This page contains various pieces of information related to the University of Texas at Arlington (UTA) School of Social Work. Here is a breakdown:

1. **Free Windows Apps with Student ID**
   - SAR Center
   - Evidence-Based Research Guide
   - UTA Academic Calendar

2. **Student Center**
   - If you do not know who your assigned USL is, you may email Kimberly Jimenez.

3. **Academic Calendar**
   - Please reach out to Dr. Allison Tomlinson, LCSW-S, the Director of Undergraduate Programs at UTA's School of Social Work.

4. **Drop-in Advising**
   - Questions are welcome, no appointment needed.
   - Need to meet with an advisor but there's no upcoming appointment available? Drop-in advising is available.

5. **Self-Compassion**
   - Love and Light,
   - Self-compassion has also allowed people to make changes and reach more goals.
   - You have probably heard someone say the phrase, "no one can be any harder on myself than I am" during a time when the proverbial "mark" was missed.
   - By practicing self-compassion, we give ourselves what we need emotionally and allow ourselves to take care of our friends and loved ones, yet we hold ourselves hostage for what we perceive as our own "failures".
   - The practice of self-compassion towards oneself is the act of practicing kindness and understanding towards oneself when experiencing failure, suffering or an inadequacy.

6. **Field Placement**
   - These aspects of civility allow us to make intimate connections and build relationships.
   - The University of Texas at Arlington campus is founded to help us remember to treat others the way we wish to be treated ourselves — civil to others is what makes the world a whole lot better and is the key focus of National Civility Month.

7. **SSW Licensure**
   - Field Advisor Monica Brown
   - Field Advisor Cindy Bassey
   - Email: Vanessa.Caraveo@uta.edu
   - Email: Dimekia.Hicks@uta.edu

8. **SSW Undergrad Orientation**
   - Access the virtual asynchronous SSW Undergrad Orientation "Map for the Journey".
   - Email: Sharon.Martin@uta.edu

9. **Licensure**
   - Learn about the LBSW or LMSW licensing exam, and how to prepare for it.
   - Field Placements
   - Success and Advising Course
   - There's lots of great updated information about the LBSW or LMSW licensing exam, your BSW or BSSUT Major Declaration, and more. Visit this page on Canvas—Check it out!

10. **Student Employment**
    - The Student Employment Office is located within the Career Development Center on Suite 180S, Arlington, TX 76019. Our office is open between 8:00 am – 5:00 pm, Monday – Friday, excluding holidays and breaks.
    - Student Employment does not assign jobs to students.
    - UTA Student Employment refers to on-campus student work opportunities, as well as student employment opportunities at the university.
    - Student Employment ensures job placements based on students' skills, needs, and interests. By participating you'll gain a better understanding of your values and work ethic.
    - Follow UTA School of Social Work on:
        - Facebook
        - Instagram
        - Twitter
        - LinkedIn
        - Email: studentemployment@uta.edu

11. **When We Walk By**
    - When We Walk By: Forgotten—when we choose to walk past and ignore someone in need, we lose something in ourselves and as a society.
    - We are losing our humanity. Readers Learn:
        - 1). Why our brains have been trained to be wrong about housing insecurity.
        - 2). How the lack of policies to combat homelessness can make it worse.
        - 3). How the pandemic has exacerbated poverty.
        - 4). What relational poverty is, and how to overcome it.
    - Desmond's America: a must-read guide to understanding poverty in America.
    - Wilkerson's Ghana: a must-read guide to understanding poverty in Africa.
    - When We Walk By is a must-read guide to understanding poverty in our communities.

12. **Contact Information**
    - Email: Monique Lawson, GSL Intern
    - Email: Angie Ruvalcaba
    - Email: Dental Hicks
    - Email: kxj6364@mavs.uta.edu
    - Email: mic3786@mavs.uta.edu
    - Email: mxg8550@mavs.uta.edu

13. **UTA Resources**
    - Visit this page to find your advisor's email and ask any questions.

14. **CAPS**
    - The Student Health Center provides services such as medical care, counseling, and student employment.
    - www.utahawks.com

15. **University of Texas at Arlington**
    - Learn about the university's history, campus life, and upcoming events.
    - www.utahawks.com