

BACHELOR OF SOCIAL WORK BACHELOR OF SCIENCE IN SUBSTANCE USE TREATMENT



WEEKLY UPDATE September 7, 2021

SOCIAL JUSTICE SPOTLIGHT

National Suicide Prevention Month

September is Suicide Prevention Awareness Month — a time to raise awareness on this stigmatized, and often taboo, topic. In addition to shifting public perception, we use this month to spread hope and vital information to people affected by suicide.

Individual Impact:

- 78% of all people who die by suicide are male.
•Although more women than men attempt suicide, men are nearly 4x more likely to die by suicide.
•Suicide is the 2nd leading cause of death among people aged 10–34 and the 10th leading cause of death overall in the U.S.
•The overall suicide rate in the U.S. has increased by 35% since 1999.
•46% of people who die by suicide had a diagnosed mental health condition.
•While nearly half of individuals who die by suicide have a diagnosed mental health condition, research shows that 90% experienced symptoms.

Continue reading here.

Source: https://www.nami.org/get-involved/awareness-events/suicide-prevention-awareness-month



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Director's Note

Happy 3rd week of class, I wish each of you well and hope you've had a great start to the term! We continue to adapt and grow in this time of tremendous change. I hope that you are acclimating to the ways we can use technology to keep our classroom open during this phase of the pandemic while also staying safe. I encourage you to remain active in your classes, diligent in your course work, and look for the strengths in each challenge or opportunity.

There are so many great opportunities to engage with the School of Social Work. As you review this week's newsletter I hope that you find something that not only stirs your interest but also helps you grow on your professional journey as a developing social worker.

In the words of Woodrow Wilson, "You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater vision, with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget the errand."

Make it a great week!

~ Dr. Tomlinson

Director of Undergraduate Programs



YOU MATTER

To Be Before To Do

On the "good" days, I have this idea that I seem to come back to. My idea – or question – is this: What is the main focus of my day? What I have **to do**? Or what, who, or how I want **to be**?

In one form or another, we all have "to do" lists. And no matter how many items we check off those lists, the "to dos" never fulfill us. This is especially true if we're stressed, upset, and completely exhausted trying to complete them, only to start all over again tomorrow. So, maybe we're prioritizing the wrong thing.

What if instead of organizing and operating our days based on a "to do" list, first, we operated, from a "to be" list? (Please note, I am not the first person to propose such an idea). So, what, who, or how do you want "to be"?

Do you want to be:

- patient
- happy
- assertive
- understanding
- thoughtful
- helpful
- joyful
- loving
- kind
- mindful
- present

Today, this week what do you think your day would look and feel like to focus first on your "to be" list? It's my guess that whatever, whoever, or however you want to be, if you put that first, the "to dos" will take care of themselves

Craig Keaton

MSW | Doctoral Student | Adjunct Professor

STUDENT ORGANIZATION SPOTLIGHT

Two American flags are displayed at the top. Below them are several ice cream sandwiches. The text reads: "You're invited UTA MILITARY AND VETERAN SERVICES FALL 2021 WELCOME & RESOURCE FAIR". The event is on Wednesday, September 8, 2021, from 10:00am to 2:00pm at the UTA Military and Veteran Services Center back parking lot, 406 Summit Ave., Arlington, TX 76019. It lists free items: pokey's Ice Cream Cookies, Shaved Ice, and T-Shirts. Logos for Challenge of Tarrant County and UTA Military and Veteran Services are at the bottom.

THE ARCHER CENTER

THE UNIVERSITY OF TEXAS SYSTEM IN WASHINGTON, D.C.

The Archer Fellowship Program at The University of Texas at Arlington

The Archer Fellowship Program provides University of Texas System students the opportunity to live, learn, and intern in Washington, D.C., for a semester (summer for graduate students, fall or spring for undergraduate students). Are you interested in how policy impacts your area of study or future profession? Do you have a passion for policy and/or public service? Learn more about this unparalleled educational and professional opportunity by attending an information session.

Application deadlines: November 3, 2021 (Graduate students only) and February 15, 2022 (Undergraduate students only).

Fall 2021 Virtual Information Sessions for Undergraduate Students

Thursday, September 16 • 2:00 PM - 3:00 PM

Wednesday, October 6 • 2:00 PM - 3:00 PM

Tuesday, November 9 • 1:00 PM - 2:00 PM

RSVP to receive a Zoom link: archercenter.org

Questions? Contact Campus Coordinator Perri Turner at pturner@uta.edu

UTA Tier 1 Announcement

UTA has earned the Texas Tier One designation from the state of Texas!



ADVISING

- Need to meet with your advisor but there's no upcoming appointment available? Drop-in either in person or virtually on Wednesdays. To schedule your 30-minute drop-in time, [click here](#). Be sure to select in-person or virtual and your advisor. Remember, drop-in sessions are on a first come basis.
- **If your advisor's appointment schedule is full, please consider emailing them for email-advising, or attend their weekly Power Hour.** Please check advising appointments every Monday when new availability opens up for the coming weeks.

Mark Wednesday 12:00-1:00 [Click here to join the meeting](#)
 Valerie Thursday 11:00-12:00 [Click here to join the meeting](#)

BSW Academic Advisors:

- Last names A-C: Valerie Adame – adamev@uta.edu
- Last names D-Me: Mark Frazier – mark.frazier@uta.edu
- Last names Mi-Z: Patrice Green- patrice.green@uta.edu

Keiana Crain is no longer with UTA. Until her position is filled, please contact Patrice Green

LICENSING

- If you're in your final semester and want to get started on applying to ASWB to take the LBSW licensing exam, [click here](#) to request the Dean's Letter for Licensure, which UTA will send to ASWB. More info can be found [on the ASWB site](#) and our [SSW licensure page](#).
- **Click [here](#) for a recording of our Social Work Licensing Information Session, held in April 2021.**
- Interested in the LCDC? Scroll to the end of this [Licensure](#) webpage and click on the Texas LCDC Licensing 2021 PDF for a chart that shows how different education levels can prepare you for the LCDC.

MSW ADMISSIONS

Did you know that if you pursue your MSW at UTA within 6 years of graduating with your BSW, you can finish your Masters in as fast as 1 year? We accept MSW admissions on a rolling basis. The admissions calendar can be found [here](#). If you have any questions about the process of applying to the MSW, please contact leslie.reyna@uta.edu



FIELD PLACEMENTS

General

- **All students, agencies, and Field Instructors should use this URL for InPlace:** <https://inplace.uta.edu/>
- The InPlace fee is \$67 per year or \$130 for a lifetime. Each student will need to plan to pay the InPlace fee on the first day of class for that semester they are starting field.
- [InPlace Training](#) and [Logbook Training](#) can be found here!
- If you are having technical difficulties with InPlace please email sswfield@uta.edu and include a screenshot of the issue.
- [Field forms are available here!](#)
- [Field FAQ](#)
- **Contact [Sharon Martin](#), LMSW, Field Advisor, with any questions!** You can also connect with her during her Field Power Hours every 1st & 3rd Thursday of the month from 3:00-3:30. [Click here to join the meeting](#)

Fall 2021

- **The Fall 2021 Field Application closed June 4th. No late applications will be accepted.**
- **All students have been placed.** Students should contact their [field advisor](#) if they are still awaiting placement.
- See the Fall 2021 Field Education Calendar [here](#). **InPlace fee is due on the first day of class**

Spring 2022

- The Spring 2022 Field Application will be open Oct. 01 – Nov. 26, 2021. These dates are subject to change. See the full Spring 2022 Field Education Calendar [here](#).
- Read the Summer 2021 – Spring 2022 Field Accommodations [here](#).

IMPORTANT DATES FALL 2021

- Sep. 10 Census Date
- Nov. 5 Last Day to Drop Classes
- Nov 25-26 Thanksgiving Holiday

CE HOURS

**The Clinician's
Suicide Prevention
Summit**
Treatment Strategies to Inspire Hope &
Save Lives

Live Online for Free • September 9-10, 2021 • Up
to 11 CE Hours

Register for this free CE event to get actionable interventions and up-to-date insights on topics such as:

- The top assessment tools that can guide treatment
- Applying DBT, CPT, CBT, and IFS treatments for suicidal clients
- What to do with chronic suicidal thoughts that won't go away
- Working with teens, youth, veterans, and clients
- And MORE! Click [here](#) to Register

Free CEUs from Valdosta State Univ.

For All Licensed Clinical Social Workers

Do you need Continuing Education units? Earn those units from the comfort of your office. [Click for more information](#)

UTA Tier 1 Announcement
UTA has earned the Texas Tier One designation from the state of Texas!

Students for Global Change (SGC)

Interested in making an impact regarding social injustices? Advocate for social issues? Join Students for Global Change (SGC) to start making an impact!



Please register here:

<https://forms.gle/9nHtGf53B1EXqg9>

Phone: 817.272.3963 • Email: sgc@uta.edu

Facebook: [SGCUTA-Students-for-Global-Change](https://www.facebook.com/SGCUTA-Students-for-Global-Change)

Email us at sgc@uta.edu



EVENTS

Anything is Popsicle!

POP ON OVER TO CHILL OUT WITH US!
Popsicles from Steel City Pops



UTA
Social Work

Wednesday
September 8
11 AM - 1 PM
SSW Courtyard



MAKEOVER YOUR SPACE

MAKE OVER YOUR SPACE
THURSDAY, SEPTEMBER 9,
12PM
Click for more [info](#)

Join The **LEADERSHIP HONORS PROGRAM**
This Fall

ELEVATE YOUR LEADERSHIP POTENTIAL

VISIT OUR WEBSITE TO LEARN MORE!
[HTTPS://WWW.UTA.EDU/STUDENT-AFFAIRS/LEADERSHIP/PROGRAMS/LHP](https://www.uta.edu/student-affairs/leadership/programs/lhp)

Deadline September 10th 11:59pm

#JOINLHP

MAVERICK PANTRY

Please help stock up the new Maverick Pantry! Donating any of the items below would be greatly appreciated.

- Pasta
- Pasta sauce
- Peanut butter & jelly
- Rice
- Beans
- Instant oatmeal
- Cereal bars
- Dried fruit
- Canned vegetables
- Canned fruits
- Canned proteins
- Shelf stable milk
- Feminine / period products
- Toilet paper

Drop off donations to the Dean of Students Office, Lower Level of the UC, B150.

To schedule donation drop off by vehicle, email EAJ@uta.edu. We will gladly meet you in front of the UC to receive donations from your car.

#CommunityThatCares

UNIVERSITY OF TEXAS AT ARLINGTON

SUPER SERVICE SATURDAY
#WORKYOURCAUSE

JOIN US FOR A DAY OF VOLUNTEERING!
SEPTEMBER 11, 2021
TIME: 9AM-1PM

REGISTER BY SEPTEMBER 2ND

FIND MORE INFO AND REGISTRATION HERE:

[HTTPS://TINYURL.COM/24W5WZJ2](https://tinyurl.com/24W5WZJ2)

IF YOU NEED ACCOMMODATIONS TO PARTICIPATE, PLEASE CONTACT THE BIG EVENT AT (817) 272-3963 OR TRIBEGET@UTA.EDU AT LEAST FIVE DAYS PRIOR TO THE EVENT DATE.

THE CENTER FOR MEXICAN-AMERICAN STUDIES AT UTA PRESENTS

LATINA/OS IN THE ARTS, EDUCATION AND POLITICS

FALL 2021

- Tuesday, September 7**
Building Bridges: the Spanish and English Literary Conversation
Valerie Miles
Assistant Professor, editor and translator, *Universal Pompey*, Fabra, Barcelona, Spain
Co-sponsored with HOOL, ENGL & Wild Detective, Dallas
12:30PM - 2:00 PM
- Wednesday, October 13**
American State: The War in Vietnam & the Struggle for Freedom at Home
John Valdes
Film Director & professor, Michigan State University
Co-sponsored with the Office of Multicultural Affairs and Office of Diversity, Equity, and Inclusion
6:00 PM - 7:30 PM
- Wednesday, November 10**
We Are Not Slaves: State Violence, Coerced Labor and Resistance Against Mass Incarceration
Robert Chase
Assistant Professor, Department of History at Stony Brook University
Co-sponsored with the Department of History and Office of Diversity, Equity, and Inclusion
2:00 PM - 3:30 PM

SPRING 2022

- Thursday, February 3**
The Hidden Paradise of Education and Democracy: Power, Political Mobilization and the Quality of Education
Aurilia Nolasco
Former Secretary of Education in Mexico and Visiting Scholar at the Harvard Education School
2:00 PM - 3:30 PM
- Wednesday, April 13**
Distinguished Lecturer
Cristina del Valle, Professor of Art Advocate
Richard "César" Martín
Actor and Curator del Centro
Co-sponsored with the Department of Art and Art History
6:30 PM

FOR MORE INFORMATION PLEASE CONTACT (817) 272-3963 OR VISIT US AT UTA.EDU/CMAS

VOTING IS SOCIAL WORK & SPEAK PRESENT THE WHY VOTE? CAMPAIGN!

HELP PRESERVE DEMOCRACY!

REGISTER NOW!
THURSDAY, SEPTEMBER 23, 2021
4PM ET / 3PM CST

SOCIAL MEDIA TOOLKIT
CAMPAIGN CALENDAR
VOTER REGISTRATION DRIVE
CAMPAIGN GUIDE

EMPOWER ELIGIBLE VOTERS IN YOUR COMMUNITY WITH THIS NEW TOOL!

UTA Student Support Services

Our Services

Peer-Led Team Learning (PLTL)

Writing and Editing (W&E)

100 Student Support Services

Academic Coaching

BSSUT SPOTLIGHT

The Bachelor of Science in Substance Use & Treatment (BSSUT) "The degree will use a multidisciplinary approach to understand the biological, psychological and social aspects of substance misuse," said Scott Ryan, dean of the School of Social Work. "Its curriculum for assessment and treatment methods for substance misuse are based on evidence-informed and research-supported practices that will enable students and future professionals to understand and treat individuals, families, groups and communities while preparing graduates for careers in this field." Continue reading [here](#)

BSSUT PROGRAM CONTACTS

David Waters
david.waters@uta.edu

Dr. Allison Tomlinson, PhD, LCSW-S
allison.tomlinson@uta.edu

For more info and FAQ's [Click Here](#)
Degree Progress Worksheet [Click Here](#)



RESEARCH

Let's talk about transportation in your community

A research team at the University of Utah in Brigham City is looking for students to help with a research project on transportation in your community. You will be paid for your time and travel expenses.

CHOOSE We want to hear from you! We are looking for students who are interested in transportation research.

IMPACT We want to understand how transportation affects your community.

RESEARCH We will be conducting a survey of your community. You will be paid for your time and travel expenses.

PARTICIPATE You will be conducting a survey of your community. You will be paid for your time and travel expenses.

Contact the research team in two ways:
 Visit the research team in person: www.uta.edu/socialwork-engineering
 Email: uta.socialwork-engineering@gmail.com

[Student Research Opportunity Center](#)

[Social Work Course Guides](#)

PARTICIPANTS NEEDED

Study on Intergenerational Reminiscence Approach in Improving Social and Emotional Well-being of Older Adults

Participants Needed

The UTA School of Social Work would like to invite UTA students: (1) age 18-30 years old; (2) currently enrolled as a student at UTA; and (3) can commit to be available for the full 10 weeks of the **telephone based** intervention.

Once you agree to participate, we will pair you with an older adult for participating in this study. You and the paired older adult will participate together through weekly **phone calls**.

You will receive a **\$150 or \$160** (if you participate in the interview) gift card as our appreciation for your time in participation. **Or, you can choose to get compensation through course credit or extra credit.**

If you are interested and want to learn more about this project, please contact Dr. Ling Xu at lingxu@uta.edu, or through Tel: (518) 698-1372.

To watch a brief video message about the study, please click: <https://youtu.be/vW15e3yQax4>

The project will pair UTA students with elderly dementia patients to encourage them to engage in a therapeutic dialogue about their childhood and other memories. The students will then create digital projects that reimagine or otherwise document these memories in one of many storytelling modes



STAY SAFE



COVID-19 Testing

Regardless of vaccination status, all students, faculty and staff coming to campus in any capacity for the Fall 2021 semester **must provide a viral test** (antigen test or nucleic acid amplification test such as a PCR) **by Sept. 8, 2021.**

UTA has [a number of on-campus testing options](#) that meet the required criteria and are free. In addition, the results from our on-campus options will be automatically reported to UTA with no further action required on your part. Results from off-campus testing sites will be accepted, though you will not be reimbursed for costs. You will be able to upload and submit your COVID-19 test results from off-campus testing sites to a digital portal that will be made available to campus in the coming days. Please continue to monitor your UTA email and the [UTA COVID-19 Information website](#) for updates. Students already living or otherwise present on campus may submit their results as soon as the portal becomes available, but no later than Sept. 8. Negative results from tests conducted more than 72 hours before the portal is made available will not be accepted.

Remember, if you test positive, please follow the CDC's [isolation protocols](#) and submit the [Personal Diagnosis Form](#). UTA facilities will be made available for on-campus residents who need to quarantine.

[Required COVID-19 testing and new protective measures for Fall 2021 \(English and Español\) \(uta.edu\)](#)

Classroom density, updated info from university on testing and return to campus



FUNDING

[All Scholarships Currently Available](#)

UTA SCHOOL OF SOCIAL WORK HAS THE FOLLOWING EXTRA FALL 2021 SCHOLARSHIPS

- Dean's Excellence in Social Work & African American Studies/Diversity Studies (undergraduate students)
- Dean's Excellence in Social Work & Mexican American/Diversity Studies (Undergraduate Students)
- Joseph, Lucille & Rebecca Hegar Scholarship (PhD students)
- Ray & Betty Dolak Scholarship (CAP students & CAP graduate students)
- Nazmeen Mirza Memorial Graduate Fellowship (PhD students)
- Tu Multicultural Scholarship (Undergraduate and PhD Students) - New scholarship.

Deadline to apply September 3rd, 2021
 Go to [SSW Scholarships](#) for more information.

Financial Assistance for new School of Social Work Distance Education Fee

The University announced recently that students charged Distance Education (DE) fees for Fall 2021 online courses may be eligible for financial aid if they are facing extraordinary educational and economic challenges due to the COVID-19 pandemic. Additional information, including a University online application form, will be available after September 13 for regular session courses.

The University announcement mentioned only the \$25 per credit hour DE Fee. For students taking online School of Social Work classes, you are charged an additional \$65 per credit hour DE fee. If you are determined eligible by the University to receive financial aid for the \$25 per credit hour of the DE fee and you are a School of Social Work student, then the remaining balance of \$65 per credit hour will also be covered. This is in effect for as long as the University continues this waiver program or thru the Spring 2022 semester, whichever comes first. To coordinate with the University, further details regarding this process will be forwarded on or about September 13th.

If you are having challenges paying tuition and fees before fall classes start, it is suggested that you submit a request to the University to be on a payment plan.

If you have questions about your bill please [contact Student Accounts](#)

KNOW YOUR STATUS

No cost & confidential HIV testing

CALL OR TEXT TO SETUP AN APPOINTMENT!

PHONE: 802-478-6966
EMAIL: TYLERB@MHRMC.ORG

Dean Ryan's [Statement on COVID-19 Health Disparities](#)



MANAGING STRESS AND ANXIETY DURING COVID-19

UTA COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

THERAPIST ASSISTED ONLINE (TAO)

Visit TAOconnect.org



THRIVE APP



Download "Thrive at UT" on App Store or Google Play

MAVS TALK 24HR CRISIS LINE

Call (817)272-8255



Visit uta.edu/caps for more information

UTA is a... COMMUNITY THAT CARES



[UTA Academic Calendar](#)

[Evidence-Based Practice Research Guide](#)



Check Canvas for the MavsUnite Page!
To add please e-mail:
[Emily Clark](mailto:Emily.Clark@uta.edu)

[SAR Center](#)

(Formerly Office of Students with Disabilities)

MEAL DISTRIBUTION



Boys & Girls Clubs of Greater Tarrant County will be distributing meals, food and snacks. Curbside meal distribution will occur Monday - Friday 4:00-5:30pm.

Distribution Locations

Eastside Branch 4851 Ramsey Ave Fort Worth, TX 76105	Main Branch 808 North Elm St. Arlington, TX 76011
Martin Branch 5123 Avenue G Fort Worth, TX 76105	Partner Branch 1500 Hampshire Fort Worth, TX 76104
NFW Branch 2000 Ellis Ave Fort Worth, TX 76104	

All Are Welcome!

- Meals available to any child ages 18 years or younger (proof of age not required).
- Meals will be distributed as long as food supplies last.
- Each car is given to each individual packaged meals and groceries are given to the regular driver.
- Vehicle will have a sign if meal service provided with each meal.

First Come, First Served!

Contact Us!
For more information or questions contact:
Latelya @ never
LO never@bgscto.org

THE UNIVERSITY OF TEXAS AT ARLINGTON
COUNSELING & PSYCHOLOGICAL SERVICES

MAVS talk

24 HOUR CRISIS LINE

817-272-TALK (8255)
WWW.UTA.EDU/CAPS
303 RANSOM HALL

[UTA Library Accessibility](#)

[On-Demand & Live Fitness Classes](#)

Texas Health and Human Services
COVID-19 Mental Health Support Line




If you or someone you know is feeling overwhelmed by the COVID-19 pandemic, **help is available.**

Speak with a mental health professional for help dealing with anxiety, depression, stress, grief or worry 24/7.

Call the toll-free COVID-19 Mental Health Support Line at **833-986-1919.**





DREAMERS WELCOME

In Crisis?
Text HELLO to 741741

CRISIS TEXT LINE | Free, 24/7, Confidential

Webinar Library

Isabella Hong, an MSW Alum, graciously compiled a list of webinar resources and a video going over the basic functioning of Teams to any who may need assistance. Special thanks to Jose B. Yerena, LCPAA, who has taken over updating the list on a weekly basis! **Please note that it is necessary to ask your supervisor permission for these to count towards any required field hours.**

[MSW Specialties](#)

[Social Work Webinars List](#)

[Basic Function of Teams](#)



Rental Assistance Program

The [Tarrant County Rental Assistance Program](#) assists residents who have been impacted by the COVID-19 pandemic. For more details, email renthelp@tarrantcounty.com or call [817-850-7940](tel:817-850-7940).

The Lifeline is **FREE**, confidential, and always available.

HELP a loved one, a friend, or yourself.

Community crisis centers answer Lifeline calls.

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidpreventionlifeline.org

Learn the Warning Signs.

© 2018 National Suicide Prevention Lifeline. All rights reserved.

Emergency Assistance Fund

UTA students with a temporary financial hardship resulting from a sudden emergency [may apply for financial help.](#)

[Get Microsoft 365, The Wall Street Journal and Other Apps FREE with your student email!](#)

How to gain access to SSW writing resources: [Advising & Student Success Canvas](#)

UTA/Tri-C Food Pantry Distributions

Currently distributing groceries on Thursdays only, from 9-11:45 a.m. and 2-4:45 p.m. To receive these grocery bags you must send an email to utafoodpantry@gmail.com to request a pickup time. Include student name, last four digits of UTA ID, requested grocery pickup time, choice of vegetarian, chicken, or any meat groceries.

If you have any questions or content suggestion for the newsletter, please contact Tuesday Darling: tbd2290@mavs.uta.edu

