

School of Social Work Weekly Newsletter November 10th, 2023 Fall Semester

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SOCIAL JUSTICE Spotlight



Voter Discrimination

Early this week was another election in the state of Texas, with various constitution amendments. We have seen over the past years major changes in state policies affecting us all in various parts of our lives. It is easy to say, "you need to vote" "every vote counts" and harp on the importance of political participation, but we can't gloss over the fact that voter suppression is a real issue that has been in place for generations. When issues exist at a systemic level it can be easy to shift the focus on the individual for the solution.

CNN has created a timeline of voting rights in the United States that highlights all the major points in history. Voting rights in the US is not a complete task, it is ever growing entity that will continue to grow and change shape as years continue and citizens grow and change over time.

CNN-Voting Rights

Right the ACLUTX is fighting for voter's rights across the state. In counties with large black communities like Harris County, ballots had a higher rate of rejection than other counties with large white populations. It is important to know that there are groups out there always fighting for our rights. Check out the link below to see how you can join in the fight!

ACLUTX-Voting-Rights

Love and Light, Lorraine Mossiah MSW Intern Registered Voter!

Event Spotlight







The School of Social Work and the Native American Student Association invite you to a free viewing of

LAKOTA " UNITED NATION " STATES

"A POWERFUL DOCUMENTATION ABOUT A BEAUTIFUL STRUGGLE.

YOU'LL BE ASTOUNDED"

Free Pizza and snacks Date: Nov. 28
Time: 6-8:30 PM
Location: School of
Social Work and
Smart Hospital
Room 132



Important Dates

- Nov 10th: Field Spring 2024
 Application closes
- Nov 15th: Last date to register for commencement
- Nov 17th: Deadline to apply as a <u>GSL volunteer</u>
- Nov 22nd-24th:
 Thanksgiving Holiday, no classes
- Dec 5th: Deadline to apply as a <u>USL volunteer</u>



YOU MATTER!

NOVEMBER SELF-CARE IDEAS



write a fallinspired short story or poem



make your own autumn-scented candles



sit and listen to the rain



get stuck into a 1000-piece jigsaw puzzle



curl up and watch a classic movie



make a warm stew using seasonal produce

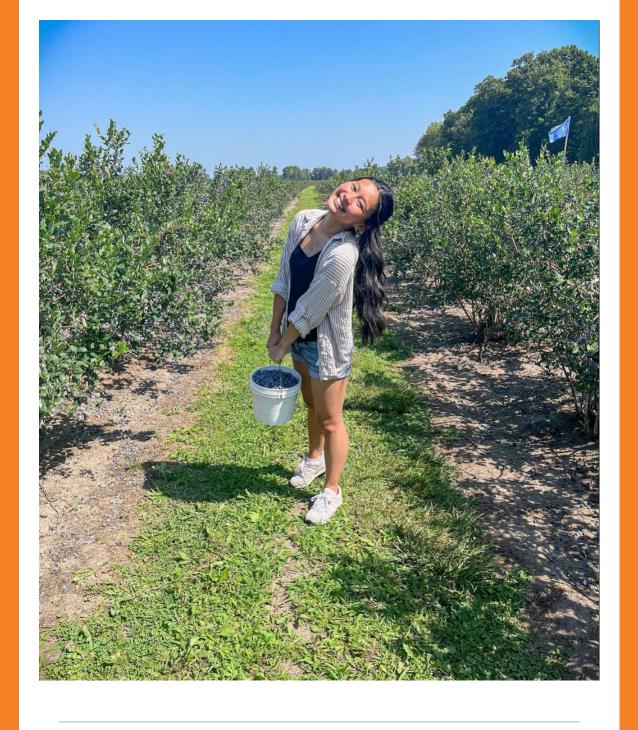


head to your local park to watch the fireworks



NOTES DITTALIA.COM

Student Spotlight



Cosette Eisenhauer, Undergraduate Student Leader

I was interested in being an Undergraduate Student Leader (USL) but to me, the word leader was a daunting word. When I think of the word "leader" I think of The President, people who are smart, People who sometimes assert themselves over people, people who are extroverts. But, then I remembered people in my life that I think are leaders and I recognized that people can be leaders if they want to help others, if they are introverts. Leaders are not just full of one type of people. If they were, so many voices would be drowned out.

I have been an Undergraduate Student Leader for 2 semesters and I have learned so much about the behind-the-scenes with admin, like anything it takes a community to help. We have 2-3 advisors and hundreds of students that want to be social workers. It takes a community of people to help serve the students who attend the School Of Social Work at UTA. Being a USL I have gained confidence in my writing and typing skills, I have gained friends throughout this program. I have also learned that it's okay to not know all the answers! If you don't know the answer you have a group of people who can help you!

That to me is an essential thing to learn as I'm going to school to be a Social Worker. It's essential to remember that when you are out of school and in the field, you aren't alone when you're talking with clients, you have a community out there that can help you if you have an ethical question, you have a community to help you find resources. Being apart of the USL Program allowed me to really recognize that it is okay to ask for help. I will forever be thankful for the opportunity to grow and the grace that people have had with me.

Because being a leader isn't about being perfect. Being a leader is about learning how to ask for help and not knowing all the answers. You learn how to be a good leader through the USL Program.

Interested in being a USL volunteer this Spring? We need people like you! <u>Apply here</u>.



Integrative Seminar Registration Information

If you need to take Integrative (Capstone) Seminar SOCW 5395 this spring, this message is for you! (And you're in the home stretch of the MSW!)

Grades post on December 20. On December 21, if you successfully completed your fall courses, you should be able to register yourself for SOCW 5395 (whether cohort or non-cohort).

Opportunities

How do pollution & climate change impact vulnerable communities?

What can we do about it?

Environmental Justice & Green Social Work Spring 2024

All readings are free! No textbook to purchase!

Topics include:

- > Environmental Racism
- ➤ Ecological issues for children, older adults, women, and low-income populations
- > Climate-forced Migration
- > Natural Disaster Response
- > Health & The Environment
- > Ecotherapy for Mental Health
- > Environmental Policy
- ➤ Micro and Macro Level Advocacy Strategies

Course: SOCW 3310

Environmental Justice & Green Social Work

Open to all undergraduates!

Modality: Online- Asynchronous (with recorded lectures and optional live sessions)

Instructor: Karen Magruder, LCSW-S

Assistant Professor of Practice karen.magruder@uta.edu



AMERICA RECYCLES DAY 2023

E-WASTE RECYCLING DRIVE

Do you have electronics lying around that have no life left?
Recycle them at the e-waste recycling drive!
E-waste includes items such as printer cartridges, batteries, cell phones etc.! Scan the QR Code for a full list of items.
*NOTE: No UTA Assets.

NOVEMBER 16TH
11 AM - 2 PM
UC MALL
(FACING WOOLF HALL)







BUILD | NETWORK | CONNECT

Meet your fellow Houston-area Mavericks from the UTA School of Social Work at a casual come-and-go event.

WHEN

NOVEMBER 15th

FROM 5:30 PM - 7:00 PM

WHERE

The Gypsy Poet

2404 Austin St. Houston, TX 77004



RSVP rb.gy/s5mzj4





MiniConference

Keynote Presentation @12pm on "Sleep... What does Social Work have to do with it?"

Dr. Christine Spadola

November, 17, 2023

9 am to 4pm

A Bluebonnet Ballroom and Upper Level

E.H. Hereford University Center

Student Workshops Job Fair
Up to 3 CEU's available for Faculty and other Social Work Professionals



Register here!



SOCW 5356 COGNITIVE BEHAVIORAL INTERVENTIONS

Instructor: Karen Magruder, LCSW-S

Format:

No textbook to purchase!



MSW Students,

The School of Social Work is recruiting Graduate Student Leader (GSL) Volunteers for Spring 2024.

Deadline to Apply:

November 17, 2023.

AS A VOLUNTEER:

- Work with the MSW director and faculty.
- Connect other students to services and resources they need.
- Act as an advocate for other MSW students.

FOR MORE INFORMATION PLEASE CONTACT A GSL INTERN

Makita: mxj1622@mavs.uta.edu Andrea: axm7516@mavs.uta.edu Skarlar: skarler.egans@mavs.uta.edu Angie: ako8208@mavs.uta.edu SCAN ME TO FIND OUT MORE





The school of social work is recruiting Undergraduate Student Leader (USL) Volunteers for Spring 2024!

VOLUNTEERS

- Work directly with the BSW program directors
- Serve as advocates and communication facilitators for BSW students
- Connect students to services and resources

DEADLINE:

December 5th

FOR MORE INFORMATION CONTACT AN INTERN:

Mayte: mvl1458@mavs.uta.edu Anadja: axm3404@mavs.uta.edu Emily: emily.rappaport@mavs.uta.edu Jackie: jackie.flores@mavs.uta.edu

SCAN HERE TO APPLY



(OR NOT?)

TELL US WHY FOR A FREE PIZZA AT PIE 5!

YOU ARE ELIGIBLE FOR THIS RESEARCH STUDY IF YOU:

- ARE AN MSW STUDENT ARE AT LEAST 18 YEARS OLD HAVE TAKEN AT LEAST 1 IN-PERSON CLASS IN OUR NEW BUILDING CAN SPEAK & UNDERSTAND ENGLISH



WHO: MEGAN WESTMORE, LMSW & REGINA PRAETORIUS, PHD ARE UTA SCHOOL OF SOCIAL WORK RESEARCHERS

WHAT: VIA MICROSOFT TEAMS. INTERVIEWS WILL LAST UP TO 1 HOUR & YOU'LL RECEIVE A \$10 PIE 5 GIFT CARD

HOW: TO SIGN UP, EMAIL MEGAN AT MEGANROSE.WESTMORE@UTA.EDU

Identify and Respond to Victims and/or Survivors of Human Trafficking Course

This is a **FREE** training module, specifically designed for social workers, to learn how to identify and respond to victims and/or survivors in a clinical setting



DEAF STUDENT MENTOR

STUDENT ACCESS & RESOURCE CENTER

WHAT WE ARE....

Do you identify as D(d)eaf/Hard-of-Hearing? Do you utilize ASL Interpreter, CART, captioning, or Note-Taker services through the SAR Center? Do you want additional support to be able to access everything that UTA has to offer?

The Student Access & Resource Center is proud to announce that we have started a new Deaf Student Mentor Program.

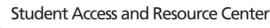
PURPOSE

The Deaf Student Mentor Program is an additional resource to the already established advocacy that is available through the Deaf and Hard-of-Hearing Coordinator and SAR Center. The purpose of the Deaf Student Mentor is to provide the Deaf perspective of resources and accessibility within the UTA campus and community.

HOW TO REQUEST SERVICE.

Any student that utilizes any combination of the resources for accessibility; ASL Interpreter, CART, captioning, or Note-Taker, is eligible to utilize the services of the Deaf Student Mentor. The student will request services via this intake-form or by contacting either Tiffani Riddick at tiffani.riddick@uta.edu or Lei-Sea Sky at leisea.sky@uta.edu for more information.





<u>Undergraduate Research</u> <u>Assistant Program (UGRAP)</u>

This program enables learning through research by engaging students with innovative faculty, professional communities, professional development, and their developing identities as leaders.

Qualifications:

- Open to all undergraduate majors.
- Full-time UTA undergraduate student.
- · Apply as early as your second semester at UTA.
- Scholarly and creative projects in all majors and fields of study.
- 2.75 CPA.
- U.S. Citizenship/Permanent Resident required.
- Awarded or eligible fr work-study (FASFA).
- Fall/Spring Semester: Must be able to commit to at least 10 hours for research and coacademic/curricular activities.
- Summer: Must be able to commit to at least 25 hours for research and co-academic/circular activities.
- Additional UTA Student Employment must be disclosed when interviewed.
- 3 semester max participation, continuation is not guaranteed.

The deadline to apply is November 20th.



- On-campus research support.
- · Ability to research at UTARI, pending availability.
- Earn funding while conducting research.
- Gain valuable experiential learning experience.
- Research Mentorship.
- Professional Development and Learning Communities.
- · Add to your career experience on your professional resume.
- Networks with UTA faculty, staff, and students.
- Participate in a formal research poster/presentation

<u>Undergraduate Research Opportunity</u> <u>Program (UROP)</u>

This program at UTA offers transformative learning through research by engaging students with innovative faculty, professional communities, and development, and their developing identities as leaders.

Qualifications:

- Open to all undergraduate students
- Must be a full-time student.
- 2.75 GPA.
- Must be a U.S. citizen or a permanent residents & international students are welcome to apply.
- For the Fall/Spring Semester you must be able to commit at least 10 hours for research and coacademic/curricular activities.
- In the summer you must be able to commit to at least 25 hours.
- There is a 3 semester maximum for participation.

Benefits:

- On-campus research support.
- Ability to research at <u>UTARI</u>, pending availability.
- Earn Funding while conducting research
- Gain valuable experiential learning experience
- Research Mentorship
- Add to your career experience on your professional resume.
- Network with UTA faculty, staff, and students.
- Participate in formal research poster/presentation.

Deadline to apply is November 20th.





IPE Distinction Certificate

Interprofessional education (IPE) is "when students from two or more professions learn about, from and with each other" (WHO, 2010).

Have you participated in IPE activities while attending UTA? Want to be recognized for your hard work?

Apply for an IPE Distinction Certificate! Requirements:

- 1) Completed at least two IPE activities at UTA
- 2) Discuss the IPE activities in which you participated
- 3) Submit a copy of your resume that includes the IPE activities

To fill out an application

CLICK HERE or scan the QR code:



Applications are due November 13th, 2023

Questions?

Contact: Professor Tracy Orwig tracy.orwig@uta.edu





- The tool will be used with offenders in BIPP group who are in concurrent counseling.
- The student would help develop the tool based on the Equality wheel.
- The student would then evaluate the results and help the team move toward validating the tool and publishing the work.
- The student would work alongside a LPC intern and a researcher in New York.

Please contact Kineret Yardena with Safe Haven at: kyardena@safehaventc.org







GALLINTERS VOLUNTERS

Winter Conference January 13, 2024

7:30AM-2:30PM

313 N Center St. Arlington, TX 76011

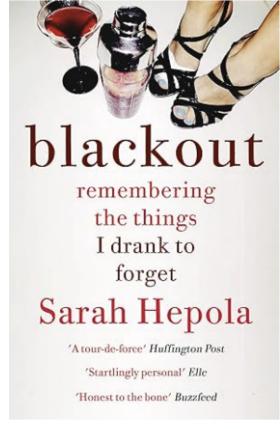
Assist with set-up, helping selfadvocates, lunch set-up, and clean-up.

Info@dspnt.org



682-316-3121

Book of the Week



Blackout: Remembering the Things I

Drank to Forget

By Sarah Hepola

Blackout is a memoir about the author Sarah Hepola, more specifically on her journey with alcohol use and her journey to sobriety. It talks about the realities of alcohol addiction, how college is a big part of it, and how many factors make it difficult to stay sober. Throughout the book, she mentions how society is a big factor on why she drank the way she did. She had many defining moments in her early years that affected her drinking habits. She tried to go sober many times throughout her life, but would break sobriety every time.

This book helped me understand alcohol addiction and how it can affect your daily life. The most important takeaway I had was that you shouldn't be ashamed of breaking sobriety, it's a journey that doesn't happen overnight and your attempts at sobriety is a big step. As a BSW student, I'm grateful for this book since it helped me understand alcohol addiction more on a personal level and it helped me be more prepared in my career when I work with clients who are going through alcohol addiction. I recommend this book as it is very engaging and informative.

Jackie Flores Undergraduate Intern

Find on Amazon

Student Success Resource



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu.



Nutrition Workshop



Join us for an exciting Nutrition Workshop featuring a Registered Dietician who will guide us through on-campus resources and help us create delicious and nutritious snacks!

Event Details:

Date: Thursday, November 16th Time: 5:30pm-7pm Location: SSW Room 231 or Join us Virtually

🗱 About the Workshop: 💥

Registered Dietician Expertise: Our special guest, Stacie Ellis, MS, RDN, LD, who will share expert advice on creating a balanced and nourishing diet, especially tailored to the on-campus lifestyle.

On-Campus Nutrition Resources: Discover nutrition resources available right here on campus! From healthy dining options to nutritional counseling services, you'll gain insights into making informed food choices.

Hands-On Snack Making: Get ready to roll up your sleeves! An interactive session will provide you the opportunity to create a tasty and wholesome snack. A list of ingredients will be provided to participants via email the Wednesday before the event for those who will be joining us virtually! Ingredients will be provided for in-person participants!

Q&A Session: Our Registered Dietician is here to provide personalized advice and address your inquiries.

Save the Date: Secure your spot for this hands-on and insightful event. Feel free to bring friends who are also eager to enhance their nutrition knowledge!

Please RSVP here by Tuesday,
November 14th to reserve your spot.
Space is limited in-person, so act
swiftly!

For inquiries or more information, please contact traecia.nichols@uta.edu

RSVP by Nov 14th

Academic Resources

OFFICE OF ADVISING AND STUDENT RETENTION

BSW/BSSUT



Daisy Jones: (A - D & I - P)

daisy.jones@uta.edu



Kyleigh Easter: (E - H & Q - Z)

kyleigh.easter@uta.edu

MSW



George Jauss: Foundation

george.jauss@uta.edu



Meverlyn Maisonave: Children & Family, Health, Aging & CAP

meverlyn.maisonave@uta.edu

FIELD



Andrea Jameson: In-Area Foundation

andrea.jameson@uta.edu



Monica Brown: Advanced Children & Family

monica.brown2@uta.edu



Sharon Martin: Advanced Mental Health

sharon.martin@uta.edu



Cindy Bassey: Advanced Aging, CAP & Health

cindv.bassev@uta.edu



UNIVERSITY OF TEXAS ARLINGTON

SCHOOL OF SOCIAL WORK

Mental Health & Substance Misuse

ssw-oass@uta.edu



Vanessa Caraveo: BSW/BSSUT Field & Out of Area Foundation vanessa.caraveo@uta.edu



Graduate Director Office Hours

Meet Dr. Regina Praetorius, LMSW-AP-S, the Director of Graduate Programs at UTA's School of Social Work during her new open office hours.

Options are listed below:

- Wednesday, 2:15pm 3:15pm On campus (Suite 203)
- Wednesday, 6:30pm 7:30pm Online (Click here to join)

Academic Advising

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click the button below. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

No drop in appointments available? <u>Visit this page</u> to find your advisor's power hour where you can always drop in and ask questions, no appointment needed.

Peer Advisors are additional resources for students with a set goal to make your journey as smooth as possible. They are assigned to specific Academic Advisors within the Office of Academic Advising and Student Success and can provide help with answering advising questions, and connecting students to resources.

Peer Advisors:

Sekina Gray

slg3139@mavs.uta.edu

Peer Advisor for: Mental Health and Substance Misuse

Maddie Hisaw

smh6805@mavs.uta.edu

Peer Advisor for: George Jauss

Elise Woodliff

Exw2508@mavs.uta.edu

Peer Advisor for: Daisy Jones & Kyleigh Easter

Lauren Johnson

laj3195@mavs.uta.edu

Peer Advisor for: Meverlyn Maisonave

Schedule your appointment here

Connections Lab

The Social Work Connections Lab was created by Dr. Diane Mitschke. We offer tutoring for social work students by social work students and can help with brainstorming and getting started, research and finding sources, writing and revising major assignments, APA citing and more. When in doubt, try us out.

You can book time with a tutor here. (If this link is giving you trouble, try opening it in an incognito window.) We offer appointments Mon-Sun virtually on teams and we look forward to seeing you soon.

We also created a course with tutorials and resources to help when you would rather work on your own, the Social Work Connections Lab Canvas Course.

To enroll, <u>click here</u>. (If you're brought to the Canvas login, login to Canvas and open the link again.) This course has guidance on APA, tutorials for specific writing assignments like the policy paper or the integrative seminar, and more. Once you enroll, click "Modules" to browse our offerings.

Field Placements & Tevera

Spring 2024 Field Application CLOSES Nov 10th:

Field Applications:

Field applications opened on **September 12th** and is open until **November 10th**.

Don't delay! You must apply by the deadline, no exceptions, to start field in Spring 2024. If you are not starting field in Spring 2024, please ignore the notification about field applications opening and closing this semester.

If you have submitted an application already and receive reminders, you can ignore these emails, they do not apply to you. If you are currently in Split I of your placement this Fall, you **do not** need to re-apply to enter Split II in the Spring.

NOTE: If you are out of area send an email with your zipcode and your student ID and you will receive a list of affiliated agencies. Send an email to Amanda Land (amanda.land@uta.edu).

Tevera Fees:

You will have to pay the Tevera fee to access the Spring application. Tevera asks students from every school that uses their system to pay during the application phase instead of at the start of field.

You have options! You can pay Tevera directly out of pocket or you can purchase Tevera through the UTA bookstore and utilize financial aid. If needed, you can contact the financial aid office for additional aid to cover the cost of Tevera. (Note: Tevera is more expensive through the bookstore than a direct payment.)

**MSW Students Only

If you paid the lifetime InPlace fee for the first placement, you will still have to pay for Tevera for the second placement. We will no longer be accessing InPlace for field at UTA, only Tevera. Think of the Tevera fee as similar to paying for textbooks at the start of a course. Tevera is like your field textbook. We understand this still may be frustrating, but if you paid the lifetime InPlace fee, you will have that access forever and can provide proof of detailed Field hours completed for a license, certificate, or job if ever asked.

Field Orientation:

We are currently updating the Field orientation course in Canvas. But do not fret! You only need to complete this before your Spring Placement start date in mid January.

Other important links:

· Field forms are available here!

- Field FAQ
- If you are having technical difficulties with Tevera please email sswfield@uta.edu and include a screenshot of the issue.

Field Advising

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

BSW and BSSUT Students

- Field Specialist: Vanessa Caraveo
- 1st & 3rd Thursday | 3pm 4pm
- Join your field advisors' power hour here

Advanced Children & Families, Advanced CAP, Advanced Aging & Advanced Health

- Field Specialist: Monica Brown
- 1st & 3rd Wednesday | 4pm 5pm
- Join your field advisors' power hour here

Advanced Mental Health/Substance Misuse

- Field Specialist: Sharon Martin
- 1st & 3rd Thursday | 3pm 4pm
- Join your field advisors' power hour here

View all field specialists and power hours here

Undergraduate & Graduate Student Leader (USL/GSL)

USLs & GSLs serve as advocates and communication facilitators for BSW & MSW students, fielding questions about all aspects of the school experience, including advising, field, registration, orientation, scholarships, deadlines, program policies, and more. You may reach out to your USL / GSL by email or Teams.

If you do not know who your assigned USL is, you may email Anadja Tamofo (axm3404@mavs.uta.edu) or Mayte Ledezma (mvl1458@mavs.uta.edu).

If you do not know who your assigned GSL is, you may email Makita Johnson (mxj1622@mavs.uta.edu) or Andrea Moreno (axm7516@mavs.uta.edu).

Click here to meet our USLs

Click here to meet our GSLs

Licensing

- If you're in your final semester and want to get started on applying to ASWB to take
 the LBSW or LMSW licensing exam, <u>click here</u> to request the Dean's Letter for
 Licensure, which UTA will send to ASWB. More info can be found <u>on the ASWB site</u>
 and our <u>SSW licensure page</u>.
- There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
- Interested in the LCDC? Scroll to the end of this <u>Licensure</u> webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

UTA Resources

UTA Academic Calendar

Suicide Prevention Lifeline

Evidence-Based Research Guide

Emergency Assistance Fund

Webinar Library Rental Assistance Program

<u>UTA Counseling & Psychology Services</u> <u>Survivor Support Group</u>

SAR Center Free & Confidential HIV Testing

Free Windows Apps with Student ID UTA/Tri-C Food Pantry Distribution

SSW Writing Resources CAPS

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

- John F. Kennedy

Follow UTA School of Social Work on:







