International Women’s Day
February 8th

This Tuesday, on March 8th, we celebrate International Women’s Day. This day is recognized to honor the achievements and progress of women around the world. It also helps bring awareness to gender inequality and fundraising for women-focused charities. The 2022 theme is #BreakTheBias, which has us envision a world that is free from bias and discrimination and where everything is inclusive and diverse.

**History**
The history of International Women’s Day starts in 1908 when 15,000 women garment workers protested working conditions in New York. A year later, America celebrated its first National Women's Day. In 1910, Clara Zetkin was attending the International Conference of Working Women in Copenhagen and suggested an International Women’s Day since 17 countries were represented there. It was unanimously approved.

**Ways to Celebrate**
- Donate to non-profits that benefit women
- Educate yourself about women rights
- Advocate for gender equality at your workplace
- Support women owned businesses
- Show your support on social media with #BreakTheBias

Source: [https://www.internationalwomensday.com/](https://www.internationalwomensday.com/)
The Bachelor of Science in Substance Use & Treatment (BSSUT) “The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse,” said Scott Ryan, dean of the School of Social Work. “Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field.”

Continue reading here

David Waters
david.waters@uta.edu

Dr. Allison Tomlinson, PhD, LCSW-S
allison.tomlinson@uta.edu
For more info and FAQ’s Click Here

Degree Progress Worksheet  Click Here
Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

If your advisor’s appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.

BSW Academic Advisors:
- Valerie Adame – adamev@uta.edu
- Sabrina Earle – sabrina.earle@uta.edu

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found here. If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu

All students, agencies, and Field Instructors should use this URL for InPlace: https://inplace.uta.edu/
The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to pay the InPlace fee on the first day of class for that semester they are starting field.

InPlace Training and Logbook Training can be found here!
If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
Field forms are available here!
Field FAQ
Contact Sharon Martin, LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. Click here to join the meeting

The Spring 2022 Field Application is now closed.
Read the Summer 2021 – Spring 2022 Field Accommodations here.
All students have been placed. Students should contact their field advisor if they are still awaiting placement.
See the Spring 2022 Field Education Calendar here.
InPlace fee is due on the first day of class
**Weekly Virtual Support Group Schedule**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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| Mentoring    | COVID   | Success   | Accommodating for
              |            |            | Success      |
| Youth        | and     | First     | 9:00am - 10:00am |
| Future       | Caregiver| Generation|          |              |
| Planning     | 6pm – 7pm| International|          |              |
|              |         | Students'  |          |              |
|              |         | Success    |          |              |
|              |         | 9:00am - 10:00am |      |              |
| Building     | Women's | Accommodating| 10:15am - 11:15am |      |
| Better       | Virtual |            |          |              |
| Interpersonal| Room of |            |          |              |
| Relationships| Recovery |            |          |              |
| 11:30am - 12:30pm |            |          |              |              |
| TBD          | Military|            |          |              |
|            | Women's |            |          |              |
|            | Room of |            |          |              |
|            | Recovery |            |          |              |
|            | Active   |            |          |              |
|            | Duty,    |            |          |              |
|            | Deployed |            |          |              |
|            | Guard    |            |          |              |
|            | Reserve  |            |          |              |

**Email** SSWVirtualClinic@uta.edu for information

**Mentorship Opportunity**

Arlington ISD is looking to set up some of their students with mentors. Help support our community schools!

If interesting, please reach out to Stephanie Tucker at stephanie.tucker@mavs.uta.edu
The Texas Substance Use Symposium (TxSUS) represents a special time for our substance use community to come together and continue our work to strengthen the field and identify challenges and solutions for substance use.

Click here for more information.
COVID-19 Testing

REQUIRED COVID-19 TESTING

Regardless of vaccination status, all students and employees coming to campus in any capacity for the spring 2022 semester must provide proof of a viral COVID-19 test by Feb. 4, 2022. Tests taken before Jan. 3, 2022 will not be accepted. If you have any questions, contact covidtesting@uta.edu.

UTA has a number of on-campus testing options that meet the required criteria and are free. Results received from an on-campus testing option will automatically be reported to the University with no further action required on your part. UTA’s COVID-19 testing resources are always available to you should you need or want a test, not only when you are completing a UTA testing requirement.

Results from off-campus testing sites will be accepted, though you will not be reimbursed for costs. Test results from an off-campus testing site will be uploaded to the COVID-19 Self Report portal in MyMav. If you have trouble finding or using the portal, contact the OIT Help Desk. Remember, if you test positive, please follow the CDC’s Isolation protocols and submit the Personal Diagnosis Form.

UTA’s COVID-19 testing resources are always available to you should you need or want a test.

Covid-19 Vaccine

Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don’t work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the CDC’s COVID-19 vaccine finder.

Click Here for more information.

Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)

Classroom density, updated info from university on testing and return to campus

Dean Ryan’s Statement on COVID-19

Health Disparities

Need help with an assignment, writing, or study tips? Book your FREE session at the Connections Tutoring Lab!

Book your session HERE!
RESOURCES

**UTA Academic Calendar**

Check Canvas for the MavsUnite Page! To add please e-mail: Emily Clark

**MANAGING STRESS AND ANXIETY DURING COVID-19**
**UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)**

**THERAPIST ASSISTED ONLINE (TAO)**
Visit TAOnnect.org

**MAVS TALK 24HR CRISIS LINE**
Call (817)272-0255

**THRIVE APP**
Download “Thrive at U” on App Store or Google Play

Visit uta.edu/caps for more information

**SAR Center**
(Formerly Office of Students with Disabilities)

**In Crisis?**
Text HELLO to 741741

**DREAMERS WELCOME**

**UTA Library Accessibility**

**On-Demand & Live Fitness Classes**

**Rental Assistance Program**
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

**Emergency Assistance Fund**
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

**Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**

How to gain access to SSW writing resources:
Advising & Student Success Canvas

**UTA/Tri-C Food Pantry Distributions**
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu

**FOLLOW US ON SOCIAL MEDIA**

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-3613

“At this very moment, there are individuals only you can reach, and differences only you can make in their lives.”
— Mike Dooley