

BACHELOR OF SOCIAL WORK



## SOCIAL JUSTICE SPOTLIGHT

# January is National Slavery and Human Trafficking Prevention Month!

The president declared January as National Slavery and Human Trafficking Prevention Month in 2010. Also known as modern slavery, human trafficking includes both forced labor and sex trafficking. January was chosen as the month to bring awareness to this cause because it is the same month that Abraham Lincoln issued the Emancipation Proclamation in 1963, setting 3.1 million slaves free. Over 24 million people (including men, women, transgender individuals and children) may still be trapped in human trafficking globally. Here are four ways you can join in the fight:

- 1. Learn the indicators of human trafficking here.
- 2. If you believe someone may be a victim, call the 24-hour National Human Trafficking Hotline at **1-888-373-7888**.
- 3. Use your social media platforms to raise awareness, using the hashtags **#endtrafficking** and **#freedomfirst**
- 4. Consider doing one of your research papers on this topic.

**Resource:** <a href="https://www.state.gov/national-slavery-and-human-trafficking-prevention-month">https://www.state.gov/national-slavery-and-human-trafficking-prevention-month</a>



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### STUDENT ORGANIZATION SPOTLIGHT

## **USL Program**

The <u>Undergraduate</u> Student Leadership (USL)

program is designed to build community between BSW students and facilitate the exchange of accurate and timely information. Each BSW student in the program is assigned to a USL, a fellow student who has received training on leadership, communication, and information on the School of Social Work and BSW program. Reach out to your USL if you have any questions or need support!

Not sure who your USL is? Contact USL intern georgianna.goff@mavs.uta.edu







## Check Canvas for the MavsUnite Page! To add it, please e-mail:

**Chantinia Chansler** 

You are stronger than you know, braver than you believe, and smarter than you think.



#### Why You Matter

As I sat and thought about a good post for the week, I was struck, maybe for the first time or in a new way, about the title of this section of the newsletter: You Matter. Do you know why You Matter? Here's how I see it...

I love a nice garden, landscape, or green nature spot. Fortunately for me, my wife has a tremendous green thumb. She continues to transform various parts of our yard and home into beautiful expressions of nature at its finest. And what's really striking about it is how so many different elements are needed, working together, sharing their unique composition and life course, to make the garden so resilient and vibrant.

As I have come to learn from my wife, much of this works on this idea of companion planting. As the Farmer's Almanac explains, "For almost every vegetable [plant] you grow, there is likely to be a beneficial companion plant that will help increase soil nutrients, chase away pests, or provide some other benefit." For example, "Basil and tomatoes were made to go together, not only in sauces but in the garden, too. This herb helps tomatoes produce greater yields and it repels both flies and mosquitoes. Marigolds are another good companion, repelling [worms] and other garden pests... Carrots planted near onions repel the carrot fly... Mint among lettuce keeps away the slugs that feed on lettuce leaves.. And corn, squash, and beans make good garden friends since the cornstalks give squash and bean vines a place to grow."

I think we, people, are like a great garden; when we are recognized and appreciated for our unique strengths and properly placed in the right spot to do our work, we thrive and help those around us do the same.

So, why do You Matter? Just like the plants in the garden, there is a wonderful combination of what makes you special, and expressing who you are brings you and me to life. ©

## Craix Keaton, MSW | Doctoral Student | Adjunct Professor



If you like You
Matter posts
and want to
explore them
more deeply,
please consider
joining us for a
Wounded
Healers
meeting. You
can find us on
Teams!





#### ADVISING

- All academic <u>advising appointments</u> will be done via phone or Microsoft Teams.
- Census date is February 3<sup>rd</sup>. Students cannot add or swap classes after this date. If you drop a course after Census date, you'll receive a grade of W on your transcript.
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Keiana Tuesday 12:00-1:00 Click here to join the meeting
Mark Wednesday 12:00-1:00 Click here to join the meeting
Valerie Thursday 11:00-12:00 Click here to join the meeting

#### **BSW Academic Advisors:**

- Last names A-C: Valerie Adame <u>adamev@uta.edu</u>
- Last names D-Me: Mark Frazier mark.frazier@uta.edu
- Last names Mi-Z: Keiana Crain keiana.green@uta.edu



#### SPRING COURSES

 Course modalities: More information about each modality can be found <a href="here">here</a>, and the modality for each course is listed in the Course Attribute column in the MyMav class search. Here are some examples:

#### Online 1: Asynchronous

Course Attribute Days & Times
ONLINE1 TBA

Online 2- Synchronous (live virtual class during times listed)

Course Attribute Days & Times
ONLINE2 MoWe 4:00PM - 5:20PM

Hybrid (Combination of face-to-face to live virtual class)

Course Attribute Days & Times

HYBRID2 TuTh 2:00PM - 3:20PM



#### FIELD PLACEMENTS

 InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new

URL. https://inplace.uta.edu/

- <u>InPlace Training</u> and <u>Logbook Training</u>
   can be found here!
- Spring field calendar has been posted online Spring Field Calendar
- Field forms are available here!
- Field FAQ
- Spring 2021 Field Accommodations Q&A
- If you are having technical difficulties with InPlace please email <u>sswfield@uta.edu</u> and include a screenshot of the issue.
- For the Spring 2021 semester, CSWE
  has extended the reduction in field
  hours. Therefore, UTA SSW will
  continue with the reduced required
  minimum of 204 hours for Split
  students and a minimum of 408 hours
  for Block students for the Spring
  semester. For further information
  regarding accommodations for the
  Spring 2021 semester, please visit the
  Field webpage by following this link.
- Contact <u>Sharon Martin</u>, LMSW, Field Advisor III, with any questions! You can also connect with her during her Field Power Hours every 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month from 3:00-3:30. Click here to join the meeting



#### VIRTUAL EVENTS OF THE WEEK



**Food For Thought:** The Weightloss Dilemma: Why you are not losing weight

#### Wednesday, February 3 at 12-1pm

Many people try diets to lose weight. Some succeed, but most do not. Why do so many people fail at losing weight? Is it all about calories? Do macros matter? Is there a diet that works better than others? Learn the truth behind weight loss, and what you can do to be successful.



## **Cognella Cares Student Scholarship**

- This program awards undergraduate students from any academic discipline with scholarships for writing essays on timely and relevant topics that impact higher education, student life, and society at large.
- To apply, submit an 800 1,500 word essay on one of these topics: pandemics and the future of online learning; policing, social justice, and solutions; or truth, credibility, and "fake news."
- The deadline for submissions is 7:00 pm (CT) on February 28, 2021. One winning essay will be selected per topic, and \$1,000 scholarships will be awarded to three deserving students in March.

#### **Scholarships for Women Mavericks!**

The Women's Alliance of the Greater Arlington Chamber will award \$17000 in academic scholarships to deserving women. Application deadline is Jan. 29.

SOCIAL JUSTICE PEER EDUCATORS

ITATING WORKSHOPS FOR CLASSROOMS AND ORGANIZATIONS, OPING PERSONAL AND PROFESSIONAL LEADERSHIP SKILLS, NG SOME EXTRA MONEY

**Application Link:** 

https://tinyurl.com/SJPE21 If you answered YES, APPLY NOW

**Application Closes** 

For More Information Contact harold.brown2@uta.edu

2.5 OR HIGHER GPA UNDERGRADUATE OR GRADUATE

MUST ATTEND ALL SPRING



Part-time **Bilingual Project Hope Coordinator** 

Wanted!





#### RESEARCH



## Social Work Course Guides



#### STAY SAFE

## **Dean Ryan's Statement on COVID-19 Health Disparities**

If you believe you have contracted COVID19, please type in 'COVID-19 Testing' and your zip code into the Texas Health and Human Services to find a testing location closest to you

#### Have you tested positive? Had close contact with someone with Covid?

- Complete mandatory reporting form 1.
- 2. If needed, you can:
- Ask professors for deadline leniency
- Contact your USL, Program Director and/or Academic Advisor for additional support and guidance.



#### **Face Covering Protocol:**

To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice. For more information, click here.

#### MANAGING STRESS AND ANXIETY DURING COVID-19 **UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)**

THERAPIST ASSISTED ONLINE (TAO)

THRIVE APP

Visit TAOconnect.org





MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit uta.edu/caps for more information

COMMUNITY THAT CARES





## **UTA Academic Calendar**

## **Evidence-Based Practice Research Guide**

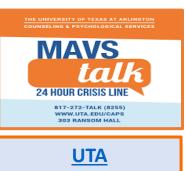
## **Licensure Information**

The board recently made additional changes to the TX social work licensing process. Students in their final semester can now apply directly to ASWB to take the exam, and then apply to the board for a license after passing the exam and graduating. More info can be found here.

## SAR Center

(Formerly Office of Students with Disabilities)













#### **Webinar Library**

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours. **Social Work Webinars List Basic Function of Teams** 



#### **Rental Assistance Program**

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.



#### **Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

#### **UTA/Tri-C Food Pantry Distributions**

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: mls9929@mavs.uta.edu



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