



UNIVERSITY OF  
TEXAS  
ARLINGTON

SCHOOL OF  
SOCIAL WORK

## MASTER OF SOCIAL WORK



I acknowledge the grave harm brought by colonialism to this land, especially the systematic attempts to erase indigenous and African identities through violence, slavery and racist segregation laws.

## WEEKLY UPDATE

May 10, 2021

**\*This will be the last newsletter until the summer semester starts on Monday, June 7!**

## MSW DIRECTOR'S NOTE

My dear MSW Mavericks,

Some of you are graduating, some continuing and some beginning. Regardless of which group describes you, I have an important message.

- I'm *proud* of you for making it this far!
- An important step in the journey is to *rest and reflect*.
- Take this step often throughout your life—*daily is optimal!*



The next experience—whether a new job, semester, internship, skill acquired, relationship, or other exciting thing—will start soon enough. One thing I'm sure of: these new experiences deserve your attention but **none** of these should hold your **FULL** attention. Sound counterintuitive? Well, reflect on that!

Focusing on one thing over all else—regardless of what it is, how much you enjoy it, love it, or how needed it is—is the first step toward burnout. Resting and reflecting keeps you connected to **all** the aspects of you rather than a small corner of the picture that is you; it is in this **variety** of experiences in work and play that we grow both personally and professionally. The one cannot grow without the other. So, replenish your energy doing things you love or have given up during the regular semesters. Plan in this next chapter to keep those abandoned things in focus **with** your professional development. I plan to do so and hope you will join me. In fact, I challenge each of you to send me pics or statements of things you've done to recharge! We will use these to inspire us to continue to take those reflective breaks as we forge onward growing together as a community.

*Regina*

PhD | LMSW-AP | Director of Graduate Programs | Professor



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## GET SUPPORT

### Rental Assistance

Rental assistance is available for up to 6 months through Arlington Housing Authority for Arlington residents who are behind on their rent due to the pandemic if they meet certain criteria such as income, need is directly related to the pandemic, currently behind on rent, and a few others. The application is at [www.arlingtonhousing.us](http://www.arlingtonhousing.us) and funding IS still available for the program.

Interested in joining a Veteran and Military Connected group of students? The MAV VETS are here to get you support and connections to help navigate college life!



CONNECT WITH US ON SOCIAL MEDIA!

Instagram:

TEAMS:

Facebook:



SCAN ME



SCAN ME



SCAN ME

### UTA Care Team

The Care Team is composed of Success Coaches that are here to help students succeed while attending UTA.

This includes academic and personal dilemmas a student may be facing.

Success Coaches are here to:

Connect  
Advise  
Refer  
Encourage

Reach out to our Success Coaches today!

email: [careteam@uta.edu](mailto:careteam@uta.edu)

Division of Student Success



## YOU MATTER

### Ready? Break!

I am going to cut to the chase and repeat a message I shared at Spring Break... **You need to take a break! Get some rest! Do something else! Not work!** And like Spring Break, while there are all sorts of justifications for taking a break, the truth is you need, deserve, and should take a break because you're human. It's just how you work. It's how all of us work.

A break, some idle time, relaxation, and recreation are all shades of the basic human need for rest. Everyone requires rest; yes, even you! So, as summer gets closer, take some time to get clear on your needs for rest, what you want to do to care for those needs, make some plans, and then make it happen.

And if this advice is hard to heed, maybe you need permission. Well, here it is: this message comes straight from your BSW and MSW Directors. That's right! The leaders of your education and professional preparation believe caring for your needs is so important that they want all of you to start planning now and realize a real break this summer! You need it!

If you're unsure of where to start, try these: sleep in; put an out-of-office reply on your email; take a tech break for a while - a long while; go for walks; sip tea; lay in a hammock or in the grass; sit down and have a meaningful conversation with someone in real life with no schedule or time pressure.

Ok, so maybe you're still not convinced. Maybe you're just too much like me. I always have this feeling like I am just not where I want to be yet; there's something else I should be doing. Then I remember that taking a break is doing something, doing nothing is something - a very important something. And if I am really struggling to stop and rest, I am reminded that "taking a break can lead to breakthroughs." Isn't this so true?! Time and time again, a break is what unlocks wherever I am stuck. So, if you're still in need of something and not sure what it is, maybe you're stuck. Maybe you need a breakthrough. So, take a break!

And if you're still not having it with all this break stuff, consider this: this is the last You Matter post 'til summer. That's right, we're taking a break for a few weeks. You don't have to take a break, but we are. So, see ya next semester... after a good break!

*Craig Keaton,*

MSW | Doctoral Student | Adjunct Professor

*If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!*



### BREAK IDEAS!

You deserve to enjoy and make the most of your break in between semesters, whether that's resting at home or re-connecting with activities that restore your mental health and bring you joy! Here are some ideas to get you brainstorming about exactly what it is that you need over these next few weeks:

- Cook your favorite meal
- Go camping
- Do some gardening
- Take a nature walk
- Binge a new show
- Read a book
- Call a friend
- Enjoy a meal outside
- Take a virtual field trip
- Watch a virtual live music performance
- Experience a virtual museum
- Go on a virtual vacation
- Take a bubble bath
- Indulge in a nap
- Dance to your favorite song
- Sing Karaoke



### END OF SPRING SEMESTER

- Final grades posted on MyMav by Tuesday May 18th at noon
- Grades designated as official by the registrar on Wednesday May 19th by 5pm





## ADVISING

- The first day of nearly all SOCW summer courses is Monday June 7th (following the [11 week summer schedule](#))
- Keep in mind that if you are *block* field, you'll following the [14 week summer schedule](#) starting May 18.
- Summer class registration opened April 5th.



We've heard from you that many of you are interested in learning more. Stay tuned as we are developing a guide with the different paths to the LCDC that will be shared in this newsletter at a future time.

- If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Toy Howard	Monday 10-11	<a href="#">Click here to join the meeting</a>
Valerie Adame	Tuesday 11-12	<a href="#">Click here to join the meeting</a>
Maresia Davis	Wednesday 11-12	<a href="#">Click here to join the meeting</a>
Cleondria Marable	Thursday 11-12	<a href="#">Click here to join the meeting</a>

## GRADUATION

- Our School of Social Work Ceremony will be combined with College of Architecture, Planning and Public Affairs, Division of Student Success and the Honors College. The ceremony will be held on **Friday, May 14 at 9:00 a.m.** at Globe Life Field.
- The **Virtual Commencement** will take place on **Sunday, May 16th at 5:00pm** CST through an on-demand website that will have a auto-generated name calling, graduate slides, and videos from university officials. We do not yet know which day the Social Work commencement will be. We will share additional details as soon as we receive them.
- In-person, virtual commencement programs planned for May**
  - UT Arlington will host [in-person commencement ceremonies](#) at Globe Life Field from **May 13-16** to celebrate its spring 2021 and all 2020 graduates, while preserving virtual commencement ceremonies for those who prefer an online celebration. The spring commencement exercises will mark the first time UTA has hosted in-person ceremonies since December 2019, as all 2020 ceremonies were canceled due to the COVID-19 pandemic.
- UTA has posted the schedule for [in-person and virtual commencement ceremonies](#).
- Visit [uta.edu/commencement](https://uta.edu/commencement) for details. Questions? Email [studentaffairs@uta.edu](mailto:studentaffairs@uta.edu).



### FOR VETERAN STUDENTS ONLY:

#### Can't make it to the Graduation Celebration on April 23rd?

No problem, graduation cords for graduating Student Veterans can be picked up at UTA Military and Veteran Services  
406 Summit Avenue, Arlington TX, 76019  
**April 19, 2021—May 14, 2021**  
**Monday—Friday 8am-5pm**

Unfortunately we cannot mail graduation cords, if unable to pick up in person cords can be purchased from:  
<https://salute-colostate.nbsstore.net/salute-graduation-honor-cord>  
or any other retailer.



## FIELD PLACEMENTS

### general

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

### spring

- Field instructors (supervisors) submitted final field evaluations on InPlace by May 4th
- Students must have completed student evaluations in InPlace by May 4th
- The last day to log hours is May 12th

### summer

- The COVID-19 field hours accommodation will continue for Summer 2021
  - Block students must complete a minimum of 408 hours for Summer 2021
  - Split students must complete a minimum of 204 hours for Summer 2021
- Block field will only be offered in the 14-week Summer Session. Block Field will begin May 17, 2021.**
- Split field will only be offered in the 11-week Summer Session. Split Field will begin June 7, 2021.**
- The Block Field 14-week Summer Session & Split Field 11-week Summer Session dates have been updated on the [Field website calendar](#)

### fall

- Starting field in Fall 2021? You must complete the Fall Field Application by **June 4th**.
- The Fall 2021 Field Application opened Monday, April 19, 2021, at 10 am and closes June 4th** (not May 18)
- Please review the email sent by Dr. Smith on 4/15 for important information and updates on the fall field application.
- Students doing a split field placement do not have to reapply for field between Split 1 and Split 2 semesters

## FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, 3-4
  - [Click here to join the meeting](#)
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- Mental Health
  - Field Advisor: Hector Ramos
  - 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month, 3-4
  - [Click here to join the meeting](#)
- Aging & Health
  - Field Advisor: Sharon Martin
  - 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month, 3:30-4
  - [Click here to join the meeting](#)



## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Missed the Social Work Licensing Info Session? [Here is a link to the recording!](#)**
- Interested in the LCDC? Scroll to the end of this [licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

## CODE OF CONDUCT UPDATE

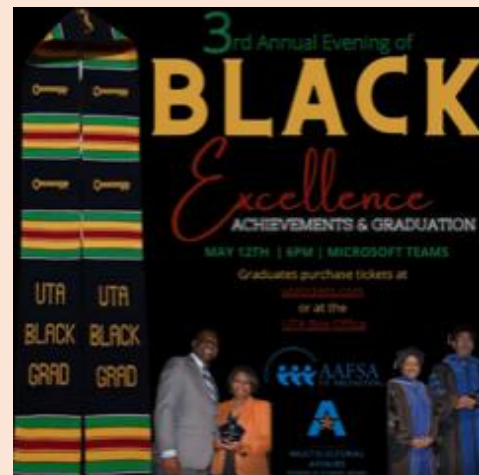
The **UTA Student Code of Conduct** has been updated! Read it below:

Scholastic Dishonesty, including, but not limited to, cheating, plagiarism, and collusion on an examination or an assignment being offered for credit. Each student is accountable for work submitted for credit, including group projects;

- Cheating on an examination or an assignment includes:
  - copying the work of another, allowing someone to copy, engaging in written, oral or any other means of communication with another, or giving aid to or seeking aid from another when not permitted by the instructor.
  - using material during an examination or when completing an assignment that is not authorized by the person giving the examination or making the work assignment, including, but not limited to, electronic or digital devices such as calculators, cell phones, camera phones, scanner pens, personal digital assistants, or flash drives, etc.;
  - taking or attempting to take an examination for another, or allowing another to take or attempt to take an examination for a student;
  - using, obtaining, or attempting to obtain by any means, the whole or any part of an examination or work assignment that is not provided for your use by your instructor;
  - resubmission of work which has previously been submitted for course credit at any educational institution, unless prior approval is received from both faculty;
  - any act designed to give unfair advantage to a student or the attempt to commit such an act;
- Plagiarism means the unacknowledged incorporation of the work of another in work that is offered for credit;
- Collusion means the unauthorized collaboration with another in preparing work that is offered for credit;



## VIRTUAL EVENTS OF THE WEEK



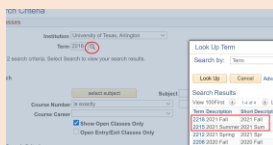
### CMAS Distinguished Lecture- The Evolving Devastation of Covid-19 on the Latina/o Community

On April 21, 2021, the Center for Mexican American Studies (CMAS) hosted Dr. Rogelio Sáenz's talk "The Evolving Devastation of Covid-19 on the Latina/o Community" which presented some staggering findings. If you didn't get a chance to attend this event, the recording is now available on CMAS YouTube channel on the link below. The recording includes the talk and Q&A.

<https://www.youtube.com/watch?v=5pbHtcxUygc>

## COURSE REGISTRATION

- Registration is open for summer and fall.**
- When searching for classes, be sure to select the correct term. MyMav may default to 2218 (Fall). 2215 is Summer.
- Course Modalities will be listed under Course Attribute in MyMav. More information about each modality can be found [here](#). Here are some examples:



- Online 1: Asynchronous
- Online 2: Synchronous (live virtual class during times listed)

Course Attribute	Days & Times
ONLINE1	TBA

Course Attribute	Days & Times
ONLINE2	MoWe 4:00PM - 5:20PM

- Hybrid (Combination of face-to-face and live virtual class)

Course Attribute	Days & Times
HYBRID2	TuTh 2:00PM - 3:20PM

## COURSE SPOTLIGHT

Information Session: A comparative study of mental healthcare in India and the U.S.

### Learning Abroad India

Wednesday May 11<sup>th</sup>, Noon-1pm via Zoom  
Trip Dates: December 27<sup>th</sup>, 2021 – January 11<sup>th</sup>, 2022

Join us to learn more about this faculty led independent learning experience focusing on mental health and substance abuse treatment systems and interventions in India. You will travel to three cities in India to visit schools of social work and community based treatment providers and participate in a number of cultural events.

For more information contact Dr. Micki Washburn at [micki.washburn@uta.edu](mailto:micki.washburn@uta.edu)



## RESEARCH

### [Social Work Course Guides](#)

### [Student Research Opportunity Center](#)

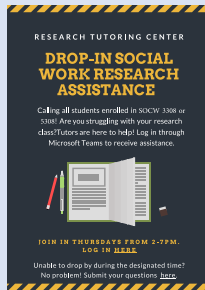
**Study on Intergenerational Reminiscence Approach in Improving Social and Emotional Well-being of Older Adults**

**Participants Needed**

The UTA School of Social Work would like to invite UTA students (1) age 18-30 years old, (2) currently enrolled as a student at UTA, and (3) can commit to be available for the full 10 weeks of the intervention.

Once you agree to participate, we will post you with an older adult for participating in this study. You need the poster order which will participate together.

You will receive a \$100 or \$150 (if you participate in the intervention) gift certificate as our appreciation for your time in participation. If you are interested and want to learn more about this project, please contact Dr. Ling for all immediate details or through her (214) 248-5472.



## FUNDING

The School of Social Work is hiring a part time work study student to assist with the undergraduate and graduate program offices. [Click here](#) to apply! Questions? Contact [velvet.denny@uta.edu](mailto:velvet.denny@uta.edu)

## Attention Current Graduate and Undergraduate Students: Every Texan Seeks Five Interns

Apply today for our paid internships and help advance social justice through public policy!

Are you a student who is passionate about social justice? Every Texan is looking for five new interns to support the organization's mission to build a state where all Texans are healthy, well-educated, and financially secure.

Our student interns will collaborate with staff of all management levels and across issue areas. Read the full descriptions [here](#) and [apply by May 7, 2021!](#)

Full-Time Case Manager [position](#) open with Catholic Charities of Fort Worth!



## STAY SAFE

### Expanded COVID-19 vaccine opportunities to include on-campus availability

UTA has established a partnership with OptumServe to provide all interested employees and **students access to COVID-19 vaccines at a convenient on-campus location and free of charge.** UTA students and employees are strongly encouraged to participate in COVID-19 vaccinations if they are able. Please visit the UTA [COVID-19 Vaccination Information and Resources](#) page to access registration links and instructions for both vaccine opportunities.

### UTA continues protocols to protect campus community

In the interest of the health and safety of our community, UTA's current COVID-19 protocols and guidance will remain in effect through May 31, at which point they will be reassessed. This decision has been made after review of the latest Governor's Executive Order, which goes in effect Wednesday, March 10, and its direction that higher education institutions are to follow the most recent guidance issued by the Texas Education Agency. Read the [announcement](#).

### Dean Ryan's [Statement on COVID-19 Health Disparities](#)

### [UTA's COVID Vaccine Resource Page](#)

If you believe you have contracted COVID19, please type in 'COVID-19 Testing' and your zip code into the Texas Health and Human Services to [find a testing location closest to you](#)

Did you know? Any Texas resident can register for a Covid vaccine in any Texas County! Sign up in Tarrant County [HERE](#) or Dallas county [HERE](#).

### Have you tested positive?

#### Had close contact with someone with Covid?

1. **Complete [mandatory reporting form](#)**
2. If needed, you can:
  - Ask professors for deadline leniency
  - Contact your [USL](#), Program Director and/or Academic Advisor for additional support and guidance.



### Face Covering Protocol:

To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice. For more information, click [here](#).

### MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

#### THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](https://TAOconnect.org)



#### THRIVE APP



Download "Thrive at UT" on App Store or Google Play

#### MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](https://uta.edu/caps) for more information

UTA is a...  
COMMUNITY THAT CARES





## [UTA Academic Calendar](#)

## [Evidence-Based Practice Research Guide](#)



**Check Canvas for the MavsUnite Page!**  
To add please e-mail:  
[Chantinia Chansler](#)

## [SAR Center](#)

(Formerly Office of Students with Disabilities)

**MEAL DISTRIBUTION**

**Boys & Girls Clubs of Greater Tarrant County will be distributing meals, food and snacks**  
Curbside meal distribution will occur Monday - Friday 4:00-5:30pm

**Distribution Locations**

<b>Eastside Branch</b> 4851 Ramsey Ave Fort Worth, TX 76105	<b>Main Branch</b> 608 North Elm St. Arlington, TX 76011
<b>Martin Branch</b> 3123 Avenue G Fort Worth, TX 76105	<b>NW Branch</b> 2000 Ellis Ave Fort Worth, TX 76164
<b>Panther Branch</b> 1500 Hemphill Fort Worth, TX 76104	

**All Are Welcome!**

- Meals available to any child ages 18 years or younger (membership not required)
- Meals will be distributed as long as food supplies last
- Each can is eligible to receive individually packaged meals and snacks as available to the organization
- Weekly at-home learning resources provided with each meal

**Contact Us!**  
For more information or questions contact:  
[LaToya Greyer](mailto:LaToya.Greyer@ggcgc.org)  
[LGreyer@ggcgc.org](mailto:LGreyer@ggcgc.org)

**First Come, First Served!**

THE UNIVERSITY OF TEXAS AT ARLINGTON  
COUNSELING & PSYCHOLOGICAL SERVICES

**MAVS talk**  
24 HOUR CRISIS LINE

817-272-TALK (8255)  
[WWW.UTA.EDU/CAPS](http://WWW.UTA.EDU/CAPS)  
303 RANSOM CALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)

Texas Health and Human Services  
**COVID-19 Mental Health Support Line**

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**

**DREAMERS WELCOME**

**In Crisis?**  
**Text HELLO to 741741**

CRISIS TEXT LINE | Free, 24/7, Confidential

### **Webinar Library**

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)

[Social Work Webinars List](#)

[Basic Function of Teams](#)



### **Rental Assistance Program**

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Learn the Warning Signs.**

### **Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](#).

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

### [UTA/Tri-C Food Pantry Distributions](#)

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

**If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: [mls9929@mavs.uta.edu](mailto:mls9929@mavs.uta.edu)**



**SCHOOL OF SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019  
Social Work Program  
(817) 272-2135

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*"I never lose. I either win or learn."*  
- Nelson Mandela