



UNIVERSITY OF  
**TEXAS**  
ARLINGTON

SCHOOL OF  
SOCIAL WORK

## MASTER OF SOCIAL WORK



I acknowledge the grave harm brought by colonialism to this land, especially the systematic attempt to erase indigenous and African identities through violence, slavery and racist segregation laws.

Dear MSW Mavericks,

Today is my last day as your Director and I want to reiterate to you how important it has been to me to serve you. I wish you all the best and know you will do great things. I am still on the faculty and hope you won't be strangers. In the interim as you await a new Director, please remember these resources:

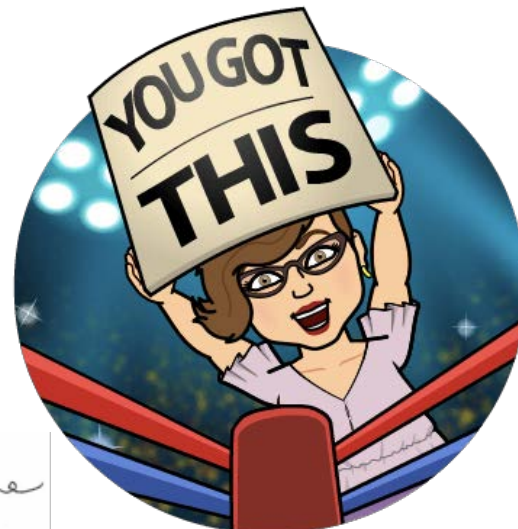
- MSW Map for the Journey (New course in Canvas)
- Advising and Registration Questions: [Advising and Student Success](#)
- Student Support and Mentoring: Contact your Graduate Student Leader (GSL); if you don't know who your GSL is, please email [Julie Henderson](#) or [Nicole Ferguson](#).
- Field Internship Questions: [Office of Field Education](#)
- General Questions: MSW Program Assistant [Ginger Jackson](#)

Until a new Director is identified, the Interim Director for Graduate Programs is Associate Dean Dr. [Diane Mitschke](#), MSW.

*Regina*

## WEEKLY UPDATE

August 25, 2021



## SOCIAL JUSTICE SPOTLIGHT

### National Women's Equality Day August 26, 2021

The History of Women's Equality Day

At the behest of Rep. Bella Abzug (D-NY), in 1971 and passed in 1973, the U.S. Congress designated August 26 as "Women's Equality Day." The date was selected to commemorate the 1920 certification of the 19th Amendment to the Constitution, granting women the right to vote. This was the culmination of a massive, peaceful civil rights movement by women that had its formal beginnings in 1848 at the world's first women's rights convention, in Seneca Falls, New York.

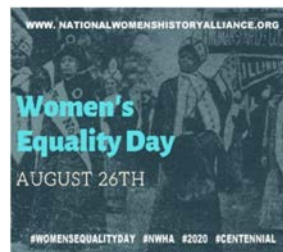
**#WOMENSEQUALITYDAY**

The observance of Women's Equality Day not only commemorates the passage of the 19th Amendment, but also calls attention to women's continuing efforts toward full equality. Continue reading [here](#)

#### Current Equality Issues

- Demanding equal pay with men and economic empowerment
- Protecting reproductive rights, including both access to birth control and abortion
- Equal opportunities in the workplace and education
- Eliminating suppression, oppression and violence towards women
- Raising awareness of gender-based discrimination and stereotyping

Source: <https://nationalwomenshistoryalliance.org/resources/commemorations/womens-equality-day/>



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## STUDENT ORGANIZATION SPOTLIGHT

### JOIN UTA VOLUNTEERS



# Apply Now!

## Deadline September 3rd

Want to grow your skills as an advocate and servant leader? Apply for UTA Volunteers and put advocacy into action.

UTA Volunteers is a group of passionate students that plans and implements volunteer and community service programs for UTA and the surrounding community. Our purpose is to promote active citizenship and strengthen our community by creating a role for students to become involved in community service and provide tools and resources to the UTA community by building advocacy and servant leadership skills.

Learn more about us [here](#).

### Calling All Health Social Work Students!

Health with Hearts is currently looking for officer Candidates for Fall 2021. The following positions are available: Vice-President, Secretary, and Community Liaison.

Health with Hearts is a student lead organization building community and connection for Social Work students in the Health Care field. We engage in community outreach and volunteering. We provide our members with a chance to network and learn from the experts in our field.

We understand the strain and busy schedule that comes with being a grad student so, our goal is to host only 2-3 high-value activities per semester. The officer team meets to plan and coordinate the activities. Meeting times/dates are based on consensus of the officers.

If you are an eager social work student with a health focus who wants to gain knowledge, network, and empower peers, consider leadership.

Submit your interest to Diana DiCesare (diana.dicesare@mavs.uta.edu) by August 30th. Include your name, time in the MSW program, expected date of graduation, and the officer position you are interested in holding. I'm looking forward to hearing back from you and remember, leadership always looks great on a resume and is a good talking point with future healthcare employers!



## YOU MATTER

Hi Everyone!

Welcome back to another semester in the School of Social Work! If you're new here, welcome for the first time! We are so glad to have you! If this is your first time reading the weekly newsletter, the You Matter section is here because...well, YOU MATTER!

This newsletter has essential reminders and helpful information needed to progress toward your degree. The "You Matter" section has a similar goal. We (Craig and Sarah) will discuss crucial social work practice/education and wellbeing. We discuss self-care throughout any social work curriculum, but sometimes it doesn't sink in until we have those deeper conversations with ourselves.

Craig and I are truly passionate about creating a community of care and challenging society's current work ethic. Though we will never tell you what you "should" do, we do invite you to challenge your perspectives. If you'd like to talk further about any of our posts, we will meet in the courtyard in the middle of the social work buildings on the **first Wednesday of every month from 11:00 AM – 12:30 PM**.

So, with all of that being said, it feels a little disingenuous to fill this post with complete excitement. Of course, I am excited that you all are entering a semester where you'll learn more about yourselves and social work! However, I'm also feeling the drain of living in a pandemic since the beginning of 2020. No matter what we're looking forward to, we are also exhausted. I hope that you all honor BOTH feelings if you have them. It's ok to look forward to the future AND feel frustration/exhaustion/etc. about our current situation. Learning to accept those uncomfortable thoughts and feelings makes space in your mind for new coping methods and helps you let go of any unhelpful thoughts telling you that you have to live your life a certain way.

Before the pandemic, I used a paper planner and had my schedule documented by the hour. That was before the collective trauma we experienced. My brain is usually in a fog now, and it's hard for me to focus. It's hard to take in some days, but once I accepted this change, I'm starting to feel more like myself, even if it's a new self. I threw out my planner (best believe I kept the cute stickers) and traded it in for a notepad where I make a daily to-do list. Then I make a not-to-do list as well. I know what to write on these lists because I ask myself these questions in the morning:

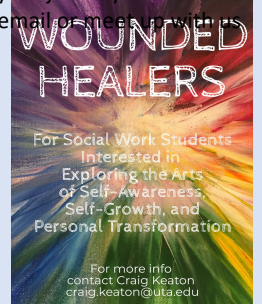
What is my energy level today?  
What do I need to do for myself?  
What do I need to do for others?  
What can wait?

When I ask myself these questions, I struggle with the last question. I have all of those thoughts that go through my head about letting people down if I let some things wait. I have to remind myself that yes, someone else may be disappointed, but sometimes that's necessary, so I don't let myself down Every. Single. Day.

If life is looking different for you these days, I challenge you to embrace it. Step into the new and find what works for you now. Stay curious with yourself, and you'll likely find inspiration that will make life feel a little less exhausting. Craig and I would love to hear about your journey towards self-awareness and wellbeing. Feel free to drop us an email or meet with us on the first Wednesdays of the month.

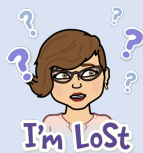
**MSW | Doctoral Student | LCSW**

*If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!*





## ADVISING



Feeling a bit lost? Already worrying about Fall as you begin Summer? Start with your Graduate Student Leader! Don't know who that is? Email [Julie Henderson](#) or [Nicole Ferguson](#).

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- Another option if your advisor's appointment schedule is full is to email them for email-advising. Please check advising appointments every Monday when new availability opens up for the coming weeks.
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Toy Howard	Mon 10-11	<a href="#">Click here to join the meeting</a>
Valerie Adame	Tue 11-12	<a href="#">Click here to join the meeting</a>
Maresia Davis	Wed 11-12	<a href="#">Click here to join the meeting</a>
Cleondria Marable	Thu 11-12	<a href="#">Click here to join the meeting</a>

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



## FIELD PLACEMENTS

### GENERAL

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

### FALL

- The Fall 2021 Field Application closed June 4<sup>th</sup>. No late applications will be accepted.
- Fall Field placements are currently being assigned based on the order in which field applications were submitted. If you have a question, please contact your field advisor.
- See the Fall 2021 Field Education Calendar [here](#).

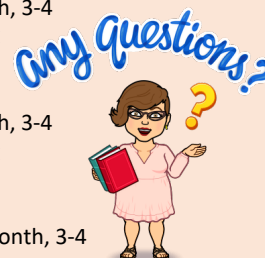
### SPRING 2022

- The Spring 2022 Field Application will be open Oct. 01 – Nov. 26, 2021. These dates are subject to change. See the full Spring 2022 Field Education Calendar [here](#).
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).

### FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, 3-4
  - [Click here to join the meeting](#)
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- Mental Health
  - Field Advisor: Hector Ramos
  - 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month, 3-4
  - [Click here to join the meeting](#)
- Aging & Health
  - Field Advisor: Sharon Martin
  - 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month, 3:30-4
  - [Click here to join the meeting](#)







## Social Work Course Guides



## CHRISTOPHER.DAURIA@UTA.EDU



# UTA Tier 1 Announcement

UTA has earned the Texas Tier One designation from the state of Texas!

## IMPORTANT DATES

### FALL 2021

- Aug. 24 Registration Ends for Fall Term - Regular Session
- Aug. 25 First Day of Fall Classes
- Aug. 30 Late Registration Ends
- Sep. 6 Labor Day Holiday

## COURSE REGISTRATION

- **Fall registration is open.**
- We are continuing to review course seats and waitlists to determine if classes need to be cancelled or added to the schedule
- If one of your courses is cancelled and you need assistance finding a different class, please contact your academic advisor
- We are continuing to review course seats and waitlists to determine if classes need to be cancelled or added to the schedule
- **Late Course Registration is open until Aug 30<sup>th</sup>**

## COURSES AVAILABLE

There are still seats in the following courses:

5353-001

5363-006

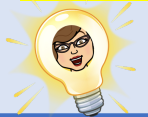
If you need other courses, please put yourself on the waitlist in case a new section is opened.



## VIRTUAL EVENTS

### Regina's Inspiration Station

**Wednesday, 2-3pm** Come visit with me about your challenges, hopes, inspirations, ideas for the programs, and your career plans. This is an open mentoring hour for us to chat about whatever you like!



[Join Microsoft Teams Meeting](#)

**I am also available weekly on Tuesdays from 9-9:50am!** [Click here to join the meeting](#)

## SSW WELCOME WEEK SCHEDULE

AUG. 25-31



### WEDNESDAY (25)

**BREAKFAST WITH SSW**  
8AM - 12PM  
SSW 1ST FLOOR

### WEDNESDAY (25)

**MSW WELCOME**  
9AM - 3PM  
SSW B-107

### THURSDAY (26)

**BREAKFAST WITH SSW**  
8AM - 12PM  
SSW 1ST FLOOR

### THURSDAY (26)

**BSW WELCOME**  
9AM - 3PM  
SSW B-107

### THURSDAY (26)

**RIDING BACK TO CAMPUS-BBQ**  
11:30AM - 1:30PM  
BRAZOS PARK

### FRIDAY (27)

**USL/GSL KICKOFF**  
12PM - 4PM  
SSW 1ST FLOOR

**GET CONNECTED AND LEARN ABOUT ALL OF OUR RESOURCES AND PROGRAMS.**



### MONDAY (30)

**FIELD EDUCATION/ ADVISING WELCOME**  
9AM - 5PM  
SSW 3RD FLOOR

### TUESDAY (31)

**SWC SPIRIT BOOTH**  
12PM  
SSW 1ST FLOOR

### AUGUST 25<sup>th</sup>

- ❖ BREAKFAST WITH SSW
- ❖ MSW WELCOME

### AUGUST 26<sup>th</sup>

- ❖ BREAKFAST WITH SSW
- ❖ BSW WELCOME
- ❖ RIDING BACK TO CAMPUS-BBQ

### AUGUST 27<sup>th</sup>

- ❖ USL/GSL KICKOFF

### AUGUST 30<sup>th</sup>

- ❖ FIELD EDUCATION / ADVISING WELCOME

### AUGUST 31<sup>st</sup>

- ❖ SWC SPIRIT BOOTH

## PARTICIPANTS NEEDED

### Study on Intergenerational Reminiscence Approach in Improving Social and Emotional Well-being of Older Adults

#### Participants Needed

The UTA School of Social Work would like to invite UTA students: (1) age 18-30 years old; (2) currently enrolled as a student at UTA; and (3) can commit to be available for the full 10 weeks of the **telephone based** intervention.

Once you agree to participate, we will pair you with an older adult for participating in this study. You and the paired older adult will participate together through weekly **phone** calls.

You will receive a **\$150 or \$160** (if you participate in the interview) gift card as our appreciation for your time in participation. Or, **you can choose to get compensation through course credit or extra credit.**

If you are interested and want to learn more about this project, please contact Dr. Ling Xu at [lingxu@uta.edu](mailto:lingxu@uta.edu), or through Tel: (518) 698-1372.

■ **To watch a brief video message about the study, please click:**  
<https://youtu.be/vWJ6e3yQax4>

The project will pair UTA students with elderly dementia patients to encourage them to engage in a therapeutic dialogue about their childhood and other memories. The students will then create digital projects that reimagine or otherwise document these memories in one of many storytelling modes

For more info: Contact Dr. Xu [lingxu@uta.edu](mailto:lingxu@uta.edu)



## [UTA Academic Calendar](#)

## [Evidence-Based Practice Research Guide](#)



Check Canvas  
for the MavsUnite Page!  
To add please e-mail:  
[Chantinia Chansler](#)

## [SAR Center](#)

(Formerly Office of Students with  
Disabilities)

**BOYS & GIRLS CLUBS OF GREATER TARRANT COUNTY**  
**MEAL DISTRIBUTION**

**Boys & Girls Clubs of Greater Tarrant County will be distributing meals, food and snacks**  
Curbside meal distribution will occur Monday - Friday 4:00-5:30pm

**Distribution Locations**

<b>Eastside Branch</b> 4651 Ramsey Ave Fort Worth, TX 76105	<b>Main Branch</b> 608 North Elm St. Arlington, TX 76011
<b>Martin Branch</b> 3123 Avenue G Fort Worth, TX 76105	<b>Panther Branch</b> 1500 Hemphill Fort Worth, TX 76104

**All Are Welcome!**

- Meals available to any child ages 18 years or younger (membership not required).
- Meals will be distributed as long as food supplies last.
- Each car is eligible to receive individually packaged meals and snacks as available to the organization.
- Weekly all home learning resources provided with each meal.

**Contact Us!**  
For more information or questions contact:  
LaToya Greyer  
Lgreyer@ggcgc.org

**First Come, First Served!**

THE UNIVERSITY OF TEXAS AT ARLINGTON  
COUNSELING & PSYCHOLOGICAL SERVICES

**MAVS**  
*talk*  
**24 HOUR CRISIS LINE**

817-272-TALK (8255)  
WWW.UTA.EDU/CAPS  
303 RANSOM HALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)

Texas Health and Human Services  
**COVID-19 Mental Health Support Line**

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**

TEXAS Health and Human Services

**DREAMERS WELCOME**

**In Crisis?**  
**Text HELLO to 741741**

CRISIS TEXT LINE | Free, 24/7, Confidential

## [Welcome Back from the Director of Undergraduate Programs](#)

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Isabella Hong, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)

[Social Work Webinars List](#)

[Basic Function of Teams](#)



### **Rental Assistance Program**

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP**  
a loved one,  
a friend,  
or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Learn the Warning Signs.**

Printed 2008 - Reprinted 2011  
CHS-0017-0129

### **Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

### [UTA/Tri-C Food Pantry Distributions](#)

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Safiyah Ricks: [rdr0162@mavs.uta.edu](mailto:rdr0162@mavs.uta.edu)



**SCHOOL OF  
SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019  
Social Work Program  
(817) 272-2135

“We Make A Living By What We Get, But We Make A Life By What We Give.”

- Winston Churchill

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