

AS A PHOENIX RISES FROM THE ASHES...



A Research Study of Posttraumatic Growth and Transformation in Military-Connected Populations

CONSTRUCTING A BRIDGE



The purpose of our research study is to better understand the factors, elements and turning points that contribute to a military loss or trauma becoming a posttraumatic growth experience.

CONTRIBUTING TO OTHERS

In other words, bridging how a personal posttraumatic transformation creates a ripple effect of paying it forward in service to one's community and helping others in the process.



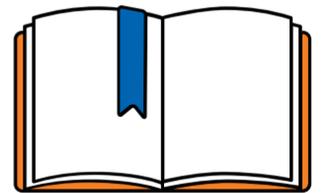
SPARKING CURIOSITY



The goal of Phase I is to secure 500 - 600 military-connected (i.e., Service Member, Veteran, family member or friend) volunteers to share information about their loss or trauma in our online survey. Of those who participate, we will choose 15 - 20 for Phase II which will encompass detailed interviews of their posttraumatic growth and transformation experience.

EDUCATING

These amazing narratives of profound loss or trauma experienced by members of the military-connected population will explore the healing power of posttraumatic growth and transformation. The compilation of these stories will be published in an Open Education Resource (OER) book and applied to the curriculum of students pursuing a Military Social Work Graduate Certificate or Military, Veteran and Family Care Graduate Certificate.



GIVING BACK TO OUR COMMUNITY



Another purpose of our study is to educate others to the power of posttraumatic growth and transformation through the identification of elements fostering hope, growth, resilience, and purpose, catalyzing change, and inspiring a positive transformation of a loss or trauma. We will accomplish this by developing a clinical protocol on using military-connected survivor stories to instill hope.

BROADENING OUR INFLUENCE

Through this study, we will expand Military Social Work education and the training of culturally competent service providers. Through our commitment to serving and helping members of our military-connected community succeed, we can enrich our community for the benefit of all members.



UTA Voted #1
Best for Vets Colleges
2020 and 2021
by *Military Times*



UTA Ranked #3
Top Ten Military Friendly School
Category: Tier 1 Research Institution
2022-2023 MFS Cycle
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UTA Ranked #5
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by *College Factual*

