

As a phoenix rises from the ashes...

"If you are military-connected, 18 or older, and have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others, you may be eligible to participate in a research study."

Posttraumatic Growth and Transformation in Military-Connected Populations

The purpose of this research study is to better understand the factors, elements and turning points that contribute to a military loss or trauma becoming a personal posttraumatic growth experience that results in a transformation outcome of helping others. In other words, a transformation outcome creates a ripple effect of paying it forward in service to one's community and helping others in the process. An additional purpose of the study is to educate others to the power of posttraumatic growth and transformation outcomes through identifying factors that foster hope, growth, resilience, and purpose.



Location for follow-up Interviews:

- Video interviews via MS Teams meeting

You can choose to participate if you:

- are over 18 years old.
- are a member of a military-connected population (i.e., Service Member, Reservist, National Guard, Veteran, family member, or friend).
- have directly or indirectly experienced a loss or trauma that is military related.
- have transformed your trauma into a personal growth experience contributing to the growth and/or transformation of others.
- have at least 2 years from last traumatic experience.

Time Commitment Required

- 10 – 15 minutes for online anonymous survey
 - Participants will be entered into a drawing to win 1 of 5 \$100 Amazon gift cards
- 45 – 90 minutes for follow-up Interview if chosen
 - Participants will receive a \$25 Amazon gift card

Are you unsure if you meet the requirements?

Please call or email a member of the study team:

Dayton Ann Williams
(MBA, PMP®, MSW Student)
Co-Principal Investigator
PTG_T@uta.edu
817-272-3181

To Access Our Survey

Click or Scan QR Code Below



UNIVERSITY OF
TEXAS
ARLINGTON

For more Information

[CLICK HERE TO ACCESS OUR WEBSITE](#)

The University of Texas at Arlington, School of Social Work

