



UNIVERSITY OF  
**TEXAS**  
ARLINGTON

**SCHOOL OF  
SOCIAL WORK**

## MASTER OF SOCIAL WORK



I acknowledge the grave harm brought by colonialism to this land, especially the systematic attempts to erase indigenous and African identities through violence, slavery and racist segregation laws.

# WEEKLY UPDATE

## July 19, 2021

## SOCIAL JUSTICE SPOTLIGHT

### Bereaved Parents Awareness Month

According to Beverly Beuermann-King, "There are so many expressions of grief after the loss of a child, that often it is hard to sort out how a bereaved parent is really coping."

#### Grieving The Loss Of A Child

Beuermann- King describes the loss of a child as being "the most stressful and inconsolable of losses to deal with." She continues saying, "It violates the natural order of things and it's not fair for an innocent to see their dreams unfulfilled." Some parents may feel as if they are ultimately responsible for their child's safety and well-being which may lead them to feel like they have failed their child when loss occurs. When faced with grieving parents, many people do nothing or avoid any interactions, simply because we don't know what to do or say. However, the month of July is designated as Bereaved Parents Awareness Month, a time for supporting friends and loved ones who've experienced the stress and loss of a child.

#### Tips For Building Resiliency Through Bereaved Parents Awareness Month

Don't avoid the parents. The child's death may make you very uncomfortable and it may make you contemplate the mortality of your own children. It is okay for you to not know what to say or how to help. A listening ear may be what they need the most. I love the sentiment that one parent received from a friend: "Grieve well. One day you will cease to remember him with tears and instead remember him with smiles."

For many, the first year after a child's death can be the most difficult. Anniversaries, birthdays and holidays will trigger pain and tears. Don't avoid these dates but provide an opportunity for the parent to grieve and remember and not feel like they must hold the grief under control. Continue reading tips from Beverly Beuermann-King [here](#).



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## GET SUPPORT

### Announcement

Brooke Troutman, our UTA social work librarian, is leaving UTA to pursue another opportunity. As we await their replacement, students can reach out to [socialworklibrarians@uta.libanswers.com](mailto:socialworklibrarians@uta.libanswers.com) for assistance.

### Virtual Support Groups

**Need support?** Attend *Mavs Hour* Wednesdays. Email [Chantinia Chansler](mailto:Chantinia.Chansler) for the link to participate.

**Know a non-social work student who needs support?** Make a referral to the weekly support groups to the left.

#### Who may participate:

Must be 18 years of age or older  
Individuals affiliated with UTA (students, faculty, staff, etc.)—each group has their own selection criteria (i.e. *students only*)  
At this time, **we are not serving students from the School of Social Work** to maintain HIPAA and FERPA standards. These students will be connected with resources and university personnel to best serve their needs.  
Individuals who have been referred to the SSW Virtual Clinic and reached out through the email: [SSWCOVID19HELP@uta.edu](mailto:SSWCOVID19HELP@uta.edu)

### Weekly Virtual Support Group Schedule

	MONDAY	TUESDAY
	6:30PM-7:30PM Military Women Empowerment Group	9:00AM-10:00AM Parenting During a Pandemic
WEDNESDAY	THURSDAY	FRIDAY
10:00AM-11:00AM First-Generation & International Students' Success 1:30PM-2:30PM Accommodating For Success 3:30PM-4:30PM Promoting Healthy Habits 6:30PM-7:30PM COVID and Caregivers	6:15PM-7:15PM Building Better Interpersonal Relationships	10:00AM-11:00AM Men's Virtual Room of Recovery 11:30AM-12:30PM Women's Virtual Room of Recovery 6:30PM-7:30PM Active Duty, Deployed Guard and Reserve Group

Presented by University of Texas Arlington | School of Social Work



## YOU MATTER

Hi Everyone,

Thank you for the kind words you've shared with me these past couple of weeks. I'm humbled to know that my words have connected with some of you in a meaningful way. Some of the best advice I've received from mentors is to "say what you need to hear." When I follow this advice, it's always led to healthy conversations and ultimately a stronger community. So what do I need to talk about today? Hurt. Discomfort. Sadness.

My grandmother passed away earlier this week. My heart is heavy with my grief, but I'm also taking in my family's feelings. Watching their pain is hard, but in some ways, I'm grateful to sit in that discomfort with them. It means that our relationships are genuine. We don't have to pretend to be something we're not. We can just *be*. I'm going out with friends on Saturday, and one of my friends had the most loving reply: "I still want to see you, whatever your mood." Putting on a persona is exhausting, and, to tell you the truth, it's not necessary. You matter enough to let go of that pressure of presenting a certain way and just *be*.

My hope for you all is that you learn to *be* with the people around you, including your family, friends, and Clients. I remember early in my career, I wanted to be the "best" social worker. I tried to solve problems. Looking back, I realize that my heart was in the right place, but my intentions were more hurtful than harmful. I let my ego get in the way. Anytime someone came to me with a problem, I immediately started helping them look for solutions. Or, when someone was upset for more than 10 minutes, I'd want to change the topic by finding solutions. But how can you resolve something like grief? How can you permanently "fix" someone's financial situation when there are so many systemic barriers? Sometimes I worry that we focus too much on "checking boxes," and we forget about the healing power of just *being* with someone. Validating pain can be more helpful than trying to provide case management your way on your own time.

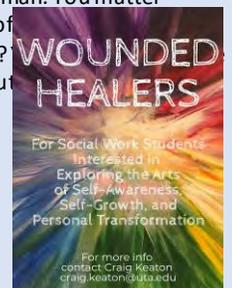
Maybe you think you would never do that. I remember thinking the same way, but when you convince yourself something will "never" happen, it's a lot easier to ignore the behaviors/thoughts that are harmful. Social work is not like a textbook. You may know the "correct" way of practicing, but knowing doesn't protect you from making those mistakes. The sooner YOU take the pressure off of you to always have the correct answer, the sooner you'll start to thrive in every part of your life. It's so hard to hear someone else's pain, and often our first response is to try to alleviate it. But our job as social workers is not to "fix" because our Clients are NOT broken. It's about being with someone in what's most likely a vulnerable time in their lives. My challenge to you is to look deeper than the textbook answers. Sit with that discomfort of asking yourself, what do my behaviors say? Am I here for this person, or am I letting my ego get in the way? For me, there are signs I've identified when I'm making it more about me than the person:

- Talking more than listening
- Trying to make someone feel better
- Trying to give solutions
- Avoiding a deeper conversation because of my discomfort

Remember, you don't have to be perfect, just human. You matter

enough to show your authentic self. What parts of your heart are you hiding? Your humor? Your tears? To know! Bonus points if you can list them without words in your textbook. 😊

*If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!*

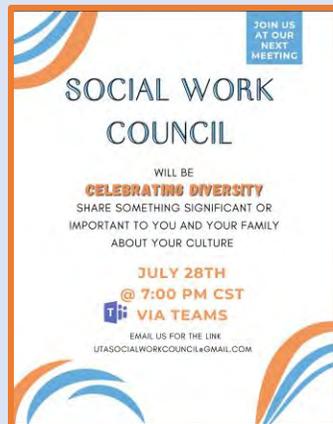


## MSW PROGRAM CHOICES

### Integrative or Thesis?

Not sure which route you want to take during your MSW? Watch this [recording](#).

## STUDENT ORGANIZATION SPOTLIGHT



## WELCOME NEW BSW ADMIN ASSISTANT!

Our previous BSW program administrative assistant Velvet Denny has moved out of state, and we are pleased to welcome our new admin assistant, David Waters!

David will be helping with things like minor declarations, transitioning to the major, BSW orientation and more. He can be reached at [david.waters@uta.edu](mailto:david.waters@uta.edu)



## ADVISING



Feeling a bit lost? Already worrying about Fall as you begin Summer? Start with your Graduate Student Leader! Don't know who that is? Email [Julie Henderson](#) or [Nicole Ferguson](#).

- **ATTENTION COHORT STUDENTS:** You must register for fall classes by July 26. Thereafter, any remaining cohort seats will be opened to noncohort students
- If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Toy Howard	Mon 10-11	<a href="#">Click here to join the meeting</a>
Valerie Adame	Tue 11-12	<a href="#">Click here to join the meeting</a>
Maresia Davis	Wed 11-12	<a href="#">Click here to join the meeting</a>
Cleondria Marable	Thu 11-12	<a href="#">Click here to join the meeting</a>

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LMSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.



## FIELD PLACEMENTS

### GENERAL

- InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- [Field forms are available here!](#)
- [Field FAQ](#)
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

### SUMMER

- **The reduction in Field Hours has been extended through the Spring 2022 semester.**
- **Find more information regarding Summer 2021-Spring 2022 Field accommodations [here](#).**
  - Block students must complete a minimum of 408 hours for Summer 2021
  - Split students must complete a minimum of 204 hours for Summer 2021
- The Block Field 14-week Summer Session & Split Field 11-week Summer Session dates have been updated on the [Field website calendar](#)

### FALL

- **The Fall 2021 Field Application closed June 4<sup>th</sup>. No late applications will be accepted.**
- Fall Field placements are currently being assigned based on the order in which field applications were submitted. If you have a question, please contact your field advisor.

### SPRING 2022

- The Spring 2022 Field Application opens Oct. 01 – Nov. 26, 2021. These dates are subject to change. See the full Fall 2021 Field Education Calendar [here](#).
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).

## FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Foundation MSW
  - Field Advisor: Natalie Mangham
  - 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month, 3-4
  - [Click here to join the meeting](#)
- CAP & Children & Families
  - Field Advisor: Monica Brown
  - 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month, 3-4
  - [Click here to join the meeting](#)
- Mental Health
  - Field Advisor: Hector Ramos
  - 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month, 3-4
  - [Click here to join the meeting](#)
- Aging & Health
  - Field Advisor: Sharon Martin
  - 1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month, 3:30-4
  - [Click here to join the meeting](#)

Any Questions?



## IMPORTANT DATES

### SUMMER 11 WEEKS 2021

- Jul. 22 - Last day to drop classes; submit requests to advisor prior to 4:00pm
- Aug. 12 - Last day of classes
- Aug. 16 - Final exams
- Aug. 17 - Final exams
- Aug. 18 at 7pm – SSW Commencement Ceremonies at College Park Center (on UTA campus)

## COURSE REGISTRATION

### Fall Registration Is Open

### 21-Day Challenge

The [Arlington-Mansfield Area 21-Day Challenge](#) encourages daily actions to learn more about racial equity, promote unity, and combat divisiveness in our communities.

- The deadline to apply to graduate passed on July 1. To apply late, contact your advisor ASAP.
- There is an additional \$60 late application fee.
- SSW [commencement ceremony](#) tentatively scheduled for August 18 at 7pm at College Park Center
- The Virtual Ceremony is to be held on Saturday, August 21, 2021.
- Guest ticket info: Click [here](#)
- Are you a NASW student member graduating in August? Be sure to request your [graduation card](#) before Friday, July 16. Not a member yet? You can join NASW before you graduate for only \$60 and receive a discount on your membership dues for the next two years if you retain active membership. Click [here](#) for more information.



## VIRTUAL EVENTS

### Support Dreamers

Mark your calendar for a training session on supporting DACA and undocumented Mavericks so they can be successful.

[Dreamers Ally Training](#) is at 2 P.M. **Wednesday, July 21**. For more information, email [dreamers@uta.edu](mailto:dreamers@uta.edu).

### NASW's Congressional Advocacy Day

Please join us on **July 22** to advance critically important congressional legislation that will strengthen the social work profession and the clients they serve. This is a key opportunity to meet with your congressional delegation, educate them about the value of social work and social workers, and to gain their support for priority legislation. To register for the event, please click [HERE](#). Registration is \$25. Space is limited, so please register early. Participants will be able to register on a first-come, first-served basis.



### On Demand Fitness Classes

Fitness On Your Schedule



The following classes are on-demand! Take them anytime.

[Strength Class 1](#)    [Pulse Strong 1](#)  
[Strength Class 2](#)    [Pulse Strong 2](#)  
[Tabata 1](#)            [Tabata 2](#)



### Suicide-Focused Assessment and Treatment: An Update for Professionals

Join us for this online course  
**October 20, 2021**

SAVE THE DATE

### Regina's Inspiration Station

**Wednesday, 2-3pm** Come visit with me about your challenges, hopes, inspirations, ideas for the programs, and your career plans. This is an open mentoring hour for us to chat about whatever you like!



[Join Microsoft Teams Meeting](#)  
**I am also available weekly on Tuesdays from 9-9:50am!**  
[Click here to join the meeting](#)

## GRADUATION

### Calling ALL UTA Alumni

The Social Work Council is creating a Cap & Gown Lending Closet for future graduates at all levels.



Donate your cap & gown to The Social Work Council to help current graduates as they step across the stage. If you need a gown please contact us!

For more info contact The SWC  
[utasocialworkcouncil@gmail.com](mailto:utasocialworkcouncil@gmail.com)

### IPE Distinction Certificate

Interprofessional education (IPE) is "when students from two or more professions learn about, from and with each other" (WHO, 2010).

Have you participated in IPE activities while attending UTA?

Want to be recognized for your hard work?

Apply for an IPE Distinction Certificate!

#### REQUIREMENTS:

- MUST HAVE COMPLETED AT LEAST TWO IPE ACTIVITIES WHILE ATTENDING UTA
- MUST BE ABLE TO DISCUSS THE IPE ACTIVITIES IN WHICH YOU PARTICIPATED
- SUBMIT A COPY OF YOUR RESUME THAT INCLUDES THE IPE ACTIVITIES
- SUBMIT AN EXAMPLE COVER LETTER EXPLAINING HOW IPE HAS HELPED YOU TO PREPARE FOR A JOB

To fill out an application  
[CLICK HERE!](#)

**APPLICATIONS ARE DUE: July 16th, 2021**

Questions?  
Contact: Professor Tracy Orwig  
[tracy.orwig@uta.edu](mailto:tracy.orwig@uta.edu)





## RESEARCH

[Student Research Opportunity Center](#)

[Social Work Course Guides](#)

**WE WANT TO HIRE YOU!**

We're looking to hire research assistants, this upcoming fall semester, who are passionate about enhancing their macro social work skills & increasing the political impact of social workers in their communities and beyond.

We need your help coordinating outreach through social media, supporting research regarding public policy, civic engagement & social workers, creating educational and outreach materials, creating a network of local advocates, and providing general support to our operation.

**SPEAK**

SOCIAL POLICY EDUCATION, ADVOCACY, & KNOWLEDGE



**CLICK HERE TO APPLY**

RESEARCH TUTORING CENTER

**DROP-IN SOCIAL WORK RESEARCH ASSISTANCE**

Calling all students enrolled in research courses! Are you struggling with your research class? Tutors are here to help! Log in through Microsoft Teams to receive assistance.

JOIN IN TUESDAYS FROM 12-2PM. LOG IN HERE

Unable to drop by during the designated time? No problem! Submit your questions here.



## FUNDING

**Hiring Immediately!**  
[Apply Here](#)

Seasonal Retail Team Member – Part-time  
**University of Texas at Arlington Bookstore**  
Department: Fall Rush Bookstore 2021  
Perks - Employee discount, flexible schedule  
Hourly Rate of \$12 Hour

## BE A PART OF OUR TEAM!

### NOW HIRING VA WORK STUDY STUDENTS

Gain professional experience and serve your fellow military-connected students by working with the Military and Veteran Services Education Benefits Certification Team:

- Processing VA Education Benefits
- Hazlewood Exemption Benefits
- Welcoming/assisting visitors
- Answering questions over the phone
- Other projects as needed

**Click Here for application**  
send completed application to [va@uta.edu](mailto:va@uta.edu)

student must be currently using federal VA Education Benefit and enrolled at least 3/4 time



MILITARY AND VETERAN SERVICES



## Scholarships

**Fall scholarships closed on July 9th.** Visit the [ScholarShop](#) to search scholarships you might qualify for.



## STAY SAFE

### Expanded COVID-19 vaccine opportunities to include on-campus availability

UTA has established a partnership with OptumServe to provide all interested employees and students access to COVID-19 vaccines at a convenient on-campus location and free of charge. UTA students and employees are strongly encouraged to participate in COVID-19 vaccinations if they are able. Please visit the UTA [COVID-19 Vaccination Information and Resources](#) page to access registration links and instructions for both vaccine opportunities.

### FACE MASK POLICY

UTA no longer mandates the wearing of masks on campus but continues to strongly encourage and recommend that Mavericks wear masks, particularly when inside campus buildings.

For the latest updates on UTA's response and guidelines for COVID-19, please visit the [Coronavirus Information Page.](#)"

## KNOW YOUR STATUS

No cost & confidential HIV testing

CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 882-478-6905  
EMAIL: TYLERB@MHMRTC.ORG

Dean Ryan's [Statement on COVID-19 Health Disparities](#)



If you believe you have contracted COVID19, please type in 'COVID-19 Testing' and your zip code into the Texas Health and Human Services to [find a testing location closest to you](#)

**Have you tested positive?  
Had close contact with someone with Covid?**

1. **Complete mandatory reporting form**
2. If needed, you can:



- Ask professors for deadline leniency
- Contact your [USL](#), Program Director and/or Academic Advisor for additional support and guidance.

### MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](http://TAOconnect.org)



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](http://uta.edu/caps) for more information

UTA is a...  
COMMUNITY THAT CARES



## [UTA Academic Calendar](#)

## [Evidence-Based Practice Research Guide](#)



**Check Canvas for the MavsUnite Page!**  
To add please e-mail:  
**[Chantinia Chansler](#)**

**[SAR Center](#)**  
(Formerly Office of Students with Disabilities)

**MEAL DISTRIBUTION**



Boys & Girls Clubs of Greater Tarrant County will be distributing meals, food and snacks  
Curb-side meal distribution will occur Monday - Friday 4:00-5:30pm

**Distribution Locations**

<b>Eastside Branch</b> 4851 Ramsey Ave Fort Worth, TX 76105	<b>Main Branch</b> 608 North Elm St. Arlington, TX 76011	<b>Panther Branch</b> 1500 Hemphill Fort Worth, TX 76104
<b>Martin Branch</b> 3123 Avenue G Fort Worth, TX 76105	<b>NW Branch</b> 2000 Ellis Ave Fort Worth, TX 76104	

**All Are Welcome!**

- Meals available to any child ages 18 years or younger (membership not required)
- Meals will be distributed so long as food supplies last
- Each can be eligible to receive individually packaged meals and snacks as available to the organization
- Weekly all-home learning resources provided with each meal

**Contact Us!**  
For more information or questions contact:  
LaToya Greyer  
Lgreyer@bgcgc.org

**First Come, First Served!**

THE UNIVERSITY OF TEXAS AT ARLINGTON  
COUNSELING & PSYCHOLOGICAL SERVICES

**MAVS talk**  
24 HOUR CRISIS LINE

817-272-TALK (8255)  
WWW.UTA.EDU/CAPS  
303 RANSOM HALL

**UTA Library Accessibility**

**On-Demand & Live Fitness Classes**

Texas Health and Human Services  
**COVID-19 Mental Health Support Line**

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**




**DREAMERS WELCOME**

**In Crisis?**  
**Text HELLO to 741741**

CRISIS TEXT LINE | Free, 24/7, Confidential

### Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)      [Social Work Webinars List](#)      [Basic Function of Teams](#)

### Rental Assistance Program



The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Learn the Warning Signs.**

© 2019 National Suicide Prevention Lifeline. All rights reserved. 2019-09-12

**Emergency Assistance Fund**  
UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

**[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)**

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

**[UTA/Tri-C Food Pantry Distributions](#)**  
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Safiyah Ricks: [rdr0162@mavs.uta.edu](mailto:rdr0162@mavs.uta.edu)



**SCHOOL OF SOCIAL WORK**

211 S. Cooper Street, Arlington TX 76019  
Social Work Program  
(817) 272-2135

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*"Some Days There Won't Be A Song In Your Heart. Sing Anyway."*

*-Emory Austin*