Earth Day is an annual holiday that demonstrates support for environmental protection. It began in 1970 on the first anniversary of the 1969 Santa Barbara Oil Spill. This year’s theme is Restore Our Earth and is focused on how we can prevent the coming disasters of climate change and environmental destruction. This week, EARTHDAY.ORG and others have organized three different climate action summits that will address climate literacy, environmental justice, and youth-led climate-focused issues. This will be the second year that EARTHDAY.ORG hosts a livestream event featuring global activists, international leaders, and influencers. The Biden Administration will also hold a parallel leaders summit on Earth Day.

Learn more here: https://www.earthday.org/earth-day-2021/

*Students who are interested in how climate change impacts vulnerable communities are encouraged to speak with their advisor about enrolling in the Fall 2021 course offering: SOCW 5310 - Environmental Justice & Green Social Work, featured in the Course Spotlight on Page 5!
I Bet I Know How You’re Feeling

If I was a betting man, I would put all my money on this: you’re stressed right now, like really stressed! You have too many papers to write about too many things that don’t matter to you, and too little time and physical, mental, and emotional bandwidth to do them. And while I would love to change this educational system into something much less stressful – stress is antithetical to growth and development and education should be exciting and inspiring – and into something more applicable, useful, and meaningful long-term – who remembers what they wrote in their papers last semester? - paper writing and the sometimes not very meaningful assignments is what we’re currently stuck with. So, what can you do to relieve your stress and reconnect with interest, curiosity, excitement, and inspiration in your educational, professional, and personal growth and development?

Now, this is the time or place in these posts where I usually delve into various perspectives or methods you could try, but I’m not going to do that here. I can’t. I don’t know what makes you, you. I don’t know what makes you tick. I don’t know your interests, your curiosities, your deep and meaningful reasons for taking this educational, professional, and personal journey. But you do! What is it? Why are you here? Why do you want to learn? What do you want to learn? How do you want to learn? All of these things matter, and the more you’re in touch with them, the more meaningful and exciting - and less stressful - this journey can and will be.

After you’ve really explored these questions for yourself, you may get to the point that you say, “you know what, this class or this assignment doesn’t fit with my purpose and my interests.” And you could very well be right. And if you’re feeling that right now, consider something one of the most successful professors and helping professionals once told me about success in school: “Anything not worth doing is not worth doing well.” Are all of the academic assignments you have right now worth doing well? Honestly, only you can know.

One of the biggest movements in education, currently, is inclusion. And that includes you! Search yourself, your heart, your soul, and find what matters to you. Some assignments, some classes aren’t that important for you and your needs. I’m ok with that if you are.

Craig Keaton,
MSW | Doctoral Student | Adjunct Professor

If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!

Rental Assistance
Rental assistance is available for up to 6 months through Arlington Housing Authority for Arlington residents who are behind on their rent due to the pandemic if they meet certain criteria such as income, need is directly related to the pandemic, currently behind on rent, and a few others. The application is at www.arlingtonhousing.us and funding is still available for the program.

UTA Care Team
The Care Team is composed of Success Coaches that are here to help students succeed while attending UTA. This includes academic and personal assistance a student may be lacking. Success Coaches are here to: Correct.Advise. Help. Encourage. Did you know as a student veteran you may qualify for free meals? Visit our MAV.VETS page to find more about the benefits of being a Veteran.

Did you know that you could be a Traveling Social Worker?

What is it?
As a traveling social worker, your job is to travel to the assignment area and offer mental health services and other help as needed. The exact details of what you would do depend on the terms of your contract with the company that hires you.

Why would I want to do it?
Being a traveling social worker allows you to utilize your education while expanding your skills, impacting community and experiencing new cultures. Traveling social workers will also have the opportunity to take adventures and see new places while on assignment.

How do I do it?
Being a traveling social worker requires the same credentials as being a regular social worker. Social workers considering travel contracts should be flexible and open to learning. The people most successful in this job are those who are able to work independently, are highly motivated, and are charismatic to a degree.
FIELD PLACEMENTS

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL: https://inplace.uta.edu/
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- Field forms are available here!
- Field FAQ
  - If you are having technical difficulties with InPlace please email swfield@uta.edu and include a screenshot of the issue.
  - Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

FIELD POWER HOURS

This is an opportunity for you to check in and ask questions, similar to Office Hours for faculty!

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1st & 3rd Monday of the month, 3-4
  - Click here to join the meeting

- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1st & 3rd Tuesday of the month, 3-4
  - Click here to join the meeting

- Mental Health
  - Field Advisor: Hector Ramos
  - 1st & 3rd Wednesday of the month, 3-4
  - Click here to join the meeting

- Aging & Health
  - Field Advisor: Sharon Martin
  - 1st & 3rd Thursday of the month, 3:30-4
  - Click here to join the meeting

GRADUATION

- Our School of Social Work Ceremony will be combined with College of Architecture, Planning and Public Affairs, Division of Student Success and the Honors College. The ceremony will be held on Friday, May 14 at 9:00 a.m. at Globe Life Field.
- The Virtual Commencement will take place on Sunday, May 16th at 5:00pm CST through an on-demand website that will have auto-generated name calling, graduate slides, and videos from university officials. We do not yet know which day the Social Work commencement will be. We will share additional details as soon as we receive them.
- The deadline to apply to graduate in May passed on March 1. To apply late, contact your advisor. (There is a $60 late fee.) All students planning to graduate this spring must apply to graduate using MyMav. You must apply to graduate regardless of whether you will walk at a commencement ceremony. Applying to graduate is necessary to have your degree conferred AND in order to receive your diploma. Fee is $40.
- In-person, virtual commencement programs planned for May
  - UT Arlington will host in-person commencement ceremonies at Globe Life Field from May 13-16 to celebrate its spring 2021 and 2020 graduates, while preserving virtual commencement ceremonies for those who prefer an online celebration. The spring commencement exercises will mark the first time UTA has hosted in-person ceremonies since December 2019, as all 2020 ceremonies were canceled due to the COVID-19 pandemic.
  - All 2020 and spring 2021 graduates should RSVP with their intention to participate in an in-person or virtual commencement ceremony. To do so, they should register with MarchingOrder using their UTA student email address. (Although the deadline of 3/17 has already passed, students are still able to register via this form.)
  - UTA has posted the schedule for in-person and virtual commencement ceremonies.
  - Visit uta.edu/commencement for details. Questions? Email studentaffairs@uta.edu.

ADVISING

- Summer class registration opens April 5th.
  - We’ve heard from you that many of you are interested in learning more. Stay tuned as we are developing a guide with the different paths to the LCDC that will be shared in this newsletter at a future time.
- If your advisor’s appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.
- Don’t need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!
  - Toy Howard  Monday 10-11  Click here to join the meeting
  - Valerie Adame  Tuesday 11-12  Click here to join the meeting
  - Maresia Davis  Wednesday 11-12  Click here to join the meeting
  - Cleondria Marable  Thursday 11-12  Click here to join the meeting

FIELED PLACEMENTS

- Summer Class registration opens April 5th.
  - Click here to join the meeting
  - Summer Session. Split Field
  - The Fall 2021 Field Application will open Monday, April 19, 2021, at 10 am
  - The Block Field 14-week Summer Session & Split Field 11-week Summer Session dates have been updated on the Field website calendar

- The Fall 2021 Field Application will open Monday, April 19, 2021, at 10 am and closes June 4th (not May 18)
  - Please review the email sent by Dr. Smith on 4/15 for important information and updates on the fall field application.
  - Students doing a split field placement do not have to reapply for field between Split 1 and Split 2 semesters

- Field Advisor: Hector Ramos
  - 1st & 3rd Monday of the month, 3-4
  - Click here to join the meeting

- Field Advisor: Monica Brown
  - 1st & 3rd Tuesday of the month, 3-4
  - Click here to join the meeting

- Field Advisor: Natalie Mangham
  - 1st & 3rd Wednesday of the month, 3-4
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- Field Advisor: Sharon Martin
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V I R T U A L  E V E N T S  O F  T H E  W E E K

**An Evening with Wynton Marsalis**
On Tuesday, April 27, 2021, at 7:30 pm, take a study break to tune into a free virtual performance by jazz musician, trumpeter and Grammy Award winner Wynton Marsalis.

**Careers in Macro Social Work**
Miss the SAMSW professional panel discussion focused on macro social work careers? Watch the recording [here](#).

**Conference on Social and Ecological Infrastructure for Recidivism Reduction**
3/18-4/20. This free, virtual, multi-day conference explores the intersection of societal and ecological solutions to reduce recidivism.

**Older Adult Mental Health Awareness Day Symposium**
Mark your calendars to join us on May 6 for the 4th annual Older Adult Mental Health Awareness Day Symposium! This free, all-day, virtual event will feature engaging plenaries, informative sessions, and a diverse array of topics addressing the most pressing needs in older adult mental health.

**Do you want to serve college students with your social work degree?**
Our dual degree option with a Master’s in Education focused on Higher Education prepares you for just that! [Click here](#) to view the information session recently held. If you or someone you know is interested in this dual degree, please have them contact Courtney Jones (Courtney.Jones@uta.edu) for more information.

**Virtual Coffee & Tea with Dr. P**
Wednesday, 2-3pm
Please drop in on Teams to visit with me. This is your time every week to share concerns, questions, suggestions, and triumphs. I look forward to seeing you! [Join Microsoft Teams Meeting](#).

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**C O U R S E  R E G I S T R A T I O N**

- **Registration opens starting April 5th.**
- When searching for classes, be sure to select the correct term. MyMav may default to 2218 (Fall). 2215 is Summer.
- Course Modalities will be listed under Course Attribute in MyMav. More information about each modality can be found [here](#).

Here are some examples:

- **Online 1: Asynchronous**
  - Course Attribute: ONLINE1
  - Days & Times: TBA

- **Online 2: Synchronous (live virtual class during times listed)**
  - Course Attribute: ONLINE2
  - Days & Times: MoWe 4:00PM - 5:20PM

- **Hybrid (Combination of face-to-face and live virtual class)**
  - Course Attribute: HYBRID2
  - Days & Times: TuTh 2:00PM - 3:20PM
FUNDING

Emergency Rental Assistance Program
The Neighborhood Services Department is offering an Emergency Rental Assistance Program (ERAP) to Fort Worth residents who have been impacted by COVID-19. Click Here to Apply for Emergency Rental Assistance.

UTA is Offering Additional Financial Help to Students in Need
UTA will provide HEERF II Emergency Grants of $1,000 for full-time students and $500 for part-time students who meet eligibility criteria, and $600 for full-time Accelerated Online students and $300 for part-time. Apply by logging into your MyMav account, clicking the ‘MyForms’ tile located on the UTA Student Homepage, and clicking on the ‘Fill Out a New Form’ button. Students may apply for assistance through UTA’s Emergency Assistance Fund. Visit HEERF II Frequently Asked Questions page for more info.

RESEARCH

Social Work Course Guides

Student Research Opportunity Center

Dean Ryan’s Statement on COVID-19 Health Disparities

UTA’s COVID Vaccine Resource Page

If you believe you have contracted COVID-19, please type in ‘COVID-19 Testing’ and your zip code into the Texas Health and Human Services to find a testing location closest to you.

Did you know? Any Texas resident can register for a Covid vaccine in any Texas County! Sign up in Tarrant County HERE or Dallas county HERE.

Have you tested positive? Had close contact with someone with Covid?
1. Complete mandatory reporting form
2. If needed, you can:
   • Ask professors for deadline leniency
   • Contact your USL, Program Director and/or Academic Advisor for additional support and guidance.

Face Covering Protocol:
To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice. For more information, click here.

MANAGING STRESS AND ANXIETY DURING COVID-19
UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)
Visit TAOconnect.org

THRIVE APP
Download “Thrive at UTA” on App Store or Google Play

MAYS TALK 24HR CRISIS LINE
Call 1(817)272-8215

Visit uta.edu/caps for more information
**UTA Academic Calendar**

**SAR Center**
(Formerly Office of Students with Disabilities)

**MAVS talk**
24 HOUR CRISIS LINE
817-372-TALK (8255)
HELP@UTA.TEXAS.MAVS.RANDOLPH HALL

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**STRAIGHT TALK COUNSELING PROGRAM**

**Webinar Library**
Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

- **MSW Specialties**
- **Social Work Webinars List**
- **Basic Function of Teams**

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**Rental Assistance Program**
The **Tarrant County Rental Assistance Program** assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

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**Evidence-Based Practice Research Guide**

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**If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: mls9929@mavs.uta.edu**

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"Mental health: the willingness to take responsibility for what's mine and the refusal to take responsibility for what's not mine."

- Louisa Clark