



denied anti-rejection medication for his heart transplant. Dexter Barry was detained after a verbal altercation with his neighbor, and after two days of missed treatment he was released and died just three days later.

I wanted to highlight this story to give a platform to a group that is largely overlooked. I feel it is very telling of a nation when you see how they treat those with the least. If we are unable to provide the very basics of medical care to our folks in the penal system (including those not convicted of any crime) what does that mean for the rest of us looking for basic health care? Hear their story and see how you can get involved in the fight, as well as following the ACLU and their fight for justice. Keep Fighting the Good Fight, Lorraine Mossiah

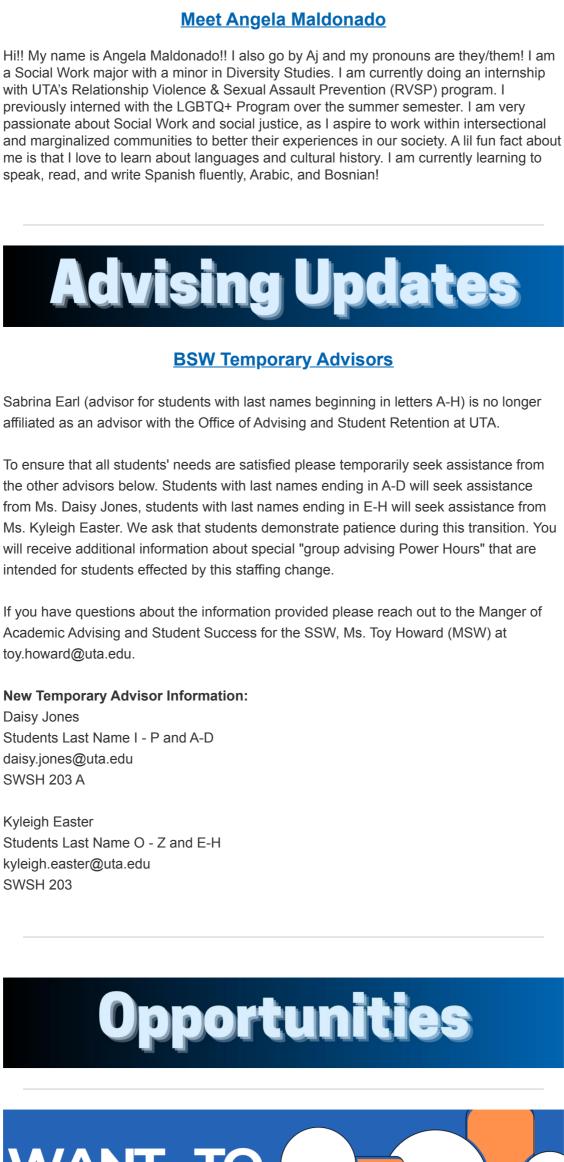
At Liberty Podcast

Graduate Intern

11 **HSI SERVICES WEBSITE** 

**CELEBRATES NATIONAL HSI WEEK** SEPT. Serving Institution is one to be shared. The Office of HSI Services invites you to visit the HSI Services page on the MONDAY LAUNCH 13 SEPT. WEDNESDAY 4-9PM 15 HHM CONVOCATION & NOCHE DE PELICULA ENG n. (movie night) SEPT. Join us in the Library Mall from 5:00-7:00pm for the Hispanic Heritage Month Convocation as we kick-off el Mes FRIDAY de la Herencia Hispana! Then, head over to SEIR 194 and join our UTA Latinx Student Organizations for a screening of **7PM** Nacho Libre at 7:00pm. ¡Allí nos vemos! 16 SERVICE DAY SEPT. day of service. Join UTA SHPE & LGSA for Trash Bash at Trinity River from 8-10am with an After-Party from 10am-1pm. You may also choose any organization or service SATURDAY (ALL DAY) For locations & more info: gabriela.guzman@uta.edu UTA Office of Talent, Culture and Inclusion **Important Dates** Oct 27th: Last day to drop, HERITAGE MONTH turn into MyMav by 4pm September 15 to October 15 • Nov 6th: Registration for Spring semester starts

YOU MATTER! **Make Yourself a Priority** As you advance toward your education, the last thing you want to worry about is unnecessary stress. To those who are in their first year as a college student or have returned after several years, it can be challenging trying to adjust to a new schedule or comprehend new material. We might begin to prioritize having good grades, trying to have a social life, or balancing life in general. In the long run, it's easy to lose sight of yourself in the process and it is expected to affect our mental and physical health. For many years, we have been led to believe that taking care of yourself translates into being selfish. However, being selfish implies that the world revolves around you, whereas self-care acknowledges the importance of being included in the world. Setting limits to make time for self-care is perhaps one of the most selfless acts you can do to better help your mental and physical health, as it provides others with the ability to see a better version of you. Learn to be kinder and nicer to yourself and reflect on the reasons why you



Dr. Federico Subervi Vélez Recipient of the Lionel L. Barrow, Jr. Award for Distinguished Achievement in Diversity Research

Apply for an Addiction

Counseling Fellowship

Awards include \$15,000 for educational support

Application deadline is Sept. 30, 2023

MAADAC

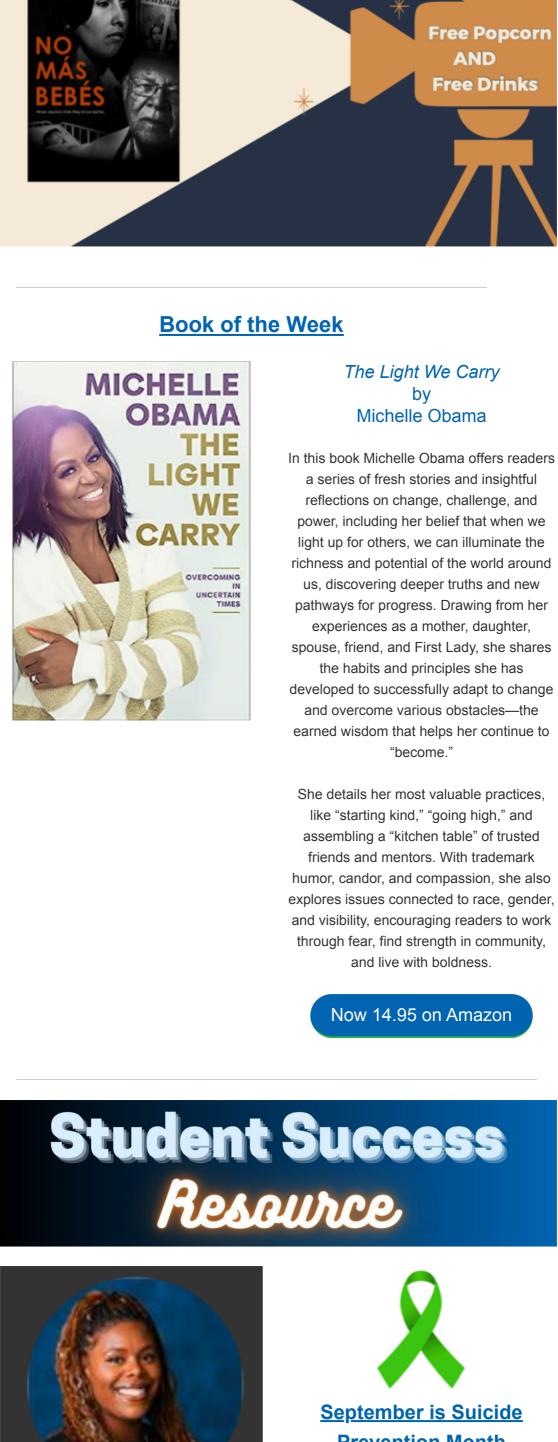
**SIGN UP** NOW!

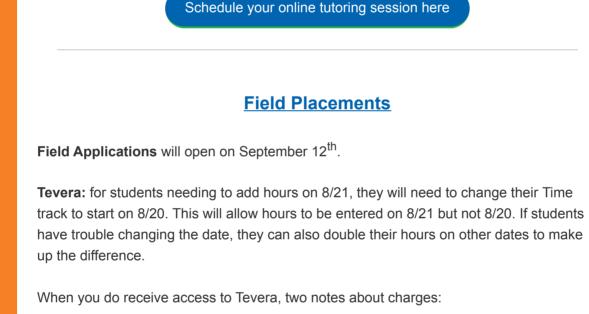
**DEADLINE** 

SEPTEMBER

**Contact:** 







• If you are in the second half of a split semester and already paid for inplace, you do not have to pay for Tevera. Contact the field office if when you gain access, you are

If you purchase your Tevera through the UTA bookstore, you can connect the fee to

We greatly appreciate your patience during this transition. We are encouraged this will be

Field Advising

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

**BSW and BSSUT Students** · Field Advisor: Vanessa Caraveo 1st & 3rd Thursday | 3pm - 4pm Join your field advisors' power hour here

· Field Advisor: Sharon Martin

prompted to pay.

your financial aid.

Field FAQ

a positive change for all of us. Have a great semester!

· If you are having technical difficulties with Tevera please

email <u>sswfield@uta.edu</u> and include a screenshot of the issue.

• Field forms are available here!

 1st & 3rd Thursday | 3pm - 4pm Join your field advisors' power hour here View all field advisors and power hours here

<u>Undergraduate & Graduate Student Leader (USL/GSL)</u>

students, fielding questions about all aspects of the school experience, including advising, field, registration, orientation, scholarships, deadlines, program policies, and more. You

USLs & GSLs serve as advocates and communication facilitators for BSW & MSW

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW or LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB • There's lots of great updated information about licensing in the Student
- Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC. **UTA Resources**

Webinar Library **UTA Counseling & Psychology Services** Survivor Support Group Free & Confidential HIV Testing **SAR Center** Free Windows Apps with Student ID UTA/Tri-C Food Pantry Distribution **SSW Writing Resources CAPS** "As we express our gratitude, we must never forget that the highest appreciation is not to

> utter words, but to live by them." - John F. Kennedy

Follow UTA School of Social Work on:

Suicide Prevention Lifeline **Emergency Assistance Fund Rental Assistance Program** 

may reach out to your USL / GSL by email or Teams. If you do not know who your assigned USL is, you may email Anadja Tamofo (axm3404@mavs.uta.edu) or Mayte Ledezma (mvl1458@mavs.uta.edu). If you do not know who your assigned GSL is, you may email Makita Johnson (mxj1622@mavs.uta.edu) or Andrea Moreno (axm7516@mavs.uta.edu). Click here to meet our USLs Click here to meet our GSLs **Licensing** site and our SSW licensure page. Success and Advising Course on Canvas—Check it out!

**UTA Academic Calendar** Evidence-Based Research Guide

may be doing so many things for others and little for yourself. Remember that practicing self-care is an act of compassion towards you. You are worthy of love, care, and respect. Best wishes, **Mayte Ledezma Undergraduate Student Leader Intern School of Social Work BSW Student** 

After reading the book, students will participate with students from **Tracy Orwig** tracy.orwig@uta.edu various disciplines in an online discussion board. **Disciplines** Nursing, Public Health, Involved: Speech Language Pathology, Athletic Training, Sofia Fantus Dietitians sophia.fanuts@uta.edu Foundation courses (Generalist Micro, Diverse Classes Recommended: Populations), health, mental and substance misuse courses THE CENTER FOR MEXICAN AMERICAN STUDIES PRESENTS STUDYING LATINOS & THE MEDIA: **PAST, PRESENT, & FUTURE** Thursday, September 14 ▦ 12:30 pm - 2:00 pm University Center, Second Floor, Carlisle Suite FOR MORE INFORMATION CONTACT 817-272-2933 OR CMAS.UTA.EDU Registration **OPEN JOIN OUR** TEAM! NHO CAN BE A HELPER? should be: CONFERENCE 2023 Sponsored by: DALLAS COLLEGE MOUNTAIN VIEW **Attention Master's-Level Students!** 

When and October 1st through

Boards

October 14th

Via Online Discussion

Students will be reading the book, Focus: Five Days at Memorial by Sheri Fink. Students will be given a reading guide with prompts leading up to

the event to promote engagement, with the material and each other.

Where:



**Prevention Month** If you or a fellow Maverick are having issues adjusting to college, feelings of My name is Traecia Nichols, I am the sadness or depression, have experienced Student Success Coordinator for the grief or loss, or wanting to build healthy School of Social Work. In my role I work relationships UTA Health Center offers with students who are facing crises and Counseling and Psychological Services. need help accessing university and community resources. This section **Services offered:** will consist of resources that are available **Personal Counseling** to you as a student. If you are in **Group Counseling** need of resources or have any questions or Psychological Assessments concerns, please contact me Consultations at traecia.nichols@uta.edu. Psychiatric Assessments and Medication Management Educational Mental Health Workshops To schedule an appointment or for more information call 817-272-3671 Or visit their website <a href="www.uta.edu/caps">www.uta.edu/caps</a> Telehealth or in-person visits are scheduled Monday-Friday 8am-5pm Address: 303 Ransom Hall UTA Students also have access to the 24 hour MAVS Talk Crisis line at 817-272-TALK (8255) For off campus support you can always visit the Suicide and Crisis Lifeline website at https://988lifeline.org/ or call/text 988. In case of emergency contact 911 or your local police department. **UTA's Counseling and** Psychological Services Academic Resources **Graduate Director Office Hours** Meet Dr. Regina Praetorius, LMSW-AP-S, the Director of Graduate Programs at UTA's School of Social Work during her new open office hours.

This week we will only have one open hours slot:

drop-in sessions are on a first come basis.

• Wednesday, 6:30pm - 7:30pm Online (Click here to join)

**Academic Advising** 

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click the button below. Be sure to select in-person or virtual and your advisor. Remember,

No drop in appointments available? Visit this page to find your advisor's power hour

Schedule your appointment here

**Connections Lab** 

Relax Research shows that stress makes it harder to learn and to retain information. Take a deep breath, make a list of tasks, and do a little exercise to reduce your stress.

where you can always drop in and ask questions, no appointment needed.

Advanced Children & Families, Advanced CAP, Advanced Aging & Advanced Health Field Advisor: Monica Brown 1st & 3rd Wednesday | 4pm - 5pm Join your field advisors' power hour here **Advanced Mental Health/Substance Misuse**