

# LICENSING EXAM RESOURCES & TIPS

HERE ARE A FEW RESOURCES & TIPS TO USE WHEN PREPPING FOR THE LICENSING EXAM

## SET UP THE ENVIRONMENT

- Designate a study area – quiet, well-lit and private. Not too hot or too cold.
- Limit chances of distractions and interruptions.
- Play suitable study-music softly in the background or listen to it on device with headphones.
- Burn incense or aromatic candles – rosemary for focus and memory; lavender for peace.
- Be sure to adequate supplies, such as pens, highlighter, current DSM and paper.
- Keep water or non-sugary drinks and healthy snacks handy – studying is hard work!

## RESOURCES THAT MAY HELP YOU PREPARE

- LBSW OR LMSW EXAM STUDY GROUPS ON FACEBOOK.
- SOCIAL WORK ASWB MASTERS EXAM GUIDE ON FACEBOOK
- SOCIAL WORK ASWB MASTERS EXAM GUIDE BOOK BY APGAR
- POCKET PREP APP
- ASWB PRACTICE EXAM
- <https://www.socialworktestprep.com/>
- CODE OF ETHICS
- YOUTUBE

