

BACHELOR OF SOCIAL WORK
BACHELOR OF SCIENCE IN SUBSTANCE USE
TREATMENT



## SOCIAL JUSTICE SPOTLIGHT

# October 6<sup>th</sup> is National Cerebral Palsy Day! On October 6<sup>th</sup>, we celebrate National Cerebral Palsy Day!

On this day, we recognize people with Cerebral Palsy. Over 17 million people have Cerebral Palsy Nationwide. In North America, about 500,000 children have it. This is the most common physical disability within children. Cerebral Palsy is a non-progressive neurological disorder that is the result of lack of oxygen of the brain.

How can we spread Awareness of Cerebral Palsy Disorder? Here are the six key areas to focus on.

Public Awareness Civil Rights Quality of Life

Medical/Therapeutic Educational Contribution

Resource: <a href="https://www.cerebralpalsy.org/about-cerebral-palsy/types-and-forms">https://www.cerebralpalsy.org/about-cerebral-palsy/types-and-forms</a>

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#### **BSW STUDENT SPOTLIGHT**



Kristen Kerr

Hello! My name is Kristen Kerr (she/her/hers) and I am a senior in the BSW program graduating in May 2023. I aspire to become a community social worker in which I help impoverished communities and people who are struggling with mental illnesses. I am currently starting my split internship at the Maverick Pantry. I help all the students, faculty, and staff here at UTA who face food insecurity. I have definitely become more open-minded because you never know what people are facing. I hope to open my own food pantry one day and give back to my community.

After I get my BSW, I also plan to continue my studies and get my MSW right after. In my spare time, I absolutely love to volunteer and learn new skills. I take pride in the work I do and make sure I always help others, especially people who rely on it. Social work was a calling to me, and I enjoy every second of it!



# Diet Culture, Nutrition, Intersections, and Social Work

What is a diet? What are calories? What are considered carbohydrates, fat, cholesterol, and starch food? When we become Social Workers, how can we balance health while helping clients with their problems?

In today's world, diet culture is all around us. This includes movies, music, advertisements, magazines, culture, and even in the stores. Even celebrities such as Dwayne Johnson are encouraged to endorse supplement companies such as *Zoa* to promote it as healthy. But it is far from the truth. In fact, Diet is defined as what ever food you eat daily. This also include how much calories you eat, and how much it is burned off by exercise.

There are many people who eat less than they should eat. By eating less food, they can lose weight quickly but lack energy and strength to do anything. There are many times that they overeat and gain more weight due to undereating. Crash diets are not healthy. Without the proper nutrition, we become sick and are unable to help a client.

Therefore, how can we maintain good health while helping clients? First, we must knowhow much calories that we are able to sustain. Second, is to manage the micronutrients that is consumed daily. Lastly is that if you are active and go to the gym, check how much calories that you've burned throughout being active. Two food apps that can help provide your goals are: MyFitnessPal and LoseIt app. Both are free to the public and can help you find your nutritional goals!

Andwelah Givens
BSW Student | undergraduate

www.socialworkersbreakroom.com



Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click here. Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

#### LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, <u>click here</u> to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found <u>on the ASWB</u> <u>site</u> and our <u>SSW licensure page</u>.
- Interested in the LCDC? Scroll to the end of this <u>Licensure</u> webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

#### MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found <a href="mailto:here">here</a>. If you have any questions about the process of applying to the MSW, please contact <a href="mailto:leslie.reyna@uta.edu">leslie.reyna@uta.edu</a>



#### FIELD PLACEMENTS

General

 All students, agencies, and Field Instructors should use this URL for

InPlace: <a href="https://inplace.uta.edu/">https://inplace.uta.edu/</a>

- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- <u>InPlace Training</u> and <u>Logbook Training</u> can be found here!
- If you are having technical difficulties
  with InPlace please email <u>sswfield@uta.edu</u> and
  include a screenshot of the issue.
- Field forms are available here!
- Field FAQ
- Contact <u>Sharon Martin</u>, <u>LMSW</u>, <u>Field Advisor</u>, <u>with any questions</u>! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30.
   Click here to join the meeting

### Spring

- The Spring 2023 Field Application Opens October 3rd. Apply ASAP once Inplace accepts Applications.
- All students have been placed. Students should contact their <u>field advisor</u> if they are still awaiting placement.

Spring 2023

 The Spring 2023 Field Application will be open Oct. 03 – Nov. 25, 2022. These dates are subject to change. See the full Spring 2023 Field Education Calendar here.

## **USL** Opportunity!!!

## **USLS NEEDED!**

## ATTENTION BSW STUDENTS!

The School of Social Work is recruiting Undergraduate Student Leaders (USLs)







## INTERESTED IN APPLYING? CONTACT US:

Precious Bell or Laina Scivally precious.bell@mavs.uta.edu lms1135@mavs.uta.edu

## **Interested in Becoming a USL?**

Click here! You can also contact
Precious Bell or Laina Scivally
Click here for the USL Application

## **Scholarship Opportunities**

Get Scholarships TODAY!!!

# Mav ScholarShop

Sign In

#### ▼ Opportunities

#### All Opportunities

Show Filters

Welcome to May ScholarShop, UTA's online scholarship system! May ScholarShop is a one-stop shop designed to give you the most comprehensive access to UTA's genero scholarship offerings.

#### Your Scholarship Opportunities

As a current or newly-admitted student, May ScholarShop has created a student profile for you — also referred to as a general application — based on your MyMay information. You profile is then matched nightly with open scholarship opportunities across campus.

- You may be automatically matched with scholarships for which you meet the criteria, and your profile will be available to the awarding department for review. This is not a guarantee of a scholarship. These automatch scholarships will be listed as "None" under the Action column meaning no further action is required on your part.

You may be a good candidate for a scholarship but more information is required. "Apply" will appear under the Action column, and you will have to complete an application specifically designed for that scholarship. These are "Recommended" scholarship opportunities and are not a guaranteed award.

#### All Available Scholarship Opportunities

To browse all available scholarships, click "All" under "Opportunities". Save yourself valuable time and read the scholarship descriptions carefully to determine if you would be a good candidate for the scholarship.

To view scholarship opportunities filtered according to your profile, click "Recommended" under "Opportunities". Recommended does not mean that you will definitely qualify, but it may be a good option for you. To apply directly for a Recommended opportunity, you must complete and submit the additional application associated with that opportunity.

#### Get Started

Log in, Log in to May ScholarShop using your Net ID and password. You can return to this website at any time to review your profile and any new scholarship opportunities.

ollow up. Scholarship deadlines vary, so log in often to view any new scholarships or to check on pending scholarships.

### **IMPORTANT DATES**

## **FALL 2022**

- Oct. 3- Field Applications OPEN
- Oct. 28-- Last day to drop classes; submit requests to advisor prior to 4:00pm
- Nov. 23- No classes scheduled
- Nov. 24- Thanksgiving Holiday
- Nov. 25- Thanksgiving Holiday Field Applications Close
- Dec. 6- Last day of classes
- Dec. 7- Student Study Day (no classes)

**SSW Lending Closet** 

## CALLING SOCIAL WORK ALUMNI



BSW & MSW students would like you to donate your cap, gown, and hood to the Lending Closet at UTA! If you would like to donate, please reach out to the contacts below.

#### CONTACT US:

Precious.Bell@mavs.uta.edu lmsH35@mavs.uta.edu Shermell.Osborne@uta.edu





Thank You

SSW Lending Closet

## INTERESTED IN MACRO **SOCIAL WORK?**

STUDENT ASSOCIATION FOR MACRO SOCIAL WORK (SAMSW) OCT 3, 2022 @ 7PM



Fall Meetings: 7-8pm via

October 3 (First Monday) November 7 (First Monday) December 5 (First Monday)

Peer Support & Professional Development for CAP Concentration, MSW Leadership Certificate, and BSW students

Click or Scan to Register!





## **Job Opportunities**

## **Bhojani for Texas Job Opportunity**

## WE'RE HIRING!

#### **HOURLY DEMOCRATIC ORGANIZERS**

Join us in making history as we work to elect the first Muslim and South Asian member of the Texas Legislature!

We are looking to hire passionate and talented Organizers. Each team member will work up to 40 hours per week and will be paid \$20 an hour.

WOMEN, PEOPLE OF COLOR, AND LGBTQIA+ APPLICANTS ARE STRONGLY ENCOURAGED TO APPLY.

To apply: Please send your resume and cover letter to Team@bhojanifortexas.com

Click HERE for more Information!

### Fall 2022 IPE Activity

Domestic Violence Simulation-"In Her Shoes" Date: October 4th-18th Format: Asynchronous Online Focus: In Her Shoes series is designed for experiential learning about domestic violence. Students will be debriefed after the activity and supportive resources are provided. "In Her Shoes Sign Up Fall 2022.xlsx IPE Domestic Violence Simulation-"Escalation" Date: October 6th at 7pm Format: Synchronous online and in person Focus: This 38-minute film follows the story of a college couple from the sweet beginnings of their relationship to the tragic end. The film examines the warning signs of an abusive relationship. Students will be debriefed after the activity and supportive resources are provided. Sign up link: **Escalation Sign Up.xlsx** Newsletter each other to enable effective collaboration and improve health outcomes" (WHO, 2010).

Click **HERE** to learn more



## **Upcoming Events within UTA**



## **GWSS and CAAS Events**

Center for African American Studies (CAAS) Events

October Power Hour: Monday, October

10<sup>th</sup> from 12-1pm in the University Center
(Palo Pinto Room)

Gender Women and Sexuality Studies (GWSS)

When? Oct. 12<sup>th</sup> 11:30am to 1:30pm
What? Relationship Violence and Sexual
Assault Prevention event
LGBTQ+ Program & the Program for
Cultural Engagement and Social Change
Where? Library Mall (Central Area)







### **UTA Academic Calendar**

### **Evidence-Based Practice Research Guide**

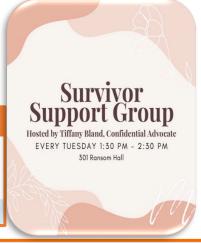


## SAR Center

(Formerly Office of Students with Disabilities)









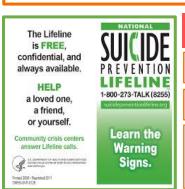
#### **Webinar Library**

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours. **MSW Specialties Social Work Webinars List Basic Function of Teams** 



#### **Rental Assistance Program**

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.



#### **Emergency Assistance Fund**

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

#### **UTA/Tri-C Food Pantry Distributions**

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz <a href="mxc5965@mavs.uta.edu">mxc5965@mavs.uta.edu</a>



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SCHOOL OF **SOCIAL WORK** 

In Crisis? Text HELLO to 741741

**FOLLOW US ON SOCIAL MEDIA** 





