



WOVEN HEALTH CLINIC

Behavioral Health Specialist – LMSW (Spanish required)

Woven Health Clinic, a 501(c)3 organization, community clinic is looking for an experienced qualified, caring, self-motivated, bilingual, mental health professional to join our growing team. We are a NCQA, Patient Centered Medical Home that provides quality, affordable, comprehensive health care to low income uninsured adults. We have best-class-partnerships with major health care and hospital systems in the DFW area and are reinventing health care delivery in North Texas.

Job Summary

Full time position. Lead role and responsible for providing mental health care, counseling, behavior change, life-style change, care for depression, anxiety, stress, grief, tobacco cessation and referrals when appropriate. The Behavioral Health Specialist counsels patients on behavior change, depression, anxiety and its treatment, provides behavioral activation, monitors depressive symptoms and response to medication. In addition, this role is responsible for leadership, defining and managing overall mental and behavioral health care at the Clinic and for creating and delivering community mental health care workshops and materials. This role works closely with the Clinic's Practice Manager, Medical Assistants, Physicians and FNP and is an active participant in team-based care model, and follows all Clinic Patient Centered Medical Home Policies. Acts as key lead and advisor for Clinic Physician on mental health and social services.

Duties and Responsibilities

1. Conducts assessment of patient, including completion of the Patient Health Questionnaire (PHQ-9) depression scale. Recommends and manages new assessments and tools as required.
2. Treats depression, anxiety, stress, tobacco cessation, sleep problems, grief counseling, and other types of mental health diagnosis.
3. Conducts initial visit including detailed depression history and education about the nature of depression and the goals and expectations of treatment
4. Consults and recommends treatment options and preferences; coordinates initiation of treatment plan. Participates in daily Quick Huddle and Team Meetings.
5. Monitors patient closely (in-person or by phone) for changes in severity of symptoms and medication side effects; educates patients about medications and medication side effects, as needed; encourages treatment adherence
6. Provides counseling, CBT and behavioral activation techniques with patients as an adjunct to other treatments
6. Tracks metrics for mental/behavioral health at the Clinic. Responsible for achieving successful measures for mental health measures.
7. Leads caseload supervision with in partnership with psychologist, physician, nurse practitioner, registered dietitian focusing on patients not adequately improved within specified timeframe (e.g., less than 50% reduction in symptoms after 8-12 weeks in treatment)
8. Coordinates and facilitates communication between patient, primary care physician and consulting psychiatrist; provides recommendations for change in treatment plan according to evidence-based algorithm and expert supervision; supports implementation of new plan
9. Documents all encounters according to organizational policies and procedures (EHR, Excel files, other software applications); monitors outcome measurements
10. Creates documentation, patient education information, community workshops, webinars, information sheets and other materials, as needed.
11. Completes relapse prevention plan with patients who are in remission

12. Conducts Life Style Change Coaching and Goal Setting in partnership with Clinical Staff.
13. Manages mental health referral process if required.
14. May coordinate, interview and supervise social service intern.

Requirements

Required

- Passion for working with underserved populations
- Credentialing: LMSW
- Effective written and verbal communication skills. Demonstrated ability to establish rapport quickly with a wide range of people and connect with patients.
- Strong leadership abilities
- Minimum 1-3 years' experience counseling patients.
- Experience creating materials and presentations.
- Knowledge of community resources.
- Experience using an Electronic Health Record system.
- **Bilingual in Spanish is required.**

Desired

- Experience with depression and depression treatment. Knowledge and experience with PHQ9.
- Experience working with medically ill and / or lower income adults.
- Experience with structured counseling techniques (e.g. CBT, motivational interviewing, Behavior Activation).
- Experience with creating and delivering community health initiatives, workshops, materials and presentations.

Hours:

- Monday – Friday 8:30 am – 5:30 pm, occasional evening or Saturday.

Salary and Benefits

- Paid Time Off
- Paid Holidays
- Team Based Culture