



BACHELOR OF SOCIAL WORK



SOCIAL JUSTICE SPOTLIGHT

Housing Discrimination Against LGBTQ+ Individuals Now Officially Illegal in the US!

As of February 11, Americans can no longer be denied housing based on their sexual orientation or gender identity. The 1968 Fair Housing Act already prevented discrimination based on "sex", but the definition of this category has now been expanded to include those who identify as LGBTQ. On day one of his presidency, Biden issued an executive order directing federal agencies to protect lesbian, gay, bisexual, transgender and queer citizens from discrimination, to the fullest extent of the law. LGBTQ individuals (especially transgender people and LGBTQ people of color) experience significantly high rates of housing discrimination (such as price gouging and evictions). The Department of Housing and Urban Development (HUD) is the first agency to act in response to Biden's order. More antidiscriminatory announcements from other federal agencies are expected soon.

Resource: https://www.diversityinc.com



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STUDENT ORGANIZATION SPOTLIGHT







- Mon 2/22, 2pm: Mindfulness
- Tue 2/23, 2pm: Self-Compassion Fri 2/26: 2pm:
- Anxiety & **Academics** Fri 3/5: 2pm: Anxiety



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Join us for the next **Mavs Hour** Wednesday, 2/24, 7pm. For more info please e-mail: Chantinia Chansler

Check out UTA's on-demand and live classes like HIIT the Deck, Mixxed Fit, Zumba, NASA Nap, Yoga, and Sit & Stretch:



BREAKING NEWS

UTA LEADERS BREAK GROUND FOR NEW SCHOOL OF SOCIAL WORK, NURSING SIMULATION BUILDING!



UTA leaders broke ground on Feb. 9 on a \$76 million facility that will usher in critical advancements in the field of health care, bringing together the University's celebrated School of Social Work and the College of Nursing and Health Innovation's Smart Hospital.



YOU MATTER

The Best I Can Do

As much as I try, I can't escape this feeling that I need to talk about this terrible winter weather experience we had this past week and some of us are still having: extremely prolonged power outages, debilitating water cutoffs, boil water notices, food shortages, burst pipes, home destruction, and the list goes on. But what do you say about all of it?

I had moments that gratitude was on my mind. When it's so cold in your house that you can see your breath, the return of electricity and heat, something I most often take for granted, brings great and very sincere gratitude. But to be honest, a talk on gratitude, right now, seems cliché if not terribly insensitive and ill-timed.

Then I thought about the essentials that the pandemic and state-wide disaster has reflected to me. I spend too much time worrying about pleasing others and trying to always accomplish more in work and school, and not nearly enough time prioritizing my own needs and the daily actions of adoring and loving my wife and kids.

Then there was this incredible insight that had on a walk with my wife in the slushy snow as we finally got above freezing. But again, it just doesn't feel like the right time to talk about it.

So what do I say about this? What do I make of this? How do I communicate with my Social Work community about this disaster we're experiencing?

The more I wrestled with it the more I came to feel that maybe there are just some things that you're not supposed to work out right away, or learn from as they're happening, or make more positive. Some things are just hard! And this week has been really hard!

I have lived through my own very trying, tiring, and cold week with my wife, kids, and older adult parents. But I do not know what's it's been like for you, and I won't pretend to think I do. I think I just want you to know I am thinking about you.

Mr. Rogers, a personal hero of mine, once said, "People have said, 'Don't cry' to other people for years and years, and all it has ever meant is, 'I'm too uncomfortable when you show your feelings. Don't cry.' I'd rather have them say, 'Go ahead and cry. I'm here to be with you."

For too long, I've tried too hard to fix everything and be the one with all the answers; if there's a problem, I'll find the solution. But I'm learning more and more that when people are facing real challenges that's not what's most important, that's not how it works, nor the best thing I can do. Maybe the best thing I can do for others is to simply let them know and feel that I am here to be with you.

Craix Keaton, MSW | Doctoral Student | Adjunct Professor

If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!



ADVISING

- All academic <u>advising appointments</u> are currently being conducted via phone or Microsoft Teams.
- Summer class registration opens April 5th.
- Don't need a full advising appointment but have general questions? Join your advisor for their weekly Power Hour!

Keiana Tuesday 12:00-1:00 Click here to join the meeting
Mark Wednesday 12:00-1:00 Click here to join the meeting
Valerie Thursday 11:00-12:00 Click here to join the meeting

BSW Academic Advisors:

- Last names A-C: Valerie Adame adamev@uta.edu
- Last names D-Me: Mark Frazier mark.frazier@uta.edu
- Last names Mi-Z: Keiana Crain keiana.green@uta.edu



FIELD PLACEMENTS

- All students, agencies, and Field Instructors should use this URL for InPlace: https://inplace.uta.edu/
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- <u>InPlace Training</u> and <u>Logbook Training</u> can be found here!
- The <u>Spring Field Calendar</u> lists important dates for current field students, as well as summer field application dates.
- Summer Student Application is Open Feb. 15, 2021 Apr. 09, 2021. This is
 now updated on the Field website. Currently the Fall Field application is
 scheduled to open on April 12th Jun 4th. We will let you know if there are
 any changes to the Fall application.
- Field forms are available here!
- Field FAQ
- Spring 2021 Field Accommodations Q&A
- If you are having technical difficulties with InPlace please email <u>sswfield@uta.edu</u> and include a screenshot of the issue.
- For the Spring 2021 semester, CSWE has extended the reduction in field hours. Therefore, UTA SSW will continue with the reduced required minimum of 204 hours for Split students and a minimum of 408 hours for Block students for the Spring semester. For further information regarding accommodations for the Spring 2021 semester, please visit the Field webpage by following this link.
- Contact <u>Sharon Martin</u>, <u>LMSW</u>, <u>Field Advisor III</u>, <u>with any questions!</u> You can also connect with her during her Field Power Hours every 1st & 3rd Wednesday of the month from 3:00-3:30. <u>Click here to join the meeting</u>

NEW Bachelor of Science in Substance Use & Treatment

The School of Social Work is thrilled to announce the launch of a new undergraduate major in Fall 2021! The Bachelor of Science in Substance Use & Treatment (BSSUT) uses a multidisciplinary approach to understand the biological, psychological, and social aspects of substance use disorders and related behaviors. Assessment and treatment methods are based on evidence-informed practices to enable students and future professionals to understand and treat individuals, families, groups, and communities. This program will be offered face to face or fully online. This is a great fit for students who want to pursue their LCDC and work in the SUD field. More information will be posted on the SSW website soon.

GRADUATION

- The deadline to apply to graduate in May is March 1.
- All students planning to graduate this spring must apply to graduate using MyMav. You must apply to graduate regardless of whether you will walk at a <u>commencement</u> <u>ceremony</u>. Applying to graduate is necessary to have your degree conferred AND in order to receive your diploma.
- The fee is \$40.



VIRTUAL EVENTS OF THE WEEK









Social Work Educators Advancing Antiracism

CSWE proudly celebrates Black History Month each year and looks forward to doing that in several ways in 2021. Today we want to highlight recommendations from CSWE's Task Force to Advance Anti-Racism in Social Work Education. Convened in 2020, this group presented initial recommendations to improve social work education and prepare students to dismantle racism in their social work practice. Watch that video and learn more!



Cognella Cares Student Scholarship

- This program awards undergraduate students from any academic discipline for writing essays on timely and relevant topics that impact higher education, student life, and society at large.
- To apply, submit an 800 1,500 word essay on one of these topics: pandemics and the future of online learning; policing, social justice, and solutions; or truth, credibility, and "fake news."
- The deadline for submissions is 7:00 pm (CT) on February 28, 2021. One winning essay will be selected per topic, and \$1,000 scholarships will be awarded to three deserving students in March.

Part-time
Bilingual
Project
Hope
Coordinator
Wanted!

Greater
Arlington
Chamber of
Commerce
Scholarships –
Deadline 2/26!



And the best of Papilot Agent and The Section of Th

Write for diversity story contest

UTA Libraries encourages students, faculty, and staff to share their creativity and insight in Shifting Perspectives: A Short Story Diversity Contest. Write a fiction story on how the shifting of perspectives has allowed for a more inclusive and equitable viewpoint. The top prize is a \$500 gift card.

Submissions are due by Sunday, April 18. Winners will be announced Friday, May 21, on

World Diversity Day.





Social Work Course Guides

SURVEY

We want to know how social work students are involved with advocacy.

CLICK HERE FOR SURVEY

Thank you!

The SPEAK Program

ocial Policy Education Advocacy & Knowledge





Did you know?

Any Texas resident can register for a Covid vaccine in any Texas County! Sign up in Tarrant County HERE or Dallas county HERE.

Dean Ryan's <u>Statement on</u> <u>COVID-19 Health Disparities</u> UTA's COVID Vaccine
Resource Page

If you believe you have contracted COVID19, please type in 'COVID-19 Testing' and your zip code into the Texas Health and Human Services to

find a testing location closest to you

Have you tested positive? Had close contact with someone with Covid?

- 1. Complete mandatory reporting form
- 2. If needed, you can:
- Ask professors for deadline leniency
- Contact your <u>USL</u>, Program Director and/or Academic Advisor for additional support and guidance.



Face Covering Protocol:

To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice.

For more information, click here.

MANAGING STRESS AND ANXIETY DURING COVID-19 UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

THRIVE APP

Visit TAOconnect.org





Visit uta.edu/caps for more information

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255









UTA Academic Calendar

Evidence-Based Practice Research Guide

Licensure Information

The board recently made additional changes to the TX social work licensing process. Students in their final semester can now apply directly to ASWB to take the exam, and then apply to the board for a license after passing the exam and graduating. More info can be found here.

SAR Center

(Formerly Office of Students with Disabilities)















Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours. MSW Specialties Social Work Webinars List Basic Function of Teams



Rental Assistance Program

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.



Check Canvas for the MavsUnite Page! To add please e-mail: **Chantinia Chansler**



Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Meghan Sheridan: mls9929@mavs.uta.edu



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