

MEGAN R. WESTMORE, LMSW

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<https://www.uta.edu/academics/schools-colleges/social-work/stories/megan-westmore>

EDUCATION

PhD	The University of Texas at Arlington, School of Social Work Dissertation: "Sexual Scripts for Consent Among College Students with Intellectual and/or Developmental Disabilities: A Mixed Methods Analysis" Committee: Poco Kernsmith (co-chair), Rebecca L. Mauldin (co-chair), Genevieve Graaf, Jason Travers, Rachel Voth Schrag Anticipated Defense Date: May 2025	Expected May 2025
MSSW	The University of Texas at Austin, School of Social Work Concentration: Community and Administrative Leadership	August 2014
BSW	The University of Texas at Austin, School of Social Work	May 2013
BA	The University of Texas at Austin, Spanish	May 2013

RESEARCH FOCUS

Megan's research focus is access to intimate partner and sexual violence prevention and healing services for individuals with intellectual and/or developmental disabilities (IDD), and how such access impacts victimization. She is particularly interested in violence primary prevention programs such as healthy relationship and safer sexuality education. She utilizes mixed methods and social network analysis in her research, which allows her to answer important questions about victimization rates and prevention intervention effectiveness while also centering the voices of individuals with disabilities themselves.

HONORS AND AWARDS

Norman Pauling Fellowship	2024 – 2025
The Norman G. Pauling Endowed Fellowship Fund provides a \$15,000 fellowship in recognition of the achievements of one full-time graduate student in the social and behavioral sciences each year across the University of Texas (UT) System.	
2022 Open Education Resources Fellow	2022
School of Social Work Dean's Fellow	2021 - 2024
The University of Texas at Arlington	
Best Poster Presentation	2022
Social Work Takeover @ University Center and Addiction & Recovery Workforce Symposium	

RESEARCH EXPERIENCE

The University of Texas at Arlington, Arlington, TX 6/1/2022 to 5/31/2024
Graduate Research Assistant, Rebecca L. Mauldin

- Building Community and Combatting Social Isolation among Assisted Living Residents: An Initial Evaluation of an Online Nature-Based Group Intervention for Older Adults with Disabilities (funded at \$75,000 by the Kalman & Ida Wolens Foundation)
- Responsible as project manager for coordinating all aspects of the ongoing research project, including delivering the intervention twice weekly at an assisted living community; managing the MSW-level GRA; serving as liaison with site personnel; and collecting quantitative survey, qualitative interview, and social network data
- Collaborated on data analysis and manuscript development

The University of Texas at Arlington, Arlington, TX 6/1/2022 to 8/31/2022
Graduate Research Assistant, Noelle Fields & Ling Xu

- Intergenerational Connections: Reminiscence and Digital Storytelling to Improve Social and Emotional Well-being of Older Adults with Alzheimer's Disease and Related Dementias (funded at \$163,480 by the Retirement Research Foundation)
- Conducted statistical analyses and qualitative interview coding

The University of Texas at Arlington, Arlington, TX 9/1/2021 to 5/31/2022
Graduate Research Assistant, Keith A. Anderson

- Creating Physical Objects with 3D Printers to Stimulate Reminiscing for Memory Loss (funded at \$207,524 by a National Institute on Aging subcontract)
- Participated in project planning and collaboration with community stakeholders

The University of Texas at Austin, Austin, TX 9/1/2012 to 8/31/2014
Undergraduate/Graduate Research Assistant, Noel Landuyt

- Analyzed quantitative and qualitative data for the Center for Social Work Research's Institute for Organizational Excellence
- Served as Technical Editor for *Professional Development: The International Journal of Continuing Social Work Education*.

RESEARCH FUNDING

Westmore, M. R. (PI), Grant, "Sexual Scripts for Consent Among College Students with Intellectual and/or Developmental Disabilities: A Mixed Methods Analysis," National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR) Merit Switzer Research Fellowships for Doctoral Dissertation Research, \$45,000, Currently Under Review. (start: September 1, 2024, end: August 31, 2025)

PUBLICATIONS

Journal Articles

Mauldin, R. L.*, **Westmore, M. R.***, Tulloh, A., Anderson, K. A. (2024). Well-being outcomes from the delivery of *RASCALS*, a group activity intervention using nature-focused livestream broadcasts. *Gerontology and Geriatric Medicine*, 10, 1-10. <https://doi.org/10.1177/23337214241273230>
*equal contributions

Westmore, M. R., & Anderson, K. A. (2024). Adult day services for adults with intellectual and developmental disabilities: A scoping review. *Family and Community Health, 47*(3), 209-218. <https://doi.org/10.1097/FCH.0000000000000406>

Westmore, M. R., & Huang, H. (2024). The moderation effect of disability status on the associations among ACEs, mental health, and binge drinking. *Journal of Evidence-Based Social Work, 21*(3), 412-430. <https://doi.org/10.1080/26408066.2024.2303005>

Ohri, F., **Westmore, M. R.,** Thomas, L., Chakraborty, P., & Mauldin, R. L. (2024). The use of open educational resources and renewable assignments in social work Ph.D. programs in the United States. *Open Praxis, 16*(2), 180–194. <https://doi.org/10.55982/openpraxis.16.2.626>

Small, E., Nikolova, S. P., Nyoni, T., Zhou, Y., Okumu, M., Lipsey, K. L., **Westmore, M.,** & Thomas, L. (2023). Examining HIV-stigma interventions among youth living in sub-Saharan Africa: A systematic review of the evidence. *Vulnerable Children and Youth Studies*. Advance online publication. <https://doi.org/10.1080/17450128.2023.2280059>

Xu., L., Fields, N. L., **Westmore, M. R.,** Daniel, K. M., & Troutman, B. A. (2023). Application of a decisional capacity assessment for older research participants with cognitive impairment. *Behavioral Sciences, 13*(9), 767. <https://doi.org/10.3390/bs13090767>

Westmore, M. R., Chakraborty, P., Thomas, L. A., Jenkins, L., Ohri, F., & Baiden, P. (2022). BMI moderates the association between adverse childhood experiences and COPD. *Journal of Psychosomatic Research, 160*, 110990. <https://doi.org/10.1016/j.jpsychores.2022.110990>

Sadarangani, T., Anderson, K., **Westmore, M. R.,** & Zhong, J. (2022). Dementia patient and caregiver relevant outcomes currently being reported by adult day service centers in the United States. *Alzheimer's & Dementia, 8*(1), e12310. <https://doi.org/10.1002/trc2.12310>

Landuyt, N., & **Morgan, M. R.** (2014). A survey of continuing education programs conducted by Professional Development: The International Journal of Continuing Social Work Education. *Professional Development: The International Journal of Continuing Social Work Education, 17*(1), 46-60. <http://www.profdevjournal.org/articles/171046.pdf>

Journal Articles Under Review

PettyJohn, M. E., **Westmore, M. R.,** Mammah, R., Voth Schrag, R., & Wood, L. (revised and resubmitted). Technology-related safety strategies among college student survivors using campus-based advocacy services. *Violence and Victims*.

Tulloh, A., Anderson, K. A., **Westmore, M. R.,** Bland, S. L., & Mauldin, R. L. (under review). Developing meaningful activities for older adults using principles of interpretation. *Activities, Adaptation & Aging*.

Journal Articles In Preparation

Westmore, M. R., & Praetorius, R. (finalizing data analyses). Student perceptions of social work building accessibility and trauma-informed design.

Thomas, L., **Westmore, M. R.**, Nikolova, S., & Small, E. (finalizing for submission). Theory use in social work research: A content analysis of two social work journals.

Books and Curricula

Westmore, M. R. & The Research Methods Consortium. (2022). *Doctoral methods in social work* (R. L. Mauldin, Ed.). [Published under construction]. Mavs Open Press.

<https://uta.pressbooks.pub/advancedresearchmethodsinsw>

Westmore, M. & Lersch, H. (2022). *My rights my life: A curriculum for safer relationships*. Schwartz, M. (Ed.). The SAFE Alliance. <https://myrightsmylife.safeaustin.org/>

Book Chapters

Clarke, E. E., & **Westmore, M. R.** (2022). Social work with persons with disabilities. In R. T. Praetorius (Ed.), *Introduction to social work: A look across the profession*. Mavs Open Press.

<https://uta.pressbooks.pub/introsocialwork/chapter/social-work-with-persons-with-disabilities/>

Book Reviews

Westmore, M. R., & Anderson, K. A. (2022). Book review: The evening of life: The challenges of aging and dying well. [Review of the book *The evening of life: The challenges of aging and dying well*]. *Journal of Applied Gerontology*, 41(7), 1780-1781.

<https://doi.org/10.1177/07334648221083077>

Reports

Mauldin, R. L., Anderson, K., **Westmore, M. R.**, & Tulloh, A. (2023). *Project update: Reinforcing and advancing social connectedness in assisted living* (RASCALS). [Report to funder]. The University of Texas at Arlington: Arlington, TX.

PRESENTATIONS AND INVITED LECTURES

Westmore, M. R., Kernsmith, P., & Mauldin, R. L. (anticipated October 2024). *College students with developmental disabilities' social networks related to sexual consent: Exploring typology*. [Poster presentation]. Council on Social Work Education Annual Public Meeting. Kansas City, MO.

Westmore, M. R., & Praetorius, R. (anticipated October 2024). *Student perceptions of social work building accessibility and trauma-informed design*. [Poster presentation]. Council on Social Work Education Annual Public Meeting. Kansas City, MO.

Westmore, M. R., Tulloh, A. E., Mauldin, R. L., Anderson, K. A., & Hagedorn, A. (November 2023). *Days at Dunrovin: Analysis of field notes from an online nature-based intervention for older adults*. [Poster presentation]. Gerontological Society of America Annual Conference. Tampa, FL.

Fields, N. L., Xu, L., Troutman, B., **Westmore, M. R.**, & Cassidy, J. (November 2023). *Digital stories from an intergenerational, telephone-based reminiscence program*. [Symposium]. Gerontological Society of America Annual Conference. Tampa, FL.

Westmore, M. R. (November 2023). *Healthy relationships with dating and romantic partners*. [Presentation]. A Look Ahead Conference. Arlington, TX.

Westmore, M. R. (November 2023). *Sexual violence and intellectual and developmental disabilities (IDD): Risk factors and prevention*. [Presentation]. Annual Conference of the Texas Chapter of the American Association on Intellectual and Developmental Disabilities. Galveston, TX.

Westmore, M. R. (January 2023). *Cognitive disability status and crime victimization: Results from the 2020 National Crime Victimization Survey*. [Poster presentation]. Society for Social Work Research Annual Conference. Phoenix, AZ.

Thomas, L., **Westmore, M.**, Nikolova, S., (contributor) Small, E. (contributor) (January 2023). *Theory use in social work research: A content analysis of two social work journals*. [Poster presentation]. Society for Social Work Research Annual Conference. Phoenix, AZ.

Westmore, M. R., Anderson, K. A., Mauldin, R. (November 2022). *Giddy up! Lessons learned from introducing an online, nature-based intervention to assisted living*. [Poster presentation]. Gerontological Society of America Annual Conference. Indianapolis, ID.

Chakraborty, P., Jenkins, L., Thomas, L., **Westmore, M.**, & Mauldin, R. L. (2022, March 9). *Teaching note: Open educational resources (OER) implementation into PhD-level course*. [Poster presentation]. 2022 Social Work Takeover @ University Center and Addiction & Recovery Workforce Symposium. Arlington, Texas.

TEACHING EXPERIENCE

The University of Texas at Arlington, Arlington, TX 1/16/2024 to 05/08/2024
Adjunct Professor, School of Social Work

- Taught Disability and Social Work (asynchronous online), an undergraduate course with 35 students, covering basic understandings of disability, lived experiences of people with disabilities, legal and policy perspectives, working with adults and children with a variety of disabilities, history of disability policy and disability rights, disability advocacy, and resources in the community.
- Developed lectures and activities for online classes
- Graded all student assignments

The University of Texas at Arlington, Arlington, TX 8/21/2023 to 12/13/2023
Adjunct Professor, School of Social Work

- Taught Introduction to Social Work (in-person), an undergraduate course with 30 students, covering an overview of the social work profession, its fields of practice, methods of social intervention, its historical context, and its relationship to the social welfare system
- Developed lectures and activities for twice-weekly classes
- Graded all student assignments

PROFESSIONAL TRAINING

Licensed Master of Social Work (LMSW)
License #59899, Texas, Since September 2014

PROFESSIONAL AFFILIATIONS

The University of Texas at Arlington Doctoral Student Association for Social Work

Member: 2021 – present
Co-president: 2022-2023

PROFESSIONAL SERVICE

Member

The University of Texas at Arlington School of Social Work PhD Committee, 2023 – 2024

Student Reviewer

Journal of Happiness Studies (with K. A. Anderson), 2022

Journal of Gerontological Social Work (with K. A. Anderson), 2022

Facilitator

The University of Texas at Arlington Convergence Day Interprofessional Experience, Fall 2023

The University of Texas at Arlington School of Social Work Disability and Ethics Interprofessional Education, Spring 2024

POST-MSW PRACTICE EXPERIENCE

SAFE, Austin, TX

Disability Services Manager, 2019 -2021

Disability Services Project Coordinator and Educator, 2017 - 2019

- Coordinated a multi-year Texas Council on Developmental Disabilities grant.
- Supervised staff and social work interns.
- Assisted with programmatic assessment, planning, and budgeting.
- Trained transition-aged (18-22) youth with developmental disabilities on healthy relationships and self-advocacy.
- Provided professional trainings on issues related to abuse of individuals with disabilities.

SAFE, Austin, TX

Sexual Assault Victim Advocate and Volunteer Supervisor, 2016 - 2017

- Trained, supervised, and supported volunteer sexual assault victim advocates.
- Assumed lead role for developing, coordinating, scheduling, and delivering program trainings.
- Participated in 24-hour on-call backup to sexual assault advocates.
- Provided medical accompaniments to acute sexual assault survivors in Travis County.

The Arc of Texas, Austin, TX

Developmental Disabilities Policy Fellow, 2014 - 2016

- Advocated with and for people with developmental disabilities on a statewide level for inclusion in the community, person-centered services, and full human rights.
- Coordinated a multi-year Texas Council on Developmental Disabilities grant.
- Developed webinars, training, and public education materials for stakeholders.