November 17th is National Students’ Day

On November 17th, we celebrate National Students’ day! Within this Month, we National Students’ Day. Therefore, as UTA students, let us spare time for ourselves! Throughout the 20th century, university students always made time voicing their opinions.

In 1939, students at the University of Prague wanted to voice their opinions on the raiding of Czech by German soldiers. During this time, a medical student was shot and killed while other student protesters were led to an unfair trial. Following this tragedy, it would encourage other students to voice their opinions. No mater the deadly consequences this would other universities to speak out. Examples includes:

- Kent State in Ohio (1970)
- Athens Poly Tech in Greece (1973)
- Soweto Uprising in South Africa (1976)

For more information, CLICK HERE!
Visualization

Visualization is the key to building your future. Without anxiety; without fear; but with determination and diligence, visualizing your future encourages you to move on. In order to meet your goals and achieving something in your life, visualizing the progress is a start.

Jack Lalanne, a fitness guru and motivational speaker once said, “To have success in anything, you must visualize your desires in your mind. Think of yourself as a piece of clay and now visualize how you would like to look...begin molding yourself to that ideal.” Once you are in progress, take notes of the process. “Put it up somewhere you can see yourself...to love yourself. Be cognizant of your future self constantly!”

This molding process doesn’t have to be just physical. It can also be mental, spiritual, or emotional. It could also be by finding a new hobby. For example, I taught myself how to ride a unicycle. It took me at least a month or so, but it was worth the time! It took patience, dedication, diligence, and visualization. I mastered how to ride a one wheeled bike and I’m proud of it!

Remember to make short-term goals for yourself. A program without a good goal will crumble. Always set a good course for yourself. Follow through with it. Start to control your destiny by getting rid of old concepts and habits.

Always say to yourself:

“Visualize! Visualize! Visualize!”

Warm Regards,
Andwelah Givens
BSW Student, Intern USL at UTA
Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](https://www.uta.edu/graduate/admissions/scholarships/). If you have any questions about the process of applying to the MSW, please contact [leslie.reyna@uta.edu](mailto:leslie.reyna@uta.edu).

**LICENSING**

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](https://inplace.uta.edu/) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](https://www.aswb.org) and our [SSW licensure page](https://www.uta.edu/ssw/admissions/licensing).

- Interested in the LCDC? Scroll to the end of this [Licensure](https://www.uta.edu/ssw/admissions/licensing) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

**FIELD PLACEMENTS Spring 23**

- All students, agencies, and Field Instructors should use this URL for InPlace: [https://inplace.uta.edu/](https://inplace.uta.edu/)
- The InPlace fee is $67 per year or $130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](https://inplace.uta.edu/) and [Logbook Training](https://inplace.uta.edu/) can be found here!
- If you are having technical difficulties with InPlace please email [sswfield@uta.edu](mailto:sswfield@uta.edu) and include a screenshot of the issue.
- Field forms are available here!
- Field FAQ
- Contact Sharon Martin, LMSW, Field Advisor, with any questions! You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](https://zoom.us/j/92638549787).
- The Spring 2023 Field Application will be open Oct. 03 – Nov. 25, 2022. These dates are subject to change. See the full Spring 2023 Field Education Calendar [here](https://www.uta.edu/ssw/admissions/).
Scholarship Opportunities

According to the website, the Hogg foundation is offering two $5,000 scholarships in honoring the late Stephany Bryan. To learn more, click on the link below!

Get Scholarships TODAY!!!

STEPHANY JUNE BRYAN
BOLD SPIRIT OF ACHIEVEMENT SCHOLARSHIP

Spring 2023 Scholarships

UTA School of Social Work is offering scholarships for the Spring 2023 semester

Deadline to apply is December 9th

Volunteer Opportunity

JOIN US IN MAKING TEXAS HEALTHIER

After a successful event in 2021, The University of North Texas Health Science Center and Remote Area Medical – a nonprofit that provides free, pop-up medical clinic services to those who are underserved and uninsured – are excited to partner again this year to provide free dental, vision and medical services to the Dallas/Fort Worth Area.

Volunteer Details

DATE December 3 & 4, 2022

LOCATION Kay Bailey Hutchison Convention Center

To learn more, visit: unhsc.edu/ram

USL Opportunity!!!

Interested in Becoming a USL?

Click here!

SSW Lending Closet

CALLING SOCIAL WORK ALUMNI

BSW & MSW students would like you to donate your cap, gown, and hood to the Lending Closet at UTA! If you would like to donate, please reach out to the contacts below.

CONTACT US:
Precious.Bell@mavs.uta.edu
Ims1135@mavs.uta.edu
Shernell.Osborne@mavs.uta.edu

Thank You

SSW Lending Closet

USL Opportunity!!!

Thank You

SSW Lending Closet

USL Opportunity!!!

Thank You

SSW Lending Closet

USL Opportunity!!!

Thank You

SSW Lending Closet
The MSW Program

Are you interested in attaining your Masters of Social Work after graduating with a BSW? Would you like to have more fields to become a social worker?

On November 5th at 11:00am, there will be an MSW session for BSW students who want to pursue a higher education.

If you would like to know how to apply for the program, the MSW Information Session is a good place to stop by.

If you would like to learn more information about this event,

CLICK HERE.
Charity Goat Yoga

The Hope Place in Mansfield TX is hosting Goat Yoga for BSW students. The price for classes are $45 and is held every 3rd Saturday of each month. Classes starts from 9:30am to 11:30am. The address is 7601 Gibson Cemetery Rd, Mansfield, TX 76063

If you have any questions, please contact:
The Hope Place at: (817) 941-0100
Or their website HERE!
UTA Academic Calendar

MANAGING STRESS AND ANXIETY DURING COVID-19
UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)
Visit TAOconnect.org

THRIVE APP
Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE
Call (817)272-8255

Visit uta.edu/caps for more information

RESOURCES

UTA Academic Calendar

Evidence-Based Practice Research Guide

SAR Center
(Formerly Office of Students with Disabilities)

FOLLOW US ON SOCIAL MEDIA

Webinar Library
Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCAPA, who has taken over updating the list on a weekly basis! Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.

MSW Specialties
Social Work Webinars List
Basic Function of Teams

Rental Assistance Program
The Tarrant County Rental Assistance Program assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call 817-850-7940.

Emergency Assistance Fund
UTA students with a temporary financial hardship resulting from a sudden emergency may apply for financial help.

Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!

How to gain access to SSW writing resources: Advising & Student Success Canvas

UTA/Tri-C Food Pantry Distributions
Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Maria Cruz mxc5965@mavs.uta.edu

“We Make A Living By What We Get, But We Make A Life By What We Give.”
- Winston Churchill