

# BACHELOR OF SOCIAL WORK BACHELOR OF SCIENCE IN SUBSTANCE USE TREATMENT

#### **WEEKLY UPDATE**



## March 2<sup>nd</sup> is Teen Awareness Month! March 2<sup>nd</sup> is National Teen Awareness Month!

According to the American Psychological Association, present day teens have the worse mental health of any generation.

Due to the false image that social media promotes, it encourages mental instability and promotes insecurities.

Therefore, it is necessary to raise awareness about mental health and the importance of self-care. This can help improve an entire generation's mental wellness.

For more information, **CLICK HERE!** 

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### Get to know your USL



### **MARIA CRUZ (INTERN)**

I am a returning USL Intern for the BSW/BSSUT program. I graduated from Dallas college with my Associate Degree in Liberal Arts. While looking for my career path, I stumbled into the field of Social Work. I realized helping to protect vulnerable individuals, groups, and families from harm or abuse or supporting them to live independently helps me feel like a candle that was needed in the darkness. Someone once said to me "Be the change you want to see in the world". I will graduate with my BSW in Spring 2023 and persist to earn a MSW all the way to LCSW.



### Consistency

Many individuals want to make a change for the better within this new year. However, some may find it difficult to identify the problems that cause inconsistency. Journaling your daily activities is a way to see your progress.

After 7 days, see if you observe any inconsistencies between your goals and your actions. Acknowledge the areas that need more accountability.

Once you acknowledge it, change your habits for the next 7 days. Cooking food at home rather than eating out, finding a gym and sticking to a workout plan, or deleting social media to focus on getting better sleep at night could set you for success and help you to see more positive results.

Small changes can bring the greatest outcomes. For extra support ask a friend to join you on your journey. Accountability is key!
You can do it!!!

Best Regards,
Andwelah Givens
The University of Texas at Arlington
BSW Student
Undergraduate Student Leader



Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

#### LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, <u>click here</u> to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found <u>on the ASWB</u> <u>site</u> and our <u>SSW licensure page</u>.
- Interested in the LCDC? Scroll to the end of this <u>Licensure</u> webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

#### MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found <a href="here">here</a>. If you have any questions about the process of applying to the MSW, please contact <a href="lesslie.reyna@uta.edu">lesslie.reyna@uta.edu</a>

#### **Important Dates**

#### **Spring 2023**

- •March 13th-17th Spring Break
- •March 31<sup>st</sup>- Last day to drop classes; submit requests to advisor prior to 4:00pm
- •March 31<sup>st</sup> Field Applications Closed
- •April 23<sup>rd</sup>- Registration begins for Summer 2023 & Fall 2023.
- •May 2<sup>nd</sup>:- Last day of classes
- •May 12<sup>th</sup>: Grades Due

#### FIELD PLACEMENT Summer 23

 All students, agencies, and Field Instructors should use this URL for

InPlace: https://inplace.uta.edu/

- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- <u>InPlace Training</u> and <u>Logbook Training</u> can be found here!
- If you are having technical difficulties
  with InPlace please email <u>sswfield@uta.edu</u> and
  include a screenshot of the issue.
- Field forms are available here!
- Field FAQ
- Contact <u>Sharon Martin</u>, LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30.
   Click here to join the meeting
- The Summer 2023 Field Application will be open Feb. 01 – March. 31<sup>st</sup>, 2023. These dates are subject to change. See the full Summer 2023 Field Education Calendar here.

## A New Beginning for all!



The University of Texas at Arlington's SOCW/NURS Building HISTORY HAS BEEN MADE! The University's newest building is finally open to all facility, staff, administrators and students! Since Social Work and Nursing have a lot in common with the wellbeing of the clients/patients, both majors are now combined into one building! According to Support UTA, "This building serves as a new center for interdisciplinary learning, encouraging students of both SSW and CONHI to think outside of their skillsets." This 15,000 square foot building is also a mixture of flexibility, state of art, and technology as a whole!

### **JOB OPPORTUNITY**



Spring 2023 All Majors Job and Internship Fair

When and Where? March 1st from 12pm to 4pm in the Mavericks Activities Center Open to all UTA students and alumni seeking full-time positions, part-time jobs, internships and field placements. Over 100 employers expected to attend!



## NASW Texas Social Work Advocacy Day Friday, March 3 | Texas State Capitol

Register for the Virtual
SWAD Prep Event
and more!



kelli.rogers@uta.edu



#### REPRESENT SOCIAL WORK

The Students for Global Change and Student Association for Macro Social Work are selling shirts and sweatshirts to raise funds and promote social work visibility!

## ON SALE NOW





https://www.customink.com/fundraising/social-work-studentorganizations

## **BSW Degree Plan**

Check out the BSW and BSSUT Degree Plan: Your degree plan is one of the best ways to help you stay on track toward your college goals. Your degree plan can help you plan future semesters more efficiently and communicate with your advisor. You can reference the degree plans to check if you have taken your required courses.



			Completed
SOCIAL WORK	SOCW 335 UNIV 1131 (for Freetman) or SOCW 1300 (for Transfer Budents) SOCIAL WORK PROFESSIONALISM & STUDENT SUCCESS		
INTENDED	BOCW 3006 BOCIAL WORK PRACTICE F		-
STUDIES	SOCW 3007 DIVERSE POPULATIONS	3	-
SOCIAL WORK	SOCW 2009 SOCIAL WORK PRACTICE II	3	
HOLAM	SOCW 3306 SOCIAL WORK RESEARCH METHODS	. 3	
STUDIES	SOCW 3301 THEORIES OF HUMAN BEHAVIOR	. *	1
	SOCW 5303 SOCIAL WELFARE POLICY AND BERVICES		
(Must meet the	SOOW 3306 SOCIAL WORK PRACTICE III MACRO PRACTICE	3	
BRW Major	soow electives	. 3	
enquirements to	SOOW ELECTIVE*	.8	0
continue)	SOCW ELECTIVES	3.	0
	SOCW ELECTIVE:	3	
SOCIAL WORK	SOCW 4551/4451 SW FIELD INSTRUCTION SW FIELD SEMINAR OR	9.	
	SOCW HISBYSSS SWIFIELD SEMPIAR BLOCK PART 1/SWIFIELD INSTRUCTION BLOCK PART 1		
	SOCW 4552/4452 SW FIELD INSTRUCTION SW FIELD SEMINAR OR	9	
	SOCW 44564566 SWIFIELD SEMPAREBLOCK PART 2' SWIFIELD INSTRUCTION BLOCK PART 2'		
	Total SOCW hours	54	
	Total frours for Graduation	120	

Interested in the BSSUT program? Want to minor in SUT? The BSSUT degree plan details the required courses for this degree. If you have additional questions about this degree click HERE!

#### **UTA's Powwow Event**



27th Annual UTA Scholarship Benefit Powwow

Learn about **Native American Culture** while helping the community



When: March 11 Where: UTA MAC

#### Save the Date!!!

On March 11th, The University of Texas at Arlington will be hosting the Powwow Event. This event will be held at the Maverick Activities Center and will be hosted by Stephen Silva-Brave. He will need about 70 volunteers for this program.

This will be a GREAT opportunity for educators, students, and community members to actively engage with and serve the local Native American community!

**CLICK HERE to Volunteer!** 

Learn mindfulness and practice meditation to effectively manage stress

## MINDFUL MOMENTS UNDER THE STARS

**TUESDAYS THROUGHOUT SPRING 2023** 

Feb. 14-28 and March 21-May 2 Tuesdays; from 12:45-1:15 PM

AT THE

LITA

**PLANETARIUM** 

Open to all UTA Faculty, Staff, and Students

#### Title IV-E Stipend Program

Interested in starting a career in Child Welfare? Learn more about the Title IV-E Stipend program and its benefits by meeting with a coordinator!

can the code or click the link below to schedule your meeting



	Men		Wes	Tie	Per	No.
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25

https://outlook.office365.com/owa/calendar/TitleIVEStipends@bookings.uta.edu/bookings

## Venieca Kusek Tells All: The Role of Social Workers in Hospice Care

The Gerontology Organization invites you Monday, March 6th from 6:30-7:30pm to join us as we host UTA alumni Venieca Kusek, LMSW

to learn about her role and experience as a hospice social worker.

2 Options to Join! In-person or Online via Teams Refreshments served In-Person! In-person: Rm 231 in the School of Social Work/ 501 W Mitchell St, 76010

Online: TEAMS LINK TO JOIN

# RESEARCH PARTICIPANTS NEEDED FOR AN ALZHEIMER'S STUDY!



## THE UNIVERSITY OF TEXAS AT ARLINGTON SEEKS PARTICIPANTS FOR AN INNOVATIVE STUDY ON BRAIN HEALTH

We are testing two portable medical devices that detect brain signals through a painless scan of the brain. Participants complete a one-time, hour-long session and receive a \$50 Walmart gift card. This innovative technology may lead the way in future Alzheimer's research.

#### ARE YOU?

- Over the age of 55
- · Healthy & no cognitive decline
- · No brain surgeries or injuries within the past year
- Have transportation to the University of Texas at Arlington



FOR MORE INFO CALL 682-800-2154 OR EMAIL KRISTEN.KERR@MAVS.UTA.EDU SCAN THE OR CODE TO SIGN UP



TPS://UTAEDU.QUESTIONPRO.COM/A/TAKESURVEY?TT=TPY10nlMcmAECHRPEIW9EQ%30%30



Connect with fellow Latinx students in

# **N**UESTRA COMUNIDAD







12 P.M.

# THE COMMONS NUECES ROOM B

Contact Toni with questions: txg2078@mavs.uta.edu

Bring your drink and dessert; we'll bring the pizza!





## 6-8 STUDENT SUCCESS COORDINATOR

**UTA Academic Calendar** 

**Evidence-Based Practice Research Guide** 



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you are in need of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu Sincerely,

Traecia

#### **AVAILABLE RESOURCES**

#### **CRIME VICTIM SERVICES**

The Crime Victim Services program has been implemented to provide assistance to students, faculty, staff, and visitors of UTA's campus. You do not need to have an open police case for our office to help. We want to support you the best we can during this process, and our department can offer you a variety of services:

Contact information: Phone: 817-272-9254

Address: Center for Innovation Building (CFI) 202 E.

Border St. Arlington, Tx 76010

## Week of February 27th: EMERGENCY HOUSING

Students experiencing primary homelessness (i.e., living on the streets, in parks, in car, and/or deserted buildings) may be able to receive temporary housing assistance.

The Dean of Students office has on-campus, confidential, and temporary emergency housing for students experiencing primary homelessness (i.e., living on the streets, in a car, in parks, and/or deserted buildings) as a result of domestic violence, relationship and/or sexual violence, family violence, stalking, displacement as a result of gender and/or sexual identity, and/or other identifiable emergency related situations.

Contact information: Students experiencing homelessness are advised to email the Director of Student Advocacy

Services and/or FAF@LITA FDII

#### **SAR Center**

(Formerly Office of Students with Disabilities)

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz mxc5965@mavs.uta.edu



SCHOOL OF SOCIAL WORK





FOLLOW US ON SOCIAL MEDIA

