

# PSYC-3320: Behavior & Motivation

Spring 2024

## Instructor Information

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### Instructor(s)

Rebecca Escoto

### Office Number

Office Number: LS 410

### Office Telephone Number

Psychology Department Office Telephone Number: 817-272-2281

### Email Address

[Rebecca.Escoto@uta.edu](mailto:Rebecca.Escoto@uta.edu)

### Faculty Profile

[Rebecca Escoto](https://www.uta.edu/academics/faculty/profile?username=escotor) (<https://www.uta.edu/academics/faculty/profile?username=escotor>)

### Office Hours

I am usually available to meet before 12:30 or after 5:00 on Tuesdays/Thursdays in LS 410. Start by sending me an email and we can arrange a time to meet. I can also meet students virtually in Teams or off-campus.

## Course Information

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### Section Information

PSYC 3320-001

### Time and Place of Class Meetings

Tuesdays/Thursdays 3:30-4:50 p.m. in (TBA)

### Modality

Majority On-Campus. The majority of course instruction, exams and projects delivered on-campus or at designated instructional sites, in-person. While Echo360 video lectures may be recorded (depending on the classroom technology), video lectures will only be available for a week before each unit exam to allow students to review class discussions. In-person attendance is not required for a grade, but it is recommended to help students understand content and expectations better.

This is an On Campus class is scheduled to meet on Tuesdays/Thursdays from 3:30 to 4:50 pm. Students will be required to attend all class sessions on campus (unless otherwise noted in the syllabus or announced in Canvas) on all scheduled days/times throughout the semester.

## **Description of Course Content**

Theory and research involving relation of motivation and emotion to learning theory, social behavior, personality, and development.

## **Student Learning Outcomes**

*Overall goals of course:* To understand different sources of human motivation (physiological, cognitive, social, and emotional) and the interrelationships among these sources.

To appreciate both the strengths and the limitations of different grand theories in the history of psychology, such as will; instinct; drive; evolutionary psychology; cognitive information processing; Freudianism and ego psychology; humanistic psychology.

To be able to apply this knowledge to different “real-world” settings including employment, education, sports, clinical practice, and criminal justice.

## **Required Textbooks and Other Course Materials**

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### **Textbook (Required):**

Understanding Motivation and Emotion, 7<sup>th</sup> edition (2018) by Johnmarshall Reeve. Publisher: John Wiley & Sons.

Print ISBN: 9781119367604, 1119367603

eText ISBN: 9781119367659, 1119367654

Feel free to purchase a print copy or eText version of the textbook from a bookstore or website of your choosing. You will need the 7<sup>th</sup> edition – nothing before 2018 will be reliable for this course. You can rent an eText from Wiley or VitalSource for less than \$30.

### **Scantrons:**

Exams will be taken in class on the dates given in the syllabus. A scantron will be provided to students at that time. You must bring a #2 pencil with a good eraser to each scheduled exam. Students can bring one 3”x5” index card with *handwritten notes* to each exam. Turn in your notecard with your exam and scantron.

### **Canvas:**

Canvas will be an important component throughout the semester. Your grades will be posted through Canvas, and supplemental resources will be provided. Make sure you have access to Canvas. Canvas support is available 24/7 by calling 1 (855) 597-3401. Grades calculated in Canvas may not be accurate. It is important that you keep up with your grades yourself.

### **Technology Requirements**

Students will access Canvas to keep track of course progress and stay informed regarding news and events taking place in class.

## Descriptions of major assignments and examinations

### Summary of Graded Work

Major Assignment Groups	Points	Totals
(4) Unit Exams	100 points each	400 points
Comprehensive Final Exam (replaces lowest Unit Exam grade)	100 points	
	<b>TOTAL:</b>	<b>400 points</b>

The comprehensive final exam is optional. You can take the final exam to replace one of the Unit Exam grades. There are NO make-up exams UNLESS you arrange with the instructor to take the exam PRIOR to the date of the exam. If you miss an exam, you will earn a zero, but you can replace it with your final exam score.

### Exams

There are four Unit Exams with 50 questions each and a Comprehensive 80-question Final Exam. Questions are generally multiple-choice, true-false, or matching-type questions. If a student is satisfied with their grade after completing the fourth exam, they can choose to not take the Final Exam. Alternatively, the student can decide to take the Final Exam to try for a higher grade. The lowest exam grade will be dropped at the end of the course.

There are NO MAKE UP EXAMS. If you miss an exam, regardless of the reason (illness, schedule conflict, etc.), you will need to plan to take the Comprehensive Final Exam to make up the grade on the missed exam. Likewise, if a student arrives late – after any student has turned in their completed scantron and left the room – on the day of an exam, they will not be allowed to take the exam. Mark Exam Days in your calendar now to keep you prepared in advance for these possibilities.

If you choose NOT to complete one of the Exams, you must plan to take the comprehensive Final Exam to earn full points in this course.

### Exam Schedule

Unit Description	Exam Date
<b>Unit 1:</b> Chapters 1-4	Thursday, 2/8/2024   3:30-4:50 p.m.
<b>Unit 2:</b> Chapters 5-8	Thursday, 3/7/2024   3:30-4:50 p.m.
<b>Unit 3:</b> Chapters 9-12	Thursday, 4/4/2024   3:30-4:50 p.m.
<b>Unit 4:</b> Chapters 13-16	Thursday, 4/25/2024   3:30-4:50 p.m.
<b>Comprehensive Final Exam</b>	Thursday, 5/2/2024   2:00-4:30 p.m. <i>or the time given by the Registrar's Office</i>

### Grading Information

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## Grading

Students are expected to keep track of their performance throughout the semester which Canvas facilitates and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels; see “Student Support Services,” below.

## Grading Policies

The instructor reserves the right to include additional assignments, tests and/or unannounced quizzes, increasing the number of total possible points.

## Final Grade

Points	Percentages	Letter Grade
360-400	90-100%	A
320-359	80-89.9%	B
280-319	70-79.9%	C
240-279	60-69.9%	D
000-239	00-59.9%	F

Should there be any discrepancy between the letter grade that is automatically calculated by Canvas and the syllabus grading scale, the syllabus grading scale will be used to determine your final letter grade. For best results, keep track of your own progress.

Do not e-mail your instructor to ask for more points so that you can get the grade that you want. If you want a specific grade, then you need to put in the effort necessary to obtain said grade. I do not round up to the next letter grade so pay close attention to the cut-off for each letter grade. Final grades are based on the number of points you’ve earned and not on the percentage average.

Students are expected to keep track of their performance throughout the semester which Canvas facilitates and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels; see “Student Support Services,” below.

## No Make-up Exams

There are NO MAKE UP EXAMS. If you miss an exam, regardless of the reason (illness, schedule conflict, etc.), you will need to plan to take the Comprehensive Final Exam to make up the grade on the missed exam. Likewise, if a student arrives late – after any student has turned in their completed scantron and left the room – on the day of an exam, they will not be allowed to take the exam. Mark Exam Days in your calendar now to keep you prepared in advance for these possibilities.

## Rules for Exam Days:

- Exams start at the beginning of class. Generally, students can use the first few minutes of class time to ask questions or do some last-minute studying.
- Fill in your scantron form with your answers.
- Review every page of the exam to be sure you do not miss any questions simply because you didn’t answer them.

- Once an exam begins, you may not leave the classroom for any reason until you turn it in.
- Be sure to use the restroom facilities before the exam.
- There is no talking during an exam.
- An exam is closed once the first student turns in his/her exam. This means that no one else will be allowed into the room to take that exam.
- The exam cannot then be re-scheduled. You need to be sure to arrive on time to class on exam day, so you do not miss it. Think of it like taking a trip by plane. Your plane is scheduled to depart at a particular time. If you miss your flight, will it come back for you? No. It is gone.
- There are no make-up exams. If you miss an exam, you will earn a zero for that exam. You can take the final exam to make up the score for the missed exam.

### **Classroom Protocol:**

- No personal conversations with one another while I am talking, holding a discussion or when another student has the floor.
- Unless you have an ADA provision, I do not allow recording of any kind during my class.
- Silence your cell phones during class. They are very disruptive.
- Once class begins, do not disrupt the class. If you need to leave the classroom and return for any reason, please do so quietly and respectfully to avoid interrupting the class. If the behavior becomes an issue, please discuss your circumstances with your instructor.
- Students are allowed to use laptops or other electronic devices during class for note-taking purposes. Please keep these devices muted to minimize disruption. If you need to plug your device into a wall outlet, please arrive early to get a seat near one.

### **Expectations for Out-of-Class Study**

Beyond the time required to attend each class meeting, students enrolled in this course should expect to spend at least an additional 9 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc.

### **Grade Grievances**

Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current University Catalog (see [Grading Policies](#); [Student Complaints](#)). Use the following link to submit a grade or general grievance to the department: <https://www.uta.edu/academics/schools-colleges/science/departments/psychology/degree-programs/graduate/graduate-resources/student-grievance-form>

### **Course Schedule**

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*As the instructor for this course, I reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course. – Professor Rebecca Escoto*

<b>Date</b>	<b>Ch</b>	<b>Topic</b>
<b>01/16</b>	-	General Overview & Syllabus Discussion

<b>Date</b>	<b>Ch</b>	<b>Topic</b>
<b>01/18</b>	1	Introduction
<b>01/23</b>	2	Motivation & Emotion in Historical Perspective
<b>01/25</b>	3	The Motivated & Emotional Brain
<b>01/30</b>	3	The Motivated & Emotional Brain
<b>02/01</b>	4	Physiological Needs
<b>02/06</b>	4	Physiological Needs
<b>02/08</b>	Exam	UNIT 1 EXAM: Chapters 1-4 (100 points)
<b>02/13</b>	5	Extrinsic Motivation & Internalization
<b>02/15</b>	5	Extrinsic Motivation & Internalization
<b>02/20</b>	6	Psychological Needs
<b>02/22</b>	6	Psychological Needs
<b>02/27</b>	7	Implicit Motives
<b>02/29</b>	7-8	Implicit Motives/Goal Setting & Goal Striving
<b>03/05</b>	8	Goal Setting & Goal Striving
<b>03/07</b>	Exam	UNIT 2 EXAM: Chapters 5-8 (100 points)
<b>03/12</b>	Break	SPRING BREAK
<b>03/14</b>	Break	SPRING BREAK
<b>03/19</b>	9	Mind Sets
<b>03/21</b>	10	Personal Control Beliefs
<b>03/26</b>	10	Personal Control Beliefs
<b>03/28</b>	11	Self & Its Strivings
<b>03/29</b>	Drop	Last day to drop this course with a W grade
<b>04/02</b>	12	Nature of Emotion
<b>04/04</b>	Exam	UNIT 3 EXAM: Chapters 9-12 (100 points)
<b>04/09</b>	13	Aspects of Emotion
<b>04/11</b>	13-14	Aspects of Emotion/Individual Emotions
<b>04/16</b>	14	Individual Emotions
<b>04/18</b>	15	Growth Motivation & Positive Psychology
<b>04/23</b>	16	Unconscious Motivation
<b>04/25</b>	Exam	UNIT 4 EXAM: Chapters 13-16 (100 points)
<b>04/30</b>	Review	Final Exam Review - Optional
<b>05/02</b>	Exam	Comprehensive FINAL EXAM Chapters 1-16 (2:00-4:30pm)

- The Final Exam is optional and will replace the lowest major grade. 400 points total: 360-400 = A, 320-359 = B, 280-319 = C, 240-279 = D, 0-239 = F.

## **Institutional Information**

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UTA students are encouraged to review the below institutional policies and informational sections and reach out to the specific office with any questions. To view this institutional information, please visit the [Institutional Information](https://resources.uta.edu/provost/course-related-info/institutional-policies.php) page (<https://resources.uta.edu/provost/course-related-info/institutional-policies.php>) which includes the following policies among others:

- Drop Policy
- Disability Accommodations
- Title IX Policy
- Academic Integrity
- Student Feedback Survey
- Final Exam Schedule

## **Additional Information**

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### **Face Covering Policy**

Face coverings are not mandatory, all students and instructional staff are welcome to wear face coverings while they are on campus or in the classroom.

### **Attendance**

Attending class sessions is a critical predictor and indicator of student success. The University of Texas at Arlington does not recognize a single attendance policy but encourages faculty to establish class-specific policies on attendance. As the instructor of this section, I expect students to attend class, but I do not take attendance nor count it as a grade.

The U.S. Department of Education requires that UT Arlington have a mechanism in place to verify Federal Student Aid recipients' attendance in courses. UT Arlington instructors are expected to report the last date of attendance when submitting students' final course grades; specifically, when a student earns a course grade of F, instructors must report the last date a student attended their class. For on-campus classes, last date of attendance can be based on attendance rosters or on academic engagements—a test, participation in a class project or presentation, or Canvas-based activity. Online or distance education courses require regular and substantive online interaction and participation. Students must participate in online course activities in Canvas to demonstrate attendance; logging into an online class is not sufficient by itself to demonstrate attendance. The last date of attendance is reported to the U.S. Department of Education for federal financial aid recipients.

### **Emergency Exit Procedures**

Should we experience an emergency event that requires evacuation of the building, students should exit the room and move toward the nearest exit, which is located outside LS 118 to the right or left of the class entrances. When exiting the building during an emergency, do not take an elevator but use the stairwells instead. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities.

Students are also encouraged to subscribe to the MavAlert system that will send information in case of an emergency to their cell phones or email accounts. Anyone can subscribe at [Emergency Communication System](#).

### **Academic Success Center**

The Academic Success Center (ASC) includes a variety of resources and services to help you maximize your learning and succeed as a student at the University of Texas at Arlington. ASC services include supplemental instruction, peer-led team learning, tutoring, mentoring and TRIO SSS. Academic Success Center services are provided at no additional cost to UTA students. For additional information visit: [Academic Success Center](#) (<https://www.uta.edu/student-success/course-assistance>). To request disability accommodations for tutoring, please complete this [tutoring request form](#) (<https://www.uta.edu/student-success/course-assistance/tutoring/request>).

**The IDEAS Center** (<https://www.uta.edu/ideas/>) (2<sup>nd</sup> Floor of Central Library) offers **FREE** tutoring and mentoring to all students with a focus on transfer students, sophomores, veterans, and others undergoing a transition to UT Arlington. Students can drop in or check the schedule of available peer tutors at [www.uta.edu/IDEAS](http://www.uta.edu/IDEAS), or call (817) 272-6593.

### **The English Writing Center (411LIBR)**

The Writing Center offers **FREE** tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at the [Writing Center](#) (<https://uta.mywconline.com>). Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see [Writing Center: OWL](#) for detailed information on all our programs and services.

The Library's 2<sup>nd</sup> floor [Academic Plaza](#) (<http://library.uta.edu/academic-plaza>) offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the [library's hours](#) of operation.

### **Librarian to Contact**

Each academic unit has access to [Librarians by Academic Subject](#) that can assist students with research projects, tutorials on plagiarism and citation references as well as support with databases and course reserves.

### **Emergency Phone Numbers**

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Enter the UTA Police Department's emergency phone number into your own mobile phone. In case of an on-campus emergency, call the UT Arlington Police Department at **817-272-3003** (non-campus phone), **2-3003** (campus phone). You may also dial 911. Non-emergency number 817-272-3381

### **Library Information**

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## Research or General Library Help

### Ask for Help

- [Academic Plaza Consultation Services](http://library.uta.edu/academic-plaza) (library.uta.edu/academic-plaza)
- [Ask Us](http://ask.uta.edu/) (ask.uta.edu/)
- [Research Coaches](http://libguides.uta.edu/researchcoach) (http://libguides.uta.edu/researchcoach)

### Resources

- [Library Tutorials](http://library.uta.edu/how-to) (library.uta.edu/how-to)
- [Subject and Course Research Guides](http://libguides.uta.edu) (libguides.uta.edu)
- [Librarians by Subject](http://library.uta.edu/subject-librarians) (library.uta.edu/subject-librarians)
- [A to Z List of Library Databases](http://libguides.uta.edu/az.php) (libguides.uta.edu/az.php)
- [Course Reserves](https://uta.summon.serialssolutions.com/#!/course_reserves) (https://uta.summon.serialssolutions.com/#!/course\_reserves)
- [Study Room Reservations](http://openroom.uta.edu/) (openroom.uta.edu/)