# Psyc 1315-006: Introduction to Psychology Fall 2024

As the instructor for this course, I reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course. Students can expect to be notified of any changes.

-Elias Chandarlis

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#### **Instructor Information**

#### **Instructor Name**

Elias Chandarlis, PhD (he/him/his)

#### Office Location

LS 410 (Life Sciences)

View Campus Map

#### Office Phone Number

817-272-2281

#### **Email Address**

elias.chandarlis@uta.edu

#### **Faculty Profile**

TBA

#### **Office Hours**

4-5pm, Tuesday/Thursday, or online by appointment (email me!)

#### **Communication Guidelines**

My preferred communication method is via email. Please use **Psyc 1315-006 and your name** in the subject line, this makes it easy for me to sort and keep track of your messages!

I will respond to emails and voice messages within 24 hours during the week, or by the next business day on weekends.

#### **Course Information**

#### **Section Information**

PSYC 1315-006

#### **Course Delivery Method**

This course is designated ON-CAMPUS, meaning that most course instruction, exams, and assignments are delivered on-campus.

For a full definition of the course modalities, please visit the <a href="Course Modalities page">Course Modalities page</a>.

#### **Time and Place of Class Meetings**

University Hall, Room UH 116 (1st floor lecture hall)

Tuesday/Thursday, 12:30 pm-01:50pm

#### Time Zone

This course operates on Central Time. All times listed for class meeting times, exams, and assignment deadlines are in Central Time.

#### **Description of Course Content**

The fundamental methods and content of scientific psychology. Concentration on the understanding of basic principles. Introduction to Psychology is a course with wide-ranging topics, covering material such as intelligence, motivation, personality, mental health, therapy, and more. The course will present basic psychological concepts with an emphasis on real-world applications. Students will be assessed on their comprehension of the various psychological models presented in this course. This course satisfies the University of Texas at Arlington core social and behavioral sciences curriculum requirement. As such, it contains core objectives in critical thinking, communication, empirical and quantitative reasoning, and social responsibility.

#### **Prerequisites**

None

#### **Student Learning Outcomes**

Upon completion of this course, students will:

- Be familiar with key psychological theories
- Understand the basic principles of psychological research
- Be aware of the various sub-disciplines in psychology
- Have a basic understanding when reading and evaluating psychology articles
- Understand how psychology can be applied to our everyday lives

In addition, as this course satisfies the University of Texas at Arlington core curriculum requirement in social and behavioral sciences, it contains core objectives and learning outcomes in the following:

- Critical Thinking Skills include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information.
- Communication Skills include effective development, interpretation and expression of ideas through written, oral and visual communication.
- Empirical and Quantitative Skills include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- Social Responsibility includes intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

#### **Textbooks and Other Course Materials**

#### **Required Textbooks and Materials**

King, Laura (2023). The Science of Psychology: An Appreciative View, 6th edition e-book with accompanying Connect Plus software. ISBN: 1264246552. Cost: \$100 USD

We are participating in the First Day Program where the materials are available in Canvas on the first day of class. Students are charged a discounted price for the required materials through their account after enrolling in a course using First Day textbooks. You can register for Connect and access your assignments directly from Canvas by clicking on a McGraw-Hill Connect assignment without an additional payment or access code. You can find instructions to register in Canvas via the McGraw-Hill First Day Registration Instructions.

Students can opt-out of the program: Please be advised it is NOT recommended that you opt-out, as these materials are required for your course at a reduced First Day price. If you decide you don't want to participate, you must opt-out of the First Day material through Canvas, by the deadline, and you will be responsible for purchasing course materials on your own at the opt-out price. Students: Additional materials for this course may range in cost depending on the project and or topic you choose to work on

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#### Descriptions of major assignments and examinations

#### Course Exams

You will be required to take four exams for this course, each worth 100 points. These exams will cover lecture content/discussion topics, textbook readings, and any supplemental content provided. Each exam will have approximately 45 multiple choice questions (worth 2 points each) and one 10-point open response question, for a total of 100 points. Each exam will have a time limit of 80 minutes and will be conducted in class, during class time. Students will be allowed one sheet of paper with *hand-written notes* to assist them on the exam.

#### **Smart Book Activities**

Through Connect, you will need to complete weekly Smart Book Activities. These activities will directly test your understanding of the textbook material and will adapt to your responses as they go. These assignments will be due at the end of the relevant week and will close if not completed. The top 15 of 17 smart book assignments will count towards your final grade, meaning you can miss two with no penalty to your grade.

#### **Research Participation Requirement**

The Psychology Department requires that all students taking Introduction to Psychology complete a 6-credit research requirement. You will be able to complete this requirement by participating in on site or online research conducted by department faculty and their research assistants. As an alternative to participating in research, you may choose to write reviews of approved research articles. Completing this assignment will be done via Sona (http://uta.sonasystems.com/). A departmental handout detailing this requirement and important deadlines can be found at www.uta.edu/psychology at the research participation information link. Questions pertaining to this assignment can be sent to psycpool@uta.edu. Points are not

added to the course grade for completion of the research participation requirement. If you do not complete the research participation requirement, you will receive an Incomplete for this course.

A representative from Sona should be coming to present about this as well during class, so if you have any questions, we should be able to address some of them there!

#### **Core Curriculum Quiz**

At the end of the semester, you will be required to take a comprehensive exam worth up to 50 points that tests your knowledge of the contents of the course. More details will be available once the class has begun. The following is the breakdown of the grading scale for the Core Curriculum Quiz:

39-43 correct answers = 50 points

34-38 correct answers = 40 points

30-33 correct answers = 30 points

25-29 correct answers = 20 points

< 25 correct answers = 10 points

#### **Expectations for Out-of-Class Study**

Beyond the time required to attend each class meeting, students enrolled in this three-credit-hour course should expect to spend at least an additional 9 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

#### **Technology Requirements**

You will need a computer to access assignments for this course. We will be using Canvas and McGraw-Hill Connect, which can be accessed through Canvas. I will demonstrate this on the first day of class to clear up any confusion!

Visit the <u>UTA Libraries Technology page</u> for a list of items that can be checked out or used at the library.

#### **Recording of Classroom and Online Lectures**

Faculty maintain the academic right to determine whether students are permitted to record classroom and online lectures. Recordings of classroom lectures, if permitted by the instructor or pursuant to an ADA accommodation, may only be used for academic purposes related to the specific course. They may not be used for commercial purposes or shared with non-course participants except in connection with a legal proceeding.

As the instructor of this course, I elect to prohibit the recording of classroom or online lectures.

#### **Classroom Behavior and Technology Policies**

#### **Use of Technology in the Classroom**

I understand that students will want to use computers during the course, and I will permit this. I do suggest writing notes by hand where possible, as existing research finds this to be more effective (<a href="https://www.scientificamerican.com/article/why-writing-by-hand-is-better-for-memory-and-">https://www.scientificamerican.com/article/why-writing-by-hand-is-better-for-memory-and-</a>

<u>learning/#:~:text=A%20recent%20study%20in%20Frontiers,vision%2C%20sensory%20processing%20and%20memory</u>). In addition, I ask that if you are using your computer, that you remain on task so as not to distract yourself or those around you. Furthermore, cell phone use **will not be permitted** and will be considered a disruption of class. If you continue to use your device after being asked not to, you will be asked to leave the class, and further steps will be taken as necessary, which can include contacting the Office of Student Judicial Affairs for further action (see <a href="https://www.uta.edu/administration/crtle/teaching/interacting-with-students/academic-integrity-troubled-students-and-other-special-circumstances">https://www.uta.edu/administration/crtle/teaching/interacting-with-students/academic-integrity-troubled-students-and-other-special-circumstances</a> ).

#### **Discussion Guidelines and Conduct**

I respect each of you as individuals and as intellectuals. I expect you to return this respect to me, but more importantly, extend it to your classmates. We may have different opinions in our discussions, but this should make our discussions more interesting. I will not tolerate insulting or demeaning behavior. Please be courteous by not interrupting others or having private conversations while others are speaking. Also, remember that the course material is more interesting if you engage in thoughtful discussions and actively participate in the section activities. Consider the following tips and guidelines to facilitate discussion and meet these goals.

- **Beware of Generalizations:** Your experiences are your own. They are important and should be shared, but do not assume they extend to others.
- Show Respect: Show respect both for yourself and your peers.
- **Utilize "I" Statements:** To avoid generalizing and help us communicate more clearly, start statements in discussions with things such as "I think" or "I remember".
- **Impact and Intent:** The impact of your words and actions on others is more important than the intent. We will have opportunities to discuss and learn this semester, but keeping this idea in mind will help with this process.
- Remember, We are All Learning: An important thing to keep in mind throughout this
  semester is, that we are all learning. This includes me as well. When we make mistakes,
  they may still be hurtful. Please feel free to come talk to me about this if it happens, or
  put your experiences in the anonymous feedback form linked in Canvas.

### **Grading Information**

Grading will be completed through the addition of your points on given assignments, as seen below. These point values will be converted to their corresponding letter grades at the end of the course. If at any time you have questions about your grade, please don't hesitate to ask!

#### **Graded Assignments & Values**

Assignment Name	Value (pts or %)	Total pts
Exams	100 pts per exam	400 pts (4 exams)
Smart Book Assignments	25 pts per assignment	375 pts (lowest 2 dropped)
Core Curriculum Quiz	50 pts	50 pts
Grand Total	825 pts	

Students are expected to keep track of their performance throughout the semester which Canvas facilitates and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels; see "Student Support Services," below.

#### **Final Grade Calculation**

Range (points)	Letter Grade
738-825	A (89.5-100)
655-737	B (79.5-89.4
573-654	C (69.5-79.4
490-572	D (59.5-69.4
<490	F (0-59.4)

#### Make-Up Exams & Late Work Policy

Make-up exams will not be offered <u>except</u> for in circumstances where a student has proper documentation for a University Authorized Absence (for more information, see <a href="https://catalog.uta.edu/academicregulations/studentresponsibility/#attendancetext">https://catalog.uta.edu/academicregulations/studentresponsibility/#attendancetext</a>), <u>or</u> if a student has a personal injury or emergency. If a student has need of a make-up exam, they must contact me and set that up within <u>one week</u> of the <u>original exam date.</u>

Late work will be accepted where applicable, but with an automatic grade reduction of 5%, with an additional 5% reduction per day late (one day late, max grade = 95%, two days = 90%, etc.)

If you know you will need an extension or alternate exam time, <u>please let me know in advance</u>. It is much easier to schedule things in advance rather than after the fact.

#### **Extra Credit Policy**

Extra credit assignments are available and will be discussed later in the class. Extra credit will be graded on an all-or-nothing basis, so be sure to follow <u>all instructions</u> to receive extra credit points!

#### **Grades & Feedback Timeline**

For all assignments, students can expect grades and feedback within one week. If, for whatever reason, this does not occur, students will be notified of any delay.

#### **Grade Grievances**

Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current University Catalog (see <u>Grading Policies</u>; <u>Student Complaints</u>). Use the following link to submit a grade grievance to the

department: <a href="https://www.uta.edu/academics/schools-colleges/science/departments/psychology/degree-programs/graduate/graduate-resources/student-grievance-form">https://www.uta.edu/academics/schools-colleges/science/departments/psychology/degree-programs/graduate/graduate-resources/student-grievance-form</a>.

### **University & Course Policies**

UTA students are encouraged to review the institutional policies and informational sections below and reach out to the specific office with any questions. To view this institutional information, please visit the <a href="Institutional Information">Institutional Information</a> page

(https://resources.uta.edu/provost/course-related-info/institutional-policies.php), which includes the following policies, among others:

- Drop Policy
- Disability Accommodations
- Title IX Policy
- Academic Integrity
- Student Feedback Survey
- Final Exam Schedule

#### **Attendance**

Attending class sessions is a critical predictor and indicator of student success. The University of Texas at Arlington does not recognize a single attendance policy but encourages faculty to establish class-specific policies on attendance.

As the instructor of this section, I will not be taking daily attendance. However, I strongly encourage you to attend class regularly. I will periodically offer small extra-credit assignments in class and will cover material specific to a lecture that will not be found in the textbook or will have more detail than is available in the text. You are responsible for <u>all</u> material in the course, both from the textbook and lecture material.

The U.S. Department of Education requires that UT Arlington have a mechanism in place to verify Federal Student Aid recipients' attendance in courses. UT Arlington instructors are expected to report the last date of attendance when submitting students' final course grades; specifically, when a student earns a course grade of F, instructors must report the last date a student attended their class. For on-campus classes, last date of attendance can be based on attendance rosters or on academic engagements—a test, participation in a class project or presentation, or Canvas-based activity. Online or distance education courses require regular and substantive online interaction and participation. Students must participate in online course activities in Canvas to demonstrate attendance; logging into an online class is not sufficient by itself to demonstrate attendance. The last date of attendance is reported to the U.S. Department of Education for federal financial aid recipients.

#### **Generative AI Use in This Course**

The use of Generative AI (GenAI) in course assignments and assessments must align with the guidelines established by the instructor. Unauthorized use of GenAI could result in breaches of academic integrity. Instructors bear the responsibility of clearly delineating the permissible uses of GenAI in their courses, underscoring the importance of responsible and ethical application of these tools.

The <u>UTA Office of Community Standards</u> articulates the university's stance on <u>academic integrity and scholastic dishonesty</u>. These standards extend to the use of GenAI. Unauthorized or unapproved use of GenAI in academic work falls within the scope of these policies and will be subject to the same disciplinary procedures.

As the instructor of this course, I have adopted the following policy on Student use of GenAl: **Prohibition of GenAl Use.** Please read the description below and let me know if you have any questions.

Approach	Description
Prohibition of GenAl Use	In this course, the focus is on the development of independent critical thinking and the mastery of subject-specific content. To ensure that all submitted work accurately reflects personal understanding and original thought, the use of Generative AI (GenAI) tools in completing assignments or assessments is strictly prohibited. This policy supports our commitment to academic integrity and the direct measurement of each student's learning against the course's Student Learning Outcomes (SLOs). Any work found to be generated by AI will be subject to academic review.

#### **Academic & Wellness Resources**

#### **Academic Success Center**

The Academic Success Center (ASC) includes a variety of resources and services to help you maximize your learning and succeed as a student at the University of Texas at Arlington. ASC services include supplemental instruction, peer-led team learning, tutoring, mentoring, and TRIO SSS. Academic Success Center services are provided at no additional cost to UTA students. For additional information visit: <a href="Academic Success Center">Academic Success Center</a> (https://www.uta.edu/student-success/course-assistance). To request disability accommodations for tutoring, please complete this <a href="tutoring request form">tutoring request form</a> (https://www.uta.edu/student-success/course-assistance/tutoring/request).

#### The English Writing Center (411LIBR)

The Writing Center offers **FREE** tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at the <u>Writing Center</u> (https://uta.mywconline.com). Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see <u>Writing Center: OWL</u> (http://www.uta.edu/owl) for detailed information on all our programs and services.

#### **Academic Plaza**

The Library's 2<sup>nd</sup> floor <u>Academic Plaza</u> (http://library.uta.edu/academic-plaza) offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the <u>library's hours</u> (https://library.uta.edu/hours) of operation.

#### **UTA CARE Team**

UT Arlington is committed to the safety, success, and well-being of our students. To support our community, UTA has created a CARE Team, which is a dedicated group of campus professionals responsible for helping students who could benefit from academic, emotional, or psychological support, as well as those presenting risk to the health or safety of the community. If you know of someone experiencing challenges, appearing distressed, needing resources, or causing a significant disruption to the UTA community, please submit a <a href="#">CARE Referral</a> by visiting the <a href="#">Behavior Intervention Team</a> (https://www.uta.edu/student-affairs/dos/behavior-it) page. You may also submit a referral for yourself if you would like additional support.

NOTE: If a person's behavior poses an immediate threat to you or someone else, contact UTA Police at 817-272-3303 or dial 911. If you or someone you know needs to speak with a crisis counselor, please reach out to the MAVS TALK 24-hour Crisis Line (https://www.uta.edu/student-affairs/caps/crisis)at 817-272-8255 or the National Suicide and Crisis Lifeline (https://988lifeline.org/) at 988.

#### **Student Services**

Everything you need to make the most of your time as a student (and beyond) is all on campus. Below are a few resources to get you started.

- Student Services Home
- Student Access and Resource (SAR) Center
- Military and Veteran Services
- Health Services
- Counseling and Psychological Services (CAPS)
- Activities and Organizations
- Recreation

#### **Librarian to Contact**

Each academic unit has access to <u>Librarians by Academic Subject</u>

(https://libraries.uta.edu/research/librarians) that can assist students with research projects, tutorials on plagiarism, and citation references, as well as support with databases and course reserves.

### **Safety Information & Resources**

#### **Face Covering Policy**

Face coverings are not mandatory; all students and instructional staff are welcome to wear face coverings while they are on campus or in the classroom.

#### **Emergency Exit Procedures**

Should we experience an emergency event that requires evacuation of the building, students should exit the room and move toward the nearest exit, which is located to the sides and rear of the classroom. The exit nearest to you will vary by where you sit. When exiting the building during an emergency, do not take an elevator; instead, use the stairwells. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities.

#### **MavAlert System**

The MavAlert system sends information to cell phones or email accounts of subscribed users in case of an emergency. Anyone can subscribe to MavAlerts at <a href="Emergency Communication"><u>Emergency Communication</u></a> <a href="System">System</a> (https://www.uta.edu/uta/emergency.php).

#### **Emergency Phone Numbers**

In case of an on-campus emergency, call the UT Arlington Police Department at **817-272-3003** (non-campus phone), **2-3003** (campus phone). You may also dial 911. Non-emergency number 817-272-3381

## Course Schedule

Class Date(s)	Topic(s)	Materials	Deadlines
Week 1 – Meeting 1 08/20	Syllabus and Introduction	Syllabus! (paper or digital)	
Week 1 – Meeting 2 08/22	Introduction to Psychology	Ch. 1	
Week 2 – Meeting 1 08/27	Scientific Method/Research Methods	Ch. 2	Smart Book Ch. 1 Due <b>08/28</b> by 11:59 PM
Week 2 – Meeting 2 08/29	Biological Foundations of Behavior	Ch. 3	
Week 3 – Meeting 1 09/03	Biological Foundations of Behavior	Ch.3	Smart Book Ch. 2 Due <b>09/04</b> by 11:59 PM
Week 3 – Meeting 2 09/05	Sensation and Perception	Ch. 4	Smart Book Ch. 3 Due <b>09/06</b> by 11:59 PM
Week 4 – Meeting 1 09/10	Sensation and Perception	Ch. 4	
Week 4 – Meeting 2 09/12	Exam 1 Review!	Any questions you have!	Smart Book Ch. 4 Due <b>09/13</b> by 11:59 PM
Week 5 – Meeting 1 09/17	Exam 1 (Ch. 1-4)	#2 Pencil (multiple preferred!)	
Week 5 – Meeting 2 09/19	Consciousness	Ch. 5	
Week 6 – Meeting 1 09/24	Consciousness	Ch. 5	
Week 6 – Meeting 2 09/26	Learning	Ch. 6	Smart Book Ch. 5 Due <b>09/27</b> by 11:59 PM
Week 7 – Meeting 1 10/01	Memory	Ch.7	
Week 7 – Meeting 2 10/03	Memory	Ch. 7	Smart Book Ch. 6 Due <b>10/04</b> by 11:59 PM
Week 8 – Meeting 1 10/08	Thinking, Intelligence, and Language	Ch. 8	Smart Book Ch. 7 Due <b>10/09</b> by 11:59 PM
Week 8 – Meeting 2 10/10	Motivation and Emotion	Ch10	

Class Date(s)	Topic(s)	Materials	Deadlines
Week 9 – Meeting 1 10/15	Exam 2 Review!	Any questions you have!	Smart Book Ch. 8 & 10 Due <b>10/16</b> by 11:59 PM
Week 9 – Meeting 2 10/17	Exam 2 (Ch. 5-8. 10)	#2 Pencil (multiple preferred!)	
Week 10 – Meeting 1 10/22	Human Development	Ch. 9	
Week 10 – Meeting 2 10/24	Human Dev./Gender, Sex, Sexuality	Ch. 9/11	
Week 11 – Meeting 1 10/29	Gender, Sex, and Sexuality	Ch. 11	Smart Book Ch. 9 Due <b>10/30</b> by 11:59 PM
Week 11 – Meeting 2 10/31	Personality	Ch. 12	Smart Book Ch. 11 Due <b>11/01</b> by 11:59 PM
Week 12 – Meeting 1 11/05	Personality/Social Psych	Ch 12/13	
Week 12 – Meeting 2 11/07	Social Psychology	Ch. 13	Smart Book Ch. 11 Due <b>11/08</b> by 11:59 PM
Week 13 – Meeting 1 11/12	Exam 3 Review	Any questions you have!	Smart Book Ch. 12 & 13 Due <b>11/13</b> by 11:59 PM
Week 13 – Meeting 2 11/14	Exam 3 (Ch 9, 11- 13)	#2 Pencil (multiple preferred!)	
Week 14 – Meeting 1 11/19	I/O Psychology	Ch.14	
Week 14 – Meeting 2 11/21	Psychological Disorders	Ch. 15	
Week 15 – Meeting 1 11/26	Treatment and Therapy	Ch. 16	Smart Book Ch. 14 & 15 Due <b>11/27</b> by 11:59 PM
Week 15 – NO MEETING 11/28	Thanksgiving!	Tasty Food / Visit Family	I'm not a monster!
Week 16 – Week 1 12/03 Final Meeting	Health Psychology	Ch. 17	Smart Book Ch. 16 & 17 Due <b>12/04</b> by 11:59 PM
Week 16 – Exam 4 12/05	Exam 4 (Ch 9, 11- 13) (location TBA)	#2 Pencil (multiple preferred!)	NOTE: No review session!