

PSYC 3318: Abnormal Psychology

Summer 2024

Instructor Information

Instructor

Bonnie B. Laster, Ph.D. CCSP

Email Address

bonnie.laster@uta.edu **official means of communication* *do NOT utilize Teams chat**

Faculty Profile

<https://www.uta.edu/academics/faculty/profile?username=lasterbb>

Office Hours

By appointment
Office: 402 LS

Course Information

Section Information

PSYC 3318-001

Time and Place of Class Meetings

M-Th 10:30 a.m. – 12:30 p.m.
LS 124
Face to face lecture
Recording via Echo 360

Description of Course Content

Major forms of psychopathology; Classification, etiology, and treatment of major disorders. Prereq: PSYC 1315.

Student Learning Outcomes

Students will identify, describe and discuss biological, psychological, social and political factors in the study of abnormal psychology.
Students will identify and describe the major concepts in psychopathology and abnormal development, distinguish among major theoretical orientations, and discuss empirical and historical trends.
Students will explore issues related to social and personal cognitive structures to encourage ethical and social responsibility in a diverse world.

Required Textbooks and Other Course Materials

MindTap Psychology, 1 term (6 months) Instant Access for *Essentials of Abnormal Psychology*
Edition: 8th
ISBN: 9781337619417
Author: V. Mark Durand & David H. Barlow
Publisher: Cengage Learning

The above resource is included in your tuition. The DSM-5TR is not required for this course. However, if you choose to purchase one, that will be an additional cost.

Descriptions of major assignments and examinations

Quizzes: There will be 5 weekly quizzes, each worth 50 points. Quizzes include multiple choice, T/F and matching questions requiring students to apply material from assigned readings, class discussions, and class lecture material (including video, discussions, and in-class activities). Quizzes will be administered via Canvas; you will not need lockdown browser or a webcam.

Case Studies: Students will analyze 2 case studies to apply concepts learned in class and explore real-world diagnoses and possible courses of treatment. 50 points each. ****Specific guidelines will be posted on Canvas and discussed in class****

Participation: Official attendance will not be taken. However, throughout the session we will have random in class assignments which will be due by 11:59 p.m. that same day. While this work will not be “graded” per se, its completion will count toward your attendance/participation grade (20 points). Students missing class due to university-sponsored activities (e.g. athletic events, university sponsored travel, etc.) or documented illness will not be penalized; however, you will need to notify me in advance of such absences and it is your responsibility to obtain class notes/assignments, etc. from a fellow classmate (i.e., not me). ****Specific guidelines will be distributed in class.****

Technology Requirements

This course will utilize Canvas, Teams, and UTA email. Students can access tutorials on these tools by clicking on the “Get Started” Box on their Canvas Homepage. You will not need a webcam.

Grading Information

Grading

Assignment Category	Number of Graded Items	Point Value per Item	Total Points
Quizzes	5	50	250
Case Study	2	50	100
Attendance/Participation	Varies	Varies	20
Total Course Points:			370

Final Grade Policy: This class will utilize an unweighted points system. Final grades will be calculated as a percentage of total points earned. To calculate individual student final grades, add up the total points earned on each graded item and divide that sum by the total maximum points for the course. Multiply by 100 to get the percentage. Final grades falling 9.5 and above will be rounded up (e.g., 89.5 will round to an A, 79.5 will round to a B, etc). Final grades falling below this will not be rounded up. There are no exceptions to this policy.

Quiz Day/Assignment Policy: **There will be NO make-up exams or assignment extensions except for extreme circumstances/emergencies (criteria professor's discretion).** The schedule notes the dates for all, giving you plenty of time to make arrangements accordingly. Any makeup exam/assignments that meet the extreme criteria must be scheduled **IN ADVANCE** of the due date. If, for whatever reason, extreme circumstances arise ON exam day, you are responsible for contacting me **PRIOR TO THE START OF CLASS to apprise me of the situation. WAITING UNTIL THE TEST HAS BEEN ADMINISTERED/DUE DATE HAS PASSED IS UNACCEPTABLE.** Be prepared to provide documentation of the circumstance. Failure to follow these guidelines will result in an automatic "0" for that exam grade. University-related absences are exempted from this policy, but you are still required to notify me in advance of such a conflict.

Technology note for quizzes and assignments: All exams and assignments will be due via Canvas at **11:59 p.m. CST** on their designated due dates. To account for potential technology and other issues (loss of WIFI, laptop issues, cats playing with modem, boss calling you into work last minute, forgetting when the assignment was due, traveling, falling asleep unexpectedly, etc.), I **HIGHLY** recommend submitting **EARLY**. *Exams/assignments will not be available for submission past 11:59 p.m. Emailed assignments will not be accepted.*

Course Schedule

Subject to change!!

Date	Subject	Reading	Assignment
Tues July 9	Intro/syllabus Abnormal Behavior in Historical Context	Syllabus Ch. 1	
Wed July 10	Integrative Approach to Psychopathology	Ch. 2	
Thurs July 11	Quiz 1		
Mon July 15	Clinical Assessment; Diagnosis	Ch. 3	
Tues July 16	Anxiety/OCD/Trauma/Stress	Ch. 4	
Wed July 17	Con't		
Thurs July 18	Quiz 2		
Mon July 22	Somatic & Dissociative Disorders	Ch. 5	
Tues July 23	Con't		

Wed July 24	Mood Disorders	Ch. 6	Case Study 1 Due
Thurs July 25	Quiz 3		
Mon July 29	Eating, Sleep-Wake Disorders	Ch. 8	
Tues July 30	Con't		
Wed July 31	Paraphilic Disorders/Gender Dysmorphia	Ch. 9	
Thurs Aug 1	Quiz 4		
Mon Aug 5	Personality Disorders	Ch. 11	
Tues Aug 6	Con't		
Wed Aug 7	Schizophrenia Spectrum	Ch. 12	
Thurs Aug 8	Neurodevelopmental Disorders	Ch. 13	Case Study 2 Due
Fri Aug 9	Quiz 5		

Institutional Information

UTA students are encouraged to review the below institutional policies and informational sections and reach out to the specific office with any questions. To view this institutional information, please visit the [Institutional Information](https://resources.uta.edu/provost/course-related-info/institutional-policies.php) page (<https://resources.uta.edu/provost/course-related-info/institutional-policies.php>) which includes the following policies among others:

- Drop Policy
- Disability Accommodations
- Title IX Policy
- Academic Integrity
- Student Feedback Survey
- Final Exam Schedule

Grade grievance procedure: <https://www.uta.edu/academics/schools-colleges/science/departments/psychology/degree-programs/graduate/graduate-resources/student-grievance-form>

While we will discuss psychological health and treatment in this class, I am trained as a researcher and educator, not a clinician. If you need help with mental health concerns, I will assist you by referring you to student services for additional support, but I cannot provide psychotherapy services myself.

Students experiencing a crisis may call MAVS Talk 24 Hour Crisis Line 817-272-TALK (8255) or UTA Police: 817-272-3003

Additional Information

Email Response: UTA email is my official means of communication; Phone calls will not be returned in a timely manner. **Do NOT use Teams chat to contact me.** I will respond to emails within 24-48 hours.

Recording of Class: Although class sessions will be recorded via Echo 360, this technology is not perfect. There will very likely be times when the class microphone doesn't pick up, the video doesn't record, etc. Students should NOT rely on the class recordings as their sole source of information. Recordings are provided as a courtesy for students who may need to miss an occasional class due to illness, etc.

Attendance

At UTA, taking attendance is not required but attendance is a critical indicator of student success. Each faculty member is free to develop their own methods of evaluating students' academic performance, which includes establishing course-specific policies on attendance. As instructor of this course, I will not take official attendance. However, while UTA does not require instructors to take attendance, the U.S. Department of Education requires that the University have a mechanism in place to verify Federal Student Aid recipients' attendance in courses. UT Arlington instructors will report the last date of attendance as part of the final grading process, when assigning a student a grade of F. Attendance may be based on evidence of academic engagement such as a test, participation in a class project or presentation, or an engagement online via Canvas. This date is reported to the Department of Education for federal financial aid recipients. Additionally, various random in or out of class assignments may be administered which cannot be made up. These assignments will not be graded individually, but will contribute to the student's overall participation grade.

Sharing of Material: Students may not post materials from this course on the Internet (with the exception of Canvas submissions) or share course materials. **Doing so will be considered academic misconduct.** This policy helps protect the integrity of the resources developed for this class and ensures equality for all students.

Emergency Exit Procedures

Should we experience an emergency event that requires evacuation of the building, students should exit the room and move toward the nearest exit. When exiting the building during an emergency, do not take an elevator but use the stairwells instead. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities.

Evacuation plans may be found at [Evacuation Route Maps \(Buildings\)](#).

Academic Success Center

The Academic Success Center (ASC) includes a variety of resources and services to help you maximize your learning and succeed as a student at the University of Texas at Arlington. ASC services include supplemental instruction, peer-led team learning, tutoring, mentoring and TRIO SSS. Academic Success Center services are provided at no additional cost to UTA students. For additional information visit: [Academic Success Center](#). To request disability accommodations for tutoring, please complete this [form](#).

The **IDEAS Center** (<https://www.uta.edu/ideas/>) (2nd Floor of Central Library) offers **FREE tutoring** and **mentoring** to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. Students can drop in or check the schedule of available peer tutors at www.uta.edu/IDEAS, or call (817) 272-6593.

The English Writing Center (411LIBR)

The Writing Center offers **FREE** tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at the [Writing Center \(https://uta.mywconline.com\)](https://uta.mywconline.com). Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see [Writing Center: OWL](#) for detailed information on all our programs and services.

The Library's 2nd floor [Academic Plaza \(http://library.uta.edu/academic-plaza\)](http://library.uta.edu/academic-plaza) offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the [library's hours](#) of operation.

Librarian to Contact

Each academic unit has access to [Librarians by Academic Subject](#) that can assist students with research projects, tutorials on plagiarism and citation references as well as support with databases and course reserves.

Emergency Phone Numbers

In case of an on-campus emergency, call the UT Arlington Police Dept at **817-272-3003** (non-campus phone), **2-3003** (campus phone). You may also dial 911. Non-emergency number 817-272-3381

Library Information

Research or General Library Help

Ask for Help

- [Academic Plaza Consultation Services](http://library.uta.edu/academic-plaza) (library.uta.edu/academic-plaza)
- [Ask Us](http://ask.uta.edu/) (ask.uta.edu/)
- [Research Coaches](http://libguides.uta.edu/researchcoach) (http://libguides.uta.edu/researchcoach)

Resources

- [Library Tutorials](http://library.uta.edu/how-to) (library.uta.edu/how-to)
- [Subject and Course Research Guides](http://libguides.uta.edu) (libguides.uta.edu)
- [Librarians by Subject](http://library.uta.edu/subject-librarians) (library.uta.edu/subject-librarians)
- [A to Z List of Library Databases](http://libguides.uta.edu/az.php) (libguides.uta.edu/az.php)
- [Course Reserves](https://uta.summon.serialssolutions.com/#!/course_reserves) (https://uta.summon.serialssolutions.com/#!/course_reserves)
- [Study Room Reservations](http://openroom.uta.edu/) (openroom.uta.edu/)

Academic Resources: I am happy to discuss strategies and resources to assist in your success. In the meantime, recommended strategies for approaching this course include:

1. Actively participate in class: My goal is to teach you, but I also expect to learn from you. Therefore, class discussions are imperative. Come to class prepared to discuss concepts and voice your opinion. My intent is to break down concepts in lecture, thereby helping you

understand them and making the text easier to understand. You will often be asked to discuss concepts with a small group.

2. Take notes: My lecture will strongly follow the text. **Bring the outlines which are provided to you.** Take notes on what is discussed in class and review them as soon as possible after class.
3. Ask yourself questions while studying to determine if you are truly grasping the concepts. In short, engage in metacognition! Try to define terms in your own words. If you can generate your own definitions for terms and create examples from your own experiences, you will be better able to understand and retain the information. I rarely test for definitions on exams – I typically give students a practical application to “define” the concept at hand. Don’t just memorize definitions; take the time to develop a real-world example. **This can make a huge difference.**
4. Note: I will frequently voice my opinion on topics throughout class. You will never have to guess how I feel about a topic! However, please note I will always respect and encourage your opinion, no matter how divergent from my own. Class is a safe place: please know your thoughts and opinions are always welcome. In short: please feel free to disagree with me!