

BACHELOR OF SOCIAL WORK BACHELOR OF SCIENCE IN SUBSTANCE USE TREATMENT



WEEKLY UPDATE January 18, 2022

SOCIAL JUSTICE SPOTLIGHT

National Slavery and Human Trafficking Prevention Month

Approximately 40 million human trafficking victims exist worldwide. During the month of January, we educate and advocate to eliminate human trafficking. Law enforcement agencies and organizations across the nation work together to raise awareness in communities.

Human trafficking impacts all races, every class, religion, and gender. It even spans every ability. As a result, the issue belongs to every community in the country.

Ways to Be Observe and be Involved:

- Knowledge – Learn how human trafficking is happening. Visit www.dhs.gov/blue-campaign to inform yourself about what human trafficking looks like.
• Get involved – If you suspect human trafficking report it. In the U.S. call 1-866-347-2423. For more information visit www.dhs.gov/blue-campaign. You can also volunteer through organizations committed to eliminating human trafficking. Contact local, state, and regional service organizations to volunteer time, services, or a donation.
• Get help – If you need help, call 1-888-373-7888. Visit www.dhs.gov/blue-campaign

Source: https://nationaldaycalendar.com/national-slavery-and-human-trafficking-prevention-month-january/

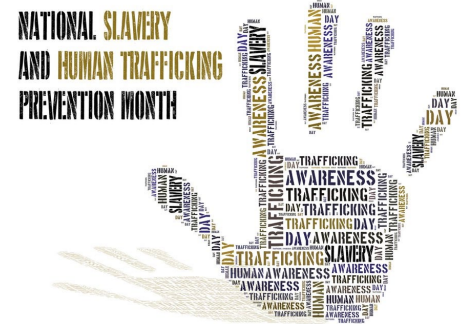


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## BSSUT SPOTLIGHT

The Bachelor of Science in Substance Use & Treatment (BSSUT) “The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse,” said Scott Ryan, dean of the School of Social Work. “Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field.”

Continue reading [here](#)

David Waters

[david.waters@uta.edu](mailto:david.waters@uta.edu)

Dr. Allison Tomlinson, PhD,  
LCSW-S

[allison.tomlinson@uta.edu](mailto:allison.tomlinson@uta.edu)

For more info and FAQ's [Click Here](#)

Degree Progress Worksheet [Click Here](#)



## YOU MATTER

Hi Everyone!

Welcome back to another semester in the School of Social Work! If you're new here, welcome for the first time! We are so glad to have you! If this is your first time reading the weekly newsletter, the You Matter section is here because...well, YOU MATTER!

This newsletter has essential reminders and helpful information needed to progress toward your degree. The "You Matter" section has a similar goal. We (Craig and Sarah) will discuss crucial social work practice/education and wellbeing. We discuss self-care throughout any social work curriculum, but sometimes it doesn't sink in until we have those deeper conversations with ourselves.

So, with all of that being said, it feels a little disingenuous to fill this post with complete excitement. Of course, I am excited that you all are entering a semester where you'll learn more about yourselves and social work! However, I'm also feeling the drain of living in a pandemic since the beginning of 2020. No matter what we're looking forward to, we are also exhausted. I hope that you all honor BOTH feelings if you have them. It's ok to look forward to the future AND feel frustration/exhaustion/etc.

Learning to accept those uncomfortable thoughts and feelings makes space in your mind for new coping methods and helps you let go of any unhelpful thoughts telling you that you have to live your life a certain way. Before the pandemic, I used a paper planner and had my schedule documented by the hour. That was before the collective trauma we experienced. My brain is usually in a fog now, and it's hard for me to focus. It's hard to take in some days, but once I accepted this change, I'm starting to feel more like myself, even if it's a new self. I threw out my planner (best believe I kept the cute stickers) and traded it in for a notepad where I make a daily to-do list. Then I make a not-to-do list as well. I know what to write on these lists because I ask myself these questions in the morning:

What is my energy level today?

What do I need to do for myself?

What do I need to do for others?

What can wait?

When I ask myself these questions, I struggle with the last question. I have all of those thoughts that go through my head about letting people down if I let some things wait. I have to remind myself that yes, someone else may be disappointed, but sometimes that's necessary, so I don't let myself down Every. Single. Day.

If life is looking different for you these days, I challenge you to embrace it. Step into the new and find what works for you now. Stay curious with yourself, and you'll likely find inspiration that will make life feel a little less exhausting. Craig and I would love to hear about your journey towards self-awareness and wellbeing. Feel free to drop us an email or meet up with us on the first Wednesdays of the month.

*Sarah Herrera*

LCSW | Doctoral Student | MSW



## ADVISING

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- **If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour.** Please check advising appointments every Monday when new availability opens up for the coming weeks.

### BSW Academic Advisors:

- Valerie Adame – [adamev@uta.edu](mailto:adamev@uta.edu)
- Sabrina Earle – [sabrina.earle@uta.edu](mailto:sabrina.earle@uta.edu)



## FIELD PLACEMENTS

### General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

## LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

### Spring 2022

- The Spring 2022 Field Application is now closed.
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).
- **All students have been placed.** Students should contact their [field advisor](#) if they are still awaiting placement.
- See the Spring 2022 Field Education Calendar [here](#). **InPlace fee is due on the first day of class**

## MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact [leslie.reyna@uta.edu](mailto:leslie.reyna@uta.edu)

## IMPORTANT DATES

### SPRING 2022

- **Jan 18** – First day of the regular session and 1st-8 week session
- **Feb 23<sup>rd</sup>** – Last day to drop from 1st-8 week session by 4PM
- **April 1<sup>st</sup>** – Last day to drop from regular session by 4PM
- **March 21<sup>st</sup>** – First day of 2nd-8 week session
- **April 26<sup>th</sup>** – Last day to drop from 2nd-8 week sessions
- **March 1<sup>st</sup>** – Graduation application deadline



## OPPORTUNITIES

### Interested in Serving the Profession?

Nominate Yourself for an Elected Leadership Position



(Picture: NASW Texas Board of Directors Secretary Nicole Willis, PhD, LMSW)

Self-nominations are now being accepted for the NASW Texas 2022 Elections. Being a volunteer leader with NASW Texas is a fun and meaningful way to increase your leadership skills, serve the profession and network with social work leaders across the state. Any NASW Texas member in good standing may run for an elected position. Terms begin July 1, 2022.

[View list of 2022 Open Positions.](#)

[\(Use this map to locate your branch/region.\)](#)

The work of the association is not possible without our stellar volunteer leaders. Please consider nominating yourself for one of our open positions.

Application deadline is January 31, 2022.

[Apply Here](#)



## GET INVOLVED

**MAVERICK PANTRY**

Please help stock up the new Maverick Pantry! Donating any of the items below would be greatly appreciated.

- Pasta
- Pasta sauce
- Peanut butter & jelly
- Rice
- Beans
- Instant oatmeal
- Granola bars
- Dried fruit
- Canned vegetables
- Canned fruits
- Canned proteins
- Shelf stable milk
- Feminine / period products
- Toiletries

Drop off donations to the Dean of Students Office, Lower Level of the UC, B150.

To schedule donation drop off by vehicle, email [EEAF@uta.edu](mailto:EEAF@uta.edu). We will gladly meet you in front of the UC to receive donations from your car.

TEXAS DIVISION OF STUDENT AFFAIRS #CommunityThatCares

### STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!!

MEETS EVERY 3RD WEDNESDAY OF EACH MONTH | 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!

To participate, please register: <https://forms.gle/8nHefg53iB1EXqa9>

Follow us @SGCUTA - Students for Global Change  
Email us at [sgc.uta@gmail.com](mailto:sgc.uta@gmail.com)

[Click Here for more info](#)

get your team INVOLVED

WE HAVE A **PLAN** FOR YOUR CALENDAR

**BRING A GROUP UPCOMING EVENTS:**

- Fall Carnival: October 30, 2021
- Thanksgiving Grocery Giveaway: November 20, 2021
- Christmas Giveaway: December 18, 2021
- Spring Carnival: March 12, 2022
- Easter Basket Giveaway: April 16, 2022

Which event can you see yourself at?

**HOST A DRIVE WE HAVE A NEED FOR:**

- Candy
- Groceries
- Coats
- Christmas Toys
- Small Toys and Trinkets
- Easter Eggs and Candy
- Easter Baskets

This covers all the materials needed for the rest of our events! Which need can you fill?

**JOIN A CAMP SUMMER AND SPRING BREAK:**

- Spring Break Camp: March 13 to March 16, 2022
- Summer Camp: June and July of 2022

Join camp for a day or a week, which works best for you? Either way, book your dates today, they fill up quick!

## Mentorship Opportunity

Arlington ISD is looking to set up some of their students with mentors. Help support our community schools!

If interesting, please reach out to Stephanie Tucker at [stephanie.tucker@mavs.uta.edu](mailto:stephanie.tucker@mavs.uta.edu)

## LEARN A NEW ADVOCACY SKILL WITH SPEAK & SKILLSHARE!

IT'S FREE!

• PERSUASIVE WRITING

• TIME MANAGEMENT

• ARTIVISM

• ADVOCACY

[CLICK HERE TO LEARN MORE](#)

[Click Here for more info](#)



# EVENTS

The University of Texas at Arlington  
Counseling and Psychological Services Presents:

## DR. JANINA FISHER PROFESSIONAL DEVELOPMENT DAY

Please join UTA Counseling and Psychological Services in this Professional Development Day in honor of Mr. Steven McIntosh, partner of Dr. Adria Villarreal. This day of continuing education is designed to offer quality educational training for mental health professionals.

### TRANSFORMING THE LIVING LEGACY OF TRAUMA

Presenter: **Janina Fisher, PhD**

Janina Fisher, Ph.D. is a licensed clinical psychologist and former instructor, Harvard Medical School. An international expert on the treatment of trauma, she is the author of *Healing the Fragmented Selves of Trauma Survivors: Overcoming Self-Alienation* (2017); *Transforming the Living Legacy of Trauma: a Workbook for Survivors and Therapists* (2021) and *The Living Legacy of Trauma Flip Chart: a Psychoeducational In-Session Tool for Clients and Therapists* (in press). She is best known for her work on integrating neurobiologically-informed interventions into traditional psychotherapy.

**JANUARY 27, 2022**  
9:00 AM - 4:30 PM

**COST:** \$50 PROFESSIONALS  
\$20 GRADUATE STUDENTS

If you need accommodations to participate, please include on the registration form.

Registration Link: [utamac.link/janina](http://utamac.link/janina)

**REGISTER BY JAN. 25**

**RECEIVE 5.0 CE CREDITS**

This program is approved by the Texas Psychological Association for 5.0 professional development hours.

UTA IS A COMMUNITY THAT CARES BUTACARES

**UTA** Counseling and Psychological Services  
UNIVERSITY OF TEXAS AT ARLINGTON

[Click Here to Register](#)

## COMMUNITIES COLLABORATING FOR POSITIVE CHANGE

# MARCH 24 & 25

## OMNI CORPUS CHRISTI HOTEL

900 N SHORELINE BLVD, CORPUS CHRISTI, TX

The Texas Substance Use Symposium (TxSUS) represents a special time for our substance use community to come together and continue our work to strengthen the field and identify challenges and solutions for substance use.

[Click here for more information.](#)

# What is Palliative Care?

Date: Tue Feb 1  
TIME: 5:00 PM CST  
Link: [Click HERE](#) to join the teams meeting or scan the QR Code

Join us for our first-semester meeting as we hear from our guest speaker on Palliative Care!

**Guest Speaker:**  
**Professor Michael Bennett**

## JANUARY 2022 (VIRTUAL)

### THURSDAY TALKS & TREATS

Discuss the **state of affairs for a different cultural/heritage/religious group each month** and **how social workers can support them.**

January's celebration is for **World Religions Day!**  
**Thursday, January 20th** from 12:00pm-1:30pm

The January celebration will be held via Zoom. Please drop in!

<https://us02web.zoom.us/j/81550214819?pwd=Zmx0SEhabFk2UFlhPcEYyWlltQlZ3dz09>

Priya Pandit,  
National Leadership Council  
Hindu American Foundation

Mustafaa Carroll  
Outreach Consultant  
CAIR-Texas DFW

Melissa Duchin Friedensohn  
Executive Director  
Hillel North Texas

Stephanie Posner  
Member  
Congregation Beth Shalom

Cathy Frisinger  
Member  
Congregation Beth Shalom

### Facilitators

[Join Here](#)



## RESEARCH

[Social Work  
Course Guides](#)

[Student Research  
Opportunity  
Center](#)

## EMPLOYMENT OPPORTUNITIES

### Suicide Prevention Initiative Temporary, Expected to last up to 06/30/2023 Arlington, TX

#### Community Health Improvement Project Manager I

<b>Posting Type:</b>	Open to All Applicants		
<b>Category:</b>	Community and Social Services	<b>FLSA Exempt/ Non-Exempt:</b>	Non-Exempt
<b>Agency:</b>	Dept of State Health Services	<b>Department:</b>	Region 2/3
<b>Job Title:</b>	Community Health Improvement Project Manager I	<b>Posting Number:</b>	504991
<b>Full Time/Part Time :</b>	Full Time	<b>Regular/Temporary:</b>	Regular
<b>Job Location:</b>	1301 S BOWEN RD STE 200	<b>City:</b>	ARLINGTON
<b>Contact:</b>	AccessHR Service Center	<b>Telephone:</b>	888-894-4747
<b>Salary Range:</b>	\$3,763.16 - \$4,956.08	<b>Salary Group:</b>	B20
<b>Shift:</b>	Days (First)	<b>Travel:</b>	20%
<b>Closing Date:</b>	06/06/2022		

[Apply Here](#)

**Job Description:**  
Project Manager I - Under supervision of the Community Health Improvement Program Manager, performs moderately complex (journey-level) project management work overseeing and directing the operations, strategies and activities on COVID-19, specifically mental and behavioral health. With limited supervision and considerable latitude for use of initiative and independent judgment is responsible for the development, monitoring and evaluating complex program budget, program guidelines/ policies/ procedures, evidence-based public health programs and objectives with emphasis on strategic, unified cross-cutting goals in alignment with identified community needs. Coordinates with external partners to ensure attainment of regional, state and federal goals. Plans, assigns and supervises the work of assigned staff. Orients new staff and ensures continual training and education of program staff and local public health partners. Member of the Incident Command Structure in response to public health emergencies. Must comply with HHS, DSHS, Texas Department of Public Safety applicable policies/procedures/standards.

#### Program Specialist III/Team Lead

<b>Posting Type:</b>	Open to All Applicants		
<b>Category:</b>	Community and Social Services	<b>FLSA Exempt/ Non-Exempt:</b>	Non-Exempt
<b>Agency:</b>	Dept of State Health Services	<b>Department:</b>	Region 2/3
<b>Job Title:</b>	Program Specialist III	<b>Posting Number:</b>	504973
<b>Full Time/Part Time :</b>	Full Time	<b>Regular/Temporary:</b>	Regular
<b>Job Location:</b>	1301 S BOWEN RD STE 200	<b>City:</b>	ARLINGTON
<b>Contact:</b>	AccessHR Service Center	<b>Telephone:</b>	888-894-4747
<b>Salary Range:</b>	\$3,520.33 - \$4,633.50	<b>Salary Group:</b>	B19
<b>Shift:</b>	Days (First)	<b>Travel:</b>	40%
<b>Closing Date:</b>	06/06/2022		

[Apply Here](#)

**Job Description:**  
Program Specialist III - Under the direction of the Community Health Improvement Project Manager, performs complex duties that support regional COVID-19 activities, specifically mental and behavioral health. Coordinate regional efforts to increase local communities' capacity to address targeted public health issues. In coordination with community stakeholders, assists staff in development and implementation of public health solutions. Makes recommendations for improvements in program policy based on input from stakeholder groups. Provides consultative and technical services to elected officials, health and governmental agencies, schools, community organizations, local law enforcement agencies, and healthcare providers. Develops programmatic work plans including outcome-based strategies that are adjustable for community implementation. Coordinates administrative duties for the regional program team. Works under general supervision, with moderate latitude for the use of initiative and independent judgment. Member of the Incident Command Structure in response to public health emergencies. Must comply with HHS, DSHS, Texas Department of Public Safety applicable policies/procedures/standards.



## STAY SAFE

### COVID-19 Testing



#### REQUIRED COVID-19 TESTING

Regardless of vaccination status, all students and employees coming to campus in any capacity for the spring 2022 semester must provide proof of a [viral COVID-19 test](#) by Feb. 4, 2022. Tests taken before Jan. 3, 2022 will not be accepted. If you have any questions, contact [covidtesting@uta.edu](mailto:covidtesting@uta.edu).

UTA has a number of on-campus testing options that meet the required criteria and are free. Results received from an on-campus testing option will automatically be reported to the University with no further action required on your part. **UTA's COVID-19 testing resources are always available to you should you need or want a test, not only when you are completing a UTA testing requirement.**

Results from off-campus testing sites will be accepted, though you will not be reimbursed for costs. Test results from an off-campus testing site will be uploaded to the COVID-19 Self Report portal in [MyMav](#). If you have trouble finding or using the portal, contact the [OIT Help Desk](#). Remember, if you test positive, please follow the CDC's [isolation protocols](#) and submit the [Personal Diagnosis Form](#).

**UTA's COVID-19 testing resources are always available to you should you need or want a test.**

### Covid-19 Vaccine

#### On Campus Covid Vaccine Clinic

Each clinic will operate on a walk-in-only basis and be held in the Group Exercise Room (101B) in the Maverick Activities Center.

- Wednesday, January 5 – 10 a.m. to 2 p.m.
- Wednesday, January 12 – 10 a.m. to 2 p.m.
- Wednesday, January 19 – 10 a.m. to 2 p.m.
- Wednesday, February 2 – 10 a.m. to 2 p.m.

[Click Here for more information.](#)

[Required COVID-19 testing and new protective measures for Spring 2022 \(English and Español\) \(uta.edu\)](#)  
Classroom density, updated info from university on testing and return to campus

### Flu Shots

Health Services recommends getting vaccinated to be protected against flu before the start of flu season. [Email](#) the Immunization Clinic with your name, date of birth, student ID number, and phone number to schedule your free flu shot.

### KNOW YOUR STATUS

No cost & confidential HIV testing

CALL OR TEXT TO SETUP AN APPOINTMENT!

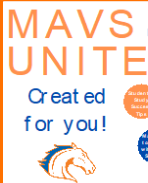
PHONE: 882-476-8965  
EMAIL: TYLERB@HMRCT.ORG

Dean Ryan's  
[Statement on  
COVID-19  
Health  
Disparities](#)



## UTA Academic Calendar

## Evidence-Based Practice Research Guide



**Check Canvas for the MavsUnite Page!**  
**To add please e-mail:**  
[Emily Clark](mailto:Emily.Clark@uta.edu)

## SAR Center

(Formerly Office of Students with Disabilities)

### MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

#### THERAPIST ASSISTED ONLINE (TAO)

Visit [TAOconnect.org](http://TAOconnect.org)



#### THRIVE APP



Download "Thrive at UT" on App Store or Google Play

#### MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit [uta.edu/caps](http://uta.edu/caps) for more information

UTA is a... **COMMUNITY THAT CARES**



Texas Health and Human Services  
**COVID-19 Mental Health Support Line**

If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**

**DREAMERS WELCOME**

In Crisis?  
**Text HELLO to 741741**

CRISIS TEXT LINE | Free, 24/7, Confidential

**Our Services**

**Peer-Led Team Learning (PLTL)**  
 Ready and group study workshops are offered to support...  
 PLTL is free for students but requires registration requested during first week of classes.

**Supplemental Instruction (SI)**  
 SI provides extra support for students who are struggling in...  
 SI is free for students but requires registration requested during first week of classes.

**Tutoring**  
 Tutoring is available for all registered students...  
**Academic Coaching**  
 Academic Coaching helps students identify their strengths and weaknesses...  
**TRIO Student Support Services**  
 TRIO provides support for first-generation, low-income, and...  
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THE UNIVERSITY OF TEXAS AT ARLINGTON  
 COUNSELING & PSYCHOLOGICAL SERVICES

**MAVS talk**

24 HOUR CRISIS LINE

817-272-TALK (8255)  
 WWW.UTA.EDU/CAPS  
 303 RANSOM HALL

**UTA Library Accessibility**

**On-Demand & Live Fitness Classes**

**Rental Assistance Program**

The [Tarrant County Rental Assistance Program](http://tarrantcounty.com) assists residents who have been impacted by the COVID-19 pandemic. For more details, email [renthelp@tarrantcounty.com](mailto:renthelp@tarrantcounty.com) or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

**HELP** a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

**NATIONAL SUICIDE PREVENTION LIFELINE**  
 1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

**Learn the Warning Signs.**

**Emergency Assistance Fund**  
 UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

**Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

**UTA/Tri-C Food Pantry Distributions**  
 Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to [utafoodpantry@gmail.com](mailto:utafoodpantry@gmail.com) to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: [tbd2290@mavs.uta.edu](mailto:tbd2290@mavs.uta.edu)