



UNIVERSITY OF TEXAS ARLINGTON

SCHOOL OF SOCIAL WORK

## MASTER OF SOCIAL WORK



I acknowledge the grave harm brought by colonialism to this land, especially the systematic attempt to erase indigenous and African identities through violence, slavery and racist segregation laws.

Dear MSW Mavericks,

Today is my last day as your Director and I want to reiterate to you how important it has been to me to serve you. I wish you all the best and know you will do great things. I am still on the faculty and hope you won't be strangers. In the interim as you await a new Director, please remember these resources:

- MSW Map for the Journey (New course in Canvas)
- Advising and Registration Questions: [Advising and Student Success](#)
- Student Support and Mentoring: Contact your Graduate Student Leader (GSL); if you don't know who your GSL is, please email [Julie Henderson](#) or [Nicole Ferguson](#).
- Field Internship Questions: [Office of Field Education](#)
- General Questions: MSW Program Assistant [Ginger Jackson](#)

Until a new Director is identified, the Interim Director for Graduate Programs is Associate Dean Dr. [Diane Mitschke](#), MSW.

*Regina*



## WEEKLY UPDATE August 25, 2021

## SOCIAL JUSTICE SPOTLIGHT

### National Women's Equality Day August 26, 2021

The History of Women's Equality Day

At the behest of Rep. Bella Abzug (D-NY), in 1971 and passed in 1973, the U.S. Congress designated August 26 as "Women's Equality Day." The date was selected to commemorate the 1920 certification of the 19th Amendment to the Constitution, granting women the right to vote. This was the culmination of a massive, peaceful civil rights movement by women that had its formal beginnings in 1848 at the world's first women's rights convention, in Seneca Falls, New York.

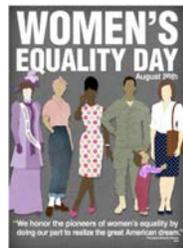
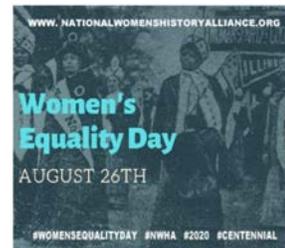
**#WOMENSEQUALITYDAY**

The observance of Women's Equality Day not only commemorates the passage of the 19th Amendment, but also calls attention to women's continuing efforts toward full equality. Continue reading [here](#)

#### Current Equality Issues

- Demanding equal pay with men and economic empowerment
- Protecting reproductive rights, including both access to birth control and abortion
- Equal opportunities in the workplace and education
- Eliminating suppression, oppression and violence towards women
- Raising awareness of gender-based discrimination and stereotyping

Source: <https://nationalwomenshistoryalliance.org/resources/commemorations/womens-equality-day/>



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# STUDENT ORGANIZATION SPOTLIGHT

## JOIN UTA VOLUNTEERS



# Apply Now!

## Deadline September 3rd

Want to grow your skills as an advocate and servant leader? Apply for UTA Volunteers and put advocacy into action.

UTA Volunteers is a group of passionate students that plans and implements volunteer and community service programs for UTA and the surrounding community. Our purpose is to promote active citizenship and strengthen our community by creating a role for students to become involved in community service and provide tools and resources to the UTA community by building advocacy and servant leadership skills.

Learn more about us [here](#).

### Calling All Health Social Work Students!

Health with Hearts is currently looking for officer Candidates for Fall 2021. The following positions are available: Vice-President, Secretary, and Community Liaison.

Health with Hearts is a student lead organization building community and connection for Social Work students in the Health Care field. We engage in community outreach and volunteering. We provide our members with a chance to network and learn from the experts in our field.

We understand the strain and busy schedule that comes with being a grad student so, our goal is to host only 2-3 high-value activities per semester. The officer team meets to plan and coordinate the activities. Meeting times/dates are based on consensus of the officers.

If you are an eager social work student with a health focus who wants to gain knowledge, network, and empower peers, consider leadership.

Submit your interest to Diana DiCesare ([diana.dicesare@mavs.uta.edu](mailto:diana.dicesare@mavs.uta.edu)) by August 30th. Include your name, time in the MSW program, expected date of graduation, and the officer position you are interested in holding. I'm looking forward to hearing back from you and remember, leadership always looks great on a resume and is a good talking point with future healthcare employers!



## YOU MATTER

Hi Everyone!

Welcome back to another semester in the School of Social Work! If you're new here, welcome for the first time! We are so glad to have you! If this is your first time reading the weekly newsletter, the You Matter section is here because...well, YOU MATTER!

This newsletter has essential reminders and helpful information needed to progress toward your degree. The "You Matter" section has a similar goal. We (Craig and Sarah) will discuss crucial social work practice/education and wellbeing. We discuss self-care throughout any social work curriculum, but sometimes it doesn't sink in until we have those deeper conversations with ourselves.

Craig and I are truly passionate about creating a community of care and challenging society's current work ethic. Though we will never tell you what you "should" do, we do invite you to challenge your perspectives. If you'd like to talk further about any of our posts, we will meet in the courtyard in the middle of the social work buildings on the **first Wednesday of every month from 11:00 AM – 12:30 PM**.

So, with all of that being said, it feels a little disingenuous to fill this post with complete excitement. Of course, I am excited that you all are entering a semester where you'll learn more about yourselves and social work! However, I'm also feeling the drain of living in a pandemic since the beginning of 2020. No matter what we're looking forward to, we are also exhausted. I hope that you all honor BOTH feelings if you have them. It's ok to look forward to the future AND feel frustration/exhaustion/etc. about our current situation. Learning to accept those uncomfortable thoughts and feelings makes space in your mind for new coping methods and helps you let go of any unhelpful thoughts telling you that you have to live your life a certain way.

Before the pandemic, I used a paper planner and had my schedule documented by the hour. That was before the collective trauma we experienced. My brain is usually in a fog now, and it's hard for me to focus. It's hard to take in some days, but once I accepted this change, I'm starting to feel more like myself, even if it's a new self. I threw out my planner (best believe I kept the cute stickers) and traded it in for a notepad where I make a daily to-do list. Then I make a not-to-do list as well. I know what to write on these lists because I ask myself these questions in the morning:

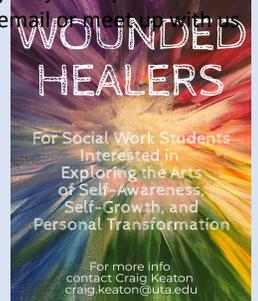
What is my energy level today?  
What do I need to do for myself?  
What do I need to do for others?  
What can wait?

When I ask myself these questions, I struggle with the last question. I have all of those thoughts that go through my head about letting people down if I let some things wait. I have to remind myself that yes, someone else may be disappointed, but sometimes that's necessary, so I don't let myself down Every. Single. Day.

If life is looking different for you these days, I challenge you to embrace it. Step into the new and find what works for you now. Stay curious with yourself, and you'll likely find inspiration that will make life feel a little less exhausting. Craig and I would love to hear about your journey towards self-awareness and wellbeing. Feel free to drop us an email or meet with us on the first Wednesdays of the month.

*Sarah Herrera,*  
**MSW | Doctoral Student | LCSW**

*If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!*





## ADVISING



Feeling a bit lost? Already worrying about Fall as you begin Summer? Start with your Graduate Student Leader! Don't know who that is? Email [Julie Henderson](#) or [Nicole Ferguson](#).

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- Another option if your advisor's appointment schedule is full is to email them for email-advising. Please check advising appointments every Monday when new availability opens up for the coming weeks.
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Toy Howard	Mon 10-11	<a href="#">Click here to join the meeting</a>
Valerie Adame	Tue 11-12	<a href="#">Click here to join the meeting</a>
Maresia Davis	Wed 11-12	<a href="#">Click here to join the meeting</a>
Cleondria Marable	Thu 11-12	<a href="#">Click here to join the meeting</a>

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- [Click here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



## FIELD PLACEMENTS

### GENERAL

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

### FALL

- **The Fall 2021 Field Application closed June 4<sup>th</sup>. No late applications will be accepted.**
- Fall Field placements are currently being assigned based on the order in which field applications were submitted. If you have a question, please contact your field advisor.
- See the Fall 2021 Field Education Calendar [here](#).

### SPRING 2022

- The Spring 2022 Field Application will be open Oct. 01 – Nov. 26, 2021. These dates are subject to change. See the full Spring 2022 Field Education Calendar [here](#).
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).

### FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, 3-4
  - [Click here to join the meeting](#)
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- Mental Health
  - Field Advisor: Hector Ramos
  - 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month, 3-4
  - [Click here to join the meeting](#)
- Aging & Health
  - Field Advisor: Sharon Martin
  - 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month, 3:30-4
  - [Click here to join the meeting](#)

Any Questions?





## RESEARCH

[Student Research Opportunity Center](#)

[Social Work Course Guides](#)



## FUNDING

### THE UNIVERSITY ADVISING CENTER IS HIRING!

We are seeking applications for our new Advising Assistant position.



Are you a Graduate Student at UTA?  
Are you interested in a Graduate Assistantship position?

Apply until August 19th  
Send your resume and cover letter to:

[CHRISTOPHER.DAURIA@UTA.EDU](mailto:CHRISTOPHER.DAURIA@UTA.EDU)

**\$10,000 Stipends**

**Social Work Opioid Work Force Stipends**

The University of Texas at Arlington School of Social Work will provide stipends for up to 40 students interested in working with substance use disorders.

**TO APPLY:** Complete the Social Work Opioid Work Force Stipend Application at: <https://digitalcenterforcommunityengagement.com/>

**How to Apply:**

Apply for this stipend to help you with expenses while you are in a field placement that will train you to work with substance use disorders.

**Eligibility:**

- You are a UTA 2020 Student applying for Advanced Graduate level positions.
- Must be a Social Work Major Concentration.
- Must be a full-time student (minimum 12 credits).
- Must be a Social Work Opioid Work Force Stipend recipient.
- Must be a Social Work Opioid Work Force Stipend recipient.
- Must be a Social Work Opioid Work Force Stipend recipient.

**Application Deadline:** August 19, 2021

**Stipend Amount:** \$10,000 per semester

**Application Fee:** \$25

**Application Link:** <https://digitalcenterforcommunityengagement.com/>

### Financial Aid for new School of Social Work Distance Education Fee

The University announced recently that students charged Distance Education (DE) fees for fall 2021 online courses may be eligible for financial aid if they are facing extraordinary educational and economic challenges due to the COVID-19 pandemic. Additional information, including a University online application form, will be available after September 13 for regular session courses.

The University announcement mentioned only the \$25 per credit hour DE Fee. For students taking online School of Social Work classes, you are charged an additional \$65 per credit hour DE fee. If you are determined eligible by the University to receive financial aid for the \$25 per credit hour of the DE fee and you are a School of Social Work student, then the remaining balance of \$65 per credit hour will also be covered. This is in effect for as long as the University continues this waiver program or thru the Spring 2022 semester, whichever comes first. To coordinate with the University, further details regarding this process will be forwarded on or about September 13<sup>th</sup>.

If you are having challenges paying tuition and fees before fall classes start, it is suggested that you submit a request to the University to be on a payment plan.

If you have questions about your bill please [contact Student Accounts](#)

# UTA Tier 1 Announcement

[UTA has earned the Texas Tier One designation from the state of Texas!](#)



## STAY SAFE

### COVID-19 Testing



All students, faculty and staff coming to campus in any capacity for the fall 2021 semester **must provide a viral test (antigen test or nucleic acid amplification test such as a PCR) by Sept. 8, 2021.**

UTA has [a number of on-campus testing options](#) that meet the required criteria and are free. In addition, the results from our on-campus options will be automatically reported to UTA with no further action required on your part. Results from off-campus testing sites will be accepted, though you will not be reimbursed for costs. You will be able to upload and submit your COVID-19 test results from off-campus testing sites to a digital portal that will be made available to campus in the coming days. Please continue to monitor your UTA email and the [UTA COVID-19 Information website](#) for updates. Students already living or otherwise present on campus may submit their results as soon as the portal becomes available, but no later than Sept. 8. Negative results from tests conducted more than 72 hours before the portal is made available will not be accepted.

Remember, if you test positive, please follow the CDC's [isolation protocols](#) and submit the [Personal Diagnosis Form](#). UTA facilities will be made available for on-campus residents who need to quarantine.

[Required COVID-19 testing and new protective measures for fall 2021 \(English and Español\) \(uta.edu\)](#)  
[Classroom density, updated info from university on testing and return to campus](#)

## KNOW YOUR STATUS

No cost & confidential HIV testing

**CALL OR TEXT TO SETUP AN APPOINTMENT!**

PHONE: 682-478-6965  
EMAIL: [TYLERB@MHMRTC.ORG](mailto:TYLERB@MHMRTC.ORG)

### Dean Ryan's Statement on COVID-19 Health Disparities

### MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

**THERAPIST ASSISTED ONLINE (TAO)**

Visit [TAOconnect.org](https://taoconnect.org)



**THRIVE APP**



Download "Thrive at UT" on App Store or Google Play

**MAVS TALK 24HR CRISIS LINE**

Call (817)272-8255



Visit [uta.edu/caps](https://uta.edu/caps) for more information

UTA is a COMMUNITY THAT CARES



## IMPORTANT DATES

FALL 2021

- Aug. 24 Registration Ends for Fall Term - Regular Session
- Aug. 25 First Day of Fall Classes
- Aug. 30 Late Registration Ends
- Sep. 6 Labor Day Holiday

## COURSE REGISTRATION

- **Fall registration is open.**
- We are continuing to review course seats and waitlists to determine if classes need to be cancelled or added to the schedule
- If one of your courses is cancelled and you need assistance finding a different class, please contact your academic advisor
- We are continuing to review course seats and waitlists to determine if classes need to be cancelled or added to the schedule
- **Late Course Registration is open until Aug 30<sup>th</sup>**

## COURSES AVAILABLE

There are still seats in the following courses:

5353-001

5363-006

If you need other courses, please put yourself on the waitlist in case a new section is opened.



## VIRTUAL EVENTS

### Regina's Inspiration Station

**Wednesday, 2-3pm** Come visit with me about your challenges, hopes, inspirations, ideas for the programs, and your career plans. This is an open mentoring hour for us to chat about whatever you like!



[Join Microsoft Teams Meeting](#)

**I am also available weekly on Tuesdays from 9-9:50am!** [Click here to join the meeting](#)

## SSW WELCOME WEEK SCHEDULE



AUG. 25-31



**WEDNESDAY (25)**  
BREAKFAST WITH SSW  
8AM - 12PM  
SSW 1ST FLOOR

**WEDNESDAY (25)**  
MSW WELCOME  
9AM - 3PM  
SSW B-107

**THURSDAY (26)**  
BREAKFAST WITH SSW  
8AM - 12PM  
SSW 1ST FLOOR

**THURSDAY (26)**  
BSW WELCOME  
9AM - 3PM  
SSW B-107

**THURSDAY (26)**  
RIDING BACK TO CAMPUS-BBQ  
11:30AM - 1:30PM  
BRAZOS PARK

**FRIDAY (27)**  
USL/GSL KICKOFF  
12PM - 4PM  
SSW 1ST FLOOR

GET CONNECTED AND LEARN ABOUT ALL OF OUR RESOURCES AND PROGRAMS.

**MONDAY (30)**  
FIELD EDUCATION/ ADVISING WELCOME  
9AM - 5PM  
SSW 3RD FLOOR

**TUESDAY (31)**  
SWC SPIRIT BOOTH  
12PM  
SSW 1ST FLOOR



### AUGUST 25<sup>th</sup>

- ❖ BREAKFAST WITH SSW
- ❖ MSW WELCOME

### AUGUST 26<sup>th</sup>

- ❖ BREAKFAST WITH SSW
- ❖ BSW WELCOME
- ❖ RIDING BACK TO CAMPUS-BBQ

### AUGUST 27<sup>th</sup>

- ❖ USL/GSL KICKOFF

### AUGUST 30<sup>th</sup>

- ❖ FIELD EDUCATION / ADVISING WELCOME

### AUGUST 31<sup>st</sup>

- ❖ SWC SPIRIT BOOTH

## PARTICIPANTS NEEDED

### Study on Intergenerational Reminiscence Approach in Improving Social and Emotional Well-being of Older Adults

#### Participants Needed

The UTA School of Social Work would like to invite UTA students: (1) age 18-30 years old; (2) currently enrolled as a student at UTA; and (3) can commit to be available for the full 10 weeks of the **telephone based** intervention.

Once you agree to participate, we will pair you with an older adult for participating in this study. You and the paired older adult will participate together through weekly **phone** calls.

You will receive a **\$150 or \$160** (if you participate in the interview) gift card as our appreciation for your time in participation. Or, **you can choose to get compensation through course credit or extra credit.**

If you are interested and want to learn more about this project, please contact Dr. Ling Xu at [lingxu@uta.edu](mailto:lingxu@uta.edu), or through Tel: (518) 698-1372.

• **To watch a brief video message about the study, please click:**  
<https://youtu.be/vWJ6e3yQax4>

The project will pair UTA students with elderly dementia patients to encourage them to engage in a therapeutic dialogue about their childhood and other memories. The students will then create digital projects that reimagine or otherwise document these memories in one of many storytelling modes

For more info: Contact Dr. Xu [lingxu@uta.edu](mailto:lingxu@uta.edu)

## [UTA Academic Calendar](#)

## [Evidence-Based Practice Research Guide](#)



Check Canvas for the MavsUnite Page! To add please e-mail: [Chantinia Chansler](mailto:Chantinia.Chansler)

## [SAR Center](#)

(Formerly Office of Students with Disabilities)



**Boys & Girls Clubs of Greater Tarrant County will be distributing meals, food and snacks**  
 Curbside meal distribution will occur Monday - Friday 4:00-5:30pm

**Distribution Locations**

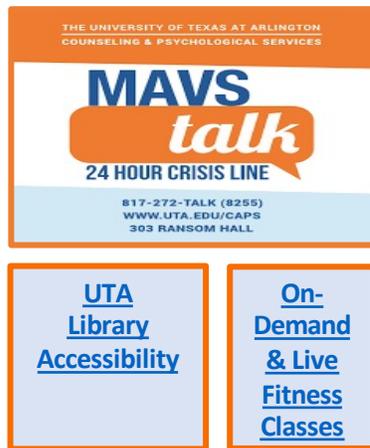
<b>Eastside Branch</b> 4851 Ramsey Ave Fort Worth, TX 76105	<b>Main Branch</b> 608 North Elm St. Arlington, TX 76011
<b>Martin Branch</b> 3123 Avenue G Fort Worth, TX 76105	<b>Panther Branch</b> 1500 Hemphill Fort Worth, TX 76104

**All Are Welcome!**

- Meals available to any child ages 18 years or younger (pre-registered for program)
- Meals will be distributed as long as food supplies last
- Each can be eligible to receive individually packaged meals and snacks as available to the organization
- Weekly all home learning resources provided with each meal

**Contact Us!**  
 For more information or questions contact:  
 LaToya Greyer  
[LGreyer@gcgtc.org](mailto:LGreyer@gcgtc.org)

First Come, First Served!



**MAVS talk**  
 24 HOUR CRISIS LINE

817-272-TALK (8255)  
[WWW.UTA.EDU/CAPS](http://WWW.UTA.EDU/CAPS)  
 303 RANSOM HALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)



**Texas Health and Human Services COVID-19 Mental Health Support Line**

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, help is available.

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at 833-986-1919.

**TEXAS Health and Human Services**



**DREAMERS WELCOME**

In Crisis?  
 Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

## Welcome Back from the Director of Undergraduate Programs

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Isabella Hong, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)      [Social Work Webinars List](#)      [Basic Function of Teams](#)



### Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).



The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
 1-800-273-TALK (8255)  
[suicidpreventionlifeline.org](http://suicidpreventionlifeline.org)

Learn the Warning Signs.

### Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help](#).

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

### UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Safiyah Ricks: [rdr0162@mavs.uta.edu](mailto:rdr0162@mavs.uta.edu)



**SCHOOL OF SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019  
 Social Work Program  
 (817) 272-2135

FOLLOW US ON SOCIAL MEDIA



““We Make A Living By What We Get, But We Make A Life By What We Give.””

- Winston Churchill