



Bachelor of Social Work Program





SOCIAL JUSTICE SPOTLIGHT

National HIV/AIDS and Aging Awareness Day on September 18th!

On September 18th we bring more attention to the growing number of people living long and full lives with HIV and to their health and social needs. According to the CDC website, NHAAD brings attention to issues related to HIV among older Americans, including new infections among older adults and adults over 50 aging with HIV.

How do we talk about a complex issue such as HIV? We can help facilitate these conversations by helping end the negative HIV stigma with educational tools. Together we can work to stop HIV.

Here are a few resources to help!

- Stigma Language Guide
- Stigma Scenarios- Support in Action
- Pledge Card- Commitment to Action



you by visiting cdc.gov/StopHIVTogether/Testing or calling 1-800-232-4636.



SEPTEMBER 18

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Sources: https://www.cdc.gov/hiv/library/awareness/nhaad.html, https://www.cdc.gov/stophivtogether/hivstigma/ways-to-stop.html?s_cid=so_togetherconsumertk0095

STUDENT SPOTLIGHT



My name is Stephen Silva Brave, I am in my senior year of the BSW program. My social work journey is a long story but I'll give the short(ish) version. In 2016 I was in the hospital and near death due to many poor life decisions. My doctors didn't have faith that I would change. They gave me life expectancies ranging from 3 months to 3 years. I was determined to prove them wrong. Eighteen months later I had lost 150 pounds, was training for a half marathon, and was helping other people find sobriety. That is when I decided to go enroll in Dallas College to get a Certification in Substance Use Treatment (SUT).

After I received my Associate's Degree in SUT I was enlightened about the value of Social Work. A career path that included advocating for disadvantaged populations in its code of ethics was a dream come true since I had begun to advocate for social justice for many disadvantaged communities, especially focusing on the Native American population because I am an enrolled citizen of the Lakota("Sioux") Nation.

Some of the things I've had the opportunity to do in the last few years include helping to write a curriculum for Native American Studies in TX public high schools. I was elected as the Communications Director for the inaugural Texas Democrats Indigenous Peoples Caucus. I have also done advocacy work for Missing and Murdered Indigenous Women. This work has led to me writing an undergraduate thesis on MMIW groups. The thing that I am most proud of is being the father of two amazing teenage sons, one of whom has begun his freshman year at UTA in the Theatre program.

My advice for other USL's is if you have the time to dive into the world of advocacy, therapy, and social justice do it. Don't wait until a piece of paper or a title tells you that you are ready. Obviously, there are certain jobs you can't work until you have that paper and title but there is a lot that you can already do. If you are in this program, you are likely a helper and if you are a USL you are leader. The world needs you now! Let's do it!

Get to know our Student Leaders!

Want to know more about the USL program? Click here!

USL Application

Intrested in joining the program?

Contact: Maria Cruz for more info

ORGANIZATION SPOTLIGHT

NEW ORGANIZATION ALERT!

"Social Workers for Children and Families" is a new student organization that is looking for UTA students that are interested in the children and family's field of social work. We are looking to help educate individuals of different opportunities in the field, while being able to network with fellow UTA students with common interests/goals and classes. You have the opportunity to connect with UTA's School of Social Work professors who interact with the organization.

Requirements

There are no requirements for joining outside of just being a UTA student (virtual or in person).

Contact Information



with children and families!

NETWORK WITH OTHER UTA STUDENTS
 HAVE GUESTS/PROFESSIONALS VISITS

WITHIN THE SOCIAL WORK FIELD

For those interested in joining please reach out to

Oscar Aguila via email at oxa8654@mavs.uta.edu or on Microsoft Teams.



Is there a stigma surrounding mental health?

While great strides have been made over the past 70 years, I believe a stigma still remains surrounding mental health. I have spent the last 3 years in the Master of Social Work program at the University of Texas at Arlington, with a concentration in mental health and substance misuse. I entered this program for two reasons: 1) to help my brain heal from the TBI I experienced and 2) to provide pro-bono mental health services to veterans on a part-time basis...my give-back for this last chapter of my life.

During my tenure at UTA, my experiences, biases, knowledge, and beliefs surrounding mental health have been challenged. My shame over my personal mental health challenges has been obliterated and this is perhaps the greatest gift I have received from the program. For if I cannot view myself without condemnation, how can I possibly view another as whole, perfect, or worthy? For everything I perceive outside of me is merely a reflection of what is going on within me and this holds true for all of us.

Every moment of every day we are creating our reality through the stories we are telling ourselves. We give meaning to our experiences and label them as either good or bad and we deem ourselves worthy, or not, and we look upon another with the same sense of judgement. How often do I look upon myself with compassion or grace? For it is certain that if I cannot extend compassion to myself, I cannot extend compassion to you.

One would think that if someone experiences mental health challenges then their ability to view others from a lens of understanding and support would be a standard response. Right? Because if we know what it is like to live with mental health challenges, then our ability to have compassion for another would be profound. Right? Hmmm.... The problem with this premise is this...if I judge myself harshly for having mental health challenges, then I will judge you harshly as well. I cannot give you what I am not giving myself. Love your neighbor as yourself implies that in order to be compassionate to our neighbor, we must first be compassionate to ourselves.

So, by changing my world view or perspective of mental health and removing my personal stigma, I have risen above my challenges and become the change that I want to see in the world. I have acknowledged that my bias towards mental health...my label as bad...was the catalyst for viewing myself as flawed and broken. It kept me in the shadows...separate from my fellow travelers in this time and space...alone and suffering. And if I encountered another who, like me, was suffering, a barrier would appear which only further extended my separateness and my suffering.

So how did I get from there to here, to a place of peace and presence? How did I reclaim my dignity and sense of well-being and wholeness? Actually, it was quite simple although not at all easy for this journey of healing has meandered and spanned 3 decades. It required that I take responsibility for my thoughts, feelings, and choices. It required that I extend compassion and grace to myself and acknowledge that my mental health challenges do not define me as a person. Rather, they are merely opportunities to ask...what is the story I am telling myself? Is it true? Is it based in reality? Is it a reflection of my authentic self?

As I have removed the stigma surrounding mental health in my life and shifted my perspective and paradigm, I can now see the possibility of a collective change in our consciousness, where everyone has a part in removing the stigma of mental health. We can all be the change we want to see in the world and create, as Jeremy Rifkin says, an empathic civilization. How? When we say...I will love you well...first to ourselves and then to our fellow travelers in this time and space.

Warm Regards,

Dayton

Dayton Ann Williams, MBA, PMP®

MSW Student, Direct Practice in Mental Health & Substance Misuse, The University of Texas at Arlington

UTA Veterans Edge Peer Mentor

MHPS (Certified Mental Health Peer Specialist)

CPC® (Certified Professional Coach)

Pronouns: she, her, hers

ACADEMIC SUPPORT PROGRAMS



Refer to website for list of courses

- **Drop-In Tutoring**
- Individual & Group sessions walk-in or virtual drop-in
- Work with upper-level student who has taken the course tutoring: Live Chat, Post Questions, Writing Lab - e-Tutoring
- **Individualized support** Access both in synchronous (real time) and asynchronous

PLEASE CONTACT US AT ASC@UTA.EDU WITH ANY ADDITIONAL **QUESTIONS!**

IMPORTANT DATES

FALL 2022

- Oct. 3- Field Applications OPEN
- Oct. 28-- Last day to drop classes; submit requests to advisor prior to 4:00pm
- Nov. 23- No classes scheduled
- Nov. 24- Thanksgiving Holiday
- Nov. 25- Thanksgiving Holiday Field Applications Close
- Dec. 6- Last day of classes
- Dec. 7- Student Study Day (no classes)

NEW FIELD ADVISOR UPDATE ON PAGE 4!

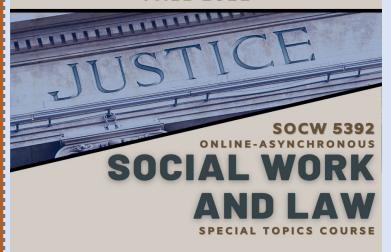
CEU OPPORTUNITIES

Free CEU's from **Valdosta State University**

For All Licensed Clinical Social Workers

Do you want to learn more about dementia, caregiving, and cultural considerations while working with diverse communities? Click for more information.

FALL 2022



Designed to provide essential forensic knowledge and skills to advance social worker influence within legal environments.

Students will learn how to: **OPPORTUNITIES TO**

PROFESSIONALS

- · Discover when problems are legal and require legal action
- Respond to Subpoena LEARN FROM PRACTICING
 - · Analyze Case Law
 - · Participate in Judicial Proceedings
 - · Perform as a witness in court
 - · And more

INSTRUCTOR

Dr. Sherece Shavel, Assistant Professor of Practice

EMAIL FOR MORE INFORMATION sherece.shavel@uta.edu

ADVISING

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select inperson or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

Who is my advisor?

BSW/BSSUT Academic Advisors:

A-L: Sabrina Earl – Sabrina.earl@uta.edu

M-Z: Kyleigh Easter –

Kyleigh.easter@uta.edu

BSW/BSSUT Field Advisor: Sharon Martin - <u>sharon.martin@uta.edu</u>

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, <u>click here</u> to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found <u>on the ASWB</u> <u>site</u> and our SSW licensure page.
- There's lots of great updated information about licensing in the Student Success and Advising Course on Canvas—Check it out!
- Interested in the LCDC? Scroll to the end of this
 <u>Licensure</u> webpage and click on the Texas LCDC
 Licensing 2021 PDF for a chart that shows how
 different education levels can prepare you for
 the LCDC.



FIELD PLACEMENTS

General

 InPlace has a new URL! All students, agencies, and Field Instructors will need to use the new

URL. https://inplace.uta.edu/

- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- Field forms are available here!
- Field FAQ
- If you are having technical difficulties with InPlace please email <u>sswfield@uta.edu</u> and include a screenshot of the issue.
- Are you a CAP student ready for your advanced field placement?
 Check out the Funding section for paid opportunities!

Fall 2022

- The Fall 2022 Field Application is now open.
- Application Deadline is CLOSED. See the Fall 2022 Field Education Calendar for Block and for Split here.

InPlace fee is due on the first day of class

Spring 2023

- The Spring 2023 Field Application is open October 03, 2022.
- Application deadline is November 25, 2022
- See the Spring 2023 Field Education Calendar for Block and for Split here.

InPlace fee is due on the first day of class

FIELD POWER HOURS

This is an opportunity for you to ask questions, similar to Office Hours for faculty!

- Aging & Health
 - Field Advisor: Natalie Mangham
 - 1st & 3rd Monday of the month, 3-4
 - Click here to join the meeting
- CAP & Children & Families
 - Field Advisor: Monica Brown
 - 1st & 3rd Tuesday of the month, 3-4
 - Click here to join the meeting
- Mental Health
 - Field Advisor: Hector Ramos
 - 1st & 3rd Wednesday of the month, 3-4
 - Click here to join the meeting
- BSW/BSSUT
 - Field Advisor: Sharon Martin
 - 1st & 3rd Wednesday of the month, 3:30-4
 - Click here to join the meeting

Update Foundation: Andrea Jamesonandrea.jameson@uta.edu







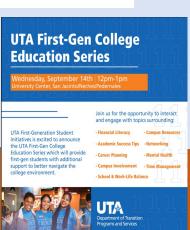


EVENTS











PROFESSIONAL DEVELOPMENT TRAINING



We're seeking transfer students who want to boost their resume and career options with Power Skills and Tech Skills. No matter what your major, we can provide the path to a lucrative and fulfilling career. Click here to register!



ACADEMIC **OPPORTUNITES**

UTA First-Gen College Education Series

Jniversity Center, San Jacinto/Neches/Pedernale

SSW GRADUATE CERTIFICATES

Certificates are a great way to gain specialized expertise while earning your degree Talk to your advisor today about adding a certificate to your plan this Fall!

LEADERSHIP

POLICY LEADERSHIP

IILITARY, VETERAN, FAMILY CARE

VOLUNTEER OPPORTUNITES







Road To Recovery: Trauma Informed Care Applications Open for 2023

The Texas Center for Disability Studies is offering an exciting training opportunity – FREE to selected applicants. The Center is recruiting applicants to become master trainers of the Road to Recovery: Supporting Children with Intellectual/ Developmental Disabilities Who Have Experienced Trauma.

The virtual training offers IDD professionals, mental health professionals, family members, educators, direct care workers and others valuable insights into how support children with intellectual and other developmental disabilities in healing from trauma.

> Interested in becoming a trainer? Complete the application on disabilitystudies.utexas.edu/R2R

Deadline to submit your application is November 14, 2022. Questions? Contact r2rtcds@gmail.com.





REGISTER TODAY

NASW Texas **Hybrid Conference**

October 13-15, 2022

Student Volunteers Needed!





JOB OPPORTUNITES

Trauma Therapist

Overview

Date Posted: 6/23/2022

Job Code: THRTDSP

Position Type: Exempt

City: Fort Worth

State: TX

Country: United States of America

Category: Direct Care - Clinical Therapist/Social Work/Case Worker

Requisition Number: 8977 Position Number: 12493



Parkland

As the public hospital for Dallas, Parkland has been providing exceptional care stretches back for over a century. Today, many of Parkland's specialty areas have garnered national achievements in care, research, and technological



CURRENT **OPENINGS:**

- Social Worker (BSW) bilingual
- Social Worker (LMSW) Social Worker (LMSW) - bilingual Spanish
- · Mgr, Social work



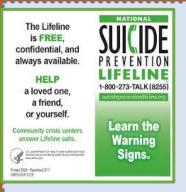


BENEFITS

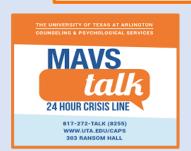
- Medical, Dental, Vision
- Pension
- Employee Assistance Program
 - Life Insurance
- Child Care
- And many others

CONTACT

- A Gillian Williams
- 214-590-8269
- gillian.williams@phhs.org
- ParklandCareers.com
- 5200 Harry Hines Blvd., Dallas, TX, 75235



Resources





Are you a student in recovery from substance use? If so, you may be eligible to offer feedback on a new VR based tool for substance use treatment. Click here for more information.





Get ahead this semester by

booking your appointments

Rental Assistance Program

The <u>Tarrant County Rental Assistance</u>

<u>Program</u> assists residents who have been impacted by the COVID19 pandemic. For more details, email <u>renthelp@tarrantcounty.com</u> or call <u>817-850-7940</u>.



Maverick Pantry.. it is a new campus resource that serves students, faculty, and staff here at UTA. The pantry has everything from food, toiletries, a professional development closet, and a cap and gown rental service. Whoever is interested in getting items from the pantry must first make an appointment from the link in our Instagram bio @utamaverickpantry and sign up for their shopping slot.

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

If you have any questions or content suggestion for the newsletter, please contact
Maria Cruz @mxc5965@uta.org