

# **BSW Weekly Program Update**

# **September 7, 2020**

# **Important Updates**

#### **Field Placements**

- Fall field students: Learning contracts are due September 18<sup>th</sup>!
- <u>InPlace Training</u> can be found here!
- Spring field applications will open on October 1<sup>st</sup>. You will receive an email with instructions on Oct 1. The field application closes on November 27<sup>th</sup>!
- Fall field calendar has been posted online Fall Field Calendar
- <u>Field forms are available here!</u>

### Graduating in December?



All students planning to finish their degree this December must apply for graduation in MyMav by

October 1st. The fee is \$40. Here are detailed directions on how to apply for graduation, with screenshots. All students must apply for graduation regardless of the status of commencement ceremonies. Graduating (getting your degree conferred/diploma sent to you) is different than commencement (walking at a ceremony). We do not know how the University plans to proceed with fall commencement ceremonies, but we will update you as soon as we are informed of the plans.



### **Computing Study Spaces Maps**

Please see attachments in the email to find the study spaces near you!

# **Student Organization Spotlight**

#### **Students for Global Change**

The purpose of Students for Global Change is to promote international understanding, education, and research for students at UT Arlington. This organization seeks to unite undergraduates and graduates to engage with international social issues.

Interested in working with/aiding international populations? Have a passion for helping refugees and volunteering? Want to get involved in the UTA and DFW communities? Looking for a place to have an open discussion and advocate for those affected by our current political climate? Join us!

#### SSW Academic Advising

- All academic advising appointments will be done via phone or Microsoft Teams.
- Fall Census Date is <u>September 11<sup>th</sup></u>! After this date, students cannot add or swap classes. If you drop a course after Census, you'll receive a grade of W on your transcript.

#### **BSW Academic Advisors:**

- Last names A-C: Valerie Adame <u>adamev@uta.edu</u>
- Last names D-Me: Mark Frazier <u>mark.frazier@uta.edu</u>
- Last names Mi-Z: Keiana Crain (formerly Keiana Green) <u>Keiana.crain@uta.edu</u>

### **Instructional Plans for Fall Courses**

- Courses originally listed in MyMav as face to face will now be offered as Online 1 (asynchronous), Online 2 (synchronous), Hybrid 1 or Hybrid 2.
- <u>This website</u> explains what each of these modalities will look like.
- Course modalities are listed as Course Attribute the MyMav class search function between Section and Days/Times. Here is an example showing "Online 2" and a "Hybrid 2" sections of SOCW 3308:

Out-LEC Regular     ONLINE ONLINE     TuTh 2:00PM - 3:20PM     TBA     Marcela       Course Attribute     Course Attribute Description     All instruction and tests online     ONLINE:     All classes and tests online - synchronous     All classes and tests online - synchronous	s Se	ction	Course Attribute	Days & Times	Room	Instructor
ONLINE: All instruction and tests online					TBA	Marcela Nava
C C	NLINE	E2:			synchronous	
Class Section Course Days & Times Room Instruct	s Sec	ction	Course	Days & Times	Room	Instructor
002-LEC HYBRID Th 7:00PM -	. 002		HYBRID	Th 7:00PM -	ТВА	De'An O Rope

• Courses originally planned as online (OFF WEB) prior to the pandemic will remain so. Here is an example:

Class	Section	Course Attribute	Days & Times	Room	Instructor
92718	001-LEC Regular	ONLINE ONLINE1	TBA	OFF WEB	Donald Schumar
ONL	rse Attribut INE1: INE:	All classes a	e Attribute Des nd tests online - n and tests onlin	asynchronous	

•Please <u>submit questions here</u> about the modes of instruction.

# SOCIAL JUSTICE SPOTLIGHT



### **Virtual Events of the Week**



### **OCM & Transfers Game Night**

Join us for a virtual game night on Zoom for a chance to win a swag bag! Thursday, September 10 6:00pm to 7:00pm Join Stream

OCM

### Off-Campus Mavericks In The Kitchen





EVERY OTHER TUE 12:30PM ON IG WITH GA ELIZABETH @OFFCAMPUSMAVS



FREE



Anti-Racism Virtual Summit

SSW students have the opportunity to participate in a <u>2-Day Virtual Summit Focusing on Anti-Racism, Advocacy, and</u> <u>Voting</u>, sponsored by SWHELPER & supported by CSWE on September 16<sup>th</sup> & 17<sup>th</sup>. The School of Social Work is sponsoring this event, so it would be FREE for social work students to attend. Please complete this survey

by 11:59pm on Tuesday September 8th to sign up!

#### Social Workers Generations Strong 2020 NASW/Texas Virtual Conference October 8-10



2020 NASW/TEXAS VIRTUAL CONFERENCE OCTOBER 8-10 | NASWTX.ORG NASW Student Member rates start at \$60/

SOCIAL WORKERS

Renerations

If a student is <u>not</u> a member, they pay the same non-member rate as professionals: \$355

(August 18-September 25) and \$405 (September 26-October 10.)

#### Save the Date: Wednesday, October 14, 12:00-1:00 pm

The Disability Studies Meet & Greet returns in a new virtual format, complete with brief introductions by DS faculty, DS internship supervisors, and senior minors talking about their internship projects, plus a chance to chat individually.

In addition, we'll be hosting a virtual talk (date TBD) by Ron Lucey, the Executive Director of the Texas Governor's Committee on People with Disabilities, and a longtime advocate for disability rights and universal design. He will also host a Q&A session just for DS minor students. We have more in the works as well!



## The National Social Work Voter Mobilization Campaign

"Social justice is a core principle of social work practice and calls for ensuring meaningful participation in decision making for all people. Voting is Social Work is a nonprofit nonpartisan organization that provides social work students and practitioners with the knowledge and tools to raise awareness about voting and to increase voting registration and participation. We do this work through our National Social Work Voter Mobilization Campaign which strives to integrate nonpartisan voter registration and engagement into social work education and practice."

Check your voter registration, register to vote, register special populations, order your absentee ballot and more, all at this website!

**Voting is Social Work** 

All Information retrieved from: https://votingissocialwork.org/#

# September is Suicide Prevention Month!



SPARK Talks are: Short Provocative Action-oriented Realistic and Knowledgeable

SPARK talks are videos of leaders in suicide prevention. Each describes a new development or direction in the field that can have an impact on suicide and issues a call to action. Find more information at the link below: <u>SPARK Talks</u>

# Scholarships- Apply at Any Time!

Educational Loan Fund: provides 2% interest loans to non-degree seeking, associate, and undergraduate degree in the maximum amount of \$12,000; masters maximum of \$15,000; and doctoral-level degrees maximum of \$20,000.

<u>Program for Continuing Education</u>: Grant for women who have experienced a break of at least 24 consecutive months as a non-student during her adult life. This is for technical or degree programs but not a doctoral degree program. Max grant is \$3,000 and can be used for education-related expenses.

#### Fall Applications:

<u>Scholar Awards</u>: Doctoral degree seeking candidates with no less than one full academic year and no more than two academic years of work remaining in their degree program. This year the scholarships awarded were in the amount of \$15,000.

#### **Early Spring Applications:**

International Peace Scholarship: for full-time graduate degree seeking students who are international students (not from the US or Canada). Must have a full year of course work remaining. Is a need-based scholarship. \$12,500 award (or less) based on individual need.

STAR Scholarship: for graduating high school seniors; non-renewable \$2,500 scholarship. This is a highly

### YOU MATTER!

competitive scholarship based on the following: exhibits excellence in leadership, academics, extracurricular activities, community service, and potential for future success.

### "Me-time"

As we start a new school year, a lot of us schedule a work plan for the semester. We schedule our classes, assignments, projects, and study time, but we often forget to put ourselves on that schedule. Scheduling "me-time" often goes overlooked, "me" becomes an afterthought, and that, at least for me, can quickly lead to fatigue, resentment, or total burnout.

Now, the solution might also not to be too rigid and strict in your scheduling, especially of that very important "me-time". As author of Self-Care at Work, Melissa Steginus, advises, *"avoid hyper-scheduling yourself so you have free time to do something creative or perhaps to do nothing at all."* There is tremendous benefit - mentally, emotionally, and physically - in taking breaks and having intentional quiet, restful, do nothing-at-all time.

All in all, Michael Hyatt says that *"what gets scheduled gets done."* This semester consider putting *one of the most important* 

*things on your schedule: yourself*. But do so flexibly. Schedule time and activities that help you feel like a more complete version of yourself, that relieves stress, and keeps you healthy, happy, and vital.



If you like You Matter posts and want to explore them more deeply, please consider joining us for a Wounded Healers meeting. You can find us on Teams!

### Office of Undergraduate Research

The Office of Undergraduate Research (OUR) provides, tracks, and assesses research opportunities for undergraduate students through informal (non-paid internships/volunteer) and formalized (program/employment) opportunities. OUR is also part of the Maverick Advantage distinctions and provides four funded and formalized undergraduate research opportunities. To request an appointment to discuss undergraduate research, please click here. Additionally, OUR undergraduate student research support, guidance with the inclusion of research in undergraduate courses, and funding support through internal and external funding opportunities. Watch our YouTube Video!

# **Social Work Welcome Center**



This Fall, we are so excited to welcome students back to our main campus! We've created the **Social Work Welcome Center, located in Building A, Room 104**, to provide a safe and easy way to get your questions answered and needs met. Simply **stop by the Welcome** 

# Fitness & Wellness



**The following classes are offered:** Circuit Express, HIIT The Deck, MixxedFit, NASA Nap, Pulse Strong, Strength and Tone, Tabata, Yoga and Zumba!

# Stay Safe

### Have you tested positive? Had close contact with someone with Covid?

- 1. Complete mandatory reporting form
- 2. If needed, you can:
- Withdraw from summer classes (<u>Forms</u>on the website)
- Ask professors for deadline leniency
- Consider requesting an Incomplete
- Contact your <u>USL</u>, Program Director and/or Academic Advisor for additional support and guidance.

If you have concerns or questions about Fall , you can fill out <u>this form</u>.

#### Face Covering Protocol:

To create the safest possible environment on campus, UTA implemented a mandatory face-covering protocol, effective until further notice. For more information, click here.



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Student and Family Listening Sessions
Student and Family Listening Sessions
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Isabella Hong, an MSW Alum, graciously compiled a list of webinar

**Center between 8:30 am and 5:00 pm Monday through Friday**, and you will be greeted by a friendly member of the Academic Affairs team. They will immediately connect you using Microsoft Teams with a member of our Advising Team, Field Team, or a program administrator for a virtual meeting. The greeter will set up the meeting and connect you using a handheld tablet, and you'll be able to use the room just next door, Room 108, to have a quiet space for your meeting. Once you're finished with your virtual meeting, simply return the tablet to the Welcome Center, where it will be sanitized and ready for use by other students. The Social Work Welcome Center is a "one-stop shop" for all of your academic needs on campus, and we look forward to seeing you there!

resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! *Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.* 

Social Work Webinars List

**Basic Function of Teams** 



If you have any questions or content suggestions for the newsletter, please contact Jessica Minmier. jac4808@mavs.uta.edu



211 S. Cooper Street, Arlington TX 76019 Undergraduate Programs (817) 272-3613 Those who bring sunshine to the lives of others cannot keep it from themselves. - James Matthew Barrie

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