



UNIVERSITY OF
TEXAS
ARLINGTON

SCHOOL OF
SOCIAL WORK

BACHELOR OF SOCIAL WORK



WEEKLY UPDATE

July 5, 2021

SOCIAL JUSTICE SPOTLIGHT

Advocacy Alert!

The advocacy fight to keep anti-discrimination language in the Social Work Code of Conduct continues and we need YOUR help!

Social work voices across the state and nation helped the Behavioral Health Executive Council (BHEC) retain anti-discrimination language regarding disability, sexual orientation, gender identity and gender expression in the Social Work Code of Conduct in October 2020. Now, the fight continues after the Texas Attorney General issued a nonbinding legal opinion on June 14, 2021 that states the Texas State Board of Social Work Examiners (TSBSWE) may not adopt a Code of Conduct more expansive than the non-discrimination clause currently in our statute. This strips protections for disability, sexual orientation, gender identity and gender expression and destroys the statutory authority of TSBSWE to set the ethical standards for the profession. [READ THE NASW TX TALKING POINTS.](#)

What Can You Do?

We need as many voices as we can get to ask TSBSWE to adhere to the NASW Code of Ethics and maintain anti-discrimination language in the Code of Conduct.

It is vital that we show TSBSWE that social workers will not stand for changes to the Code of Conduct by the Governor of Texas!

We need your advocacy in this fight. [Check out the NASW advocacy page](#) for more background info, additional resources, and letters from various legislators and other groups to give you a brief overview of the background on the issue and our advocacy strategy. Read more [here](#)



Keep The Texas Social Work
Code of Conduct Intact



Don't Mess with
Texas Social Workers.



#StandWithTXSocialWorkers

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Virtual Support Groups

Who may participate:

Must be 18 years of age or older
Individuals affiliated with UTA (students, faculty, staff, etc.)—each group has their own selection criteria (i.e. *students only*)

At this time, ***we are not serving students from the School of Social Work*** to maintain HIPPA and FERPA standards.

These students will be connected with resources and university personnel to best serve their needs.

Individuals who have been referred to the SSW Virtual Clinic and reached out through the email:

SSWCOVID19HELP@uta.edu

Rental Assistance


Rental assistance is available for up to 6 months through Arlington Housing Authority for Arlington residents who are behind on their rent due to the pandemic if they meet certain criteria such as income, need is directly related to the pandemic, currently behind on rent, and a few others. Apply here:

www.arlingtonhousing.us

Announcement




Brooke Troutman, our UTA social work librarian, is leaving UTA to pursue another opportunity. As we await their replacement, students can reach out to socialworklibrarians@uta.libanswers.com for assistance.




Interested in joining a Veteran and Military Connected group or chapter? The MAV VETS are here to give you support and encouragement to help navigate college life!



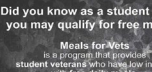
CONNECT WITH US ON SOCIAL MEDIA

Instagram: [TAVETS](#) Facebook: [TAVETS](#)

Did you know as a student veteran you may qualify for free meals?




Meals for Veterans
 is a program that provides student veterans who have low income with free daily meals.

Getting through school is hard enough without the stress of not having the ability to afford to eat. Meals for Veterans is a program at the University of Texas at Arlington where participants go to make sure you can get a meal to help keep the stress away.


To qualify:

- Must have served at least 180 days National active duty
- Provide proof of income less than \$14,000
- Provide proof of all household income and benefits
- Meet low income qualifications

To learn more and apply, email: james.kennedy@uta.edu



**UNIVERSITY OF TEXAS
AT ARLINGTON**
MILITARY AND VETERAN SERVICES



**MEALS FOR
VETERANS**

COURSE SPOTLIGHT

New Class Alert!
SOCW 4350:
SPECIAL ISSUES IN
SOCIAL WORK
Relationship Violence & Sexual Assault
Prevention Program: Peer Advocacy

SOCW 4350 is designed for students who are passionate about sexual and relationship violence prevention, crisis interventions, and advocacy efforts for victims and/or survivors. Students will engage in curriculum through a trauma-informed and social justice lens, while learning directly from campus and community leaders who advocate and serve survivors.

Students who pass the course will have the opportunity to interview for paid, part-time RVSP Peer Advocate positions!
Questions? E-mail Jessica.Sanchez@uta.edu

For Fall 2021 semester,
SOCW 4350 will be offered
in-person Thursdays from
2:00-4:50PM.

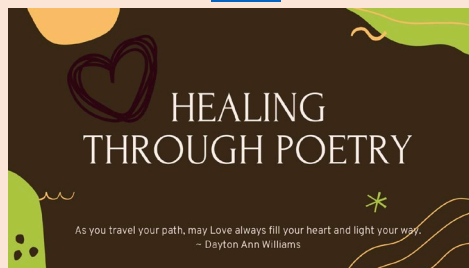


STUDENT ORGANIZATION SPOTLIGHT

Spirituality & Social Work

Our organization would like to showcase a student's piece from our 'Expressions of Resiliency' Virtual Art Show. Please check out Dayton Ann Williams' video submission of her poem 'Healing Through Poetry'

below.



YOU MATTER

Hi Everyone,

My name is Sarah Herrera, and this is my first You Matter post. Before I start hyping you up, I'd like to take a second to introduce myself. I am a doctoral student in the School of Social Work, and I am on Dr. P's research team. I'm also a clinical social worker with experiences in various social work fields. I'm honored to contribute to You Matter because it revolves around what I focus on in research in practice: student wellbeing. My commitment to you all is that I will write this from the heart. I will never tell you what you "should" do. I'll offer you my viewpoints not in hopes that you will always agree with me, but that you will take the time to consider the topics within the context of your own life. So, with all that laid out, let's move on to why we're really here...my cat Fredrick.

Fredrick is my only cat. He's short-haired, black, and happens to have 3 legs. Out of all of his qualities, the one I love most is his awareness. He knows exactly what's about to happen when he hears the metal can of cat food open. He can sense Olive (our outdoor cat) on the patio without even looking. And often, he can sense when I'm feeling anxious even before I'm willing to admit it.

I had my first panic attack as an undergrad, but I didn't know that at first. After a couple of trips to the ER, a very compassionate nurse whispered to me, "Have you thought about seeing a therapist?" That first time thinking about my mental health. Like, *ever*. Yes, I would feel all the symptoms of anxiety, but I ignored them so often it felt like panic attacks came out of nowhere.

I went to therapy and started to grow my self-awareness. I learned to check in with myself daily and really listen to my body and what it needed that day. Eventually, my panic attacks faded, and I thought, “I’m cured.” I began to slack off on my self-awareness routines and everything was fine again. Fast-forward to my MSW experience. The first semester in, my panic attacks “came out of nowhere” again. I had the realization that this isn’t going away, and I needed to plan past my panic attacks ending.

That same semester, my husband and I adopted Fredrick. I would watch him nap in his favorite spots, demand cuddles when he wanted, and go outside to watch the birds when he felt like it. He lived his life based on what he needed in that moment. I tried living like Fredrick. I went back to asking myself daily, "Where are my energy levels today?" "What are my priorities?" "What can I let go of today?" Those questions led me to things like going to niece's birthday party on the same day an assignment was due. I also started having weekly date nights with my husband. And even though in the back of my mind, I was sure I was going to flunk out of my MSW program, life started getting better. I had more energy for my work because I was participating in life-giving activities. For the first time in my life, I felt like I was *thriving*. Don't get me wrong, life isn't perfect. I still struggle with anxiety, but it's finally easier to recognize. I shared my symptoms with my friends and family so they know when it's time to talk to me, even if I haven't realized it. This of course, includes Fredrick. He seems to know when my thoughts are racing and my body is more tense. Any time he comes to cuddle with me during the day it's a gentle reminder to let go of my anxious thoughts. I hope you all can consider two things from my experience. First, how are you going to continue strengthening your self-awareness? And second, have you found a Fredrick in your life that can remind you to check in with yourself? School matters, but you matter more.

-Sarah H.

If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!





ADVISING

- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!
- **If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour.** Please check advising appointments every Monday when new availability opens up for the coming weeks.

Keiana Tuesday 12:00-1:00 [Click here to join the meeting](#)
 Mark Wednesday 12:00-1:00 [Click here to join the meeting](#)
 Valerie Thursday 11:00-12:00 [Click here to join the meeting](#)

BSW Academic Advisors:

- Last names A-C: Valerie Adame – adamev@uta.edu
- Last names D-Me: Mark Frazier – mark.frazier@uta.edu
- Last names Mi-Z: Keiana Crain – keiana.green@uta.edu

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Missed the Social Work Licensing Info Session? [Here](#) is a link to the recording!**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Are you graduating this semester with a 3.0 or higher and hoping to start the MSW program this fall? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu



FIELD PLACEMENTS

General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor III, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Wednesday of the month from 3:00-3:30. [Click here to join the meeting](#)

Summer

- **The reduction in Field Hours has been extended to May 31, 2022 Spring 2022 semester. Find more information regarding Summer 2021-Spring 2022 Field accommodations [here](#).**
 - Block students must complete a minimum of 408 hours for Summer 2021
 - Split students must complete a minimum of 204 hours for Summer 2021
- The Block Field 14-week Summer Session & Split Field 11-week Summer Session dates have been updated on the [Field website calendar](#)

Fall

- **The Fall 2021 Field Application closed June 4th. No late applications will be accepted.**
- Fall Field placements are currently being assigned based on the order in which field applications were submitted. If you have a question, please contact your field advisor.

Spring 2022

- The Spring 2022 Field Application opens Oct. 01 – Nov. 26, 2021. These dates are subject to change. See the full Fall 2021 Field Education Calendar [here](#).
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).

IMPORTANT DATES

SUMMER 11 WEEKS 2021

- Jul. 22 - Last day to drop classes; submit requests to advisor prior to 4:00pm
- Aug. 12 - Last day of classes
- Aug. 16 - Final exams
- Aug. 17 - Final exams
- Aug. 18 at 7pm – SSW Commencement Ceremonies at College Park Center (on UTA campus)

COURSE REGISTRATION

- Fall registration is open.
- Courses marked "BSW Online Students ONLY" are restricted to students in the fully online BSW program. For current BSW students, the fully online program is only available to students who live 50+ miles from the UTA campus. For questions about the BSW Online, please contact velvet.denny@uta.edu

21-Day Challenge

The [Arlington-Mansfield Area 21-Day Challenge](#) encourages daily actions to learn more about racial equity, promote unity, and combat divisiveness in our communities.



VIRTUAL EVENTS

NASW's Congressional Advocacy Day

Please join us on **July 22** to advance critically important congressional legislation that will strengthen the social work profession and the clients they serve. This is a key opportunity to meet with your congressional delegation, educate them about the value of social work and social workers, and to gain their support for priority legislation. To register for the event, please click [HERE](#). Registration is \$25. Space is limited, so please register early. Participants will be able to register on a first-come, first-served basis.

Featured Webinar: "When It is Darkest: Why People Die by Suicide"

CAMS-care will sponsor a webinar presentation featuring Dr. Rory O'Connor! Rory will be talking about his new book and innovative IMV model of suicide. Join us live on **Wednesday July 14** at 12 PM Eastern time (U.S.).

Register [here](#).

BSW Orientation

If you are a new student and have not already attended BSW Orientation, please mark your calendar to attend this **mandatory School of Social Work orientation from 12-5pm on Friday July 9th**. It will be recorded and made available for students who are unable to attend live. BSW Orientation is different from the university-wide transfer or freshman orientation and is full of information and resources to help you be successful and learn the ropes of the program. It is required to transition to the BSW Major.

GRADUATION

- The deadline to apply to graduate passed on July 1. To apply late, contact your advisor ASAP.
- There is an additional \$60 late application fee.
- SSW [commencement ceremony](#) tentatively scheduled for **August 18 at 7pm at College Park Center**
- The Virtual Ceremony is to be held on Saturday, August 21, 2021.
- Guest ticket info: Click [here](#)

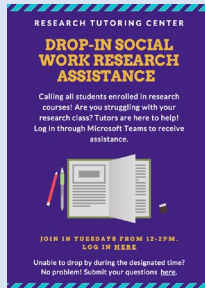
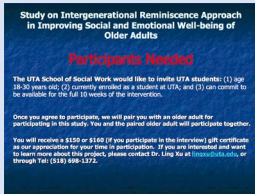
- Are you an NASW student member graduating in August? Be sure to request your [graduation cord](#) before Friday, July 16. Not a member yet? You can join NASW before you graduate for only \$60 and receive a discount on your membership dues for the next two years if you retain active membership. Click [here](#) for more information.



RESEARCH

Social Work Course Guides

Student Research Opportunity Center



Historic Black communities

Fort Worth Star-Telegram reported on a group of UT Arlington students and faculty that is helping historic Black communities facing steep challenges. Read more [here](#)



FUNDING

Scholarships

Fall scholarships are open and close on July 9th. Visit the [ScholarShop](#) to search scholarships you might qualify for.

Wells Fargo Veterans Scholarship Program

Provides scholarships to fill unmet financial need of veterans after military benefits and other grants and scholarships have been packaged by their school. Apply [here](#). **Deadline is July 8.**

The Colonel Michael T. Phillips Endowed Scholarship

Open now – July 6, 2021 for fall 2021 awards. This scholarship is available to full or part time students, and can only be granted for two semesters. Must provide current active military reserve identification. Please login to [Mav ScholarShop](#) and start your application today.



CONGRESSWOMAN
BETH VAN DUYN
REPRESENTING THE 14TH DISTRICT OF TEXAS

Congresswoman Beth Van Duyne invites you to the

NORTH TEXAS JOB FAIR

July 15 | 1pm - 6pm

Irving Convention Center

[MyNTXJob.com](#)

PARTICIPATING BUSINESSES

Abbe Staffing ABM Albertsons Amazon Amazon Web Services (AWS) American Airlines Antoni's African Cuisine Associa Babe's Chicken Bell Helicopter Ben E. Keith Company Billingsley Company Blue 22 Sports Grill Bureau of Prisons Carrollton Community Hospital Carrollton Police Department Carrollton Farmers Branch ISD Central Market Cheslea Hall Chick-fil-A Christian Brothers Automotive City of Colleyville City of Dallas - Department of Aviation - Love Field City of Hurst City of the Colony Coca-Cola Southwest Beverages Cognizant Colleyville Police Department	Comfort Suites Commercial Metals Company Co-part Costa Cado Costa Vida Dental Dimensions DFW Airport Dick's BBQ Envoy Air Fast Signs Feed Store BBQ Five Star Subaru of Grapevine Fort Worth ISD Freese and Nichols, Inc. Frito Lay Fusion Academy GallantFaw Gina Godsey Real Estate Glorias Latin Cuisine Goosehead Insurance Grapevine Colleyville ISD Harmony School HBISD Holt Caterpillar Home Care Assistance Hotel Via Hourly Recruiting Specialist Inspired Wings Fashion	Irving Fire Department Jason Ridley Agency LLC JMJ Development Judy Pie JW Construction Karim Ali CPA Kasal Hibachi Sushi & Bar Kryia Hotels Kroger Lone Star Park LSO Sky Clubs Mac's on Main Mary Kay Massage Envy Mathnasium McCallister McKesson ModularDesignsPlus Mooyah Burger Move Solutions My Health My Resources- of Tarrant County NAPA Auto Parts NFI Industries Northwest ISD Oak Street Food & Brew Pack Auto Group Prospect Air Walgreens Walmer Global Tech Ward Architecture PLLC Western Extrusions	QuickTrip RaceTrac Rally House RBF Credit Union RealPage Republic Services Right at Home Sido Laser SelfMarketing Six Brothers Beef Smoothie King Starbucks Texas Association of Sports Officials Texas Rangers Baseball Club TLE Childcare Tom Thumb Toyota TSA TXDOT TXL Logistics U.S. District Court, Northern District of Texas Uline Unique Landscaping Vierra Corp Walgreens
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STAY SAFE

Expanded COVID-19 vaccine opportunities to include on-campus availability

UTA has established a partnership with OptumServe to provide all interested employees and **students access to COVID-19 vaccines at a convenient on-campus location and free of charge.** UTA students and employees are strongly encouraged to participate in COVID-19 vaccinations if they are able. Please visit the UTA [COVID-19 Vaccination Information and Resources](#) page to access registration links and instructions for both vaccine opportunities.

FACE MASK POLICY

UTA no longer mandates the wearing of masks on campus but continues to strongly encourage and recommend that Mavericks wear masks, particularly when inside campus buildings.

For the latest updates on UTA's response and guidelines for COVID-19, please visit the [Coronavirus Information Page.](#)"

KNOW YOUR STATUS

No cost & confidential HIV testing

CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 682-478-6965
EMAIL: TYLERB@MMHRTC.ORG

Dean Ryan's Statement on COVID-19 Health Disparities



If you believe you have contracted COVID19, please type in 'COVID-19 Testing' and your zip code into the Texas Health and Human Services to [find a testing location closest to you](#)

Have you tested positive? Had close contact with someone with Covid?

1. **Complete mandatory reporting form**
2. If needed, you can:



- Ask professors for deadline leniency
- Contact your [USL](#), Program Director and/or Academic Advisor for additional support and guidance.

MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](#)



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



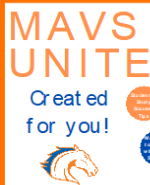
Visit [uta.edu/caps](#) for more information

UTA is a...
COMMUNITY THAT CARES



[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)



Check Canvas
for the MavsUnite Page!
To add please e-mail:
[Chantinia Chansler](#)

[SAR Center](#)

(Formerly Office of Students with
Disabilities)

MEAL DISTRIBUTION

Boys & Girls Clubs of Greater Tarrant County
will be distributing meals, food and snacks.
Outside meal distribution will occur Monday - Friday 4:00-5:30pm

Distribution Locations

Eastside Branch 4851 Ramsey Ave Fort Worth, TX 76105	Main Branch 808 North Elm St. Arlington, TX 76011
Murkin Branch 3123 Avenue G Fort Worth, TX 76105	North Branch 2000 Ellis Ave Fort Worth, TX 76104
Parthen Branch 1500 Hampshire Fort Worth, TX 76104	

All Are Welcome!

- Meals available to any child ages 18 years or younger (maximum of 10 per household).
- Meals will be distributed as long as food supplies last.
- Each family is to receive individually packaged meals and snacks available to be organized.
- Meals are available starting resources provided with each meal.

Contact Us!

For more information or questions contact:
Lafayette Ricker
L.Ricker@tarrantcountytx.gov

First Come, First Served!

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)

Texas Health and Human Services
COVID-19 Mental Health Support Line

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**

TEXAS Health and Human Services

DREAMERS WELCOME

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)

[Social Work Webinars List](#)

[Basic Function of Teams](#)



Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP
a loved one,
a friend,
or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

Learn the Warning Signs.

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Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

[UTA/Tri-C Food Pantry Distributions](#)

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Safiyah Ricks: rdr0162@mavs.uta.edu



**SCHOOL OF
SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-3613

"Do not get lost in a sea of despair. Do not become bitter or hostile. Be hopeful, be optimistic. Never, ever be afraid to make some noise and get into good trouble, necessary trouble. We will find a way out of no way." --Former US Rep. John Lewis (2/21/40 - 7/17/20)

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