



World Population Day



SOCIAL JUSTICE SPOTLIGHT

Building a Sustainable Tomorrow

July 11th, 1990, marked the anniversary of the day when the world’s human population was estimated at five billion people. The United Nations designated July 11th of each year as the World Population Day to highlight different critical issues related to women’s health. Today the UTA School of Social Work proudly joins the global community in celebrating World Population Day. As passionate advocates for social justice and equitable well-being, we recognize the significance of this day in raising awareness about population-related issues. Through collaborative efforts and a commitment to social change, we aim to create a future where every individual's rights and well-being are valued and protected. On this World Population Day, we celebrate the power of education, research, and advocacy in shaping a more inclusive and equitable world for all.

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Amari Dillon

Hi, my name is Amari Dillon. I am a senior and a transfer student. I chose social work because I want to be the voice for those who cannot speak up for themselves. I am excited to meet you all throughout the semester and be as much help as I can be!



Identifying Emotional Triggers

Triggers are specific events, conversations, or experiences that elicit negative emotions as well as feelings of past pain that affect the present moment. They often lead to intense emotional outbursts and activate fight or flight responses. Negative emotions such as anger, envy, betrayal, rejection, helplessness, feeling ignored, feeling unwanted, or having achievements downplayed can be triggering. Here are practical steps to identify your triggers:

- **Notice internal changes:** Pay attention to shifts in your thoughts, emotions, or physical sensations when you encounter challenging situations.
- **Name the emotion or feeling:** Identify and label the specific emotion that arises when triggered (e.g., anxiety, betrayal).
- **Understand triggers:** Take time to reflect on and journal your thoughts, exploring the underlying causes and patterns of your triggers.

By prioritizing these steps, you can cultivate self-awareness, nurture your overall well-being, and develop effective strategies for managing your emotions. Remember, your mental health matters, and identifying triggers is a crucial aspect of your journey to self-care.

Anadja Tamofu
Undergraduate Student Leader Intern
BSW Student
The University of Texas at Arlington

ADVISING



Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu

Important Dates

Summer 2023

- **July 21st Last day to drop**
- **July 27th Summer movie series**
- **August 9th Last day of class**
- **August 10th Final exams**
- **August 11th Final exams**

FIELD PLACEMENT Summer 23

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30.
[Click here to join the meeting](#)

Upcoming Events

Calling all Veterans!

Seeking to connect with other veterans in the SSW?

Join us as we come together to discuss our experiences in the UTA SSW and brainstorm improvements for the future.



JOIN US FOR OUR VIRTUAL UTA SSW VETERANS MEETUP

Wednesday, July 12th at 8 pm on TEAMS

→ Meeting ID: 289 948 491 394
Passcode: VBf5e7



BROUGHT TO YOU BY THE GSL'S

Save the date

YOU'RE INVITED



Summer Movie Series

Event Details

6 - 8 PM
ROOM 104 & 105
501W Mitchell St
Arlington, TX, 76010

Joining Online? [Click Here!](#)

Follow-up discussion on disability rights and Advocacy. Crip Camp [Trailer](#)

Food will be served!

UTA School of Social Work

UTA College of Nursing and Health Innovation
CENTER FOR RURAL HEALTH AND NURSING

Opioid Endemic & Sex Trafficking Awareness in Rural Texas



Guest speakers will discuss the opioid endemic during the event's morning sessions and sex trafficking in rural Texas during afternoon sessions.

Breakfast and lunch provided. Contact hours available for attending this event.

Registration

Limited to 100 in-person attendees. The first 50 participants from rural communities to register will be sponsored to attend.

Participants must attend the full day to receive contact hours.

Virtual attendance available.

JULY 21, 2023
8 am - 4pm
SEIR Building,
Room 194

For any questions, contact the Center for Rural Health and Nursing at:

crhn@uta.com

Click here to register now!

DEAF COFFEE CHAT

Last Thursday of Every Month

5:00 pm - 7:00 pm

Second Sunday of Every Month

3:00 pm - 8:00 pm

INCLUSION COFFEE

101 E ABRAM SUITE #110

ARLINGTON, TX 76010



ASL fluency not required, but hands must be up!

[mavthat.carrd.co](https://www.instagram.com/mavthat.carrd.co)

Questions? Contact
Lei-Sea Sky:
leiseasky@gmail.com

Career Opportunities



Are you looking for scholarship opportunities?

You've come to the right place!

1. Enter this link into your browser:
<https://buff.ly/3qWM5AS>
2. Login with your UTA credentials.
3. Find a scholarship you may be a good candidate for and apply!

MAV
ScholarShop
Office of Financial Aid, Scholarships,
and Veteran Benefits Certification



UTA

Become
a MavTemp



For more info
click [here for MavTemp](#)

Summer & Fall Course Spotlight

How do pollution & climate change impact vulnerable communities?
What can social workers do about it?

Environmental Justice & Green Social Work Fall 2023

Topics include:

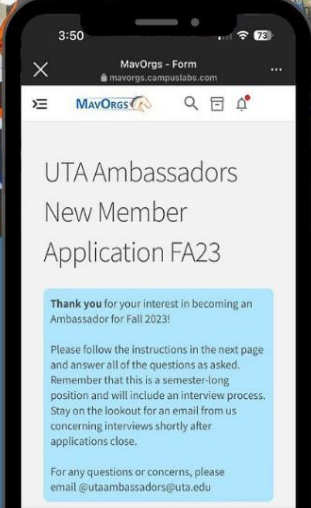
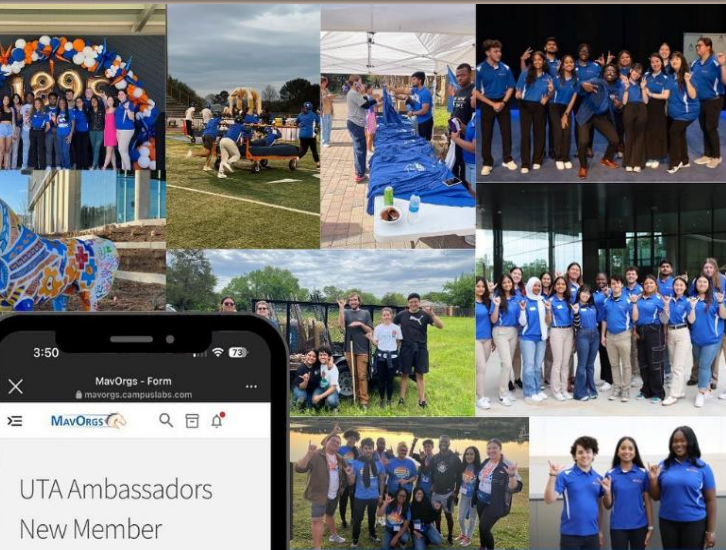
- Environmental Racism
- Ecological issues for children, older adults, women, and low-income populations
- Climate-forced Migration
- Natural Disaster Response
- Health & The Environment
- Ecotherapy for Mental Health
- Environmental Policy
- Micro and Macro Level Advocacy Strategies

All readings
are free!
No textbook
to purchase!

Course: SOCW 3310/5310
Environmental Justice & Green Social Work

Modality: Online- Asynchronous (with recorded lectures and optional live sessions)

Instructor: Karen Magruder, LCSW-S
Assistant Professor of Practice
karen.magruder@uta.edu



Apply to be an
Ambassador!

Click on the link in our bio!

Applications are now open until Friday, July 14th
at 11:59



UTA School of Social Work TITLE IV-E STIPEND FOR SSW STUDENTS

The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the workforce with more BSW and MSW educated practitioners.

ARE YOU INTERESTED IN?

CHALLENGING & REWARDING WORK
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.

FINANCIAL AID
Stipend amount offered through Title IV-E Child Welfare Programs:
BSW STUDENT \$6300
MSW STUDENT \$7000

INTENSIVE TRAINING & EXPERIENCE
No other field and work setting offers such a wide range of opportunities to learn, network, and grow.

POST GRADUATION OPPORTUNITIES
Upon graduation employment is available with the Department of Family and Protective Services (DFPS) or Community Based Contractors (CBC) with full salary and benefits.

IMPORTANT INFO

- Must be eligible to graduate the same semester they receive stipend
- Stipend applications are processed 1-2 semesters prior to acceptance
- Driving record, criminal background check, and online assessment are required

HOW TO APPLY

- 1 GET IN TOUCH**
Start the process by contacting us at julielive@uta.edu to discuss eligibility and if this is a good fit for you.
- 2 STIPEND APPLICATION**
Complete the stipend application, and upload resume, writing sample, and a letter of recommendation from a UTA professor.
- 3 PRELIMINARY INTERVIEW**
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- 4 FINAL INTERVIEW & SELECTION**
Eligible candidates will be provided a list of final requirements by Child Services staff.

VISIT US TODAY

Volunteers Opportunities



ATTENTION BSW STUDENTS!

THE SCHOOL OF SOCIAL WORK IS
RECRUITING UNDERGRADUATE
STUDENT LEADERS (USLS)
VOLUNTEERS FOR FALL 2023!

JOIN OUR
TEAM

USL VOLUNTEERS

- WORK DIRECTLY WITH BSW PROGRAM DIRECTORS
- SERVE AS ADVOCATES AND COMMUNICATION FACILITATORS FOR BSW STUDENTS
- CONNECT STUDENTS TO SERVICES AND RESOURCES

DEADLINE: AUGUST 11TH

SCAN HERE TO
APPLY



NEED MORE INFORMATION??

EMAIL INTERNS

AIDA: AXR8636@MAVS.UTA.EDU
ANADJA: AXM3404@MAVS.UTA.EDU
TAMIKA: TXC9187@MAVS.UTA.EDU
MAY: MVL1458@MAVS.UTA.EDU

darcc
dallas area rape crisis center

SUMMER VOLUNTEER TRAINING 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|---|-----------|----------|--------|----------|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | ✖ 6:00-9:30 PM [VIRTUALLY] ★ 10:00-2:00 PM [VIRTUALLY] | | | | |

IF YOU ARE INTERESTED IN PARTICIPATING
IN OUR SUMMER TRAINING, PLEASE EMAIL:
VOLUNTEER@DALLASRAPECRISIS.ORG



Study on the New School of Social Work Building

Seeking Participants – We Want You!

- We are seeking students to share their experiences with the new School of Social Work building.
- We want to know more about how you feel in the building, how accessible it is, and how trauma-informed it is.
- By participating in the survey, you will be entered into a raffle to win a \$10 Pie 5 gift card.
- You can take the survey on any electronic device (e.g., computer, cell phone, tablet, etc.), and it should only take about 5 minutes to complete. The first page of the survey will be the consent form. Please read it carefully, and by clicking “Accept” you will be electronically signing the form.
- You can access the survey here:
<https://utaedu.questionpro.com/t/AWpGrZxba7>

About the Researchers and the Project

- Megan Westmore, LMSW and Dr. Regina Praetorius, PhD are researchers from the School of Social Work at the UT-Arlington.

How Do I Become a Part of This Project?

- You are eligible to participate if you are at least 18 years old, a current UTA social work student, and have taken at least one in-person class in the new School of Social Work.
- Please contact us if you have any questions:
Email: meganrose.westmore@uta.edu

Link to the survey:

<https://utaedu.questionpro.com/a/TakeSurvey?tt=L8ldNOK2BlkEChrPelW9eQ%3D%3D>

Hot Weather Safety Tips

HOW TO STAY SAFE IN THE HEAT

Source: National Weather Service



STAY HYDRATED AND DRINK PLENTY OF FLUIDS



AVOID THE SUN AND STAY IN AN AIR-CONDITIONED AREA



NEVER LEAVE CHILDREN OR PETS UNATTENDED IN VEHICLES



WEAR PROTECTIVE CLOTHING AND SUN PROTECTION



KNOW THE SIGNS/SYMPTOMS OF HEAT EXHAUSTION/STROKE



For more information [Click Here](#) or may contact [Anna Fagan](#)

AVAILABLE RESOURCES

WEBINARS ON SOCIAL WORK WRITING (GUIDE)

- Write that policy paper
- Write that case study
- APA Style for Social Work
- Professional writing for field. [CLICK HERE.](#)

Summer Tutoring

Students can book appointments for One-on-one tutoring By using [TutorTrac](#)

Counseling & Psychological Services(CAPS)

CAPS assists students in increasing self-awareness, addressing mental health and emotional concerns, and making positive changes in their lives. [Link](#)

Student Access & Resource Center(SARC)

The SAR Center provides academic accommodations to students with all disabilities. [Link](#)

MAC SUMMER HOURS (JUNE 5 - AUGUST 19)

MONDAY - FRIDAY 6 AM - 10 PM
SATURDAY CLOSED
SUNDAY 2 PM - 10 PM

STUDENT SUCCESS COORDINATOR



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you need anything of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu Sincerely, Traecia

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS
talk
24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL



[Link](#)

Free Transportation



[Link](#)

If you have any questions or content suggestion for the newsletter, please contact Tamika Hayes TXC9187@MAVS.UTA.EDU



**SCHOOL OF
SOCIAL WORK**

501 W Mitchell St, Arlington, TX 76019
Social Work Program
(817) 272-3613

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THE WORLD TALKS ABOUT CHANGE; WE CREATE CHANGE.