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SOCIAL JUSTICE Spotlight

Environmental Justice: The Impact of Fashion

Did you know that 10% of global carbon emissions result from the production of "fast fashion" affecting water supplies and polluting the air, soil, and oceans (Maiti, 2024)? "Fast fashion" provides consumers with access to the rapid production of affordable and trendy clothing (Maiti, 2024). This business model is projected to increase, potentially impacting society and further harming our planet. One of the most pressing issues caused by the fashion industry lies in unsafe working conditions and the use of cheap labor, particularly in developing countries.

Additionally, the carbon emissions from the fashion industry surpass those of air travel and maritime shipping. Much of the pollution stems from the production of clothing with slowly degradable materials that end up in our oceans and water supplies. Unfortunately, 92 million tons of textile waste end up in landfills, including many unsold or second-hand clothes. In a Chilean desert, for example, clothing shipments are discarded in a landfill visible from satellite images (Maiti, 2024). Considering the negative contribution of the fashion industry, there are individual actions we can take to make positive choices when it comes to our clothing.

Consider participating in "Slow fashion" and making a conscious effort to reduce support for fast fashion production through individual choices (Maiti, 2024). Clothing that is no longer worn or deemed unfashionable can find new life by being donated to secondhand shops, social service agencies, family, friends, neighbors, or community members. Someone's trash can be someone else's treasure! Alternatively, you can host clothing trading events or rent clothing for specific occasions. Another option is to repurpose clothing, using it to create a distinctive modern style.

When purchasing clothes, take the time to research their origin, the manufacturers involved, and the types of fabrics used. Ensure that the fabrics are sustainable, such as organic cotton, wild silk, linen, and others (Maiti, 2024). Many cities have textile recycling bins conveniently located throughout various places, ideal for disposing of ripped or damaged fabrics. I recommend checking your city's website for recycling options or consider joining advocacy movements like Earth.org. This collective of independent journalists provides information about global issues and advocates for sustainability through social change.

- Consider watching the documentary "River Blue" to gain insight into the impact of the release of toxic chemicals in our oceans and water supplies.
- Consider watching the documentary "The True Cost" to learn about the social impact experienced by textile workers in developing countries.

"You're off to great places, today is your day, your mountain is waiting, so get on your way" by Dr. Seuss

Click Here to Learn Explore Earth.org

Event Spotlight

CELEBRATION OF AGING

Luncheon & Networking

MARCH 01
12 PM - 2 PM
SWSH ROOM 132

RSVP BY FEB. 26

Join us for lunch and networking with Aging-Related Agencies and Social Work Alumni, Faculty, and UTA Students

If you have any questions, or require special assistance for this event please contact rebecca.mauldin@uta.edu

UTA School of Social Work
THE UNIVERSITY OF TEXAS AT ARLINGTON

501. W MITCHELL ST.
ARLINGTON, TX 76019

Important Dates

- **Feb 5th - Apr 5th:** Summer Field Application is open
- **Mar 1st:** Deadline to Apply for Graduation in MyMav
- **Mar 11th-15th:** Spring Break
- **Mar 26th:** Social Work Mini Conference
- **Mar 29th:** Last Day to Drop Classes; Submit in MyMav by 4pm
- **Apr 1st:** Registration for Sum '24 and Fall '24 classes open

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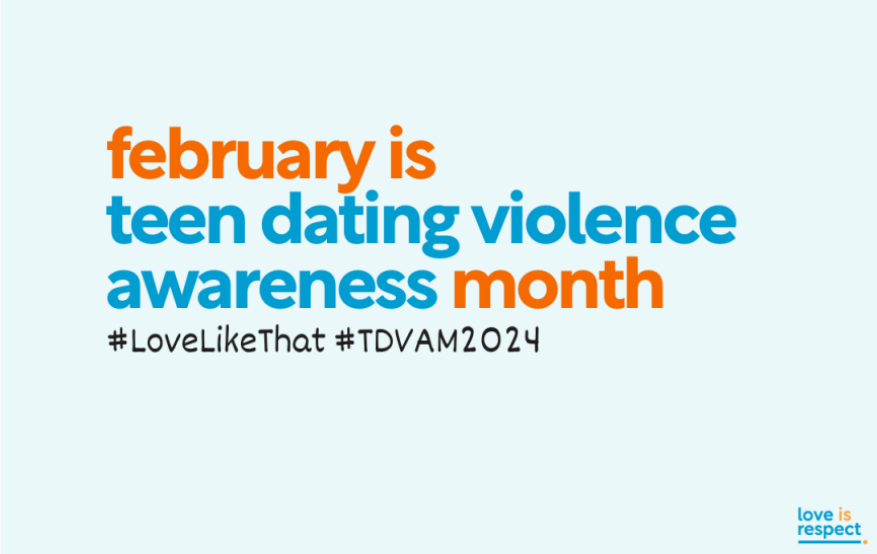
Student Spotlight

Mia Cozzarelli

Hey everyone, my name is Mia Cozzarelli and I and Graduate Student Leader Intern (GSL) for the MSW Program! This is my second semester as an MSW student, and to say the least it has been a journey. I got my Bachelor's in Psychology with a minor in Social Work at Texas State University. I think graduating from my bachelor's in May of 2023 and immediately going into my Master's at UTA was a great decision, however it has required me to adapt to a new transition in life. At the moment, my end goal is to provide counseling for adolescents and young adults. I believe this age group tends to be underestimated by society, which is why I want to advocate for them. I do want to mention that getting involved with your community brings a lot of connections and great opportunities to increase your knowledge; so don't be afraid to step out of your comfort zone and take advantage of great opportunities that come your way. I am very excited to see what comes in the near future! I will say that each step you take will be a journey that you will learn and grow from!



Teen Dating Violence Awareness Month

Did you know that February is Teen Dating Violence Awareness Month? Well it is! Dating violence is actually more common than now would think, even among teens and young adults. In the United States, 1 in 3 teens will experience some form of violence from someone they are in a relationship with. This month is focused on the advocacy and education to stop dating violence before it starts. Why would this be important to future Social Workers? I am glad you asked! Whether we work at a hospital, a mental health care facility, or a school; we are all going to encounter a teen or teens at some point in our careers. We need to be aware of the signs of Teen Dating Violence so we can be advocates for those who experience this.

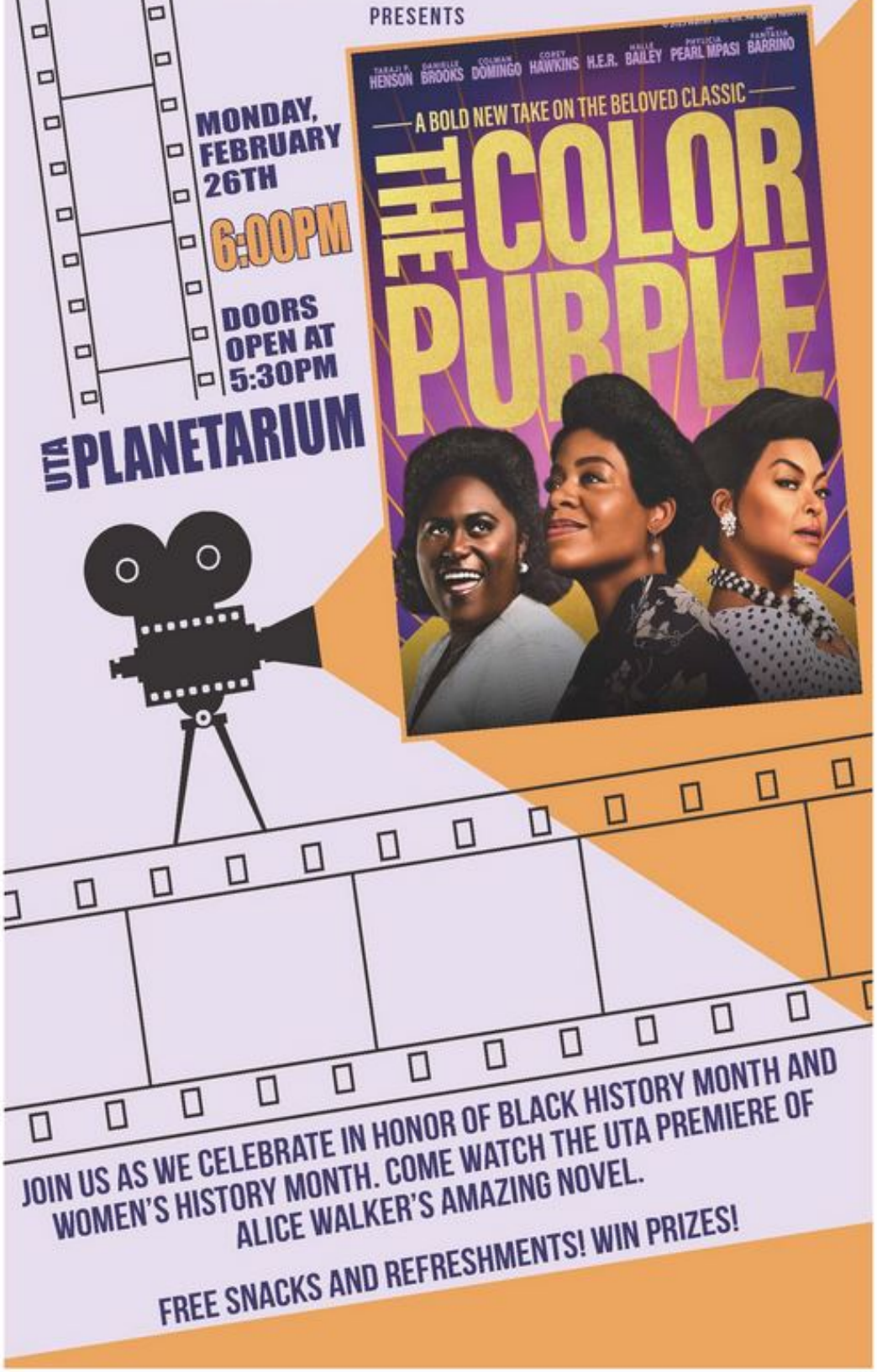
Here are some more resources to look into:
Love is Respect

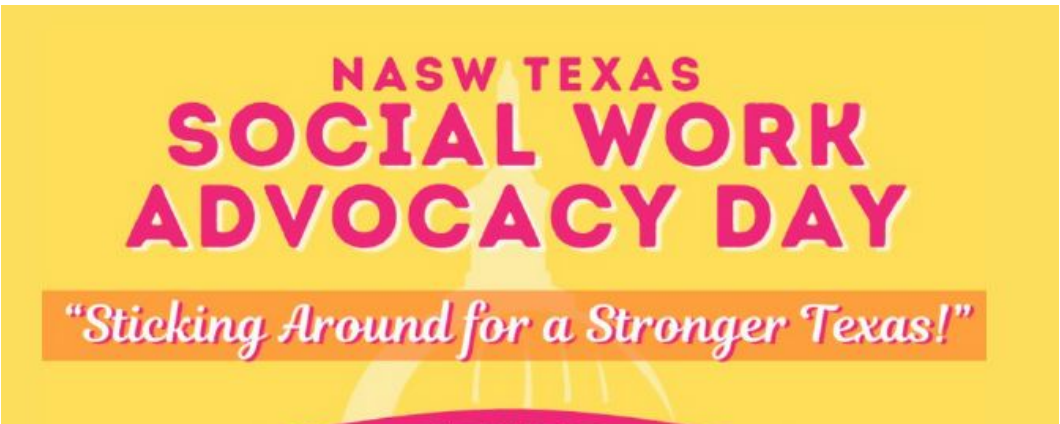
Teen DV Month

With Love and Light,
Emily Rappaport
USL Intern
The University of Texas at Arlington

UTA Resource: Relationship Violence & Sexual Assault Prevention (RVSP)

Opportunities


PRESENTS
TARAJI P. HENSON DANIELLE BROOKS COLMAN DOMINGO COREY HAWKINS H.E.R. HALLE BAILEY PHYLICIA PEARL MPASI KENTEZIA BARRINO
A BOLD NEW TAKE ON THE BELOVED CLASSIC
THE COLOR PURPLE
MONDAY, FEBRUARY 26TH
6:00PM
DOORS OPEN AT 5:30PM
UTA PLANETARIUM
JOIN US AS WE CELEBRATE IN HONOR OF BLACK HISTORY MONTH AND WOMEN'S HISTORY MONTH. COME WATCH THE UTA PREMIERE OF ALICE WALKER'S AMAZING NOVEL.
FREE SNACKS AND REFRESHMENTS! WIN PRIZES!


NASW TEXAS
SOCIAL WORK ADVOCACY DAY
"Sticking Around for a Stronger Texas!"

SAVE THE DATE
03.22.2024
Texas State Capitol
naswtxswad.com
Please complete this Advocacy Day Interest Form which contains information about cost, transportation, and logistics if you think you might like to attend. The interest form must be completed by Monday, February 27th.
We will provide the official registration form and details about how to reserve your spot to all students who have completed the form after 02/27.

UTA SCHOOL of SOCIAL WORK HAS
THE FOLLOWING EXTRA
SPRING 2024 SCHOLARSHIPS
SILAS L. MILLER
SCHOLARSHIP FOR MSW
STUDENTS NOW OPEN.
DEADLINE TO APPLY IS
MARCH 1ST.
TO APPLY, GO TO
MAV SCHOLARSHIP

SCHOOL OF SOCIAL WORK

Empowerment Pathways: Student Succss Series

ALUMNI PANEL EVENT: NAVIGATING THE PATH IN SOCIAL WORK

March 7, 2024
5:30 p.m. to 6:30 p.m.
School of Social Work Building Room 231
Or join us virtually

RSVP

by scanning the QR code
OR
By clicking HERE

In-Person space is limited

For more information contact Traecia.Nichols@uta@edu

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15 March
9.00 am- 11.00 am
(CT)

Deadline
1 March 2024

Registration
https://utaedu.questionpro.com/t/AXuifZ1eTB

ABOUT US

Students for Global Change
University of Texas Arlington
sxs4050@mavs.uta.edu

Research Study on the Impact of COVID-19 on Latina Dreamers

- Are you a female DACA participant (Dreamer)?
- Are you currently enrolled in a 4-year college or university in Texas?
- Are you interested in discussing how COVID-19 has impacted different areas of your life?

If you answered "yes" to these questions, then you may be eligible to participate in a confidential research study exploring the experiences of Latina Dreamers during COVID-19.

If you are interested, please go to the link below or scan the QR code to complete the online screening.

https://uhsocialwork.co1.qualtrics.com/jfe/form/SV_bl7qCSoyhSvYKIm

If you are eligible you will be contacted within 48 hours by a member of the study team about scheduling an interview that will be conducted by Zoom. Your total time of participation will be about 90 minutes and you will receive a $50 Amazon gift card for you time. Please feel free to share this link with friends/colleagues who may be interested in participating. Funding for this study was provided by the University of Texas at Arlington Center for Mexican American Studies (CMAS) Faculty Fellowship Program.

If you have any questions about this study, please contact the PI of our research team, Dr. Micki Washburn at Micki.Washburn@uta.edu or at 832-498-14015. This project has been approved by the UTA Internal Review Board (IRB). For questions about your rights or to report a complaint, contact the UTA Research Office at 817-272-3723 or regulatoryservices@uta.edu

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Relationship Violence and Sexual Assault Prevention (RVSP) is launching a pilot program to give students opportunities to volunteer on a PRN, or as the situation demands, basis.

What you need to know:

Those who sign up for the program will be required to attend a one-time mandatory workshop that will go over how to be sensitive towards those that have experienced trauma, what services RVSP provides, and how they can be a better ally to the victims and survivors they may encounter. After this mandatory training, volunteers will receive a certificate from RVSP and will be cleared to assist the program whenever they please.

If you are interested in, please fill out the form: Interest Form

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THE OHIO STATE UNIVERSITY
COLLEGE OF SOCIAL WORK

Are you a member of a Latine immigrant family? Do you want to talk about the financial lessons shared in your family?

What is the study about?

The College of Social Work is conducting a study to explore the financial conversations and lessons shared in Latine immigrant families. We will complete separate interviews with one parent/caregiver and one adult child who is a college student from 15 families. The interviews can be completed in English and/or Spanish.

We are looking for:

- Undergraduate college students (18-24 yrs old) from Latine immigrant families
- Parents/caregivers from Latine immigrant families

Earn $33 for participating!

Note: Participants' personal information, including immigration status, will not be shared, or connected to the study results.

If you are interested in participating, please contact:

Yesenia Alvarez Padilla
alvarezpadilla.1@osu.edu
(775) 345-5602

This study has been approved by the Institutional review board at the Ohio State Univeraty. IRB #2023B0381

THE OHIO STATE UNIVERSITY
COLLEGE OF SOCIAL WORK

¿Eres miembro de una familia inmigrante? ¿Quieres hablar sobre las lecciones financieras compartidas en tu familia?

¿De qué se trata el estudio?
La Facultad de Trabajo Social está llevando a cabo un estudio para explorar las conversaciones financieras y las lecciones compartidas en las familias inmigrantes. Realizaremos entrevistas separadas con un padre/cuidador y un hijo/a que es estudiante universitario de 15 familias. Las entrevistas pueden ser completadas en inglés y/o español.

Buscamos a:

- Estudiantes universitarios latinos de pregrado (18-24 años de edad) de familias inmigrantes
- Padres latinos de familias inmigrantes

Recibe $33 por participar

Nota: La información personal de los participantes, incluido el estado migratorio, no se compartirá ni se conectará con los resultados del estudio.

Si estás interesado comunícate con:

Yesenia Alvarez Padilla
alvarezpadilla.1@osu.edu
(775) 345-5602

Este estudio ha sido aprobado por la junta de revisión institucional de la Universidad Estatal de Ohio IRB # 2023B0381

KRISPY KREME DOZENS TO SUPPORT

Student Association for Macro Social Work

$15 PER DOZEN

OVER 50% DONATED BACK

ENDS March 5

ORDER https://grouprai.se/krispykreme38518sb

GroupRaise

Join the Social Workers for Children

+ Families Student Organization

- Network with other UTA students
- Hear from professionals within the social work field

To join, scan the QR code or email Dr. LaBrenz (catherine.labrenz@uta.edu) or Dr. Okoruwa (tiara.okoruwa@uta.edu)

CONNECTION-SEEKING AND MENTAL HEALTH

A WEBINAR FOR SERVICE PROVIDERS WHO SERVE CIS AND TRANS GAY, BI, QUEER GUYS

SPEAKER: RAHIM THAWER, MSW, RSW

THIS WEBINAR WILL EXPLORE:

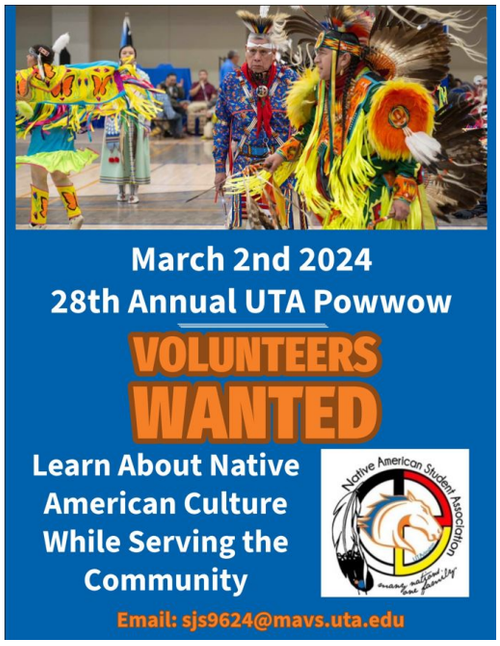
- INNOVATIONS AND CHALLENGES IN QUEER RELATIONSHIPS
- THE EXPERIENCES OF APP AND HOOKUP CULTURE
- BEST PRACTICES FOR STBBI COMMUNICATION
- HELPFUL WAYS TO TALK ABOUT SHAME, ENVY, ISOLATION, AND SUBSTANCE USE

THURSDAY FEBRUARY 29, 2024

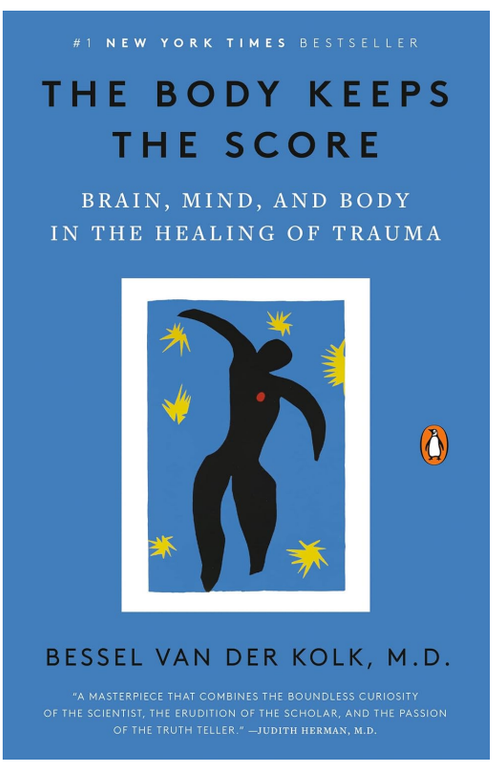
11 :00 PST - 12:00 MST - 1:00 CST - 2:00 EST - 3:00 AST - 90 MIN

REGISTER NOW HTTPS://CSMH-SERVICEPROVIDERS.EVENTBRITE.CA

cbrc
Community-Based Research Centre



Book of the Week



The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma

by Bessel van der Kolk M.D

Synopsis: The Body Keeps Score
"The Body Keeps Score" is a leading-edge best seller about how to define, understand, and the need to direct treatment for traumatic stress. The author Bessel van der Kolk, is a renowned psychiatrist and trauma expert. His influential work explores the profound impact of trauma on the whole body.

This wonderfully written book is a directive commentary that understands the emotional, physical, and the physiological effects of how personal traumatic life events can devastate an individual's mental health. Author Van der Kolk writes from his own personal perspective as a clinical researcher. His case studies help to highlight the lasting effects of traumatic events as well as how a variety of methodological treatments like Eye Movement Desensitization and Reprocessing (EDMR), neurofeedback, can lend itself towards the ability to heal from those set traumas.

The conclusion of his research provided context of how we view trauma and the variety of symptoms that can manifest during post-trauma. Emotions of anxiety, depression, dissociation, addiction, and self-destructive behaviors. A functioning disruptor to one's ability to regulate emotions of the whole body. The mental and physical aspects of what is perceived through those traumas.

This is a must read. Especially if you, the reader needs to explore personal solutions to trauma.

By Monique Lawson
UTA MSW Intern

Available on Amazon

Student Success Resource

My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.

Alumni Panel Event

📅 Event Details: 📅

Date: Thursday, March 7th
Time: 5:30pm-6:30pm
Location: SSW Room 231 or Join us Virtually via the link in our RSVP Form

🌸 About the Event: 🌸

At the Alumni Panel Event, you can look forward to:
Distinguished Alumni Panelists: Hear from our alumni who have made a significant impact in the field of social work. They will share their experiences, challenges, and successes, offering valuable insights for your own journey.
Career Stories: Learn about the diverse career paths our alumni have pursued, from clinical social work to community organizing, and how they have contributed to positive change in their communities.
Q&A Session: Have burning questions about the field of social work, job prospects, or the graduate experience at

The University of Texas at Arlington ? Our panelists are here to provide you with expert advice and guidance.

📅 Save the Date: Mark your calendar and invite friends!

Sign Up Here for Alumni Panel Event

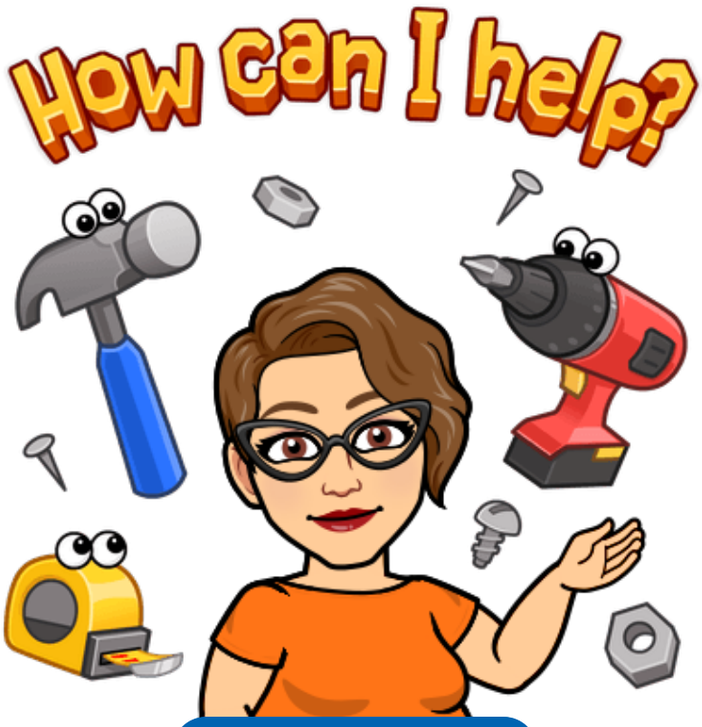
Academic Resources

Graduate Director Office Hours

Meet Dr. Regina Praetorius, LMSW-AP-S, the Director of Graduate Programs at UTA's School of Social Work during her new open office hours.

Options are listed below:

- Wednesdays 2-3pm (SWSH Suite 203/204)
- Thursdays 6:30-7:30pm (virtual)



Thursday Virtual Meetings

Academic Advising

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click the button below. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

No drop in appointments available? **Visit this page** to find your advisor's power hour where you can always drop in and ask questions, no appointment needed.

Apr 1st: Summer 2024 and Fall 2024 class registration opens

Schedule your appointment here

Field Placements

- **Feb 5th** - Summer Field Application opens.
- **Apr 5th** - Summer Field Application closes.
- Field forms are available here!
- Field FAQ
- If you are having technical difficulties with Tevera please email sswfield@uta.edu and include a screenshot of the issue.

Field Advising

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

BSW and BSSUT Students

- Field Advisor: Vanessa Caraveo
- 1st & 3rd Thursday | 3pm - 4pm
- **Join your field advisors' power hour here**

Advanced Children & Families, Advanced CAP, Advanced Aging & Advanced Health

- Field Advisor: Monica Brown
- 1st & 3rd Wednesday | 4pm - 5pm
- **Join your field advisors' power hour here**

Advanced Mental Health/Substance Misuse

- Field Advisor: Sharon Martin
- 1st & 3rd Thursday | 3pm - 4pm
- **Join your field advisors' power hour here**

View all field advisors and power hours here

Undergraduate & Graduate Student Leader (USL/GSL)

USLs & GSLs serve as advocates and communication facilitators for BSW & MSW students, fielding questions about all aspects of the school experience, including advising, field, registration, orientation, scholarships, deadlines, program policies, and more. You may reach out to your USL / GSL by email or Teams.

If you do not know who your assigned USL is, you may email Emily Rappaport (emily.rappaport@mavs.uta.edu) or Jackie Flores (jackie.flores@mavs.uta.edu).

If you do not know who your assigned GSL is, you may email Makita Johnson (mxj1622@mavs.uta.edu) or Andrea Moreno (axm7516@mavs.uta.edu).

Click here to meet our USLs

Click here to meet our GSLs

Licensing

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW or LMSW licensing exam, click here to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
- **There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!**
- Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

UTA Resources

UTA Academic Calendar

Evidence-Based Research Guide

Webinar Library

UTA Counseling & Psychology Services

SAR Center

Free Windows Apps with Student ID

SSW Writing Resources

Suicide Prevention Lifeline

Emergency Assistance Fund

Rental Assistance Program

Survivor Support Group

Free & Confidential HIV Testing

UTA/Tri-C Food Pantry Distribution

CAPS

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

- John F. Kennedy

Follow UTA School of Social Work on: