July 18 is International Nelson Mandela Day!

On July 18, we pay tribute to Nelson Mandela who was a political leader, activist and one of the most famous anti-apartheid activists in South Africa. This day was chosen because it was Mandela’s birthday. He was imprisoned in 1963 for leading the liberation movement against apartheid. The court gave him a life sentence for this, and he served 27 years until he was released in 1990 by President F.W. de Klerk. He then went on to serve as President of the country from 1994 to 1999. After his presidency, Mandela became a philanthropist with a special focus on education.

How to Observe
- Learn about the history of South Africa and the issue of apartheid
- Read a book by Nelson Mandela
- Donate to the Nelson Mandela Foundation

"Education is the most powerful weapon which you can use to change the world." – Nelson Mandela

Sources: https://www.nelsonmandela.org/
**STUDENT SPOTLIGHT**

Get to know our Student Leaders!

Hello! My name is Kristen Kerr (she/her/hers) and I am a senior in the BSW program expected to graduate in spring 2023. I aspire to become a community social worker in which I help impoverished communities and people who are struggling with mental health. I plan on advocating as much as possible and really enhance and uplift the social work niche.

After I get my BSW, I also plan to continue my studies and get my MSW right after. In my spare time, I absolutely love to volunteer and find new skills. My most memorable volunteer experience is volunteering at Genesis Women’s Shelter with domestic violence survivors and The Salvation Army where I helped at the food pantry. I take pride in the work I do and make sure I always help others, especially people who rely on it. Social work was definitely a calling to me and I enjoy every second of it!

I am excited for this road ahead and the hard work starts now! I am honored to spend my undergraduate journey here because the UTA School of Social Work has amazing opportunities and connections that are lifelong. Thanks to all the professors/peers that have guided my journey. Interested in becoming a USL in the fall? Click here!

**YOU MATTER**

Meditation & The Benefits

Is meditation effective? I asked myself this question at the beginning of this year when I was making a list on new things, I would try for myself. I’ve always heard that it is great for a person’s health for many reasons.

**Reasons why you should try meditation?**
- It reduces STRESS
- Since it reduces stress... it reduces anxiety levels too!
- It may enhance your self-awareness about yourself
- Improvements in attention span & reducing age-related memory loss
- Improve sleeping patterns
- It is accessible & don’t need equipment

Try different forms of meditation to find your fit. Here is one of the first videos I watched a few months ago. I try to practice my breathing everyday in the morning to start my day off right. This is something I didn’t think would make a huge difference, but it has become routine. I have seen my mood become more positive!

Interested in writing your own “YOU MATTER” section for others? Email: Olga.carrillo@mavs.uta.edu

Sources: [https://www.apa.org/monitor/2012/07-08/ce-corner](https://www.apa.org/monitor/2012/07-08/ce-corner)
The Bachelor of Science in Substance Use & Treatment (BSSUT) “The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse,” said Scott Ryan, dean of the School of Social Work. “Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field.”

Continue reading here

Shermell Osborne
shermell.Osborne@uta.edu

Dr. Allison Tomlinson, PhD, LCSW-S
allison.tomlinson@uta.edu

For more info and FAQ’s Click Here

Degree Progress Worksheet Click Here
ADVISING

• Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

• If your advisor’s appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.

BSW Academic Advisors:
• Sabrina Earle – sabrina.earle@uta.edu
• Kyleigh Easter- kyleigh.easter@uta.edu

FIELD PLACEMENTS

• All students, agencies, and Field Instructors should use this URL for InPlace: https://inplace.uta.edu/
• The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to pay the InPlace fee on the first day of class for that semester they are starting field.
• InPlace Training and Logbook Training can be found here!
• If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
• Field forms are available here!
• Field FAQ
• Contact Sharon Martin, LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. Click here to join the meeting

LICENSING

• If you’re in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, click here to request the Dean’s Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
• Click here for a recording of our Social Work Licensing Information Session, held in April 2021.
• Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found here. If you have any questions about the process of applying to the MSW, please contact doloresbevins@uta.edu

FALL 2022

• The Fall 2022 Field Application is now open.
• Application Deadline is June 24, 2022.
• See the Summer 2022 Field Education Calendar for Block and for Split here.

SPRING 2023

• The Spring 2023 Field Application is open October 03, 2022.
• Application deadline is November 25, 2022
• See the Spring 2023 Field Education Calendar for Block and for Split here.
The School of Social Work Virtual Clinic

Need additional support? The School of Social Work Virtual Clinic offers FREE services. Support groups are offered virtually, weekly to BSW students. Please email SSWVirtualClinic@uta.edu for more information.

STUDENTS FOR GLOBAL CHANGE (SGC)

Interested in making an impact regarding social injustice? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!

MEETS EVERY 3RD WEDNESDAY FROM EACH MONTH 5-6 PM | TEAMS VIRTUAL MEETINGS EVERYBODY'S WELCOME!

To participate, please register: https://forms.gle/kVnIV9S5WBh3b3qB9

Follow us @SGC_UPA_ Students for Global Change

JOIN GERONTOLOGY ORG!

WE ARE CURRENTLY RECRUITING NEW MEMBERS AND LOOKING FOR OFFICERS!

Learn about the exciting world of Gerontology and how to support older adults!

EVENTS

SSW DEI Event Calendar

May 20
- Topic: Asian American and Pacific Islander Health and Student Commitment Impacts

June 16
- Topic: Fiscal Health and Immigrant Status

July 15
- Topic: Part V Video

August 25
- Topic: Diversity Awareness Month with the Anti-Critical Race Theory (ARC) group

SSW Community of Caring

Join us in a brave space for the UTA School of Social Work community (students, staff, faculty) to support one another as we face local and global injustices. This month focuses on Res V. Wode.

© Friday, July 15 at 10:00 am to 11:00 am
Virtual Event
ACADEMIC OPPORTUNITIES

Introducing the 1st Annual SOCIAL WORK AND LAW National Symposium
Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change
ONE DAY VIRTUAL EVENT FRIDAY | SEPTEMBER 30, 2022

CALL FOR PROPOSALS
The 1st Annual Social Work and Law National Symposium seeks to harness energy, engage, and activate the field of forensic social work and the capacity of forensic social work practitioners. This is a future forward event bringing together educators, researchers, community practitioners, justice-oriented leaders, and students with a goal of learning and converging.

We seek dynamic presenters to lead engaging workshops and interactive discussions focused on advancing knowledge, skills and abilities around forensic social work practice including the intersections of social work and use as related to this year’s theme, Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change.

DEADLINE FOR RECEIPT OF PROPOSAL IS JUNE 21, 2022
See attached for submission instructions.

For inquiries and proposal submission:
info@symposium.com

CALL FOR EXHIBITORS
Exhibitors for the Social Work and Law Symposium is a virtual platform to provide information about non-profit organizations, governmental services, cutting-edge research, services as well as personal and professional stories pertinent to the national dialogue. Prospective exhibitors will be solely responsible for the facilitation of their sessions and maintaining event connections.

Exhibit types include visual displays in the form of posters, banners, panels with seated speakers, live presentations and/or table displays, carting, Croatia, and other types of information. Exhibits should be accompanied by a 500 word abstract. Call for abstracts will be prepared to respond to all interested exhibit questions during their 15-minute session.

Prospective exhibitors must submit proposals that are consistent with the virtual symposium format and this year’s theme, Strengthening Pathways and Partnerships to Advance Empowerment, Justice, and Change.

SUBMISSION
General Guidelines: Proposals are to be submitted including the following information for consideration. Student submissions are encouraged:

- Title of session
- Name of the affiliation, and contact for each presenter (Include phone number and email address)
- Abstract (100 word)
- Learning objectives
- Description of the event (100-200 words)
- Summary of the event (100-200 words)

DEADLINE FOR SUBMISSION IS JUNE 21, 2022

USLA Volunteers Needed!
The School of Social Work is recruiting undergraduate student volunteers (USLAs).

Do you have a passion for social work? Do you want to make a difference in the lives of others? Then the School of Social Work has the perfect opportunity for you! USLAs are needed to assist with various events and programs throughout the year. If you are interested in becoming a USLA, please contact Ashley Schmidt or Esther Rocha at 259-2000 ext. 2200 or a.schmidt@msu.edu or e.rocha@msu.edu.

Volunteer Opportunities

Are you interested in volunteering? If so, contact Ashley Schmidt or Esther Rocha at 259-2000 ext. 2200 or a.schmidt@msu.edu or e.rocha@msu.edu.
Student Research Opportunity Center

STAY SAFE

Covid-19 Vaccine
Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don’t work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the CDC’s COVID-19 vaccine finder.

Click Here for more information.

Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)
Classroom density, updated info from university on testing and return to campus

Dean Ryan’s Statement on COVID-19 Health Disparities

Are you a student in recovery from substance use? If so, you may be eligible to offer feedback on a new VR based tool for substance use treatment. Click here for more information.

Research Study on the Impact of COVID-19 on Latinx Dreamers

Are you a brandi DACA participant (downeast)?

Are you currently enrolled in a year college or university in Texas?

Are you interested in being a part of a research study that involves exploring the experiences of Latinx Dreamers during COVID-19?

If you are interested, please visit our Facebook page or email us at dreamerstudy@uta.edu for more information.

FALL 2022
SOCW E592
SOCIAL WORK AND LAW

Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to:

- Discover when problems are legal and resolve legal actions
- Respond to Subpoenas
- Analyze Court Data
- Participate in Legal Proceedings
- Lay witness in court

INSTRUCTOR
Dr. Sharena Sharmi, Assistant Professor of Practice
EMAIL FOR MORE INFORMATION
sharena.sharmi@uta.edu

As a phoenix rises from the ashes...

Toxicological Growth and Transformation in Militarized Populations
In the process of this research, we aim to better understand the toxicological growth and transformation in militarized populations. We seek to explore the complex interplay between militarized power structures and the social, economic, and political systems that sustain them.

Participants will engage in a series of facilitated discussions and workshops that will focus on the following themes:

- Understanding the impact of militarization on individuals and communities
- Examining the role of militarization in shaping social justice issues
- Exploring strategies for resistance and transformation

Participants will also have the opportunity to participate in an online forum where they can share their experiences and insights with other participants.

For more information, please contact research@uta.edu.

Are you patient? If you meet the eligibility criteria, please contact us at research@uta.edu for more information.

Thanks for your interest in participating.
RESOURCES

UTA Academic Calendar

Check Canvas for the MavsUnite Page!
To add please e-mail: Emily Clark

Evidence-Based Practice Research Guide

SAR Center
(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19
UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)
Visit TAOconnect.org

MAVS TALK 24HR CRISIS LINE
Call (817)272-0255

THrive APP
Download "Thrive at U" on App Store or Google Play

Visit uta.edu/caps for more information

Connections Tutoring Lab
UTA School of Social Work

NOW OPEN
Schedule an 30 min online session with a writing tutor!

Book your session HERE!

MAVS talk
24 HOUR CRISIS LINE
817-272-0255
WWW.UTA.EDU/CAPS
WSM MAYS COMM MALL

Dreamers Welcome

In Crisis?
Text HELLO to 741741

DREAMERS
WELCOME

UTA Library
Accessibility

On-Demand & Live Fitness Classes

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu

“Recipe for Change”
― Rosa Parks

211 S. Cooper Street, Arlington TX 76019
Social Work Program
(817) 272-3613

FOLLOW US ON SOCIAL MEDIA

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