



# WEEKLY UPDATE

## August 16, 2021

### SOCIAL JUSTICE SPOTLIGHT

#### World Humanitarian Day August 19, 2021

“This day was designated in memory of the 19 August 2003 bomb attack on the Canal Hotel in Baghdad, Iraq, killing 22 people, including the chief humanitarian in Iraq, Sergio Vieira de Mello. In 2009, the United Nations General Assembly formalized the day as World Humanitarian Day (WHD). Each year, WHD focuses on a theme, bringing together partners from across the humanitarian system to advocate for the survival, well-being and dignity of people affected by crises, and for the safety and security of aid workers. This year, we highlight the immediate human cost of the climate crisis by pressuring world leaders to take meaningful climate action for the world’s most vulnerable people.”

[Join #theHumanRace](#)

Run, ride, swim, walk or do any activity of your choice for a cumulative 100 minutes between August 16 and August 31 in solidarity with vulnerable people and to tell world leaders that they expect developed countries to deliver on their decade-old pledge of \$100 billion annually for climate mitigation and adaptation in developing countries.

Read more here: <https://www.un.org/en/observances/humanitarian-day>



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## STUDENT ORGANIZATION SPOTLIGHT



Want to grow your skills as an advocate and servant leader? Apply for UTA Volunteers and put advocacy into action.

UTA Volunteers is a group of passionate students that plans and implements volunteer and community service programs for UTA and the surrounding community. Our purpose is to promote active citizenship and strengthen our community by creating a role for students to become involved in community service and provide tools and resources to the UTA community by building advocacy and servant leadership skills.

Learn more about us [here](#).

## BSW Director Leadership Transition

Dear BSW Mavericks,

What self-care strategies feed your soul? For me, spending time with loved ones is a vital component of a balanced life, and it's something many of us didn't get to do enough of during the pandemic. For me, the shifting norms around working remotely presented my family with an opportunity to move back home to Arizona, closer to family, lifelong friends, and the beautiful mountain hikes that "fill my cup".

Although it has been an honor and a privilege to serve you as Director of Undergraduate Programs, my decision to move away from DFW means that we need to transition my administrative responsibilities to someone who can be there for you in person moving forward. Thankfully, I will be staying on with the SSW as a full-time remote faculty member, transitioning back to focusing on what I love most, teaching!

With that said, I am pleased to "introduce" you to the new Director of Undergraduate Programs, my esteemed colleague Dr. Allison Tomlinson. She has been training with me this summer and will fully assume the leadership role now that the fall semester is gearing up. Please join me in welcoming Dr. Tomlinson to this new role, and I hope to see many of you in my online classes in the Fall and beyond! She will share a welcome message next week. My virtual door remains open and I look forward to continuing to mentor and serve students in my "regular" professor role.

Thank you for your patience and flexibility during this transition process and I wish you all the best in your journey to becoming a social worker!

-Karen Magruder



## YOU MATTER

### Environment

Reflecting social work's person: environment framework, the environments we find ourselves in can exert a powerful influence on our health and how we feel. *Negative and "unpleasant" environments* have a significantly negative impact on our mood and emotions and physical health and well-being, including increases in stress, anxiety, depression, and a wide range of illnesses. In contrast, *positive environments* promote relaxation, release stress, reduce a spectrum of negative emotions, enhance immune and cardiovascular function, relieve pain, restore attention, support peace and calm, and lead to greater connection with others and heightened feelings of community.

***The most consistently positive and healing environment appears to be nature.***

What does it mean to be in a nature environment? Wonderfully, that's all up to you! Nature environments that are proven to be healing range from nature walks and sitting outside without technology, to having a view of nature from your window at work, a plant in your room or office, even a wall painted green.

Therefore, you may find nature healing by taking some technology/distraction-free time outside, a neighborhood walk, opening the blinds and working next to your open windows, gardening, even taking care of an indoor plant, or other experiences that feel like nature to you! Ultimately, explore what nature means to you, intentionally spend time with it, and be renewed!

*Craig Keaton*

MSW | Doctoral Student | Adjunct Professor

*If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!*





## ADVISING

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, [click here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- **If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour.** Please check advising appointments every Monday when new availability opens up for the coming weeks.

Mark Wednesday 12:00-1:00 [Click here to join the meeting](#)  
 Valerie Thursday 11:00-12:00 [Click here to join the meeting](#)

### BSW Academic Advisors:

- Last names A-C: Valerie Adame – [adamev@uta.edu](mailto:adamev@uta.edu)
- Last names D-Me: Mark Frazier – [mark.frazier@uta.edu](mailto:mark.frazier@uta.edu)
- Last names Mi-Z: Patrice Green- [patrice.green@uta.edu](mailto:patrice.green@uta.edu)

**Keiana Crain is no longer with UTA. Until her position is filled, please contact Patrice Green**

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

## MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact [leslie.reyna@uta.edu](mailto:leslie.reyna@uta.edu)



## FIELD PLACEMENTS

### General

- **All students, agencies, and Field Instructors should use this URL for InPlace: <https://inplace.uta.edu/>**
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

### Summer

- The last day to earn hours is August 17<sup>th</sup>

### Fall

- **The Fall 2021 Field Application closed June 4<sup>th</sup>. No late applications will be accepted.**
- **All students have been placed.** Students should contact their [field advisor](#) if they are still awaiting placement.
- See the Fall 2021 Field Education Calendar [here](#).

**InPlace fee is due on the first day of class**

### Spring 2022

- The Spring 2022 Field Application will be open Oct. 01 – Nov. 26, 2021. These dates are subject to change. See the full Spring 2022 Field Education Calendar [here](#).
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).

## IMPORTANT DATES

### SUMMER 11 WEEKS 2021

- **Aug. 18 at 7pm – SSW Commencement Ceremonies at College Park Center** (on UTA campus)

### FALL 2021

- Aug. 25 – First day of Fall classes

## COURSE REGISTRATION

- **Fall registration is open.**
- We are continuing to review course seats and waitlists to determine if classes need to be cancelled or added to the schedule
- Courses marked "BSW Online Students ONLY" are restricted to students in the fully online BSW program. If you would like to switch into the fully online program, please contact your academic advisor and complete [this survey](#).
- For questions about the BSW Online program, please contact [david.waters@uta.edu](mailto:david.waters@uta.edu)
- If one of your courses is cancelled and you need assistance finding a different class, please contact your academic advisor



## VIRTUAL EVENTS

The [Here For Texas Mental Health Navigation Line](#) is currently seeking volunteers interested in becoming trained Mental Health Navigators! Training Provided. **Deadline August 20**

### Fall 2021 Schedule

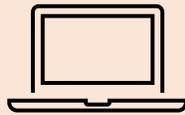
Mondays and Wednesdays | 9:00 a.m. to 1:00 p.m.

Grant Halliburton Foundation developed the Here For Texas Mental Health Navigation Line to help individuals find appropriate care for their mental health needs. The Navigation Line offers information, resources, and encouragement via telephone and email. We need volunteers to serve on the Navigation Line. Our trained volunteer navigators are equipped to help all types of callers, ranging from people seeking information and resources for themselves or others. *(Previous mental health experience is not required.)*

[Apply Today!](#)

[Questions?](#)

[Access NAVLINE](#)



Are you worried about COLLEGE-LEVEL writing assignments?

Would you like to write better essays for ANY class?

Would you like to learn the BEST writing practices to help you feel empowered about your own writing?

**Writing Boot Camp**  
**Tuesday 9/7/21-Thursday 9/9/21**  
**3:30 p.m. – 6:00 p.m. in the West Hall Classroom**  
 916 UTA Boulevard, Arlington, TX 76013, First Floor  
*(Come through the main entrance and stop at the front desk for directions.)*

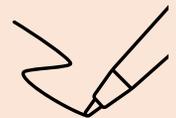
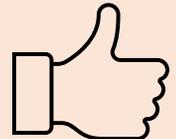
This three-day intensive workshop is for you if you want to strengthen your writing skills and understand the differences between high school and college-level writing in order to master college-level writing tasks. You will practice the following critical skills:

- Reviewing and understanding writing prompts
- Brainstorming and outlining essay ideas on a time crunch
- Structuring a paragraph to present complex ideas by using simple, easy steps
- Creating a well-organized essay by arranging main ideas and supporting points carefully
- Following MLA/APA requirements
- Identifying and correcting common grammatical errors through the editing process
- Learning how to make content revisions to improve the strength of your essay
- Participating in a small group-workshop writing process with peers and instructor guidance

**Register Today!**      **Deadline 9/3/21**

Registration Deadline: Friday, 9/3/21  
 Registration Fee: \$25  
 Registration Website: <https://uta.edu/writing/bootcamp>

**What to Bring:**  
 Don't forget your laptop or a pen and notebook, as well as a readiness to become a stronger writer!



## GRADUATION

- SSW [commencement ceremony](#) scheduled for **August 18 at 7pm at College Park Center**
- The Virtual Ceremony is to be held on Saturday, August 21, 2021.
- Guest ticket info: Click [here](#)

**Calling ALL UTA Alumni**

The Social Work Council is creating a Cap & Gown Lending Closet for future graduates at all levels.

Donate your cap & gown to The Social Work Council to help current graduates as they step across the stage. If you need a gown please contact us!

For more info contact The SWC [utasocialworkcouncil@gmail.com](mailto:utasocialworkcouncil@gmail.com)

- **Students graduating in August who wish to defer participating in commencement ceremonies until December or May can choose to do so.**



## RESEARCH

### [Student Research Opportunity Center](#)

[Social Work Course Guides](#)

## Let's talk about transportation in your community

A research team at the University of Texas in Arlington has partnered with the Texas Department of Transportation to better understand what your community values when making transportation choices.



#### CHOICE

We want learn what impacts your transportation choices.



#### IMPACT

We want to understand how transportation impacts your community.



#### RESEARCH

We will be conducting focus groups via zoom in communities across Texas.



#### PARTICIPATE

You can participate if you are at least 18 and a resident of Texas. You will receive a \$30 gift card for your time.

Contact the research team in two ways:

Visit this link: <https://jtdot-public.questionpro.com>

Want to participate in our focus groups?

Scan this QR code:



[uta.socialwork.engineering@gmail.com](mailto:uta.socialwork.engineering@gmail.com)



## FUNDING

**Hiring Immediately!**  
[Apply Here](#)

Seasonal Retail Team Member – Part-time  
**University of Texas at Arlington Bookstore**  
Department: Fall Rush Bookstore 2021  
Perks - Employee discount, flexible schedule  
Hourly Rate of \$12 Hour

### Financial Aid for new School of Social Work Distance Education Fee

The University announced recently that students charged Distance Education (DE) fees for fall 2021 online courses may be eligible for financial aid if they are facing extraordinary educational and economic challenges due to the COVID-19 pandemic. Additional information, including a University online application form, will be available after September 13 for regular session courses.

The University announcement mentioned only the \$25 per credit hour DE Fee. For students taking online School of Social Work classes, you are charged an additional \$65 per credit hour DE fee. If you are determined eligible by the University to receive financial aid for the \$25 per credit hour of the DE fee and you are a School of Social Work student, then the remaining balance of \$65 per credit hour will also be covered. This is in effect for as long as the University continues this waiver program or thru the Spring 2022 semester, whichever comes first. To coordinate with the University, further details regarding this process will be forwarded on or about September 13<sup>th</sup>.

If you are having challenges paying tuition and fees before fall classes start, it is suggested that you submit a request to the University to be on a payment plan.

If you have questions about your bill please [contact Student Accounts](#)



## STAY SAFE



### COVID-19 Testing

All students, faculty and staff coming to campus in any capacity for the fall 2021 semester **must provide a viral test** (antigen test or nucleic acid amplification test such as a PCR) **by Sept. 8, 2021.**

UTA has [a number of on-campus testing options](#) that meet the required criteria and are free. In addition, the results from our on-campus options will be automatically reported to UTA with no further action required on your part. Results from off-campus testing sites will be accepted, though you will not be reimbursed for costs. You will be able to upload and submit your COVID-19 test results from off-campus testing sites to a digital portal that will be made available to campus in the coming days. Please continue to monitor your UTA email and the [UTA COVID-19 Information website](#) for updates. Students already living or otherwise present on campus may submit their results as soon as the portal becomes available, but no later than Sept. 8. Negative results from tests conducted more than 72 hours before the portal is made available will not be accepted.

Remember, if you test positive, please follow the CDC's [isolation protocols](#) and submit the [Personal Diagnosis Form](#). UTA facilities will be made available for on-campus residents who need to quarantine.

UTA is monitoring the public health situation and will notify students of any changes to mask requirements, course modalities, social distancing, etc.

## KNOW YOUR STATUS

No cost & confidential HIV testing

CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 882-479-6965  
EMAIL: TYLERB@MHMRTC.ORG

**Dean Ryan's Statement on COVID-19 Health Disparities**



### MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

#### THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](https://TAOconnect.org)



#### THRIVE APP



Download "Thrive at UT" on App Store or Google Play

#### MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](https://uta.edu/caps) for more information

UTA is a...  
COMMUNITY THAT CARES



## [UTA Academic Calendar](#)

## [Evidence-Based Practice Research Guide](#)



Check Canvas for the MavsUnite Page! To add please e-mail: [Chantinia Chansler](mailto:Chantinia.Chansler)

## [SAR Center](#)

(Formerly Office of Students with Disabilities)

**MEAL DISTRIBUTION**

Boys & Girls Clubs of Greater Tarrant County will be distributing meals, food and snacks. Outside meal distribution will occur Monday - Friday 4:00-5:30pm.

**Distribution Locations**

<b>Eastside Branch</b> 4851 Ramley Ave Fort Worth, TX 76105	<b>Main Branch</b> 800 North Elm St. Arlington, TX 76011
<b>Marlin Branch</b> 5123 Avenue G Fort Worth, TX 76105	<b>North Branch</b> 2000 Ellis Ave Fort Worth, TX 76104
<b>Parlier Branch</b> 1500 Hampshire Fort Worth, TX 76104	

**All Are Welcome!**

- Meals available to any child ages 18 years or younger (previously 12-18 years old).
- Meals will be distributed as long as food supplies last.
- Each site has the right to accept or decline individual packaged meals and snacks available to the organization.
- Meals are available starting 4:00pm and end at 5:30pm.

**Contact Us!**

For more information or to schedule a contact:  
Lafayette Meyer  
LMeyer@bgcgt.org

**First Come, First Served!**

THE UNIVERSITY OF TEXAS AT ARLINGTON  
COUNSELING & PSYCHOLOGICAL SERVICES

## MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)  
WWW.UTA.EDU/CAPS  
303 RANSOM HALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)

Texas Health and Human Services  
**COVID-19 Mental Health Support Line**

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**

**DREAMERS WELCOME**

In Crisis?  
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

### Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)      [Social Work Webinars List](#)      [Basic Function of Teams](#)



### Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
[suicidpreventionlifeline.org](http://suicidpreventionlifeline.org)

**Learn the Warning Signs.**

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CMHS-09-1128

### Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

### UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Safiyah Ricks: [rdr0162@mavs.uta.edu](mailto:rdr0162@mavs.uta.edu)



**SCHOOL OF SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019  
Social Work Program  
(817) 272-3613

*"Every moment is a fresh beginning."*

- T. S. Eliot

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