

**REBECCA A COLE, LCSW-S**

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**EDUCATION**

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<b>PhD</b>	University of Texas at Arlington, School of Social Work	May 2024
<b>MSW</b>	University of Houston Concentration: Social Work	May 2011
<b>BA</b>	Stephen F Austin State University, Bachelor of Arts	May 2001

**HONORS AND AWARDS**

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List relevant awards, fellowships, honors, grants, and academic distinctions in reverse chronological order. Include a short description if necessary.

**Conference Expenses** **May 2023**  
National Institute of Justice  
Total Award: Amount Pending – air transportation, hotel, ground transportation, per diem

**Graduate Research Fellowship** **April 2023**  
National Institute of Justice  
Total Award: \$55,000 per year [Applied for Award – Pending]

**Professional Development Grant** **March 2023**  
Marriage Strengthening Research and Dissemination Center  
Total Award: \$750 [Applied for Award – Not awarded]

**Doctoral Award** **December 2022**  
Grand Challenges of Social Work  
Total Award: \$3000 [Applied for Award – Not awarded]

**National Institute for Transportation and Communities** **Spring 2021**  
University of Texas at Arlington  
Total Award: \$2000

**School of Social Work Graduate Research Assistantship** **Fall 2020 – Spring 2023**  
University of Texas at Arlington  
Total Award: \$12,000

**Child Welfare Education Project (CWEP) Stipend** **Fall 2009 – Spring 2011**  
University of Houston

Total Award: \$18,000

## RESEARCH EXPERIENCE

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### **Doctoral Researcher - Project Coordinator**

**August 2020 – May 2023**

School of Social Work, University of Texas at Arlington

- Recruited, screened and registered participants for qualitative research study
- Conducted qualitative interviews with participants on the subject of moral distress
- Participated in data analysis and worked collaboratively in research assignments

### **Doctoral Researcher - Project Coordinator**

**August 2020 – August 2022**

School of Social Work, University of Texas at Arlington

- Conducted research with participants in the field of transportation injustice, monitor data collection and provided customer service to research participants
- Conducted weekly supervision meetings with field interns
- Completed research transportation justice and inequities

### **Research Assistant**

**May 2015 – January 2016**

Graduate College of Social Work, University of Houston

- Identified the prevalence of depressive symptoms and relationship of intake variables in patients receiving acupuncture treatment at the American College of Acupuncture of Oriental Medicine
- Identified common acupuncture and acupressure points used to treat depression in the literature and in treatment sessions based on patient records
- Transcribed, entered, and analyzed data collected from patient assessment records

## PUBLICATIONS

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### ***Journal Articles***

Fantus, S., **Cole, R.**, Hawkins, L., & Chakraborty, P., (2022) "Have they talked about us at all?" The moral distress of healthcare social workers during the Covid-19 pandemic: A qualitative investigation in the state of Texas. *The British Journal of Social Work*. Under Review.

Cronley, C., O'Dell, A., Fields, N., Mattingly, N., Iroz-Elardo, N., Highfill, C., **Cole, R.**, & Stringfellow, MK., (2022). Designing and Evaluating a Smartphone App to Increase Underserved Communities' Data representation in Transportation Policy and Planning. *Case Studies on Transport Policy*. Accepted for publication.

Fantus, S., **Cole, R.**, & Hawkins, L., (2022). "The hierarchy is your constraint:" a qualitative investigation of social workers' moral distress across a U.S. health systems. *Social Work in Health Care*, 1-25. doi: 10.1080/00981389.2022.2128156

**Cole, R.**, Fantus, S, Hawkins, L, & Chakraborty, P., (Writing) Meditating and Exercise Self-Care Practices: Not for Healthcare Social Workers.

**Cole, R.**, and Black, B., (Writing). Confidence Fraud Scams: Mental and Physical Health Outcomes of Victims. A Scoping Review.

Fantus, S., **Cole, R.**, Chakraborty, P. & Hawkins, L. (Under Review) "An emotional tug of war within me:" A qualitative study on reducing the moral distress of social workers and chaplains in a southern U.S. academic medical center.

Highfill, M. C., O'Dell, A. G., **Cole, R.**, Fields, N., Cronley, C. M., & Mattingly, S. (Writing). Paving the way with mobile data collection strategies: A scoping review and implications for transportation equity.

#### PRESENTATIONS AND INVITED LECTURES

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Interview with Neph Rivera (January 10, 2023). *Professional Self-care for Social Workers*. University of Texas at Arlington News Center.

Interview with Stephanie Lamm and Alex Stuckey (March 31, 2022). *Texas Schools don't have enough mental health providers. As leaders fail to fix it, kids suffer*. Houston Chronicle.

Interview with Chelsea Jones-Bibbs (November, 2017). *Meet Rebecca Cole*. African American News & Issues.

#### TEACHING EXPERIENCE

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**Instructor – University of Texas at Arlington.**  
SOCW 5353-004 Social Policy and Mental Health  
Asynchronous

**Spring 2023, Fall 2022, Spring 2022**

- Developed weekly lectures derived from assigned text books; recorded and uploaded weekly lectures
- Maintained and managed Canvas shell for the class
- Provided weekly assignments and readings

#### PROFESSIONAL TRAINING

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License Clinical Social Worker - Supervisor  
Texas Board of Social Work Examiners #55666

**Effective June 2021 – Expires June 30, 2023**

#### PROFESSIONAL AFFILIATIONS

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National Association of Social Workers – Texas Chapter  
National Association for Advancement of Colored People – Houston Chapter  
Society for Social Work Research

#### PROFESSIONAL SERVICE

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**Crisis Intervention Response Team (Relief Pool Clinician)****March 2023 - Present**

The Harris Center

- Paired with specialized law enforcement officer responding to mental health crisis calls in the community
- Provided crisis intervention to persons in the community
- Conducted mental health assessments using the DSM-V
- After officer determined individual met criteria for emergency detention order, I initiated admission to facility for psychiatric evaluation
- Provided resources and service linkage
- Provided psychoeducation on illness and resources
- Provided crisis intervention on site to individuals and families
- When families and caregivers of persons in crisis required support, provided service referrals, agency referrals, and set appointments based on needs

**Field Instructor****Fall/Spring 2020 - 2023**

Baylor University

- Provide weekly field supervision to Master of Social Work students; meet virtually using teleconferencing software; Monitor progress with the field contract and work towards goals
- Process and support student in their field placement role; use interventions and applications to understand social work within their environment, integrate the Code of Ethics and Values, and assist with developing their social work foundation

**Private Practice Owner****August 2019 – Present**

Rebecca Cole, LCSW-S

- Provide individual and group clinical supervision to social workers seeking clinical licensing
- Complete assessment, diagnosis and intervention
- Provide individual therapy, sex therapy, psychosocial assessments, and clinician interventions for individuals including teenagers and adults
- Provide clinical consultation to colleagues as needed
- Create social work professional development seminars on education policy and practice topics

**School Social Worker****August 2019 – May 2020**

Sealy Independent School District

- Provided social work services at four campus: Sealy High School, Sealy Junior High School, Sealy Elementary School and Selman Elementary School
- Provided individual therapy using age and developmentally appropriate interventions to students identified through Special Education Services to receive counseling
- Facilitated support and intervention groups with student
- Developed resource lists for teachers and administrators to use when working with families
- Co-facilitated parent psychoeducation and support groups
- Worked in interdisciplinary team environment
- Completed psychosocial evaluations on new students entering the district
- Provided crisis intervention with students upon request
- Assisted families and students with service coordination

**Crisis Intervention Response Team Clinician****October 2016 – September 2020**

The Harris Center

- Paired with specialized law enforcement officer responding to mental health crisis calls in the community
- Provided crisis intervention to persons in the community
- Conducted mental health assessments using the DSM-V
- After officer determined individual met criteria for emergency detention order, I initiated admission to facility for psychiatric evaluation
- Provided resources and service linkage
- Provided psychoeducation on illness and resources
- Provided crisis intervention on site to individuals and families
- When families and caregivers of persons in crisis required support, provided service referrals, agency referrals, and set appointments based on needs

**Master Response Clinician****May 2012 – January 2020**

Memorial Hermann Hospital Systems – Psychiatric Response Team

- Intervened with Patient's with psychosocial needs and provided brief intervention
- Assessed and diagnosed utilizing DSM-V and other psychosocial assessment tools
- Administered psychometric testing to assist with the assessment process
- Evaluated children ages 3 and up, adults and geriatric populations
- Assessed patients with complex co/morbidities and co/occurring disorders
- Liaised with multidisciplinary medical team
- Made treatment recommendations and provided brief intervention solutions
- Provided psychoeducation on patients' illness with recommendations
- Determined and facilitated mental health warrant paperwork
- Facilitated transfers of patients for inpatient psychiatric hospitalization, voluntary or involuntary treatment
- Coordinated and/or make referrals using patient resources and environmental information

**Master Response Clinician****February 2015 – October 2016**

Memorial Hermann Hospital Systems – Baker Street Inmate Referral Clinic

- Co/led this pilot program, completed psychosocial and needs assessments on individuals released from Harris County Jail
- Provided psychoeducation on illness, symptoms, and medications
- Completed referrals for mental health services and community services linkage
- Maintained data base of community referrals and contacts for referrals

**COMMUNITY SERVICE**

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**Democratic Precinct Chair****April 2023**Precinct 0197  
Houston, Texas**Volunteer****Seasonal 2017 – April 2023**

Jackson Hinds Garden

- Collect donations for distribution at the agency

- Cook and serve dinner to agency service recipients

**Volunteer**

**January 2023 – Present**

Houston Astros Volunteer

- Volunteer with various social service agencies across Houston
- Assist with food distribution and textile distribution