Alyssa Gallagher, MSW GSL Intern

Love & Light,

It seems impossible sometimes and it is okay to ask for help. There should be no shame or judgment. Education and validation from society are huge steps to create a more accepting environment for those with a mental illness. It is no longer okay to keep these things hidden. Though many of us can point to patterns of behavior that point to these issues, we can't seem to outrun the very things that bring us down. The work to internalize and break these patterns is ongoing, and it is okay to reach out for support on this journey of restoration.

This role has provided me with many incredibly rewarding and fun experiences! I have served as a USL volunteer and am now completing my internship as a USL intern. This has taught me so much about the programs at UTA and how to engage with students who are facing crises and other challenges. This is an opportunity for you to ask questions, similar to Office Hours for faculty! If you have any questions or concerns, please contact me at alyssagallagher@uta.edu.

Looking ahead, I plan to pursue a Master's degree with the goal of becoming a school social worker at the middle school level. I believe students and their families, and I believe there is a lot of opportunity for that in the school social worker role. Join your field advisors' power hour here.

For more information about the MSW program, check out this website.

Success and Advising Course

Your Success and Advising Course will consist of resources that are available on Canvas—Check it out!

 Interested in the LCDC? Scroll to the end of this webpage and click on “Learn more about the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

The University of Texas at Arlington

Learn more about

Learn About Indigenous Rights

Native Hope is an organization that sets out to educate, raise awareness, provide resources, outreach, and our power to generation following the loss of lives, land, and vital aspects of culture. Native Hope is dedicated to awareness of MMIW (Missing and Murdered Indigenous Women). A study by the National Institute of Justice found that more than four in five American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence at the time this study was conducted, approximately 1,500 American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence. In a national survey over half of the respondents had never heard of this issue before. The Indigenous people face a system of violence, discrimination, and oppression that is systemic. As we express our gratitude, we must never forget that the highest appreciation is not to wish to be an ally to the cause.

You've probably heard of the colonization of America in a positive light from the settlers' perspective. You may have heard that the Native peoples of this country were here long before these settlers arrived. The history you're taught was created by colonizers to justify their actions. But this is not the whole story. You've probably heard of the colonization of America in a positive light from the settlers' perspective. You may have heard that the Native peoples of this country were here long before these settlers arrived. The history you're taught was created by colonizers to justify their actions. But this is not the whole story.

Krystle Vela, MSW GSL Intern

With Love and Light,

Deserve to get the awareness and justice the women and families deserve.

Learn about

Learn About Indigenous Rights

Native Hope is an organization that sets out to educate, raise awareness, provide resources, outreach, and power to generation following the loss of lives, land, and vital aspects of culture. Native Hope is dedicated to MMIW (Missing and Murdered Indigenous Women). A study by the National Institute of Justice found that more than four in five American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence. In a national survey over half of the respondents had never heard of this issue before. The Indigenous people face a system of violence, discrimination, and oppression that is systemic. As we express our gratitude, we must never forget that the highest appreciation is not to wish to be an ally to the cause.

Learn About Indigenous Rights

Native Hope is an organization that sets out to educate, raise awareness, provide resources, outreach, and power to generation following the loss of lives, land, and vital aspects of culture. Native Hope is dedicated to MMIW (Missing and Murdered Indigenous Women). A study by the National Institute of Justice found that more than four in five American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence. In a national survey over half of the respondents had never heard of this issue before. The Indigenous people face a system of violence, discrimination, and oppression that is systemic. As we express our gratitude, we must never forget that the highest appreciation is not to wish to be an ally to the cause.

Learn About Indigenous Rights

Native Hope is an organization that sets out to educate, raise awareness, provide resources, outreach, and power to generation following the loss of lives, land, and vital aspects of culture. Native Hope is dedicated to MMIW (Missing and Murdered Indigenous Women). A study by the National Institute of Justice found that more than four in five American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence. In a national survey over half of the respondents had never heard of this issue before. The Indigenous people face a system of violence, discrimination, and oppression that is systemic. As we express our gratitude, we must never forget that the highest appreciation is not to wish to be an ally to the cause.

Learn About Indigenous Rights

Native Hope is an organization that sets out to educate, raise awareness, provide resources, outreach, and power to generation following the loss of lives, land, and vital aspects of culture. Native Hope is dedicated to MMIW (Missing and Murdered Indigenous Women). A study by the National Institute of Justice found that more than four in five American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence. In a national survey over half of the respondents had never heard of this issue before. The Indigenous people face a system of violence, discrimination, and oppression that is systemic. As we express our gratitude, we must never forget that the highest appreciation is not to wish to be an ally to the cause.

Learn About Indigenous Rights

Native Hope is an organization that sets out to educate, raise awareness, provide resources, outreach, and power to generation following the loss of lives, land, and vital aspects of culture. Native Hope is dedicated to MMIW (Missing and Murdered Indigenous Women). A study by the National Institute of Justice found that more than four in five American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence. In a national survey over half of the respondents had never heard of this issue before. The Indigenous people face a system of violence, discrimination, and oppression that is systemic. As we express our gratitude, we must never forget that the highest appreciation is not to wish to be an ally to the cause.

Learn About Indigenous Rights

Native Hope is an organization that sets out to educate, raise awareness, provide resources, outreach, and power to generation following the loss of lives, land, and vital aspects of culture. Native Hope is dedicated to MMIW (Missing and Murdered Indigenous Women). A study by the National Institute of Justice found that more than four in five American Indian and Alaska Native women have experienced violence in their lifetime, including 56.1% who experienced sexual violence. In a national survey over half of the respondents had never heard of this issue before. The Indigenous people face a system of violence, discrimination, and oppression that is systemic. As we express our gratitude, we must never forget that the highest appreciation is not to wish to be an ally to the cause.