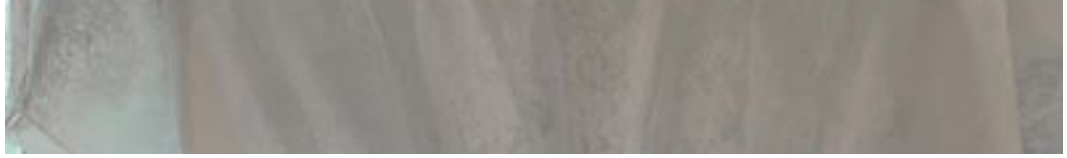
UTA School of Social Work

School of Social Work Weekly Newsletter
September 22nd, 2023 Fall Semester

Inside this Issue

- **Social Justice Spotlight** *Important*
- **Advisor Updates** *Important*
- **Field Updates** *New*

SOCIAL JUSTICE Spotlight



In Rememberance of Professor Perryman

Earlier this month, the School of Social Work experienced the loss of Derrelynn Perryman, which is an immense loss to not only our community here at UTA; but the community of Arlington, Fort Worth, and beyond.

Professor Perryman was an adjunct professor here at UTA for 22 years, teaching courses in the SSW as well as the College of Liberal Arts. Derrelynn was well known in the community as a leader in victim advocacy. In fact, in 2015, Derrelynn was appointed to the Texas Board of Criminal Justice, and she had served for 6 years and then was reappointed in 2021; she oversaw many functions of the Texas Department of Criminal Justice. In addition to serving on the board and being a beloved professor, Perryman was a Licensed Clinical Social Worker and worked as a therapist in private practice.

Derrelynn was also the Victim Service Coordinator for the Arlington Police Department from 1994 to 2016, and she also served as the Victim Advocate Director for the Tarrant Count Criminal District Attorney's office from 2016 to 2019. Perryman volunteered countless of hours to a nonprofit organization called Concerns of Police Survivors. A post made by C.O.P.S. read; "she devoted herself to healing the hearts of survivors across the nation". She left a remarkable legacy here at UTA and in its community, and will continue to inspire others for years to come. Please read more about Professor Derrelynn Perryman and all she did for social justice by clicking the link below.

If you'd like to share a memory of Professor Perryman, you can do so on facebook here.

Need support? UTA is here for you:
UTA offers help to those who are seeking assistance over the next few weeks. If you are in crisis, call the 24/7 MAVS TALK crisis line to speak with a counselor, 817-272-TALK (8255).

UTA also offers individual and group support through CAPS, please visit their website or call 817-272-3671 to set up an appointment.

Read more about Professor Perryman's contributions

JOIN THE CONVERSATION ABOUT "ARCHIVING THE ASYLUM: DEMYSTIFYING AND PRESERVING MENTAL HEALTH HISTORY"

WHEN?

SEPTEMBER 29TH
5:30 UNTIL 6:30 PM

WHERE?

UTA PARLOR LIBRARY

FEATURING D.D. CLARK, HOSTED BY THE DEPARTMENT OF HISTORY AND THE DISBAILITY STUDIES MINOR

Important Dates

- **Oct 27th:** Last day to drop, turn into MyMav by 4pm
- **Nov 6th:** Registration for Spring semester starts
- **Nov 10th:** Field Spring 2024 Application closes

YOU MATTER!

Self Care Bingo Challenge

It is very important to remember self care for ourselves as future social workers. Self Care is now a required competency with the national social work association. Please ensure to take 30 minutes daily or every other day for yourself this will help you refocus and rejuvenate.

Love and Light,
Skarlar Egans
Graduate Intern
The University of Texas at Arlington

Phi Alpha Social Work Honor Society

Meet the officers of Phi Alpha Social Work Honor Society. Robenett Portis, President; Anadja Tamofo, Vice President; Sophie Elkins, Vice President; Sade Raymond, Treasurer; Holly Dill, Secretary. (Listed left to right, top to bottom)

The purpose of Phi Alpha Honor Society is to provide a closer bond among students of social work and promote humanitarian goals and ideas. Phi Alpha fosters high standards of education for social workers and invites into membership those who have attained excellence in scholarship and achievement in social work.

Advising Updates

Peer Advisors & Spring Advising Dates

Spring advising is open! Get your advising appointments now.
****MSW students aren't required to be advised except the first and last semester.***

Peer Advisors are additional resources for students with a set goal to make your journey as smooth as possible. They are assigned to specific Academic Advisors within the Office of Academic Advising and Student Success and can provide help with answering advising questions, connecting students to resources (including mental health, self-care, tutoring, time management, etc...), assist with setting up advising appointments, help navigate MyMav, and assist with obtaining answers to academic questions.

Peer Advisors:

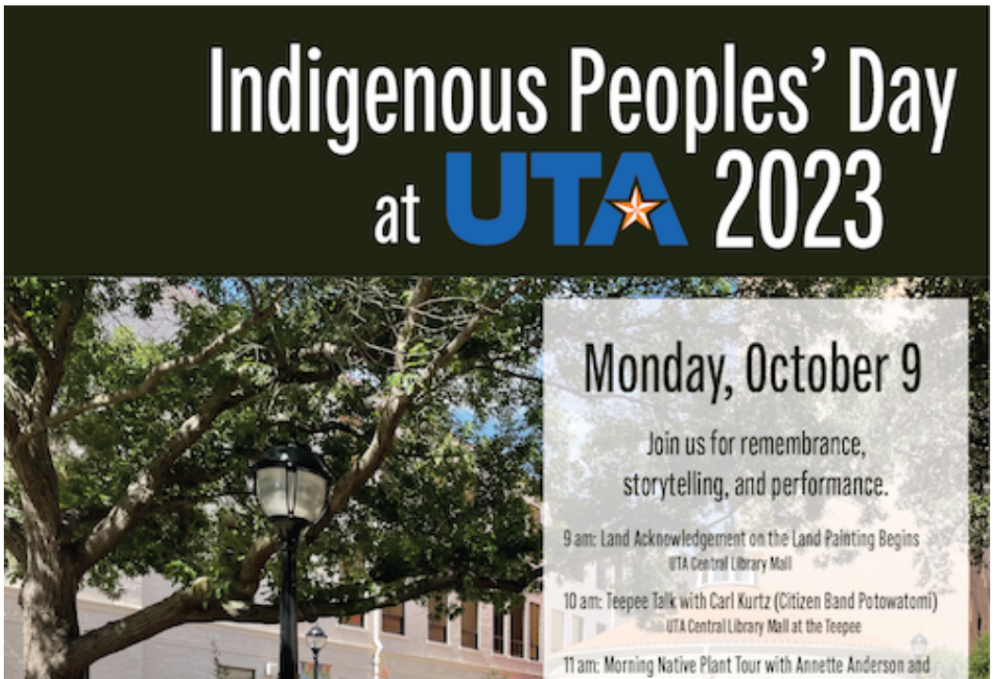
Sekina Gray
slg3139@mavs.uta.edu
Peer Advisor for: Tara Harris

Maddie Hisaw
smh6805@mavs.uta.edu
Peer Advisor for: George Jauss

Elise Woodliff
Exw2508@mavs.uta.edu
Peer Advisor for: Daisy Jones & Kyleigh Easter

Lauren Johnson
laj3195@mavs.uta.edu
Peer Advisor for: Meverlyn Maisonave

Opportunities



other Chickasaw Nation representatives, Professor David Hopman, and Morgan Chivers
UTA Land Acknowledgement Courtyard
2pm: Afternoon Native Plant Tour
UTA Land Acknowledgement Courtyard
4 pm: Being Indigenous at UTA Student Panel
UTA Land Acknowledgement Courtyard
6 pm: Missing & Murdered Indigenous Women/People with Jodi Voice Yellowfish of MMIW Tx Rematriate
UTA Land Acknowledgement Courtyard
7:30 pm: Ollin Cuauhtli / Eagle Movement Aztec Danza
UTA Central Library Mall
8 pm: Storytelling under the Stars with Michael Tongkeamha (Kiowa)
UTA Land Acknowledgement Courtyard
Tony Pacheco Valdez (Comanche) will be selling Native foods from 11am-3pm and from 5-8pm in the Central Library Mall.
UTA
Belonging and Engagement

09.14.23
SPEAKER SERIES: DR FEDERICO SUBERVI VELÉZ
UC Carlise Suite| 12:30PM
Hosted by Center for Mexican American Studies
09.17.23
THE BIGGEST BAILE OF THE YEAR
Brazos Park| 6:00PM
Hosted by La Sociedad Hispánica
09.20.23
CAFECITOS
Online| 7:00PM
Hosted by Nuestra Comunidad
09.27.23
HEALTH FIESTA
Health Center Lawn| 11:00AM
Hosted by Health Services
10.07.23
HISPANIC HERITAGE MONTH CELEBRATION
Downtown Library | 12:00PM
Hosted by Arlington Public Library
10.17.23
DESTINO SUCCESS
UC Carlisle Suite| 12:30PM
Hosted by Career Development Center
@uta_cesc
09.15.23
HHM CONVOCATION & NOCHE DE PELICULA
Library Mall & SEIR 194| 5:00PM
Hosted by HSI Services & Cultural Engagement & Social Change
09.20.23
PIZZA SOCIAL
Social Work Smart Hospital 104| 12:00PM
Hosted by Nuestra Comunidad
HISPANIC
HERITAGE MONTH 2023
UTA
For more information about the events, please scan
UTA Office for Cultural Engagement and Social Change
DIVISION OF STUDENT AFFAIRS
09.16.23
SERVICE DAY
Trinity River| 8:00AM
Hosted by HSI Services
09.20.23
MARIACHI LOS JINETES & UTA LIBRAIRIES SPECIAL COLLECTIONS
Central Library 6th Floor| 6:00PM
Hosted by ART 1317 Class
09.21.23
MOVIE NIGHT: NO MÁS BÉBE
Social Work Smart Hospital First Floor| 6:00PM
Hosted by Nuestra Comunidad
09.27.23
STUDY ABROAD
UC Neches/Pedernales| 12:00PM
Hosted by Office of International Education
10.14.23
WOMEN'S VOLLEYBALL GAME VS. TARLETON STATE
College Park| 12:00PM
Hosted by Athletic Services & Cultural Engagement & Social Change

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MAVS 4 YOUTH
UTA MAVS 4 YOUTH PRESENTS
RED RIBBON WEEK
DO YOU WANT TO GAIN ADDTIONAL INTERSHIP HOURS?
Come join us!
DO YOU WANT TO GET SOCIAL WORK EXPERINCE WORKING WITH YOUTH?

Study on the New School of Social Work Building

Seeking Participants – We Want You!

- We are seeking students to share their experiences with the new School of Social Work building.
- We want to know more about how you feel in the building, how accessible it is, and how trauma-informed it is.
- By participating in the survey, you will be entered into a raffle to win a $10 Pie 5 gift card.
- You can take the survey on any electronic device (e.g., computer, cell phone, tablet, etc.), and it should only take about 5 minutes to complete. The first page of the survey will be the consent form. Please read it carefully, and by clicking "Accept" you will be electronically signing the form.
- You can access the survey here: **https://utaedu.questionpro.com/t/AWpGrZxba7**

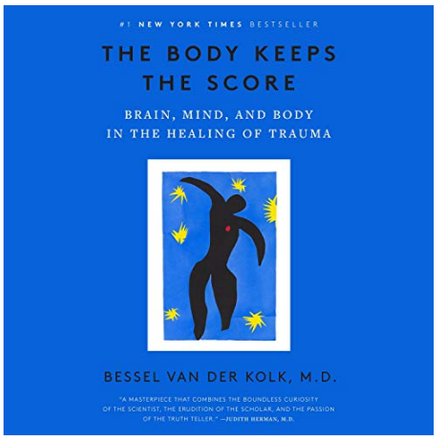
About the Researchers and the Project

- Megan Westmore, LMSW and Dr. Regina Praetorius, PhD are researchers from the School of Social Work at the UT-Arlington.

How Do I Become a Part of This Project?

- You are eligible to participate if you are at least 18 years old, a current UTA social work student, and have taken at least one in-person class in the new School of Social Work.
- Please contact us if you have any questions:
  Email: meganrose.westmore@uta.edu

Book of the Week



The Body Keeps the Score
by Bessel A van der Kolk

Dr. van der Kolk uses his thirty years of experience to show how he believes trauma is one the most urgent public health issues we are facing as a society. He uses science and human stories to show how trauma impacts us and how our brains are changed due to what we have experienced.

Dr. van der Kolk employs different treatments that have shown to help the trauma survivors in their recovery in his research. Through neurofeedback, sports, meditation, and yoga he explores how new pathways are formed through activating the brain's neuroplasticity.

The book also shows how our relationships have the incredible influence on both hurting and healing us. It shows how trauma victims can reclaim their life through these interventions.

Find on Amazon

Student Success Resource

My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.

Nutrition Services

Did you know UTA offers nutrition services for a small fee?

One-on-one nutrition counseling with a registered, licensed dietitian is available for the following:

- Weight management
- Weight/fat loss
- Weight/muscle gain
- Sports nutrition
- Medical nutrition therapy
- Skin nutrition
- Eating disorders/disordered eating
- Wellness/preventive nutrition
- Basic nutrition education

Nutrition Consultation is $25.00 per session with a minimum to start of 2 sessions (initial + follow-up).

Additional sessions are available as needed for $25 each session; and as agreed upon by the client and dietitian.

Schedule you Nutrition Consultation today by submitting a request form.

OR

Join wellness information sessions, Food for Thought, for a free presentation the first Wednesday of October and November at noon to 1pm. Join in person or online. Click below for more information.

Learn more about "Food for Thought"

Academic Resources

Graduate Director Office Hours

Meet Dr. Regina Praetorius, LMSW-AP-S, the Director of Graduate Programs at UTA's School of Social Work during her new open office hours.

Options are listed below:

- Wednesday, 2:15pm - 3:15pm On campus (Suite 203)
- Wednesday, 6:30pm - 7:30pm Online (Click here to join)

Academic Advising

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click the button below. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

No drop in appointments available? **Visit this page** to find your advisor's power hour where you can always drop in and ask questions, no appointment needed.

Schedule your appointment here

Connections Lab

Quiz Yourself
Create flashcards and quiz yourself on materials to better retain them. Repeated recall is an excellent way to commit items to long term memory.

Schedule your online tutoring session here

Field Placements & Tevera

Current Field Students:
If you are still having Tevera issues, please email Amanda Land (amanda.land@uta.edu). Be sure to notify your field liaison if you're still having issues so they can help coordinate a fix for you.

Spring 2024 Field Applicants:
Field Applications:
Field applications opened on September 12th and is open until November 10th.

Don't delay! You must apply by the deadline, no exceptions, to start field in Spring 2024. If you are not starting field in Spring 2024, please ignore the notification about field applications opening and closing this semester.

If you have submitted an application already and receive reminders, you can ignore these emails, they do not apply to you. If you are currently in Split I of your placement this Fall, you **do not** need to re-apply to enter Split II in the Spring.

Tevera Fees:
You will have to pay the Tevera fee to access the Spring application. Tevera asks students from every school that uses their system to pay during the application phase instead of at the start of field.

You have options! You can pay Tevera directly out of pocket or you can purchase Tevera through the UTA bookstore and utilize financial aid. If needed, you can contact the financial aid office for additional aid to cover the cost of Tevera. *(Note: Tevera is more expensive through the bookstore than a direct payment.)*

***MSW Students Only*
If you paid the lifetime InPlace fee for the first placement, you will still have to pay for Tevera for the second placement. We will no longer be accessing InPlace for field at UTA, only Tevera. Think of the Tevera fee as similar to paying for textbooks at the start of a course. Tevera is like your field textbook. We understand this still may be frustrating, but if you paid the lifetime InPlace fee, you will have that access forever and can provide proof of detailed Field hours completed for a license, certificate, or job if ever asked.

Field Orientation:
We are currently updating the Field orientation course in Canvas. But do not fret! You only need to complete this before your Spring Placement start date in mid January.

Other important links:

- Field forms are available here!
- Field FAQ
- If you are having technical difficulties with Tevera please email sswfield@uta.edu and include a screenshot of the issue.

Field Advising

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

BSW and BSSUT Students

- Field Specialist: Vanessa Caraveo
- 1st & 3rd Thursday | 3pm - 4pm
- **Join your field advisors' power hour here**

Advanced Children & Families, Advanced CAP, Advanced Aging & Advanced Health

- Field Specialist: Monica Brown
- 1st & 3rd Wednesday | 4pm - 5pm
- **Join your field advisors' power hour here**

Advanced Mental Health/Substance Misuse

- Field Specialist: Sharon Martin
- 1st & 3rd Thursday | 3pm - 4pm
- **Join your field advisors' power hour here**

View all field specialists and power hours here

Undergraduate & Graduate Student Leader (USL/GSL)

USLs & GSLs serve as advocates and communication facilitators for BSW & MSW students, fielding questions about all aspects of the school experience, including advising, field, registration, orientation, scholarships, deadlines, program policies, and more. You may reach out to your USL / GSL by email or Teams.

If you do not know who your assigned USL is, you may email Anadja Tamofo (axm3404@mavs.uta.edu) or Mayte Ledezma (mvl1458@mavs.uta.edu).

If you do not know who your assigned GSL is, you may email Makita Johnson (mxj1622@mavs.uta.edu) or Andrea Moreno (axm7516@mavs.uta.edu).

Click here to meet our USLs

Click here to meet our GSLs

Licensing

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW or LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

UTA Resources

UTA Academic Calendar
Evidence-Based Research Guide
Webinar Library
UTA Counseling & Psychology Services
SAR Center
Free Windows Apps with Student ID
SSW Writing Resources
Suicide Prevention Lifeline
Emergency Assistance Fund
Rental Assistance Program
Survivor Support Group
Free & Confidential HIV Testing
UTA/Tri-C Food Pantry Distribution
CAPS

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."
- John F. Kennedy

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