



UNIVERSITY OF
TEXAS
ARLINGTON

**SCHOOL OF
SOCIAL WORK**

BACHELOR OF SOCIAL WORK

BACHELOR OF SCIENCE IN SUBSTANCE USE
TREATMENT

WEEKLY UPDATE

August 1st, 2023



SOCIAL JUSTICE SPOTLIGHT

National Wellness Month

National Wellness Month, celebrated August 1st, is an excellent time to remember how important it is to take care of ourselves, especially during the busy school year. When we're caught up in studying and work, we often forget to focus on our well-being. Making time for exercise, relaxation, and healthy eating can really make a difference in how we feel and perform. By taking care of ourselves, we can handle stress better, be more productive, and create a positive and supportive environment for everyone on campus. So, let's prioritize wellness and make this school year a happier and healthier one!

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Get to know your USL

Karla Padilla

Hi everybody! My name is Karla, and this is my first semester serving as a USL and third semester at UTA. I am a senior graduating in the summer of 2024. I was a transfer student from TCC and graduated with my A.A.S. Transferring from another college can be difficult, but I found so many great resources and help through my USL during my first semester at UTA, so I wanted to give that same experience to others. After graduation, I do want to pursue my MSW in Fall 2024 with a concentration in Health. In my free time I love to try new foods, listen to crime podcasts, and go on walks with my dogs. I can't wait to start this journey of serving constituents and becoming a resource for others. I hope everyone has a great semester!



YOU MATTER

How To Prioritize

As we come near the end of the summer semester and prepare for the fall season, it's essential to stay focused on what's ahead. One fantastic tool to help you achieve this, is the Eisenhower Matrix.

The principles were created by Dwight D. Eisenhower, and it is an excellent way to prioritize tasks by urgency and importance.

1-DO.

What do you need to accomplish today or tomorrow at the latest?

2-DECIDE.

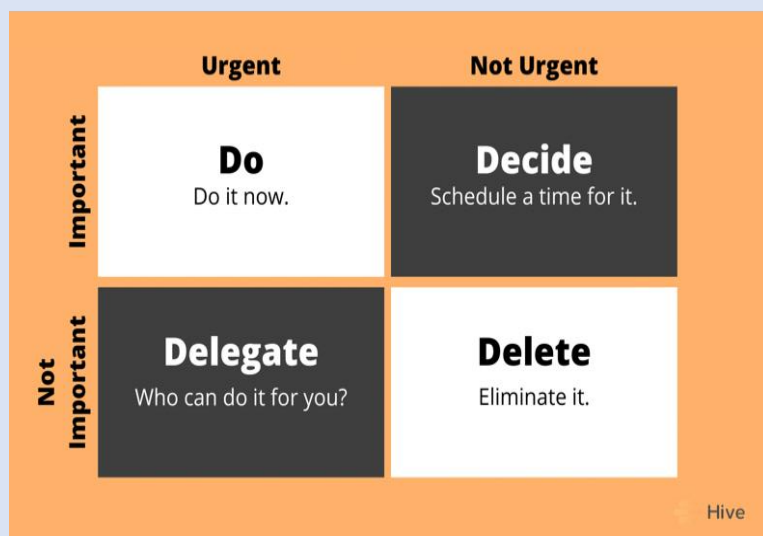
Which tasks need to be put in your calendar? This is the most essential in achieving great time management

3-DELEGATE.

These tasks are urgent, but not as important as others. Who can do them for you?

4-DELETE.

This quadrant helps to eliminate bad habits and unnecessary tasks. Deleting these tasks will allow you to focus on the first and second quadrant



Anadja Tamofu
Undergraduate Student Leader Intern
BSW Student
The University of Texas at Arlington

ADVISING



Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu

Important Dates

Summer 2023

- **August 9th** Last day of class
- **August 10th** Final exams
- **August 11th** Final exams
- **August 21st** First Day of Fall Classes

FIELD PLACEMENT Summer 23

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30.
[Click here to join the meeting](#)

Upcoming Events

UNIVERSITY OF TEXAS AT ARLINGTON

School of Social Work

Invites you and your family to a

Commencement Celebration

in recognition of your outstanding
student achievements

Saturday, August 5th, 2023

2:00pm-4:00pm

School of Social Work Building
501 W Mitchell St., Arlington, TX 76019

Please stop by for refreshments, photos, job fair and
pinning ceremony.



DEAF COFFEE CHAT

Last Thursday of Every Month

5:00 pm - 7:00 pm

Second Sunday of Every Month

3:00 pm - 8:00 pm

INCLUSION COFFEE

101 E ABRAM SUITE #110

ARLINGTON, TX 76010



ASL fluency not required,
but hands must be up!

Questions? Contact
Lei-Sea Sky:
leiseasky@gmail.com



[mavthat.carrd.co](https://www.mavthat.carrd.co)



YOU ARE INVITED TO ATTEND

FIRST-GEN

BRUNCH & ALUMNI MIXER

Saturday August 26th 10AM-12PM

University Center, Bluebonnet Ballroom

Are you the first in your family attending a 4-year
University? Join us at the third annual First-Generation
College Student Brunch & Alumni Mixer! Enjoy food, music,
prizes, and meet successful First-Gen Graduates/Alumni
who discovered the secrets to college life and more!

REGISTER NOW!
SPACE IS LIMITED



If you need accommodations to
participate please contact the
Transition Programs & Services
at 817-272-7130 at least five days
prior to the event date.



You're invited to understand your credit score.

Learn how your credit score is calculated and
get insights on how to build your credit.

Friday, August 4, 2023

1:00 PM - 2:00 PM CST

Chase - Downtown Arlington

500 E Border St, Floor 1

Arlington, TX 76010

Space is limited, please RSVP by August 4
at www.surveymonkey.com/r/QTMF2WC

Due to Covid-19, guests may be required to show proof of vaccination and/or
wear a mask.

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AASWSA

LOOKING TO JOIN THE
AFRICAN AMERICAN
SOCIAL WORK
ALLIANCE WE ARE
LOOKING FOR
MEMBERS AND
OFFICERS FOR FALL
2023

FOR QUESTIONS PLEASE EMAIL
PMS8813@MAVS.UTA.EDU



INTERESTED IN MACRO SOCIAL WORK?



The Student Association for Macro Social Work provides Peer Support & Professional Development for students interested in macro social work!

We are looking for
officers for Fall 2023!

Scan to
Register!



For questions, email
monica.canizares@mavs.uta.edu



UTA School of Social Work TITLE IV-E STIPEND FOR SSW STUDENTS

The Child Welfare Stipend is provided through the Title IV-E Training Contract, a federally funded initiative to enhance child welfare practice by infusing the workforce with more BSW and MSW educated practitioners.

ARE YOU INTERESTED IN?




CHALLENGING & REWARDING WORK
Students will be working with children, parents and families impacted by child abuse and neglect, and who are in foster and adoptive placement.

FINANCIAL AID
Stipend amount offered through Title IV-E Child Welfare Programs:
BSW STUDENT \$6300
MSW STUDENT \$7000

INTENSIVE TRAINING & EXPERIENCE
No other field and work setting offers such a wide range of opportunities to learn, network, and grow.

POST GRADUATION OPPORTUNITIES
Upon graduation employment is available with the Department of Family and Protective Services (DFPS) or Community Based Contractors (CBC) with full salary and benefits.

IMPORTANT INFO

-  Must be eligible to graduate the same semester they receive stipend
-  Stipend applications are processed 1-2 semesters prior to acceptance
-  Driving record, criminal background check, and online assessment are required

HOW TO APPLY

- 1 GET IN TOUCH**
Start the process by contacting us at julieve@uta.edu to discuss eligibility and if this is a good fit for you.
- 2 STIPEND APPLICATION**
Complete the stipend application, and upload resume, writing sample, and letter of recommendation from a UTA professor.
- 3 PRELIMINARY INTERVIEW**
Participate in a preliminary interview with UTA Title IV-E Stipend Program Coordinators.
- 4 FINAL INTERVIEW & SELECTION**
Eligible candidates will be provided a list of final requirements by Child Services staff.

VISIT US
TODAY



Are you looking for scholarship opportunities?

You've come to the right place!

1. Enter this link into your browser:
<https://buff.ly/3qWM5AS>
2. Login with your UTA credentials.
3. Find a scholarship you may be a good candidate for and apply!

mav ScholarShop
UTA Office of Financial Aid, Scholarships, and Veteran Benefits Certification



Volunteers Opportunities



ATTENTION BSW STUDENTS!

THE SCHOOL OF SOCIAL WORK IS
RECRUITING **UNDERGRADUATE
STUDENT LEADERS(USLS)**
VOLUNTEERS FOR FALL 2023!

LINK:
<https://utaedu.questionpro.com/a/TakeSurvey?tt=%3g3n1pRQKXJwEChrPeIW9eQD%3D>

USL VOLUNTEERS

- WORK DIRECTLY WITH BSW PROGRAM DIRECTORS
- SERVE AS ADVOCATES AND COMMUNICATION FACILITATORS FOR BSW STUDENTS
- CONNECT STUDENTS TO SERVICES AND RESOURCES

DEADLINE AUGUST 11TH

SCAN HERE TO
APPLY



NEED MORE INFORMATION??

EMAIL INTERNS

- AIDA: AXR8636@MAVS.UTA.EDU
- ANADJA: AXM3404@MAVS.UTA.EDU
- TAMIKA: TXC9187@MAVS.UTA.EDU
- MAY: MVL1458@MAVS.UTA.EDU



Study on the New School of Social Work Building

Seeking Participants – We Want You!

- We are seeking students to share their experiences with the new School of Social Work building.
- We want to know more about how you feel in the building, how accessible it is, and how trauma-informed it is.
- By participating in the survey, you will be entered into a raffle to win a \$10 Pie 5 gift card.
- You can take the survey on any electronic device (e.g., computer, cell phone, tablet, etc.), and it should only take about 5 minutes to complete. The first page of the survey will be the consent form. Please read it carefully, and by clicking “Accept” you will be electronically signing the form.
- You can access the survey here:
<https://utaedu.questionpro.com/t/AWpGrZxba7>

About the Researchers and the Project

- Megan Westmore, LMSW and Dr. Regina Praetorius, PhD are researchers from the School of Social Work at the UT-Arlington.

How Do I Become a Part of This Project?

- You are eligible to participate if you are at least 18 years old, a current UTA social work student, and have taken at least one in-person class in the new School of Social Work.
- Please contact us if you have any questions:
Email: meganrose.westmore@uta.edu

Link to the survey:

<https://utaedu.questionpro.com/a/TakeSurvey?tt=L8ldNOK2BlkEChrPeIW9eQ%3D%3D>

Hot Weather Safety Tips

HOW TO STAY SAFE IN THE HEAT

Source: National Weather Service



STAY HYDRATED AND DRINK PLENTY OF FLUIDS



AVOID THE SUN AND STAY IN AN AIR-CONDITIONED AREA



NEVER LEAVE CHILDREN OR PETS UNATTENDED IN VEHICLES



WEAR PROTECTIVE CLOTHING AND SUN PROTECTION



KNOW THE SIGNS/SYMPTOMS OF HEAT EXHAUSTION/STROKE

VOLUNTEERS NEEDED



HELP 4,000 STUDENTS SETTLE INTO THEIR NEW
CAMPUS HOMES
THURSDAY, AUGUST 17
8:30 AM - 5:00 PM

REGISTER FOR A TWO-HOUR SHIFT BY MONDAY AUG. 14

VOLUNTEERS WILL BE PROVIDED A FREE T-SHIRT



AVAILABLE RESOURCES

WEBINARS ON SOCIAL WORK WRITING (GUIDE)

- Write that policy paper
- Write that case study
- APA Style for Social Work
- Professional writing for field. [CLICK HERE.](#)

Summer Tutoring

Students can book appointments for One-on-one tutoring By using [TutorTrac](#)

Counseling & Psychological Services(CAPS)

CAPS assists students in increasing self-awareness, addressing mental health and emotional concerns, and making positive changes in their lives. [Link](#)

Student Access & Resource Center(SARC)

The SAR Center provides academic accommodations to students with all disabilities. [Link](#)

MAC SUMMER HOURS (JUNE 5 - AUGUST 19)

MONDAY - FRIDAY 6 AM - 10 PM
SATURDAY CLOSED
SUNDAY 2 PM - 10 PM

STUDENT SUCCESS COORDINATOR



My name is Traecia Nichols, I am the Student Success Coordinator for the School of Social Work. In my role I work with students who are facing crises and need help accessing university and community resources. This section will consist of resources that are available to you as a student. If you need anything of resources or have any questions or concerns, please contact me at traecia.nichols@uta.edu
Sincerely,
Traecia

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS
talk
24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL



[Link](#)

Free Transportation



[Link](#)

If you have any questions or content suggestion for the newsletter, please contact Tamika Hayes TXC9187@MAVS.UTA.EDU



SCHOOL OF
SOCIAL WORK

501 W Mitchell St, Arlington, TX 76019
Social Work Program
(817) 272-3613

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THE WORLD TALKS ABOUT CHANGE; WE CREATE CHANGE.