On September 18th we bring more attention to the growing number of people living long and full lives with HIV and to their health and social needs. According to the CDC website, NHAAD brings attention to issues related to HIV among older Americans, including new infections among older adults and adults over 50 aging with HIV.

How do we talk about a complex issue such as HIV? We can help facilitate these conversations by helping end the negative HIV stigma with educational tools. Together we can work to stop HIV.

Here are a few resources to help!

- **Stigma Language Guide**
- **Stigma Scenarios- Support in Action**
- **Pledge Card- Commitment to Action**

My name is Stephen Silva Brave, I am in my senior year of the BSW program. My social work journey is a long story but I’ll give the short(ish) version. In 2016 I was in the hospital and near death due to many poor life decisions. My doctors didn’t have faith that I would change. They gave me life expectancies ranging from 3 months to 3 years. I was determined to prove them wrong. Eighteen months later I had lost 150 pounds, was training for a half marathon, and was helping other people find sobriety. That is when I decided to go enroll in Dallas College to get a Certification in Substance Use Treatment (SUT).

After I received my Associate’s Degree in SUT I was enlightened about the value of Social Work. A career path that included advocating for disadvantaged populations in its code of ethics was a dream come true since I had begun to advocate for social justice for many disadvantaged communities, especially focusing on the Native American population because I am an enrolled citizen of the Lakota (“Sioux”) Nation.

Some of the things I’ve had the opportunity to do in the last few years include helping to write a curriculum for Native American Studies in TX public high schools. I was elected as the Communications Director for the inaugural Texas Democrats Indigenous Peoples Caucus. I have also done advocacy work for Missing and Murdered Indigenous Women. This work has led to me writing an undergraduate thesis on MMIW groups. The thing that I am most proud of is being the father of two amazing teenage sons, one of whom has begun his freshman year at UTA in the Theatre program.

My advice for other USL’s is if you have the time to dive into the world of advocacy, therapy, and social justice do it. Don’t wait until a piece of paper or a title tells you that you are ready. Obviously, there are certain jobs you can’t work until you have that paper and title but there is a lot that you can already do. If you are in this program, you are likely a helper and if you are a USL you are leader. The world needs you now! Let’s do it!

Get to know our Student Leaders!

Want to know more about the USL program? Click here!

USL Application

Interested in joining the program?

Contact: Maria Cruz for more info

NEW ORGANIZATION ALERT!
"Social Workers for Children and Families" is a new student organization that is looking for UTA students that are interested in the children and family’s field of social work. We are looking to help educate individuals of different opportunities in the field, while being able to network with fellow UTA students with common interests/goals and classes. You have the opportunity to connect with UTA’s School of Social Work professors who interact with the organization.

Requirements
There are no requirements for joining outside of just being a UTA student (virtual or in person).

Contact Information

JOIN THE SOCIAL WORKERS FOR CHILDREN AND FAMILIES STUDENT ORGANIZATION!

Join a new student organization for students interested in working in the social work field with children and families!
- NETWORK WITH OTHER UTA STUDENTS
- HAVE GUESTS/PROFESSIONALS VISITS WITHIN THE SOCIAL WORK FIELD

For those interested in joining please reach out to Oscar Aguila via email at oxaa864@mavs.uta.edu or on Microsoft Teams.
Is there a stigma surrounding mental health?

While great strides have been made over the past 70 years, I believe a stigma still remains surrounding mental health. I have spent the last 3 years in the Master of Social Work program at the University of Texas at Arlington, with a concentration in mental health and substance misuse. I entered this program for two reasons: 1) to help my brain heal from the TBI I experienced and 2) to provide pro-bono mental health services to veterans on a part-time basis…my give-back for this last chapter of my life.

During my tenure at UTA, my experiences, biases, knowledge, and beliefs surrounding mental health have been challenged. My shame over my personal mental health challenges has been obliterated and this is perhaps the greatest gift I have received from the program. For if I cannot view myself without condemnation, how can I possibly view another as whole, perfect, or worthy? For everything I perceive outside of me is merely a reflection of what is going on within me and this holds true for all of us.

Every moment of every day we are creating our reality through the stories we are telling ourselves. We give meaning to our experiences and label them as either good or bad and we deem ourselves worthy, or not, and we look upon another with the same sense of judgement. How often do I look upon myself with compassion or grace? For it is certain that if I cannot extend compassion to myself, I cannot extend compassion to you.

One would think that if someone experiences mental health challenges then their ability to view others from a lens of understanding and support would be a standard response. Right? Because if we know what it is like to live with mental health challenges, then our ability to have compassion for another would be profound. Right? Hmmm…. The problem with this premise is this…if I judge myself harshly for having mental health challenges, then I will judge you harshly as well. I cannot give you what I am not giving myself. Love your neighbor as yourself implies that in order to be compassionate to our neighbor, we must first be compassionate to ourselves.

So, by changing my world view or perspective of mental health and removing my personal stigma, I have risen above my challenges and become the change that I want to see in the world. I have acknowledged that my bias towards mental health…my label as bad…was the catalyst for viewing myself as flawed and broken. It kept me in the shadows…separate from my fellow travelers in this time and space…alone and suffering. And if I encountered another who, like me, was suffering, a barrier would appear which only further extended my separateness and my suffering.

So how did I get from there to here, to a place of peace and presence? How did I reclaim my dignity and sense of well-being and wholeness? Actually, it was quite simple although not at all easy for this journey of healing has meandered and spanned 3 decades. It required that I take responsibility for my thoughts, feelings, and choices. It required that I extend compassion and grace to myself and acknowledge that my mental health challenges do not define me as a person. Rather, they are merely opportunities to ask…what is the story I am telling myself? Is it true? Is it based in reality? Is it a reflection of my authentic self?

As I have removed the stigma surrounding mental health in my life and shifted my perspective and paradigm, I can now see the possibility of a collective change in our consciousness, where everyone has a part in removing the stigma of mental health. We can all be the change we want to see in the world and create, as Jeremy Rifkin says, an empathic civilization. How? When we say…I will love you well…first to ourselves and then to our fellow travelers in this time and space.

Warm Regards,

Dayton

Dayton Ann Williams, MBA, PMP®
MSW Student, Direct Practice in Mental Health & Substance Misuse, The University of Texas at Arlington
UTA Veterans Edge Peer Mentor
MHPS (Certified Mental Health Peer Specialist)
CPC® (Certified Professional Coach)
Pronouns: she, her, hers
IMPORTANT DATES

Free CEU's from Valdosta State University
For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities? Click for more information.

CEU OPPORTUNITIES

FALL 2022

- Oct. 3– Field Applications OPEN
- Oct. 28– Last day to drop classes; submit requests to advisor prior to 4:00pm
- Nov. 23- No classes scheduled
- Nov. 24- Thanksgiving Holiday
- Nov. 25- Thanksgiving Holiday – Field Applications Close
- Dec. 6- Last day of classes
- Dec. 7- Student Study Day (no classes)

NEW FIELD ADVISOR UPDATE ON PAGE 4!

ACADEMIC SUPPORT PROGRAMS

Refer to website for list of courses
- Drop-In Tutoring
- Individual & Group sessions - walk-in or virtual drop-in
- Work with upper-level student who has taken the course tutoring: Live Chat, Post Questions, Writing Lab – e-Tutoring
- Individualized support Access both in synchronous (real time) and asynchronous

PLEASE CONTACT US AT ASC@UTA.EDU WITH ANY ADDITIONAL QUESTIONS!
Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Who is my advisor?

BSW/BSSUT Academic Advisors:
A-L: Sabrina Earl – Sabrina.earl@uta.edu
M-Z: Kyleigh Easter – Kyleigh.easter@uta.edu

BSW/BSSUT Field Advisor: Sharon Martin - sharon.martin@uta.edu

LICENSING

• If you’re in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, click here to request the Dean’s Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.
• There’s lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
• Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

FIELD PLACEMENTS

General

• InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new URL. https://inplace.uta.edu/
• The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
• InPlace Training and Logbook Training can be found here!
• Field forms are available here!
• Field FAQ
• If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
• Are you a CAP student ready for your advanced field placement? Check out the Funding section for paid opportunities!

Fall 2022

• The Fall 2022 Field Application is now open.
• Application Deadline is CLOSED. See the Fall 2022 Field Education Calendar for Block and for Split here.
  InPlace fee is due on the first day of class

Spring 2023

• The Spring 2023 Field Application is open October 03, 2022.
• Application deadline is November 25, 2022
• See the Spring 2023 Field Education Calendar for Block and for Split here.
  InPlace fee is due on the first day of class

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!
• Aging & Health
  • Field Advisor: Natalie Mangham
  • 1st & 3rd Monday of the month, 3-4
  • Click here to join the meeting
• CAP & Children & Families
  • Field Advisor: Monica Brown
  • 1st & 3rd Tuesday of the month, 3-4
  • Click here to join the meeting
• Mental Health
  • Field Advisor: Hector Ramos
  • 1st & 3rd Wednesday of the month, 3-4
  • Click here to join the meeting
• BSW/BSSUT
  • Field Advisor: Sharon Martin
  • 1st & 3rd Wednesday of the month, 3:30-4
  • Click here to join the meeting

*Update* Foundation: Andrea Jameson-andrea.jameson@uta.edu
We’re seeking transfer students who want to boost their resume and career options with Power Skills and Tech Skills. No matter what your major, we can provide the path to a lucrative and fulfilling career. Click here to register!

UTA First-Gen College Education Series
Wednesday, September 14th | 12pm-1pm
University Center, San Jacinto/Neches/Pedernales

Volunteer Opportunities

USLS Needed!

ATTENTION BSW STUDENTS!
The School of Social Work is recruiting Undergraduate Student Leaders (UGLS).
Application are open now!

Interested in Applying?
CONTACT US:
Precious Bell or Laina Schivaly
precious.bell@mavs.utexas.edu
lms1135@mavs.utexas.edu

Road To Recovery: Trauma Informed Care
Applications Open for 2023

The Texas Center for Disability Studies is offering an exciting training opportunity – FREE to selected applicants. The Center is recruiting applicants to become master trainers of the Road to Recovery: Supporting Children with Intellectual/Developmental Disabilities Who Have Experienced Trauma.

The virtual training offers IED professionals, mental health professionals, family members, educators, direct care workers and others valuable insights into how to support children with intellectual and other developmental disabilities in healing from trauma.

Interested in becoming a trainer?
Complete the application on
disabilitystudies.utexas.edu/R2R
Deadline to submit your application is November 14, 2022.
Questions? Contact r2rtds@gmail.com.

Job Opportunities

Trauma Therapist

Overview
Date Posted: 6/23/2022
Job Code: THRTDSP
Position Type: Exempt
City: Fort Worth
State: TX
Country: United States of America
Category: Direct Care - Clinical Therapist/Social Work/Case Worker
Requisition Number: 8977
Position Number: 12493

About Us
As the public hospital for Dallas, Parkland has been providing exceptional care stretches back for over a century. Today, many of Parkland's specialty areas have garnered national achievements in care, research, and technological innovation.

Current Openings:
- Social Worker (BSW) - bilingual Spanish
- Social Worker (LMSW)
- Social Worker (LMSW) - bilingual Spanish
- Mgr, Social work

Benefits
- Medical, Dental, Vision
- 401K
- Pension
- Employee Assistance Program
- Life Insurance
- Child Care
- And many others

Contact
Gillian Williams
214-887-6249
gillian.williams@phhs.org
ParklandCareers.com
3200 Harry Hines Blvd., Dallas, TX, 75338
Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz @mxc5965@uta.org

Rental Assistance Program

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Maverick Pantry.. it is a new campus resource that serves students, faculty, and staff here at UTA. The pantry has everything from food, toiletries, a professional development closet, and a cap and gown rental service. Whoever is interested in getting items from the pantry must first make an appointment from the link in our Instagram bio @utamaverickpantry and sign up for their shopping slot.