October 6th is National Cerebral Palsy Day!

On October 6th, we celebrate National Cerebral Palsy Day!

On this day, we recognize people with Cerebral Palsy. Over 17 million people have Cerebral Palsy Nationwide. In North America, about 500,000 children have it. This is the most common physical disability within children. Cerebral Palsy is a non-progressive neurological disorder that is the result of lack of oxygen of the brain.

How can we spread Awareness of Cerebral Palsy Disorder? Here are the six key areas to focus on.

- Public Awareness
- Civil Rights
- Quality of Life
- Medical/Therapeutic
- Educational
- Contribution

Resource: https://www.cerebralpalsy.org/about-cerebral-palsy/types-and-forms
Diet Culture, Nutrition, Intersections, and Social Work

What is a diet? What are calories? What are considered carbohydrates, fat, cholesterol, and starch food? When we become Social Workers, how can we balance health while helping clients with their problems?

In today’s world, diet culture is all around us. This includes movies, music, advertisements, magazines, culture, and even in the stores. Even celebrities such as Dwayne Johnson are encouraged to endorse supplement companies such as Zoa to promote it as healthy. But it is far from the truth. In fact, Diet is defined as what ever food you eat daily. This also include how much calories you eat, and how much it is burned off by exercise.

There are many people who eat less than they should eat. By eating less food, they can lose weight quickly but lack energy and strength to do anything. There are many times that they overeat and gain more weight due to undereating. Crash diets are not healthy. Without the proper nutrition, we become sick and are unable to help a client.

Therefore, how can we maintain good health while helping clients? First, we must know how much calories that we are able to sustain. Second, is to manage the micronutrients that is consumed daily. Lastly is that if you are active and go to the gym, check how much calories that you’ve burned throughout being active. Two food apps that can help provide your goals are: MyFitnessPal and LoseIt app. Both are free to the public and can help you find your nutritional goals!
**ADVISING**

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

**MSW ADMISSIONS**

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact [leslie.reyna@uta.edu](mailto:leslie.reyna@uta.edu)

**LICENSING**

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the ASWB site and our SSW licensure page.

- Interested in the LCDC? Scroll to the end of this Licensure webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

**FIELD PLACEMENTS**

**General**

- All students, agencies, and Field Instructors should use this URL for InPlace: [https://inplace.uta.edu/](https://inplace.uta.edu/)
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- InPlace Training and Logbook Training can be found here!
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- Field forms are available here!
- Field FAQ
- Contact Sharon Martin, LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. Click [here](#) to join the meeting

**Spring**

- The Spring 2023 Field Application Opens October 3rd. Apply ASAP once Inplace accepts Applications.
- All students have been placed. Students should contact their field advisor if they are still awaiting placement.

**Spring 2023**

- The Spring 2023 Field Application will be open Oct. 03 – Nov. 25, 2022. These dates are subject to change. See the full Spring 2023 Field Education Calendar [here](#).
IMPORTANT DATES

USL Opportunity!!!

FALL 2022

• Oct. 3– Field Applications OPEN
• Oct. 28-- Last day to drop classes; submit requests to advisor prior to 4:00pm
• Nov. 23- No classes scheduled
• Nov. 24- Thanksgiving Holiday
• Nov. 25- Thanksgiving Holiday – Field Applications Close
• Dec. 6- Last day of classes
• Dec. 7- Student Study Day (no classes)

SSW Lending Closet

Interested in Becoming a USL?
Click here! You can also contact Precious Bell or Laina Scivaly.
Click here for the USL Application

Scholarship Opportunities

Get Scholarships TODAY!!!
Domestic Violence Simulation-“In Her Shoes” Date: October 4th-18th Format: Asynchronous Online Focus: In Her Shoes series is designed for experiential learning about domestic violence. Students will be debriefed after the activity and supportive resources are provided. "In Her Shoes Sign Up Fall 2022.xlsx IPE Domestic Violence Simulation-"Escalation" Date: October 6th at 7pm Format: Synchronous online and in person Focus: This 38-minute film follows the story of a college couple from the sweet beginnings of their relationship to the tragic end. The film examines the warning signs of an abusive relationship. Students will be debriefed after the activity and supportive resources are provided. Sign up link: Escalation Sign Up.xlsx

Newsletter each other to enable effective collaboration and improve health outcomes” (WHO, 2010).

Click HERE to learn more
Upcoming Events within UTA

GWSS and CAAS Events
Center for African American Studies (CAAS) Events
October Power Hour: Monday, October 10th from 12-1pm in the University Center (Palo Pinto Room)

Gender Women and Sexuality Studies (GWSS)
When? Oct. 12th 11:30am to 1:30pm
What? Relationship Violence and Sexual Assault Prevention event
LGBTQ+ Program & the Program for Cultural Engagement and Social Change
Where? Library Mall (Central Area)
Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

**MSW Specialties**

**Social Work Webinars List**

**Basic Function of Teams**

**Rental Assistance Program**

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

**Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

**Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!**

**How to gain access to SSW writing resources:** Advising & Student Success Canvas

**UTA/Tri-C Food Pantry Distributions**

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz mxc5965@mavs.uta.edu

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"We Make A Living By What We Get, But We Make A Life By What We Give."

- Winston Churchill