



May 02, 2023



SOCIAL JUSTICE SPOTLIGHT

**NATIONAL MENTAL HEALTH AWARENESS
MONTH IS MAY!**

We often misunderstand mental health because it can be hard to define. Mental health includes one’s social, emotional, and psychological well-being which can affect thoughts, feelings, and actions. When one has a positive outlook on their own mental health, they are better equipped to handle stress, be more productive, and realize their full potential. Everyday demands take their toll and sometimes we focus more on our physical wellbeing, like the food we eat, exercising, and getting regular check-ups for vision and dental care, however we often forget to take stock of our emotional and spiritual needs. May is **National Mental Health Awareness Month** so we hope that you find resources that help you focus on the positive aspects of your mental health.

For more information [CLICK HERE!](#)

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**ATTENTION BSW
STUDENTS!**

USLS NEEDED

THE SCHOOL OF SOCIAL
WORK IS RECRUITING
UNDERGRADUATE
STUDENT LEADERS (USLS)
FOR SUMMER AND FALL
2023!

SCAN HERE TO APPLY:



**JOIN OUR
TEAM**



NEED MORE INFORMATION?
EMAIL USL INTERNS TAMIKA OR
AIDA:

txc9187@mavs.uta.edu
axr8636@mavs.uta.edu

**ARE YOU INTERESTED
IN BECOMING A USL FOR
SUMMER 2023?**

**[CLICK HERE FOR THE
USL APPLICATION:](#)**



YOU MATTER

Visualization

A key to building your future is to start with a great vision.

Visualizing your future without anxiety and fear and adding determination and diligence can encourage you to move forward when hard times come.

Jack Lalanne, a fitness guru and motivational speaker once said, "To have success in anything, you must visualize your desires in your mind. Think of yourself as a piece of clay and now visualize how you would like it to look...begin molding yourself to that ideal." Once you are in progress, take notes of the process. "Put it up somewhere you can see yourself...to love yourself. Be cognizant of your future self constantly!"

This molding process can start with the physical, like finding a new hobby. For example, I had taught myself how to ride a unicycle. It took me at least a month or so, but it was worth the time! It took patience, dedication, diligence, and visualization. I had mastered how to ride a one wheeled bike and is proud of it!

Remember to make short-term goals for yourself because a goal without a good program will crumble. Follow through with it. Start to control your destiny by getting rid of old concepts and habits.

Always say to yourself:
"Visualize! Visualize! Visualize!"

Best Regards,
Andwelah Givens
Undergraduate Student Leader
BSW Student
The University of Texas at Arlington

ADVISING



Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu

Important Dates

Spring 2023

- **May 2nd**:- Last day of classes
- **May 12th**: Grades Due

FIELD PLACEMENT Summer 23

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)
- The Summer 2023 Field Application will be open Feb. 01 – March. 31st, 2023. These dates are subject to change. See the full Summer 2023 Field Education Calendar [here](#).

Summer & Fall Course Spotlight

DIVR/WOMS 2315-001
Summer Session 1

INTRO TO LGBTQ+ STUDIES

MonTueWedThu 1 - 3 p.m.
Dr. Jessica Sanchez

Satisfies Language, Philosophy, and Culture core requirement!

- LGBTQ+ History
- Civil Rights
- Queer Representation

**Don't Wait!
ENROLL NOW!**

How do pollution & climate change impact vulnerable communities?
What can social workers do about it?

Environmental Justice & Green Social Work

Fall 2023

Topics include:

- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate-forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

All readings
are free!
No textbook
to purchase!

Course: SOCW 3310/5310
Environmental Justice & Green Social Work

Modality: Online- Asynchronous (with recorded lectures and optional live sessions)

Instructor: Karen Magruder, LCSW-S
Assistant Professor of Practice
karen.magruder@uta.edu

UTA Student Engagement



"There is no
power for change
greater than a
community
discovering what
it cares about."

MARGARET J. WHEATLEY



**Thank you! Professor Bold and her
Social Work Practice II class for
their recent engaging service
learning at the Maverick Pantry.**

Volunteers Opportunities



SUMMER CAMP FOR KIDS WITH SPINA BIFIDA

VOLUNTEERS NEEDED!

JUNE 10-16 2023

JOIN THE FUN!

CAMP JOHN MARC

COUNSELORS * SIDEWALKERS * NURSES NEEDED

NEED VOLUNTEERS FOR CAMP CHECK-IN AT SCOTTISH RITE ON JUNE 11

NEED BUS BUDDIES TO RIDE TO CAMP AND BACK ON JUNE 11



SPINA BIFIDA ASSOCIATION OF NORTH TEXAS

More Information
www.camp TLC-sbant.com



SCAN ME



Job Opportunities

Council on Social Work Education's Minority Fellowship Program

This program offers financial support, mentorship, and networking opportunities to help underrepresented students succeed in their social work careers. This program could be of immense value to your students. Don't miss out on this great opportunity to advance your students social work education and career. Apply now and register for an information session or Q&A event using the links below.

Information Session: April 26 at 7:00 PM (ET)

<https://lnkd.in/gjw5gGb9>

Q&A Session Three: May 11 at 12:00 PM (ET)

<https://lnkd.in/g4y7j2qT>

[Click here: For instructions on how to apply:](#)

[Click here to Apply](#)

Social Justice Peer Educator

Are you passionate about social justice?

you must:

- maintain CGPA of 2.5 or higher
- able to commit at least 4-8 hours weekl
- have good public speaking skills
- enrolled as a UTA undergraduate or graduate student
- attend mandatory training
- attend mandatory bi-weekly meetings



Apply on Handshake!
Job #7777657

Dream Advocate

Are you passionate about providing resources to undocumented, DACA, and/or mix-status students?te about social justice?

you must:

- maintain CGPA of 2.5 or higher
- able to commit at least 4-8 hours weekl
- have good public speaking skills
- enrolled as a UTA undergraduate or graduate student
- attend mandatory training
- attend mandatory bi-weekly meetings



Apply on Handshake!
Job #7777861

Single-Parent Student Participants Invited



- ✓ Opportunity to share personal experiences
- ✓ Contribute to helping universities better serve students who are parents
- ✓ Chance to win \$25 Amazon Gift Card

For a study investigating *academic resilience* in UTA's Social Work Undergraduates

Primary Investigator:
Leticia Haro, BSW
UTA MSW Student

432-227-8238

Email: lmh0803@mavs.uta.edu



Scan this QR Code to take the Surveys or visit this link:

<https://utaedu.questionpro.com/t/AXCOMZxkVt>

If lost or stolen, personal devices containing confidential University Information will be reported to the Information Security Office, devices will not be shared with non-employees without special care, and all devices will be securely erased to protect confidential information.

Upcoming Events

AN EVENING OF BLACK EXCELLENCE



PLEASE JOIN US

WEDNESDAY | MAY 10TH | 6 PM
UTA LONESTAR AUDITORIUM (MAC)
500 W. NEDDERMAN, ARLINGTON, TX 76019

SPONSORED BY:



UTA

Office for Cultural Engagement
and Social Change
DIVISION OF STUDENT AFFAIRS

UTA

Center for African American Studies
Office of the Provost



SCAN TO REGISTER

ALL SALES END
MAY 3RD @ 12 PM

EVENT OPEN TO UNDERGRADUATE & GRADUATE STUDENTS

PLEASE CONTACT CAAS@UTA.EDU OR 817-272-9642 FOR INQUIRIES



UTA
#ForeverMaverick

Mav Grad Celebration is a fun and family-friendly event where UTA's graduating students can celebrate with their peers, friends, and family. This free event will feature food, drinks, a drone show, music by The Inspiration Band, photo opportunities, and festive activities.

Thursday, May 11 at 6:00pm to 9:00pm
Brazos Park

UNIVERSITY OF TEXAS AT ARLINGTON

School of Social Work

Invites you and your family to a

Post-Commencement Reception

in recognition of your outstanding
student achievements

Friday, May 12th, 2023
Immediately after Commencement
School of Social Work Building
501 W Mitchell St., Arlington, TX 76019

Please stop by for refreshments, photos, and a tour
of the new School of Social Work building!



TAO COPING CLINIC

FREE | ZOOM

THURSDAYS | 3/30 - 05/26 | 9AM- 10AM

If you need accommodations to participate,
please contact CAPS at 817-272-3671.

<https://forms.office.com/r/heKxSKHLUA>



COUNSELING AND PSYCHOLOGICAL SERVICES
THE DIVISION OF STUDENT AFFAIRS

STUDENT SUCCESS COORDINATOR

[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you need anything of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu

Sincerely,
Traecia

AVAILABLE RESOURCES

EMERGENCY ASSISTANCE FUND

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Website : <https://www.uta.edu/student-affairs/dos/advocacy/emergency-assistance>

· For Questions about EAF: Contact Dean of Students

Office Email: dos@uta.edu

· To make any Donation or Gift: Contact Jim Livernois : Director of Annual Giving Email: livernois@uta.edu Phone: 817-272-6864

If you have any questions or content suggestion for the newsletter, please contact Tamika Hayes TXC9187@MAVS.UTA.EDU



UNIVERSITY OF
TEXAS
ARLINGTON

**SCHOOL OF
SOCIAL WORK**

501 W Mitchell St, Arlington, TX 76019
Social Work Program
(817) 272-3613

FOLLOW US ON SOCIAL MEDIA



***THE WORLD TALKS ABOUT CHANGE; WE CREATE
CHANGE.***