



# **MASTER OF SOCIAL WORK**

SCHOOL OF

SOCIAL WORK

I acknowledge the grave harm brought by colonialism to this land, especially the systematic attempts to erase indigenous and African identities through violence, slavery and racist segregation laws.



# WEEKLY UPDATE June 7, 2021

# **MSW DIRECTOR'S NOTE**

### Dear MSW Mavericks!

Welcome (or welcome back)! I am so glad to have you with us. I hope you have an amazing summer filled with exciting learning, health, and personal and professional growth. Please remember to have these things, the first step is to keep yourself in check! I don't mean self-care though that is important—I mean approaching everything you do in your life with *intention and and reflection*. If it isn't life-giving, is it worth doing? Is it a temporary means to a permanent, lifegiving thing like your calling to help others in a career in social work? Or can you get there a different way? Only you can answer these questions for yourself but it takes emotional energy. Often, as natural helpers, we say **yes** to everyone but ourselves, leaving little emotional energy for our own growth. You *deserve* your help and attention too! It is in that quiet time of reflection that you will find the answers, the path, the peace! I wish you all the best and please don't forget I'm here to support you in this journey!



PhD | LMSW-AP | Director of Graduate Programs | Professor

# **Food Pantry Needs!**

The <u>UTA/Tri-C Food Pantry</u> needs juice, sugar, and body wash. Drop off donations 9 a.m.-4 p.m. Monday-Friday at 405 W 1st St. For more details, email <u>tri.c.cyndi@gmail.com</u>



# TABLE OF CONTENTS

Page 1.....MSW Director's Note

Page 2......Get Support, You Matter, Student Organization Spotlight, Start Off On the Right Foot

Page 3......Advising, Field Placements, Licensing, MSW Admissions

Page 4......Virtual Events of the Week, Course Registration, Important Dates for Summer Semester

Page 5......Research, Funding, Stay Safe

Page 6..... Resources

# GET SUPPORT

#### **Rental Assistance**

Rental assistance is available for up to 6 months through Arlington Housing Authority for Arlington residents who are behind on their rent due to the pandemic if they meet certain criteria such as income, need is directly related to the pandemic, currently behind on rent, and a few others. The application is at www.arlingtonhousing.us and funding IS still available for the program.



ACCESS TO OUR GROUP ON MICROSOFT TEAMS!

FIND US ON FACEBOOK AT MAVS FOR MENTAL HEALTH AWARENESS



#### Graduate Student Leader (GSL) Program

Have questions about the social work program? Want to make friends? Need support? The Graduate Student Leader (GSL) Program has got your back! The GSL program is designed to build community between MSW students and facilitate the exchange of accurate and timely information. Each MSW student in the program is assigned to a GSL, a fellow student who has received training on leadership, communication, and updated info. Your Summer 2021 GSL should be reaching out to introduce themselves this week!



#### Matters to You?

Welcome back for a new semester of school! The beginning of the semester is always an exciting time. Although, as we often hit the ground running, very soon you will quickly hear all about and be required to acclimate to what's important to others: the expectations and aims of your professors and field supervisors and the various assignments, projects, and tasks you will be given. However, to be most successful, you must have a clear vision for your own personal aims, goals, and expectations. You need to be clear on what matters to you. What matters to you matters most!

Roman philosopher, Seneca, said "Our plans miscarry because we have no aim. When an individual does not know what harbor they are making for, no wind is the right wind." Where do you want to go? How do you want to get there? And what do you need to do so?

Beyond letter grades and GPA, what are your personal aims this semester, both in and beyond school? (Hint: the more specific, the better)

#### In life:

- Why am I in school?
- How do I want to grow and develop personally?
- What matters to me?
- What are my personal priorities?

What are my personal values? (Social Work has values; what are yours?) What do I want to accomplish that I cannot accomplish through school only? What other ways, beyond school, do I want to learn and grow? What do I need to do all of this?

When so many people and things have an agenda, how can I stay connected to and living from my values, my priorities?

#### In school:

How do I want to develop professionally? How do I want to be professionally? Who do I want to be professionally? What do I want to learn or experience in each of my specific classes? What do I want to learn, do, and experience in my field placement this semester? What matters to me? What are my personal priorities for school?

What can and will I do to align my actions with my school priorities?

Reflect on these questions and any others that are important to you. For any questions that are important to you: journal, take notes, make lists, create a vision board, do whatever is good for you to get clear on your aims and moving in a personally meaningful direction.

This is your journey. Where you want to go and how you want to get there matters. You matter!

Cheers to a great semester!

Craig Keaton,





. . . . . . . . . . . .

If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams! . . . . . . . . . . . . .

# START OFF ON THE **RIGHT FOOT...**

#### **Relax With A Webinar**

Take time to chill with help from Counseling and Psychological Services' on-demand webinars on progressive muscle relaxation.



# IMPORTANT DATES FOR SUMMER SEMESTER

#### SUMMER 11 WEEKS 2021

- Apr. 5 Registration begins for Summer 2021 & Fall 2021 terms
- Jun. 6 Registration Ends for Summer 11 Weeks
- Jun. 7 First day of classes
- Jun. 7 Late registration
- Jun. 8 Late registration
- Jun. 24 Census Date
- Jul. 5 Independence Day Holiday Observed
- Jul. 22 Last day to drop classes; submit requests to advisor prior to 4:00pm
- Aug. 12 Last day of classes
- Aug. 16 Final exams
- Aug. 17 Final exams
- Aug. 18 Commencement ceremony



#### Kenya Literacy Walk/Run

Join the race for literacy! If you want something family friendly to do this summer that will support a lovely cause, check <u>this</u> out. It is virtual so anyone around the globe can join. You will be supporting literacy for kids in Kenya.



## VIRTUAL EVENTS OF THE WEEK



#### June 28 - 29, 2021 REGISTRATION NOW OPEN

witually and will offer presentations, small group entrustrike, and exclusions to 500-youth-serving The goal of the Summit as to increase knowledge, skills, and autilities among youth-serving professions who provide services and support to addisport. We will cover summer hybrid and and entrustrike the will cover summer hybrid and and entrustrike the substrike youth deploy the quality components of any through the stages of addreservices we also include an update on the institu TEKS treasers.

End used that a holomation on teen pregnancy, which the latest holomation on teen pregnancy, and a stricture of the latest showledge base and skills of attricture. Increase participant knowledge regarding evidence and to matcain underswerd addressoriti wing in contri Texas. Increase participant control and addressoriti wing in contri Texas. Increase providing addressoriti and child are not to subcer innovative programs of each effet hy and next in youth and young additivations to crease in the work of and discussion of the subentities who are directly affected by addressorit each addressories and addressoriti by addressoriti each addressories and addressorities and addressoriti each addressories and addressoriti by addressoriti each addressories and addressoriti by addressoriti each addressories and addressoriti by addressoriti each addressories and addressorities and addressoriti each addressories and addressorities and addressorities and addressorities address

HE AUDIENCE:	
Social Workers Counselors Teachers Community Health Workers	Public Health Professionals Non-Profit Staff Medical Providers and Clinicians
EGISTRATION INFO	RMATION:
\$50 Registration (2-1	

SPONSORSHIP INFORMATION: • \$1,000 Gold Sponsor • \$500 Materials included in dottel event ban dottel event ban

CONTINUING EDUCATION: • Continuing education creat for multiple disciplines will be provided for the event: EVENT SUPPORTERS: UNT DALLAS

OAmerigoup Campaign

#### d continuing disparities in reproductive https://txcampaign.o munities within Texas.

# Wednesday, 2-3pm Regina's Inspiration Station

Come visit with me about your challenges, hopes, inspirations, ideas for the programs, and your career plans. This is an open mentoring hour for us to chatabout whatever you like! Beginning June 16. Join Microsoft Teams Meeting

# COURSE REGISTRATION

- Registration is still open for summer. Fall registration is also open.
- When searching for classes, be sure to select the correct term. MyMav may default to 2218 (Fall). 2215 is Summer.
- Course Modalities will belisted under Course Attribute in MyMav. More information about each modality can be found <u>here</u>. Here are some examples:
  - Online 1: Asynchronous
- Online2-Synchronous (live virtual class during times listed)

 Hybrid (Combination of faceto-face and live virtual class)

Course Attribute	Days & Times
DNLINE1	ТВА

Course Attribute Days & Times

Course Attribute Days & Times HYBRID2 TuTh 2:00PM -3:20PM





#### **Emergency Rental Assistance Program**

The Neighborhood Services Department is offering an Emergency Rental Assistance Program (ERAP) to Fort Worth residents who have been impacted by COVID-19. <u>Click Here to</u> <u>Apply for Emergency Rental Assistance</u>.

Our Friends Place is looking for a marketing/social media person for an entry level position in the non-profit community.

Crisis Counselor <u>Position</u> Open -Bilingual (English/Spanish) (Part Time TX, FL) at **Crisis Text Line** 

# VOLUNTEER OPPORTUNITY



July 12th - 16th 8am - 5pm | YMCA Camp Carter

# **Volunteers Needed**

Using our Carlie: Urew this summer for a run, and impacting work at Camputake, is weell long day camp for children who have a lowdo one impacted by context, whe have spot for a variety of Volunteer roles including; check in help each day. DARE Grew Landers and our set up(tear-town trew. CARE Grew Landers are responsible for safely leadin compare through their daily camp activities. CARE Grew Landers help to lead various activities that will increase comper skills, encourage a group outfurs that is fun and activities that will increase comper skills, encourage a group outfurs that is fun and

For more information, contact: Tori Mudge, Volunteer Coordinator tori@cancercareservices.org 817-921-0653 Ta Register, scan the QR Code using the ca your smart phone or device

and at Pan

CARE



VISIT US AT WWW.CANCERCARESERVICES.ORG OR FACEBOOK.COM/CANCERCARESERVICES Part Time Social Work Jobs at TX Department of Family and Protective Services

Have you ever considered working in social services but don't have the experience?

Do you want to earn some extra money?

Are you a college student looking for a part-time job?

DFPS is partnering with Goodwill Industries to hire parttime, contracted staff to work with children and youth who are waiting for a foster home or other placement. If you can pass a basic background check and are at least 21 years old, contact the Goodwill in vour area. Children can vary in age, but primarily the population that will be worked with is children that can range from 10 to 17 years of age. Responsibilities of the position include assisting the DFPS caseworker with monitoring children and ensuring needs are met during their office or community location stay to include: safety, food, hygiene, education and entertainment and/or recreational activities.



×.

j

j

10

10

10

÷.



#### Expanded COVID-19 vaccine opportunities include on-campus availability

UTA has established a partnership with OptumServe to provide all interested employees and **students access to COVID-19 vaccines at a convenient oncampus location and free of charge.** UTA students and employees are strongly encouraged to participate in COVID-19 vaccinations if they are able. Please visit the UTA <u>COVID-19 Vaccination Information and</u> <u>Resources</u> page to access registration links and instructions for both vaccine opportunities.

#### UTA Continues Protocols to Protect Campus Community

We would like to update the UTA campus community on the new <u>executive order</u> from Gov. Abbott that prohibits government entities from mandating face coverings. Since Friday, May 21, UTA no longer mandates the wearing of masks on campus. This action comes on the heels of the CDC's updated guidance that masks are optional for those who are fully vaccinated. Read the <u>announcement</u>.



If you believe you have contracted COVID19, please type in **'COVID-19** Testing' and your zip code into the Texas Health and Human Services to find a testing location closest to you



Dean Ryan's Statement on COVID-19 Health Disparities



#### Have you tested positive? Had close contact with someone with Covid?

- 1. Complete mandatory reporting form
- 2. If needed, you can:
- Ask professors for deadline leniency
- Contact your <u>USL</u>, Program Director and/or Aca demic Advisor for a dditional support and guidance.

#### MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)



# RESOURCES 8



"Respond intelligently even to unintelligent treatment." - Lao Tzu

(817) 272-2135