**SOCIAL JUSTICE SPOTLIGHT**

**August 26 is Women’s Equality Day!**

**History**
The United States Congress passed the 19th Amendment to the Constitution granting women full and equal voting rights on this day in 1920. On July 30, 1971, Rep. Bella Abzug (D-NY) presented a bill designating August 26th as Women’s Equality Day. That year, rallies, celebrations and political debate filled the country on August 26th. By 1973, Congress passed a joint resolution declaring the day to be observed on August 26th of each year. Each year, the President of the U.S. declares August 26th as Women’s Equality Day to commemorate the certification of the 19th amendment.

“The struggle for women’s suffrage, however, was only the first step toward full and equal participation of women in our Nation’s life. In recent years, we have made other giant strides by attacking sex discrimination through our laws and by paving new avenues to equal economic opportunity for women. Today, in virtually every sector of our society, women are making important contributions to the quality of American life.” – Richard Nixon, Proclamation 4236

**How To Observe**
- Learn about the Women’s civil right movement
- Learn about the history and advocates
- Introduce a mentoring program
- Aid a cause!
- Empower others!

Get to know our Student Leaders!

Hello! My name is Precious Bell (she/her/hers), and I am on my final journey as a BSW student. I am currently an intern with the Undergraduate Student Leadership Program. I started my internship during the Summer and have learned many things from being with the program. This internship has helped me become more confident in my own knowledge. I have learned to be a better leader by watching my peers throughout the leadership program.

After graduating this Fall, I plan on taking a semester off to visit family. I plan on getting a teaching certification during this time. And hope to begin my journey of working as a School Social Worker. I plan on starting my MSW with direct practice with children and families.

I am excited to continue my academic journey and my personal journey this year. I am grateful for this opportunity and experiences that this program has offered me, and I am excited for those to come! The city of Arlington has been my home for so long and I am honored to be a student at the University of Texas at Arlington!

Interested in becoming a USL in the fall? Click here!

YOU MATTER

Welcome back Mavericks! My name is Olga Carrillo and I am an intern with the Graduate Student Leadership Program here at UTA. This section in the Newsletter serves for anyone who wants to share any self-care tips and words of encouragement. We are all here to grow and help one another.

Let’s set some goals for the semester. This is what I’m going to try and follow to prioritize my self and minimize my stress:

1. Prioritize Time Management: sit down and make time to write down your daily activities. I’ve noticed that when I write down my day to day activities, I am relieved once I get to scratch it out.
2. Surround yourself with supportive people.
3. Conduct regular mental health check-ins! At UTA there is the Counseling and Psychological Services (CAPS).

Want to write a “YOU MATTER” section? Email Olga.carrillo@mavs.uta.edu for more information.

Sources: https://www.umassglobal.edu/news-and-events/blog/self-care-for-college-students

MONKEYPOX

What you need to know:

Symptoms appear within 3 weeks of exposure:
- Rash
- Fever
- Headaches
- Muscle aches/joint pain
- Lymph nodes
- Cough
- Chills

Those symptoms are usually followed by a rash, 1-4 days later:
- Hands
- Mouth
- Chest
- Feet
- Face

Here’s how Monkeypox spreads:

- Close Contact
  - Contact with rashes, scabs, or body fluids from a person with monkeypox
  - Touching objects, fabrics, and surfaces that have been handled or touched by a person infected
  - Contact with respiratory secretions

- Intimate Contact
  - Oral, anal, vaginal sex & having genital/intimate parts

Reminder: Monkeypox IS NOT a “gay disease.”
The Bachelor of Science in Substance Use & Treatment (BSSUT) “The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse,” said Scott Ryan, dean of the School of Social Work. “Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field.”

Continue reading here

Shermell Osborne
shermell.Osborne@uta.edu

Dr. Allison Tomlinson, PhD, LCSW-S
allison.tomlinson@uta.edu

For more info and FAQ’s Click Here

Degree Progress Worksheet  Click Here
ADVISING

• Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

• If your advisor’s appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour. Please check advising appointments every Monday when new availability opens up for the coming weeks.

BSW Academic Advisors:
• Sabrina Earle – sabrina.earle@uta.edu
• Kyleigh Easter- kyleigh.easter@uta.edu

FIELD PLACEMENTS

General

• All students, agencies, and Field Instructors should use this URL for InPlace: https://inplace.uta.edu/
• The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to pay the InPlace fee on the first day of class for that semester they are starting field.
• InPlace Training and Logbook Training can be found here!
• If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
• Field forms are available here!
• Field FAQ
• Contact Sharon Martin, LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. Click here to join the meeting

LICENSING

• If you’re in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, click here to request the Dean’s Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page. Click here for a recording of our Social Work Licensing Information Session, held in April 2021.
• Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found here. If you have any questions about the process of applying to the MSW, please contact doloresbevins@uta.edu

Spring 2023

• The Spring 2023 Field Application is open October 03, 2022.
• Application deadline is November 25, 2022.
• See the Spring 2023 Field Education Calendar for Block and for Split here.

Fall 2022

• The Fall 2022 Field Application is now open.
• Application Deadline is June 24, 2022.
• See the Summer 2022 Field Education Calendar for Block and for Split here.

InPlace fee is due on the first day of class
**The School of Social Work Virtual Clinic**
Need additional support? The School of Social Work Virtual Clinic offers FREE services. Support groups are offered virtually, weekly to BSW students. Please email SSWVirtualClinic@uta.edu for more information.

**Events**

**Welcome Back Week**

**Monday August 22nd**
Mavs Meet Convocation
CELEBRATE THE START OF THE NEW ACADEMIC YEAR WITH MAYS MEET AT THE COLLEGE PARK CENTER
6 PM

**Wednesday August 24th**
Waffleopolis
THE EVENING WILL INCLUDE NEW AND OLD FRIENDS MEETING UP TO ENJOY WAFFLES WITH A VARIETY OF TOPPINGS. LOCATED AT BRAZOS PARK
6 PM

**Wednesday August 31st**
Maverick Activity Fair Day
ACTIVITY FAIR DAY IS A PRIME OPPORTUNITY TO MEET FACE-TO-FACE WITH AN ARRAY OF CAMPUS AND COMMUNITY RESOURCES.
10:00 AM - 1:50 PM

**Maverick FRIEND Day**
This high-energy, interactive event is the perfect way to make new friends (or reconnect with old ones) at UTA. Pizza and drinks will be provided to participants following the event. A great way for transfer and off-campus students to meet new friends. Open to all Mavericks!

O: Tuesday, August 23 at 4:00pm to 5:30pm

B: Brazos Park
601 S. West St., Arlington, Texas 76010
PROFESSIONAL DEVELOPMENT TRAININGS

Making an Accessible PowerPoint
Thursday 08/25/2022, 10:00 AM – 11:00 AM (1 hr)
*Prerequisite: #1 Electronic Accessibility - Why, What and How

Women's Equality Day
*In-Person Only*
Location: Planetarium, Room
Date: Friday 08/26/2022, 12:00 PM – 1:00 PM (1 hr)

Making an Accessible PDF Document From a Word Document
Virtual Only
Date: Monday 08/29/2022, 10:00 AM – 11:00 AM (1 hr)
Prerequisite: #1 Electronic Accessibility - Why, What and How

A Day In Your Shoes
In-Person Only
Location: Library, Room Atrium
Date: Tuesday 09/13/2022, 10:00 AM – 12:00 PM (2 hrs)

May Ally 1.0
Virtual Only
Date: Thursday 09/15/2022, 10:00 AM – 12:00 PM (2 hrs)

GLOBAL ENGAGEMENT - INTERCULTURAL COMPETENCY TRAINING
Virtual Only
THURSDAY 10/20/2022, 10:00 AM – 11:00 AM

Visit the Diversity, Equity & Inclusion Professional Development UTA Website!
CALL FOR EXHIBITORS

Exhibition for the Social Work and Law National Symposium is a virtual platform to gain exposure. Attendees, exhibitors, and participants can share information, services, and programs related to social work and law. Opportunities to sponsor the exhibit include: 1) Full Sponsorship ($1500), 2) Partial Sponsorship ($500), and 3) Exhibit Space ($250).

Sponsorship Information: Visit MyMavScholarship.com for more information on sponsorship opportunities. For questions, please contact info@socialworklaw.org

DEADLINE FOR EXHIBITORS: JULY 5, 2022
Contact us for additional instructions.

NEW BSSUT COURSES

Road To Recovery: Trauma Informed Care
Applications Open for 2023

The Texas Center for Disability Studies is offering a exciting training opportunity – FREE to selected applicants. The Center is recruiting applicants to become master trainers of the Road to Recovery: Supporting Children with Intellectual and Developmental Disabilities Who Have Experienced Trauma. The virtual training offers ED professionals, mental health professionals, family members, educators, direct care workers and others valuable insights into how to effectively work with individuals with intellectual and other developmental disabilities in helping from trauma.

Interested in becoming a trainer?
Complete the application on disabilitystudies.utexas.edu/R2R

Deadline to submit your application is November 14, 2022. Questions? Contact info@texascenterfordisabilitystudies.org

REGISTER TODAY

NASW Texas Hybrid Conference
October 13-15, 2022

Student Volunteers Needed!

Are you interested in applying? If so, contact Ashley Schmitt or Esther Rocha.

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**Covid-19 Vaccine**

Contact covidvaccine@uta.edu with any questions. If the dates and times of these clinics don’t work for you, the COVID-19 vaccine is free and widely available in Arlington and surrounding communities. To find a vaccine or booster near you, enter your zip code into the CDC’s COVID-19 vaccine finder.

Click Here for more information.

**Required COVID-19 testing and new protective measures for Spring 2022 (English and Español) (uta.edu)**

Classroom density, updated info from university on testing and return to campus

**Dean Ryan’s Statement on COVID-19 Health Disparities**

As a phoenix rises from the ashes...

**Research Participation Opportunity**

Volunteers needed for an exploratory survey of childhood experiences and well-being in transition-age youth.

Thank you for your interest and participation! We understand that your time is valuable. Participants who complete the survey will be entered into a raffle for one of ten $20 Amazon gift cards.

If you have any questions, please contact the research team at katherine.talbert@uta.edu or caroline.luke@uta.edu.
UTA Academic Calendar

Check Canvas for the MavsUnite Page!
To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

SAR Center
(Formerly Office of Students with Disabilities)

MANAGING STRESS AND ANXIETY DURING COVID-19
UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)
Visit TAOconnect.org

MAVS TALK 24HR CRISIS LINE
Call (817)272-6255

MAVS TALK 24HR CRISIS LINE
Visit uta.edu/caps for more information

In Crisis? Text HELLO to 741741

On-Demand & Live Fitness Classes

RENTER Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

EMERGENCY Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Olga Carrillo: Olga.carrillo@mavs.uta.edu

"You must not be fearful about what you are doing when it is right"
— Rosa Parks