance/Participation**: 30 pts. Official attendance will be taken a random times throughout the semester. If you miss said class period for a university-sponsored event (e.g. athletic events, university sponsored travel, etc.), you will not be penalized; however, you will need to notify me in advance of such absences and it is your responsibility to obtain class notes/assignments, etc. from a fellow classmate (i.e., not me). \*\*Specific guidelines will be distributed in class.\*\*

### **Technology Requirements**

This course will utilize Canvas, Teams, and UTA email. Students can access tutorials on these tools by clicking on the "Get Started" Box on their Canvas Homepage. You will not need a webcam.

# **Grading Information**

Assignment Category	Number of Graded Items	Point Value per Item	Total Points
Exams	3	50	150
Case Studies	2	50	100
Case Study Character Analysis	1	50	50
Attendance/Participation	Varies	Various	30
		Total Course Points:	330

# Course Schedule

Date Subject Reading Assignment

Mon Aug 21	Intro/syllabus Overview	Ch. 1	
Wed Aug 23	Con't		
Fri Aug 25	Diagnoses and Treatment	Ch. 2	
Mon Aug 28	Con't		
Wed Aug 30	Assessment	Ch. 3	
Fri Sept 1	Con't		
Mon Sept 4	LABOR DAY – NO CLASS		
Wed Sept 6	Con't		
Fri Sept 8	Theoretical Perspectives	Ch. 4	
Mon Sept 11	Con't		
Wed Sept 13	Con't/review		
Fri Sept 15	Exam 1	Ch. 1-4	
Mon Sept 18	Anxiety/OCD/Trauma/Stress	Ch. 8	
Wed Sept 20	Con't		
Fri Sept 22	Con't		
Mon Sept 25	Neurodevelopmental Disorders	Ch. 5	
Wed Sept 27	Con't		
Fri Sept 29	Con't		
Mon Oct 2	Schizophrenia Spectrum/Other Psychotic Disorders	Ch. 6	
Wed Oct 4	Con't		
Fri Oct 6	Field Work: no class		Case Study I due to Canvas 11:59 p.m.
Mon Oct 9	Depressive & Bipolar Disorders	Ch. 7	
Wed Oct 11	Con't		

Fri Oct 13	Con't		
Mon Oct 16	Dissociative & Somatic Symptom Disorders	Ch. 9	
Wed Oct 18	Con't		
Fri Oct 20	Con't/review		
Mon Oct 23	Exam 2	Ch. 5-9	
Wed Oct 25	Eating/Sleep/Impulse Control Disorders	Ch. 10	
Fri Oct 27	Con't		
Mon Oct 30	Con't		
Wed Nov 1	Paraphilic Disorders etc.	Ch. 11	
Fri Nov 3	Con't		
Mon Nov 6	Con't		
Wed Nov 8	Substance-Related/Addictive Disorders	Ch. 12	
Fri Nov 10	Con't		
Mon Nov 13	Con't		
Wed Nov 15	Neurocognitive Disorders	Ch. 13	
Fri Nov 18	Con't		
Mon Nov 20	Field Work: no class		Case Study 2 due to Canvas 11:59 p.m.
Wed Nov 22/Fri Nov 24	NO CLASS		THANKSGIVING
Mon Nov 27	Personality Disorders	Ch. 14	
Wed Nov 29	Con't		
Fri Dec 1	Con't		
Mon Dec 4	Catch-up/Review		Case Study Character Analysis due 11:59 p.m.
Mon Dec 11 8:00-10:30 a.m.	Final Exam	Ch. 10-14	

As the instructor for this course, I reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course. –B.B. Laster

**Final Grade Policy:** This class will utilize an unweighted points system. Final grades will be calculated as a percentage of total points earned. To calculate individual student final grades, add up the total points earned on each graded item and divide that sum by the total maximum points for the course (270). Multiply by 100 to get the percentage. Final grades falling 9.5 and above will be rounded up (e.g., 89.5 will round to an A, 79.5 will round to a B, etc). Final grades falling below this will not be rounded up. There are no exceptions to this policy.

Exam Day/Assignment Policy: There will be NO make-up exams or assignment extensions except for extreme circumstances/emergencies (criteria professor's discretion). The schedule notes the dates for all, giving you plenty of time to make arrangements accordingly. Any makeup exam/assignments that meet the extreme criteria must be scheduled IN ADVANCE of the due date. If, for whatever reason, extreme circumstances arise ON exam day, you are responsible for contacting me PRIOR TO THE START OF CLASS to apprise me of the situation. WAITING UNTIL THE TEST HAS BEEN ADMINISTERED/DUE DATE HAS PASSSED IS UNACCEPTABLE. Be prepared to provide documentation of the circumstance. Failure to follow these guidelines will result in an automatic "0" for that exam grade. University-related absences are exempted from this policy, but you are still required to notify me in advance of such a conflict.

**Technology note for exams and assignments:** All exams and assignments will be due via Canvas at 11:59 p.m. CST on their designated due dates. To account for potential technology and other issues (loss of WIFI, laptop issues, cats playing with modem, boss calling you into work last minute, forgetting when the assignment was due, traveling, falling asleep unexpectedly, etc.), I HIGHLY recommend submitting EARLY. Exams/assignments will not be available for submission past 11:59 p.m. Emailed assignments will not be accepted.

### **Institutional Information**

UTA students are encouraged to review the below institutional policies and informational sections and reach out to the specific office with any questions. To view this institutional information, please visit the <a href="Institutional Information">Information</a> page (https://resources.uta.edu/provost/course-related-info/institutional-policies.php) which includes the following policies among others:

- Drop Policy
- Disability Accommodations
- Title IX Policy
- Academic Integrity
- Student Feedback Survey
- Final Exam Schedule

Grade grievance procedure: <a href="https://www.uta.edu/academics/schools-colleges/science/departments/psychology/degree-programs/graduate/graduate-resources/student-grievance-form">https://www.uta.edu/academics/schools-colleges/science/departments/psychology/degree-programs/graduate-graduate-resources/student-grievance-form</a>

While we will discuss psychological health and treatment in this class, I am trained as a researcher and educator, not a clinician. If you need help with mental health concerns, I will assist you by referring you to student services for additional support, but I cannot provide psychotherapy services myself.

Counseling and Psychological Services https://www.uta.edu/caps/services/Lets%20Talk.php

Students experiencing a crisis may call MAVS Talk 24 Hour Crisis Line 817-272-TALK (8255) or UTA Police: 817-272-3003

### **Additional Information**

**Email Response:** UTA email is my official means of communication; Phone calls will not be returned in a timely manner. **Do NOT use Teams chat to contact me**. I will respond to emails within 24-48 hours.

# **Face Covering Policy**

Students and instructors are strongly encouraged to wear face coverings while on campus, particularly inside buildings. If a student needs accommodations to ensure social distancing in the classroom due to being at high risk, they are encouraged to work directly with the Student Access and Resource Center to assist in these accommodations. Masks may be obtained at the Central Library or the E.H. Hereford University Center's front desk.

#### **Emergency Exit Procedures**

Should we experience an emergency event that requires evacuation of the building, students should exit the room and move toward the nearest exit. When exiting the building during an emergency, do not take an elevator but use the stairwells instead. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities.

Evacuation plans may be found at **Evacuation Route Maps** (Buildings).

#### **Academic Success Center**

The Academic Success Center (ASC) includes a variety of resources and services to help you maximize your learning and succeed as a student at the University of Texas at Arlington. ASC services include supplemental instruction, peer-led team learning, tutoring, mentoring and TRIO SSS. Academic Success Center services are provided at no additional cost to UTA students. For additional information visit: <a href="Academic Success Center">Academic Success Center</a>. To request disability accommodations for tutoring, please complete this <a href="form">form</a>.

The <u>IDEAS Center</u> (https://www.uta.edu/ideas/) (2<sup>nd</sup> Floor of Central Library) offers FREE <u>tutoring</u> and <u>mentoring</u> to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. Students can drop in or check the schedule of available peer tutors at www.uta.edu/IDEAS, or call (817) 272-6593.

# The English Writing Center (411LIBR)

The Writing Center offers **FREE** tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at the Writing Center (https://uta.mywconline.com). Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see Writing Center: OWL for detailed information on all our programs and services.

The Library's 2<sup>nd</sup> floor <u>Academic Plaza</u> (http://library.uta.edu/academic-plaza) offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the <u>library's hours</u> of operation.

#### **Librarian to Contact**

Each academic unit has access to <u>Librarians by Academic Subject</u> that can assist students with research projects, tutorials on plagiarism and citation references as well as support with databases and course reserves.

# **Emergency Phone Numbers**

In case of an on-campus emergency, call the UT Arlington Police Dept at **817-272-3003** (non-campus phone), **2-3003** (campus phone). You may also dial 911. Non-emergency number 817-272-3381

# **Library Information**

# **Research or General Library Help**

Ask for Help

- Academic Plaza Consultation Services (library.uta.edu/academic-plaza)
- Ask Us (ask.uta.edu/)
- Research Coaches (http://libguides.uta.edu/researchcoach)

#### Resources

- <u>Library Tutorials</u> (library.uta.edu/how-to)
- Subject and Course Research Guides (libguides.uta.edu)
- <u>Librarians by Subject</u> (library.uta.edu/subject-librarians)
- A to Z List of Library Databases (libguides.uta.edu/az.php)
- Course Reserves (https://uta.summon.serialssolutions.com/#!/course\_reserves)
- <u>Study Room Reservations</u> (openroom.uta.edu/)