



## UNDERGRADUATE WEEKLY UPDATE

2/3/20

Please note Director's Hours are canceled for 2/4 and 2/11.



### TANGLED UP INSIDE?

Free mobile-friendly help for stress, anxiety and depression that fits around your busy life... anytime, anywhere.

SIGN UP FREE TODAY WITH UTA EMAIL AT:  
[thepath.TAOconnect.org](http://thepath.TAOconnect.org)

Reach out if you want to talk: MAVS 24 Hour Talk Crisis Line 817-272-TALK (8265)

UTA Counseling & Psychological Services: 817-272-3671 303 Ransom Hall 212 MAC

UNIVERSITY OF TEXAS ARLINGTON COUNSELING AND PSYCHOLOGICAL SERVICES THE SCHOOL OF SOCIAL WORK

212 IS A COMMUNITY CARE CENTER



Be a part of a research study on the effectiveness of Therapist Assisted Online (TAO)

We are studying how well TAO works for those who use it in our campus community. We will be holding individual interviews or focus groups to ask questions regarding your experience.

You can participate if you are:

- a student at University of Texas at Arlington
- age 18 or older
- using Therapist Assisted Online (TAO)
- can provide consent to participate

Interviews or focus groups will take approximately 1 hour of your time and take place on UTA campus. A meal will be provided.

Research is being conducted by Dr. Regina Praetorius, LMSW-AP, School of Social Work, University of Texas at Arlington, [rtpraetorius@uta.edu](mailto:rtpraetorius@uta.edu)

Friday February 21st  
Lunch will be provided

### GENDER BASED VIOLENCE RESEARCH COLLABORATIVE SYMPOSIUM

**SSW Complex B-107**  
**12:30 PM - 3 PM**

Research Presentations  
by SSW & TCU Faculty,  
Students & Grads

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For a parking pass, or with questions, please contact Rachel Voth Schrag at [rachel.vothschrag@uta.edu](mailto:rachel.vothschrag@uta.edu)

### SAVE THE DATE!



UTA's School of Social Work & College of Nursing and Health Innovation present the **2nd Annual Research Symposium:**

**"HEALTH ACROSS THE LIFESPAN"**

Faculty, students, and trainees presenting cutting-edge research aligned with the strategic goal of health and the human condition.

April 22, 2020 8:00 AM – 1:00 PM  
 Bluebonnet Ballroom, University Center

### UPCOMING EVENTS

2/4/20

12PM Power Nap, Maverick Activities Center, 102A

2/5/20

11AM Study Abroad Fair, Palo Duro Lounge, University Center

12NOON Food for Thought: Self Care, Maverick Activities Center, MAC 213

1PM Mo' Money, Mo' Problems! Planning and Budgeting for Students, Preston Hall 104

7PM Multicultural Meet & Greet, Concho Room, University Center

7PM Yoga, Maverick Activities Center

2/6/20

11AM Spirit Week Tabling, University Center Mall

1PM Tri-C/UTA Food Pantry Distribution, Tri C Campus Ministries

4PM Global Grounds, Palo Duro Lounge, University Center

2/7/20

6pm Lady Movin' Mavs Wheelchair Basketball Tournament, Physical Education Building, and Maverick Activities Center

2/8/20

8:30am The Leadership Institute—Team PLAYers!, Rio Grande Ballroom, University Center

2/10/20

6pm Black 'N' Blue Police Panel, Red River Room, University Center

6:30pm Mind & Meditation, Maverick Activities Center, 102B

2/11/20

12PM Power Nap, Maverick Activities Center, 102A

### CAREER CORNER



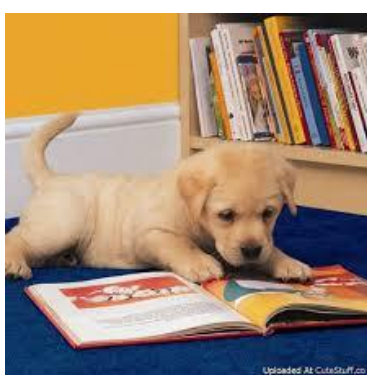
Study Abroad is considered a fruitful experience by many employers...

1. [Summer School in Psychological Humanities and Cognitive Science \(PsyHuman\)](#) from July 6<sup>th</sup> to July 17<sup>th</sup> 2020
2. [Trento Sustainable Summer School 2020 \(TRES2020\)](#) from July 13<sup>th</sup> to July 24<sup>th</sup> 2020
3. [Gender Equality in Times of Populism and Sovereignism Winter School](#) from Mid-January 2021 (dates to be defined)

Students participate in organized activities (in English) for approximately 8 hours per day. Weekends are free to explore the surrounding areas and other Italian cities. The academic component includes **lectures, workshops, seminars, debates, field visits, social and cultural activities, tours, and a one-day excursion** to the surrounding mountains and museum visits. **Cost is approximately \$450** and includes accommodation, meals (except for breakfast), bus pass and social activities.

If interested, please contact Dr. Praetorius by email ([rtpraetorius@uta.edu](mailto:rtpraetorius@uta.edu)) to be considered for nomination.

### 3 International Short-Term Programs, University of Trento, Italy



[RWJ Free E-book titled \*Take us to a Better Place: Stories now available!\*](#)

*Take Us to a Better Place* is a collection of 10 short stories that grapple with the deeply human issues that influence our health, from immigration, climate change, and gentrification, to cultural identity, family connection and access to health care. Hopeful, heartbreaking and perilous, these vivid stories transport us to new places and reveal familiar places in new ways. We hope they spark conversations about a Culture of Health—and how we might get there.

There are also conversation guides with questions to help you get started sparking a conversation about this. Click the link to access your free copy in English or Spanish.



### DON'T FORGET

Spring Graduation Application  
Deadline – March 2<sup>nd</sup>

Spring Break – March 9-15

Last Day to drop a class – April 3<sup>rd</sup>

Summer Graduation Application  
Deadline – July 1<sup>st</sup>