October is Breast Cancer Awareness Month!

In October, we celebrate Breast Cancer Awareness!

Within October, we celebrated Breast Cancer Awareness month. Did you know about 1 out of 8 women is affected by breast cancer? It is estimated that 43,780 people are going to die by breast cancer in the year 2022.

How can we support those who are diagnosed with breast cancer?

First, it is highly necessary to educate ourselves about breast cancer. With more knowledge about the subject, it will benefit many others. Second is finding resources for those who may have breast cancer. Regular screening locations are encouraged for those who may have breast cancer. Lastly, fundraisers for breast cancer research will save many lives.

For more information, CLICK HERE!
YOU MATTER
Affirmation

This column is intended to bring encouragement and talk about topics that include us all. As students, we experience a lot! A lot of us work, have children, families, and life events to juggle in between schoolwork. If you haven’t heard it today or told yourself, you are doing a great job, keep pushing for your goals!

In today’s topic we’d like to discuss positive affirmations. Do they really work? Is there a science behind it? Positive affirmations are positive phrases/statements that counter negative thoughts or feelings. After you find a positive statement about yourself, you repeat it as many times as you may need. It sounds awkward if you’ve never tried it, but once you get started it has the potential to bring your self-esteem up and motivate you. A theory that highlights the science behind positive affirmations is the self-affirmation theory.

To read more click these links:

• Positive Affirmations
• Self-Affirmation
• Self Efficacy theory

BSW STUDENT SPOTLIGHT

Hello! My name is Pauline Sias (she/her/hers). I am a full-time student, wife and mother of two very energetic boys. I am in the BSW program and plan to graduate in Summer of 2023. My next chapter will be to obtain my MSW and become a licensed social worker so that I will be able to work in a school district with students and families. I have always had a passion of helping others, this passion grew when I worked as a Parent Liaison at a school that had many needs. Some of these needs were basic school supplies for everyday use to students and families needing emotional support outside the school setting. Here is where I found my calling to become a social worker.

As this journey has led me here to UTA, I have also found a love for helping my fellow students as a USL (Undergraduate Student Leader). This opportunity has allowed me to use the skill I have learned in class and apply them with my constituents.
**ADVISING**

Need to meet with an advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, click [here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.

**FIELD PLACEMENTS**

- **General**
  - All students, agencies, and Field Instructors should use this URL for InPlace: [https://inplace.uta.edu/](https://inplace.uta.edu/)
  - The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
  - InPlace Training and Logbook Training can be found here!
  - If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
  - Field forms are available here!
  - Field FAQ
  - Contact [Sharon Martin](mailto:Sharon.Martin@uta.edu), LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. Click here to join the meeting

**LICENSING**

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, click [here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found on the [ASWB site](#) and our [SSW licensure page](#).

- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

**MSW ADMISSIONS**

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact [leslie.reyna@uta.edu](mailto:leslie.reyna@uta.edu)

**Spring**

- The Spring 2023 Field Application Opens October 3rd. Apply ASAP once Inplace accepts Applications.
- All students have been placed. Students should contact their [field advisor](mailto:fieldadvisor@uta.edu) if they are still awaiting placement.

**Spring 2023**

- The Spring 2023 Field Application will be open Oct. 03 – Nov. 25, 2022. These dates are subject to change. See the full Spring 2023 Field Education Calendar [here](#).
IMPORTANT DATES

FALL 2022

• Oct. 3– Field Applications OPEN
• Oct. 28-- Last day to drop classes; submit requests to advisor prior to 4:00pm
• Nov. 23- No classes scheduled
• Nov. 24- Thanksgiving Holiday
• Nov. 25- Thanksgiving Holiday – Field Applications Close
• Dec. 6- Last day of classes
• Dec. 7- Student Study Day (no classes)

SSW Lending Closet

Interested in Becoming a USL?
Click here! You can also contact Precious Bell or Laina Scivally
Click here for the USL Application

Get Scholarships TODAY!!!
Are you interested in attaining your Masters of Social Work after graduating with a BSW? Would you like to have more fields to become a social worker?

On November 5th at 11:00am, there will be an MSW session for BSW students who want to pursue a higher education. If you would like to know how to apply for the program, the MSW Information Session is a good place to stop by. According to the event, it is “an overview of the career field, explain the quick admissions process, and discuss the academic program structure.”

This is a great way to help understand what you must do in order to start your MSW program before graduating with your Degree.

If you would like to learn more information about this event, CLICK HERE.
Upcoming Events within UTA

IPE Distinction Certificate

Interprofessional education (IPE) is “when students from two or more professions learn about, from and with each other” (WHO, 2010).

Have you participated in IPE activities while attending UTA?

Want to be recognized for your hard work?

Apply for an **IPE Distinction Certificate**!

**REQUIREMENTS:**
- **MUST HAVE COMPLETED AT LEAST TWO IPE ACTIVITIES WHILE ATTENDING UTA**
- **MUST BE ABLE TO DISCUSS THE IPE ACTIVITIES IN WHICH YOU PARTICIPATED**
- **SUBMIT A COPY OF YOUR RESUME THAT INCLUDES THE IPE ACTIVITIES**

To fill out an application [CLICK HERE!]

**APPLICATIONS ARE DUE: November 11, 2022**

Questions?
Contact: Professor Tracy Orwig
tracy.orwig@uta.edu

INTERESTED IN MACRO SOCIAL WORK?

**STUDENT ASSOCIATION FOR MACRO SOCIAL WORK (SAMSW)**
**OCT 3, 2022 @ 7PM**

Fall Meetings: 7-8pm via Teams
October 3 (First Monday)
November 7 (First Monday)
December 5 (First Monday)

Peer Support & Professional Development for CAP Concentration, MSW Leadership Certificate, and BSW students

Click or Scan to Register!
For questions, email monica.canizares@mavs.uta.edu

THE CENTER FOR AFRICAN AMERICAN STUDIES PRESENTS

**NOVEMBER POWER HOUR**

**RAGE & ROE: RIGHTS, REPRODUCTION, & THE IMPACT OF ROE VS WADE ON BLACK BODIES**

**Wednesday November 9th, 2022**
12:00 PM - 1:00 PM
University Center Guadalupe Room

Featuring Dr. Mia Moore-Kirby

**SOCIAL WORK ADVOCACY DAY (SWAD) 2023**

March 3, 2023
Texas State Capitol

@naswtx_advocacy

Save the date!
Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCAPA, who has taken over updating the list on a weekly basis! Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.

MSW Specialties | Social Work Webinars List | Basic Function of Teams

Rental Assistance Program

The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz mxc5965@mavs.uta.edu