National VFW Day
September 29

The VFW stands for the Veterans of Foreign Wars and they have a long history of working and volunteering in their communities.

**History**
The nations largest group of combat veterans began on September 29, 1899. It was started by veterans from the Philippine Insurrection and the Spanish-American War. The intent was to “honor the dead by helping the living.” They provide community service programs, volunteering many hours in local chapters, promote youth activities, and military assistance.

Let’s take this day to honor the men and women who have served our nation and devoted themselves to this organization. Ways your can observe National VFW Day are by letting these veterans know how much you appreciate what they have sacrificed for all of us. Most VFW post will be having celebrations that the entire community are invited to participate in.

Learn more about National VFW Day [here](https://nationaldaycalendar.com/vfw-day-september-29/).
In the early sessions of direct practice, we ask our clients to identify their support systems. From there, we continue to explore how they receive support from friends and family (financial, transportation, emotional, etc.). We do this because we know success is maintained by increasing our sense of community. This approach is just one of many we learn to assist our clients towards more empowered lives. Since teaching, I've noticed a gap in the way social work students think about these interventions. In class, we all agree leaning on your support system is essential to client empowerment. We can also agree that journaling, meditation, other “me time” activities are also necessary for client success. However, it’s a rare moment when a student tells me they do any of these things in their personal life. Why is it so easy to suggest these approaches to our clients when we don't do them? It's a phenomenon I've experienced with myself, within my colleagues, and when working with students/interns that I'd like us to explore further.

I’m not quite sure what to do about this issue. Perhaps it’s because I am only just making this connection, even though I’ve been a social worker since 2013. That’s a lot of years that I’ve formed an unconscious belief that I don't need this, but my clients sure do. My social work education included ways to engage with the community and with clients, but we rarely discussed what I believe is the more important skill of engaging with ourselves. Maybe it's because our professors are scared of going there. I know I am. Or maybe our curriculum has so much content that we don't have the time. But perhaps we can change this culture by digging a little deeper?

Why is it easier for many of us to use our strengths to empower clients, but we don't do the same for ourselves? How does this way of thinking impact our work with clients? How does this way of thinking impact our wellbeing?

If we aren't engaging with ourselves often, our wellbeing suffers. Our suggestions to our clients don't feel as genuine either. Why should they listen to us if we aren't walking the walk? I don't mean we need to do everything our clients do, but I think we are missing a key piece of helping our clients increase their self-awareness if we don't even know what that looks like for ourselves. If you're reading this and feel like this resonates with you, I'd love to continue the conversation. I don't know if we'll find any answers, but the dialogue is an excellent place to start.

Sarah Herrera
LCSW | Doctoral Student | MSW
**ADVISING**

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

- If your advisor’s appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.

Mark  Wednesday 12:00-1:00  Click here to join the meeting
Valerie  Thursday 11:00-12:00  Click here to join the meeting

**BSW Academic Advisors:**
- Last names A-C: Valerie Adame – [adamev@uta.edu](mailto:adamev@uta.edu)
- Last names D-Me: Mark Frazier – [mark.frazier@uta.edu](mailto:mark.frazier@uta.edu)
- Last names Mi-Z: Patrice Green- [patrice.green@uta.edu](mailto:patrice.green@uta.edu)

Keiana Crain is no longer with UTA. Until her position is filled, please contact Patrice Green.

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**FIELD PLACEMENTS**

**General**

- All students, agencies, and Field Instructors should use this URL for InPlace: [https://inplace.uta.edu/](https://inplace.uta.edu/)
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](https://inplace.uta.edu/) and [Logbook Training](https://inplace.uta.edu/) can be found here!
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- [Field forms are available here!](https://inplace.uta.edu/)
- [Field FAQ](https://inplace.uta.edu/)
- Contact Sharon Martin, LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#).

**Fall 2021**

- The Fall 2021 Field Application closed June 4th. No late applications will be accepted.
- All students have been placed. Students should contact their field advisor if they are still awaiting placement.
- See the Fall 2021 Field Education Calendar [here](#).
- InPlace fee is due on the first day of class

**Spring 2022**

- The Spring 2022 Field Application will be open Oct. 01 – Nov. 26, 2021. These dates are subject to change. See the full Spring 2022 Field Education Calendar [here](#).
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).

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**LICENSING**

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean’s Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our [SSW licensure page](#).
- [Click here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

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**MSW ADMISSIONS**

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact [leslie.reyna@uta.edu](mailto:leslie.reyna@uta.edu)

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IMPORTANT DATES
FALL 2021

- Nov. 5 Last Day to Drop Classes
- Nov. 8 Registration begins for Spring
- Nov 25-26 Thanksgiving Holiday

GET INVOLVED

SPEAK
(Social Policy Education, Advocacy, Knowledge)

1st Annual SPEAK Virtual Symposium happening on Thursday October 7 and Friday Oct. 8 from 10:00 to 3:15 both days.

This can be a useful Field Practicum educational experience.

Visit here for more information on this program.

EVENTS

JOB OPPORTUNITIES

CAAS Student Development Mentor

The Center for African American Studies invites applications for five current students (Sophomore-Senior) to serve as mentors in the SDI program. Students will be expected to serve as mentors for first year students (mentees) throughout the AY 2021-2022. Peer Mentors help connect students to UTA resources and services, and provide information on policies and important dates. Click here for more information and requirements. 
Financial Assistance for new School of Social Work Distance Education Fee

The University announced recently that students charged Distance Education (DE) fees for Fall 2021 online courses may be eligible for financial aid if they are facing extraordinary educational and economic challenges due to the COVID-19 pandemic. Additional information, including a University online application form, will be available after September 13 for regular session courses.

The University announcement mentioned only the $25 per credit hour DE Fee. For students taking online School of Social Work classes, you are charged an additional $65 per credit hour DE fee. If you are determined eligible by the University to receive financial aid for the $25 per credit hour of the DE fee and you are a School of Social Work student, then the remaining balance of $65 per credit hour will also be covered. This is in effect for as long as the University continues this waiver program or thru the Spring 2022 semester, whichever comes first. To coordinate with the University, further details regarding this process will be forwarded on or about September 13th.

If you are having challenges paying tuition and fees before fall classes start, it is suggested that you submit a request to the University to be on a payment plan.

If you have questions about your bill please contact Student Accounts.

Covid-19 Vaccine

The next free, walk-in-only, on-campus COVID-19 vaccination clinic is 9 a.m.-12 p.m. Thursday, Sept. 30, in the exercise rooms of the Maverick Activities Center. If you can’t make it, find another vaccine opportunity.

Upload proof of vaccination to the COVID-19 Self Report portal in MyMav by Monday, Oct. 4, to be eligible for prizes in the Maverick Motivator Program.

Listen to UTA public health experts explain why getting a COVID-19 vaccine is beneficial for you and your community.

Flu Shot Clinic at Mac

Visit mavcare.uta.edu to schedule your appointment for Monday, Sept. 27; or Wednesday, Sept. 29

Dean Ryan’s Statement on COVID-19

Required COVID-19 testing and new protective measures for Fall 2021 (English and Español) (uta.edu)

Classroom density, updated info from university on testing and return to campus

COVID-19 Testing

REQUIRED COVID-19 TESTING
Beginning Monday, Sept. 13, students, faculty and staff coming to any UTA campus in any capacity will be selected at random for mandatory COVID-19 testing.

Until further notice, 20% of our campus population, regardless of vaccination status, will be selected each week for testing. Notifications will come from covidtesting@uta.edu, and you will have seven days to get tested after being selected. If you have any questions, contact covidtesting@uta.edu.

UTA has a number of on-campus testing options that meet the required criteria and are free. Results received from an on-campus testing option will automatically be reported to the University with no further action required on your part.

Results from off-campus testing sites will be accepted, though you will not be reimbursed for costs. Test results from an off-campus testing site will be uploaded to the COVID-19 Self Report portal in MyMav.

Remember, if you test positive, please follow the CDC’s isolation protocols and submit the Personal Diagnosis Form.

UTA’s COVID-19 testing resources are always available to you should you need or want a test; you do not need to wait until you are selected for random testing.
RESOURCES

UTA Academic Calendar

Evidence-Based Practice Research Guide

SAR Center
(Formerly Office of Students with Disabilities)

Managing Stress and Anxiety during COVID-19
UTA Counseling and Psychological Services (CAPS)

Therapist Assisted Online (TAO)
Visit TAConnect.org

Mavs Talk 24HR Crisis Line
Call (817) 272-0255

UTA in A Life That Cares

In Crisis?
Text HELLO to 741741

DREAMERS WELCOME

Follow Us on Social Media

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu

“The World Talks about Change; We Create Change.”

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-3613

“It’s a privilege to be able to bear witness to someone’s story when they may not have had the chance to tell it before” – Lindy Alexander